

Bug out bags and home kits

What you should have in your home:

(Modified CDC list <http://emergency.cdc.gov/preparedness/kit/disasters/>)

- Water—one gallon per person, per day (3day supply for evacuation, 2week supply for home)
- Food—nonperishable, easy to prepare items (3day supply for evacuation, 2week supply for home)
- Flashlight
- Battery powered or hand crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit
- Medications (7day supply) and medical items
- Multipurpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Map(s) of the area

Additional items:

- Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys
- Manual can opener
- Seed bank to begin a garden
- Weapon

Additional supplies to keep at home or in your kit based on the types of disasters common to your area:

- Whistle

- Surgical masks
- Matches
- Rain gear
- Towels
- Work gloves
- Tools/supplies for securing your home
- Extra clothing, hat and sturdy shoes
- Plastic sheeting
- Duct tape
- Scissors
- Household liquid bleach
- Entertainment items
- Blankets or sleeping bags

The ten essentials to have packed in bug out bags:

- Navigation (maps compass)
- Sun protection (hat, sunglasses, sunscreen)
- Insulation (extra clothing)
- Illumination (flashlight, headlamp, glow sticks)
- First-aid supplies
- Fire (waterproof matches/lighter/candles, flint)
- Multi tool
- Food
- Water
- Emergency shelter (space blanket, tarp, bivy)
- Weapon

Ten essentials from REI:

<http://www.rei.com/learn/expert-advice/backpacking-checklist.html>