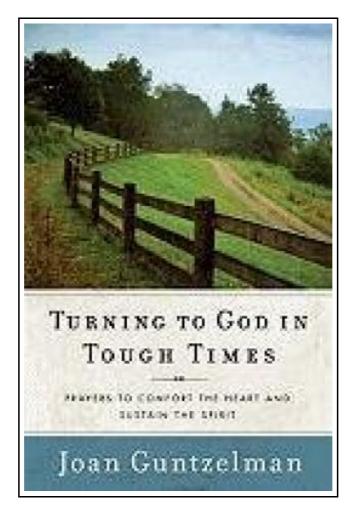
# Turning to God in Tough Times Prayers to Comfort the Heart Sustain the Spirit



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# Reviews

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# TURNING TO GOD IN TOUGH TIMES PRAYERS TO COMFORT THE HEART SUSTAIN THE SPIRIT



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Paperback. Book Condition: New. Paperback. 110 pages. When we are going through tough times, we need to turn to the light of Gods love, but we often find it difficult to do so. This book will help readers move toward God and away from hopelessness and despair. Guntzelman offers us new ways of looking at our situation as well as reminders to trust in the Lord and his plan for our lives. Each of the one hundred reflections in this book begins with a Scripture verse, followed by a short reflection and prayer. As we open our hearts and minds to God in this way, he will comfort and sustain us through the hard times in our lives. Short reflections are perfect for busy people or for those who find it difficult to pray for long periods of time. Makes a thoughtful gift. Turning to God in Tough Times is a wonderful book for those who are experiencing any type of difficulty in their lives. Respectful yet challenging, it presents the fundamental wisdom that we can, if we choose, not only survive suffering, but actually use it to grow in love, compassion, and generosity. Joan Guntzelman doesnt permit us to throw a pity party for ourselves, but she does acknowledge the reality of our pain. She also reminds us to reach out for helpfrom God and our friends and familyand to offer our help to others so that we dont become a prisoner of our own hurts. In my ministry, people often ask me to suggest a book that they might give to a friend who is going through a rough stretch. This is a book I will certainly recommend. Most Rev. Jude Winkler, OFM Conv, author, retreat master, and assistant general of the Conventual Franciscan FriarsJoan Guntzelman is a...

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