**Skills**

How to sterilize and collect water

Collect rain water in storage containers and barrels.

Get water form streams, lakes and rivers. Make sure to collect upstream from any settlements.

Once collected you will need to sterilize your water for consumption.

<http://water.epa.gov/drink/emerprep/emergencydisinfection.cfm>

<http://www.offthegridnews.com/2011/06/13/safe-or-sorry-sterilizing-your-water-supply/>

How to make a fire:

If you have matches or a lighter, build kindling in the shape of a pyramid and light. Then stack the larger pieces of wood around the kindling.

No matches?

<http://www.wikihow.com/Start-a-Fire-with-Sticks>

Sewing 101

You will need to be able to mend and sew clothing and gear now that stores are gone. Simple hand sewing will do:

<http://www.wikihow.com/Sew>

First aid!!!!!

After water and fire, this is very important. There are not doctors. Preparing now could save your life tomorrow.

Take first aid classes at the Red Cross.

<http://www.redcross.org/take-a-class>

If travelling on foot know what gear to pack:

Essential checklist (pdf?)

: <http://www.rei.com/learn/expert-advice/first-aid-checklist.html>

Gardening

Backcountry cooking: read up on how to cook without stoves and ovens

Take classes on how to shoot

Get familiar with an axe