



Depression Free Revolutionary Multimedia Program for Overcoming Depression Without Drugs

By Jesse W. Love

Kaleidoscope Publications. Paperback. Book Condition: New. Paperback. 104 pages. Dimensions: 8.4in. x 5.4in. x 0.4in. Depression Free presents a revolutionary holistic approach to self-treating depression, anxiety and Bi-polar Disorder, naturally, without drugs. Startling breakthrough techniques including Brainswitching, the Lanaka, and Sun Gazing are presented in detail so you can begin immediate and effective self-treatment. The heart of Depression Free is an innovative multi-media program that combines harmonious music, rhythmic sound, beautiful supporting images, and short positive affirmations flashing on your computer or TV, to beneficially affect your brain chemical balance and bring your mood and entire body into a calm, peaceful and upbeat state. You will be amazed at the immediate affect of just a single 10 minute session and the lasting, dramatic, personal transformation as you continue to view the positive, hypnotic affirmations 3-4 times a day from your choice of the 14 presented in Depression Free. Banish your demons and say hello to a new you of happiness, smiles and positive attitudes. A new you that has greater success in life, career and relationships without the burden of the dark demons you were carrying inside your heart and mind. Everyone can benefit from the positive, hypnotic affirmations and the...



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**