Daily Process Flowchart

Start (Trigger - Wake Up)

↓

Start Application on your phone

↓

Potentially show motivating stimuli

↓

You have normal or less time today?

↓

Start Next "Habit Type" Flow

→ Have you done this before in the app?

No → Show Intro video to suggest why you might want to do this → Willing to try?

Yes (from "Have you done this before in the app?") ↓

Yes (from "Willing to try?") →

Describe today's "Action" for "Habit Type"

↓

you do action?

No → delete from routine? **No** → A

Yes (from "you do action?") ↓ A

Yes (from "delete from routine?") ↓

Remove this "habit type" from daily list

↓

A

A → Not exceeded current unlocked max "habit type" count?

Yes → Celebrate or Variable Reward Video Played

↓

End

No (from "Not exceeded current unlocked max 'habit type' count?")

No (from "You have normal or less time today?")