



## *JET STARTUM DINER'S* **CHOKING SAFETY BRIEF**

1. ASK “**ARE YOU CHOKING?**” CALL 911 IF ORGANISM CANNOT SPEAK OR BREATHE.
2. IF ORGANISM IS **AWAKE**, MAKE A FIST. PLACE ABOVE ORGANISM'S BELLY BUTTON (IF APPLICABLE), WELL BELOW RIB CAGE.
3. PULL SHARPLY, INWARD AND UPWARD.
4. **CONTINUE** UNTIL THE FOOD COMES OUT OR ORGANISM CAN BREATHE.
5. **IF ORGANISM STOPS RESPONDING.** OPEN MOUTH (OR APPLICABLE FOOD RECEPTACLE). IF FOOD IS THERE, TAKE IT OUT. IF FOOD NOT VISIBLE, TILT THE ORGANISM'S HEAD BACK.
6. PINCH ORGANISM'S NOSE (OR EQUIVALENT). PLACE YOUR MOUTH OVER THE ORGANISM'S MOUTH EQUIVALENT AND **GIVE TWO BREATHS.**
7. PUSH HARD REPEATEDLY IN CHEST CENTER FOR **20 EARTH SECONDS.** CHECK BREATHING. REPEAT FROM START.