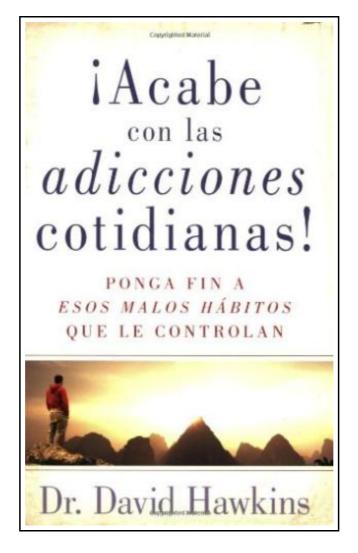
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Reviews

This publication is wonderful. It can be rally fascinating through reading period of time. You are going to like the way the writer create this publication.

(Mrs. Piper Jacobi)

ACABE CON LAS ADICCIONES COTIDIANAS!



Portavoz. Paperback / softback. Book Condition: new. BRAND NEW, Acabe Con Las Adicciones Cotidianas!, David Hawkins, Muchas de las personas que parecen vivir en libertad son controladas en secreto por una compulsion. La adiccion es un problema que crece rapidamente entre cristianos y no cristianos por igual. Incluso los comportamientos socialmente aceptables, como ir de compras, comer, trabajar, jugar y hacer ejercicio, pueden tomar control de su vida sin darse cuenta. Psicologo clinico David Hawkins rompe el silencio con esta esclarecedora exposicion de las adicciones que controlan a las personas todos los dias. El libro esta repleto de informacion practica que ayudara a los lectores a Reconocer y hablar sobre la adiccion en su propia vida o familia; Entender como se convierten las personas en adictos y que es la adiccion; Romper el ciclo de adiccion en los pensamientos y comportamientos; Crear un estilo de vida mas saludable basado en principios biblicos; Construir una comunidad de apoyo. Many people who appear to live freely are secretly controlled by their compulsion. Addiction is a rapidly growing problem among Christians and non Christians alike. Even socially acceptable behaviors, such as shopping, eating, working, playing, and exercising, can quietly take over one's life. Clinical psychologist David Hawkins breaks the silence with this enlightening expose of the addictions that control people every day. It's loaded with practical information that will help readers . . . Recognize and talk about addiction in their own life or family; Understand how people become addicted and what addiction is; Break the addictive cycle of thoughts and behaviors; Create a healthier lifestyle based on scriptural principles; Build a community of support.



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