

ETONDI BIDJOCKA REBECCA ESTHER

(438) 364-0014

etondirebecca@yahoo.com

H1S 2A4 Montréal, QC

PROFESSIONAL OBJECTIVE

Compassionate and dedicated Patient Care Attendant, seeking to bring both human and technical skills to a healthcare facility. Motivated to provide high-quality support to individuals with loss of autonomy, while contributing to their daily well-being.

INTERNSHIP EXPERIENCE

Patient Care Attendant Intern - Résidence Privée Christ Roi, Montreal (*May 16, 2025 - June 3, 2025*)

- Assisted residents with daily activities (personal hygiene, feeding, mobility)
- Ensured comfort, safety, and well-being while following established protocols
- Collaborated with the healthcare team to meet residents' needs
- Observed and reported any changes in residents' condition

PROFESSIONAL EXPERIENCE

Patient Care Attendant - CHSLD Saint Georges, Montreal, QC (*June 2024 - Present*)

- Provided personalized assistance to residents with loss of autonomy: help with hygiene, dressing, feeding, and mobility
- Offered reassuring and caring presence to maintain residents' comfort, dignity, and respect
- Monitored residents' physical and psychological health, reporting any issues to medical staff
- Maintained a clean, safe, and stimulating environment for residents

Food Service Attendant - CHSLD Saint Georges, Montreal, QC (*Nov. 2024 - Present*)

- Portioned special desserts for residents' menus
- Delivered food carts to floors
- Offered and served snacks
- Prepared and set up for meals
- Cleaned facilities after meals (sweeping, mopping floors, dusting, washing dishes)

Customer Service

- Welcomed clients, answered calls, and identified their needs
- Managed complaints and resolved issues effectively
- Promoted products and contributed to sales strategies

Housekeeping Attendant

- Disinfected bathrooms according to established protocols
- Supplied towels and toiletries
- Collected garbage in compliance with guidelines
- Cleaned residents' wheelchairs

Housekeeping Agent - CLEANSTER PRO, Montreal, QC (*Oct. 2024 - Present*)

- Cleaned offices, apartments, and residential spaces
- Performed move-out and short-term rental cleanings (Airbnb)
- Maintained high cleanliness and hygiene standards tailored to each environment

Volunteer - MOISSON MONTREAL, Montreal, QC (*July 2024 - Nov. 2024*)

- Bakery and dairy products: Sorted items by category, checked expiration dates, organized products in boxes and on pallets
- Canned goods warehouse: Checked condition of cans, cleaned, labeled, and stored on pallets
- Kitchen assistant: Helped prepare meals (appetizers, main courses, desserts), served food, washed dishes, cleaned surfaces, and stored equipment

Chinese Language Teacher - Lycée d'Elig-Essono, Yaoundé, Cameroon (*Apr. 2024 - Nov. 2024*)

EDUCATION & TRAINING

- Professional Training Certificate | CPR and AED (Level C) - *May 2025*
Heart & Stroke Foundation - Montreal, QC
- Professional Training Certificate | Patient Care for Elderly People - *May 2025*
College SSOR - Montreal, QC
- Professional Training Certificate | Family Support Worker and Bill 90 - *May 2025*
College SSOR - Montreal, QC
- Training Certificate | Catering and Decoration - *Dec. 2016*
Restaurant La Gargote du Centre - Maroua, Cameroon
- General Certificate of Education A/L, Art Education - *June 2009*
Lycée Bilingue de Yaoundé - Yaoundé, Cameroon
- General Certificate of Education O/L - *June 2007*
Lycée Bilingue de Yaoundé - Yaoundé, Cameroon
- Diploma of Secondary Education Teacher, 1st Grade (DIPES 1) - *July 2013*
Ministry of Higher Education - Yaoundé, Cameroon

SKILLS & QUALITIES

- Availability
- Compliance with safety standards
- Active listening and patience
- Basic vital signs measurement
- Ability to work in a team and under pressure
- Respect for confidentiality and ethics
- Adaptability
- Attention to detail and rigor

LANGUAGES

- French: Advanced
- English: Advanced
- Chinese: Intermediate

Driver's License: Class B