Let's try instead:

$$\left(\frac{\mathbb{E}[\mathbf{m}_{t+1} - \mathbf{m}_t]}{\mathbf{m}_t}\right) = \left(\frac{\mathbb{E}[\mathbf{m}_{t+1}]}{\mathbf{m}_t}\right) - 1$$
(1)

$$= \left(\frac{\mathbb{E}[\mathsf{R}(\mathbf{m}_t - \kappa \mathbf{m}_t)]}{\mathbf{m}_t}\right) - 1 \tag{2}$$

$$=1-\kappa-1\tag{3}$$

$$=\mathbf{\dot{p}}\tag{4}$$