BIOTASTIC

AURA SAUNA SERIES

OPTIMIZED WELLNESS, ELEVATED RECOVERY, PEAK PERFORMANCE.

THE AURA SAUNA EXPERIENCE - FUTURE-PROOF YOUR RECOVERY



Welcome to the next evolution of sauna technology. The Aura Sauna Series is engineered for peak human performance, integrating biophysics, thermoregulation, and advanced recovery principles to enhance your mind and body. Whether you're optimizing cellular function, accelerating detaxification, or enhancing longevity, the Aura Series delivers cutting-edge Far Infrared and traditional heater exposure therapy in a beautifully designed, energy-efficient form.



PREMIUM HEMLOCK WOOD CONSTRUCTION

Naturally heat-resistant, toxin-free, and designed for optimal thermal efficiency.



ERGONOMIC PERFORMANCE DESIGN

Optimized for full-body immersion with strategic airflow, maximum heat retention, and intelligent seating ergonomics.



SMART TECHNOLOGY INTEGRATION

Bluetooth-enabled soundscapes for cognitive enhancement & multi-color chromotherapy lighting to sync with circadian biology.



DUAL HEATING SYSTEM (SELECT MODELS)

Full-spectrum far infrared therapy + traditional heater sauna up to 90°C, mimicking evalutionary heat stress conditioning.



METABOLIC OPTIMIZATION

Deep tissue heat penetration to stimulate mitochondrial energy production (ATP), increase growth hormone, and enhance detax pathways.



FRICTIONLESS SETUP

A precision-engineered 6-panel design with prewired connectivity, allowing for effortless assembly in minutes.

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THE SCIENCE OF HEAT – UNLOCKING CELLULAR REGENERATION

BIOLOGICAL RESILIENCE BEGINS HERE.

Heat exposure is one of the most scientifically validated methods for enhancing human health and longevity. The Aura Sauna Series utilizes advanced far infrared wavelengths and traditional heater adaptation to activate heat shock proteins, stimulate vascular expansion, and drive neurological resilience—all backed by modern biophysics research.



ENHANCED DETOXIFICATION

Sweat out heavy metals, endocrine disruptors, and metabolic waste at the cellular level.



CIRCULATORY EXPANSION & OXYGENATION

Strategic heat exposure optimizes nitric exide production, enhancing vascular elasticity & cardiovascular efficiency.



MITOCHONDRIAL ENERGY BOOST

Infrared heat enhances ATP production, optimizing cellular function and metabolic efficiency.



COLLAGEN & LONGEVITY SKIN ACTIVATION

Heat exposure activates fibroblast cells, boosting collagen and elastin regeneration for youthful skin.



STRESS ADAPTATION & HORMETIC CONDITIONING :

Heat exposure raises BDNF (Brain-Derived Neurotrophic Factor), increases neuroplasticity, and enhances cognitive resilience.



IMMUNE MODULATION & INFLAMMATION CONTROL:

Infrared and high-heat sauna therapy modulate immune function, reduce chronic inflammation, and promote systemic resilience.



CHOOSE YOUR MODEL – ENGINEERED FOR EVERY SPACE & BIOHACKER SETUP

PERSONALIZED HEAT EXPOSURE, OPTIMIZED FOR YOUR LIFESTYLE.

Whether you're a high-performance athlete, longevity enthusiast, or biohacker looking to optimize recovery and metabolic efficiency, the Aura Sauna Series is designed to fit seamlessly into your life.

MODEL	CAPACITY	TEMPERATURE RANGE	HEATING TYPE	DIMENSIONS (LXWXH)	IDEAL FOR
AURA SOLO	1 Person	UP TO 65°C	Far Infrared Only	950 x 950 x 1950mm	Personal biohacking station, Compact home wellness
AURA DUO	2 People	UP TO 90°C	Far Infrared + Traditional Heater	1350 x 1240 x 1950mm	Performance couples. High-performance homes
AURA TRIO	3 People	UP TO 90°C	Far Infrared + Traditional Heater	1650 x 1240 x 1950mm	Elite recovery studios, Longevity retreats

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AURA SOLO - THE COMPACT BIOHACKING SAUNA

EFFICIENCY MEETS PRECISION – FAR INFRARED THERAPY IN A COMPACT FORM.

The Aura Mini/Solo is designed for those who demand high-efficiency recovery and cellular optimization in a minimal footprint ideal for urban living, small biohacker studios, or precision wellness setups, this compact sauna brings the full benefits of infrared heat exposure, detaxification, and metabolic enhancement into any space.



OPTIMIZED SPACE EFFICIENCY:
Minimal footprint, maximum heat
exposure.



ENERGY EFFICIENCY BUILT-IN:
Optimized thermal retention, consuming less power with maximum output.



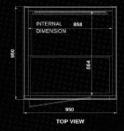
INFRARED THERAPY PRECISION: Deep tissue penetration for mitochondrial & vascular activation.



SMART-CONTROLLED BIOFEEDBACK: Bluetooth audio integration + dynamic LED chromotherapy for circadian alignment.











AURA DUO – THE BEST OF BOTH WORLDS (FAR INFRARED + TRADITIONAL DRY SAUNA)

HYBRID HEAT THERAPY FOR PEAK PERFORMANCE.

Step beyond ordinary saunas. The Aura Duo integrates traditional sauna heater (90°C) with infrared penetration, allowing for precise control over thermal stress adaptation, cardiovascular conditioning, and recovery enhancement.





DUAL HEATING SYSTEM

Choose between targeted far infrared therapy or full-body traditional heat stress exposure.



ERGONOMIC COMFORT FOR TWO: Spacious, breathable, ideal for shared recovery sessions



LONGEVITY PROTOCOL READY

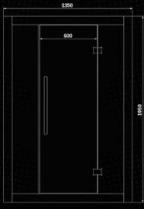
Designed for hormetic stress exposure, vascular activation, and metabolic recalibration.



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TOP VIEW



FRONT VIEW

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2-Module Societ



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MCIII Single Phose



2.5 mm Cobie Positive, Negative & Earth (Dround) must be used

| AURA TRIO - THE NEXT-LEVEL RECOVERY HUB

EXTREME SAUNA OPTIMIZATION FOR RECOVERY & HUMAN PERFORMANCE.

For the elite biohocker, professional athlete, or longevity-driven individual, the Aura Trio is the apex of heat therapy design—a spacious, meticulously engineered recovery hub for full-spectrum heat exposure, multi-user sessions, and advanced longevity programming.





PEAK HEAT STRESS CONDITIONING: Up to 90°C traditional sound + full-infrared hybrid optimization.



MULTI-PERSON RECOVERY: Ideal for shared wellness, retreat spaces, or elite-level recovery.



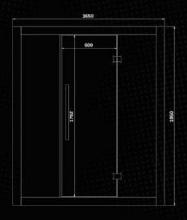
SMART SYNC TECHNOLOGY

Built-in temperature control, ventilation adjustment, and biofeedback-driven lighting customization.



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must be used

TAKE YOUR WELLNESS TO THE NEXT LEVEL

Upgrade your biology, enhance your recovery, and future-proof your longevity with the Aura Sauna Series. Experience the synergy of advanced heat therapy, scientific biohacking, and modern design—all in one powerful sauna system.



CONTACT INFORMATION: Visit Us: https://biotastic.in | Call Us: +91 73059 81043 | Follow Us: @ biotastic.in