



Haynes
shows you how

BMW 3-Series (92-98) & Z3 (96-98) Haynes Online Manual

2 Engine overhaul - general information

1 It is not always easy to determine when, or if, an engine should be completely overhauled, as a number of factors must be considered.

2 High mileage is not necessarily an indication that an overhaul is needed, while low mileage does not preclude the need for an overhaul. Frequency of servicing is probably the most important consideration. An engine which has had regular and frequent oil and filter changes, as well as other required maintenance, should give many thousands of miles of reliable service. Conversely, a neglected engine may require an overhaul very early in its life.

3 Excessive oil consumption is an indication that piston rings, valve seals and/or valve guides are in need of attention. Make sure that oil leaks are not responsible before deciding that the rings and/or guides are worn. Perform a compression test, (see Chapter [2A](#) or [2B](#) , as applicable), to determine the likely cause of the problem.

4 Check the oil pressure with a gauge fitted in place of the oil pressure switch (see illustration) , and compare it with that specified. If it is extremely low, the main and connecting rod bearings, and/or the oil pump, are probably worn out.

2.4 Remove the oil pressure switch and install an oil pressure test gauge in its place



5 Loss of power, rough running, knocking or metallic engine noises, excessive valve gear noise, and high fuel consumption may also point to the need for an overhaul, especially if they are all present at the same time. If a complete service does not remedy the situation, major mechanical work is the only solution.

6 A full engine overhaul involves restoring all internal parts to the specification of a new engine. During a complete overhaul, the pistons and the piston rings are renewed, and the cylinder bores are reconditioned. New main and connecting rod bearings are generally fitted; if necessary, the crankshaft may be reground, to compensate for wear in the journals. The valves are also serviced as well, since they are usually in less-than-perfect condition at this point. Always pay careful attention to the condition of the oil pump when overhauling the engine, and replace it if there is any doubt as to its serviceability. The end result should be an as-new engine that will give many trouble-free miles.

7 Critical cooling system components such as the hoses, thermostat and water pump should be renewed when an engine is overhauled. The radiator should be checked carefully, to ensure that it is not clogged or leaking. Also, it is a good idea to replace the oil pump whenever the engine is overhauled .

8 Before beginning the engine overhaul, read through the entire procedure, to familiarize yourself with the scope and requirements of the job. Overhauling an engine is not difficult if you follow carefully all of the instructions, have the necessary tools and equipment, and pay close attention to all specifications. It can, however, be time-consuming. Plan on the car being off the road for a minimum of two weeks, especially if parts must be taken to an automotive machine shop for repair or reconditioning. Check on the availability of parts and make sure that any necessary special tools and equipment are obtained in advance. Most work can be done with typical hand tools, although a number of precision measuring tools are required for inspecting parts to determine if they must be renewed. Often the machine shop will handle the inspection of parts and offer advice concerning reconditioning and replacement.

9 Always wait until the engine has been completely disassembled, and until all components (especially the cylinder block/crank-case and the crankshaft) have been inspected, before deciding what service and repair operations must be performed by an automotive machine shop. The condition of these components will be the major factor to consider when determining whether to overhaul the original engine, or to buy a reconditioned unit. Do not, therefore, purchase parts or have overhaul work done on other components until they have been thoroughly inspected . As a general rule, time is the primary cost of an overhaul, so it does not pay to fit worn or sub-standard parts.

10 As a final note, to ensure maximum life and minimum trouble from a reconditioned engine, everything must be assembled with care, in a spotlessly clean environment.