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## Through Assessment to Consultation: Independent Psychoanalytic Approaches with Children and Adolescents

By -

Routledge. Paperback. Book Condition: New. Paperback. 208 pages. Dimensions: 9.1in. x 6.1in. x 0.7in. Winnicott's description of doing something else or working as a psychoanalyst when not engaged in the actual analysis of his patients resonates with the child psychotherapist today. Individual psychotherapy is certainly a valuable part of the work but much of the time the CPT is doing something appropriate to the occasion. Some of this time is spent in assessment work for therapy, for the multi-professional team and for other agencies and some in consultation to colleagues and other professional staff or in a combination of the two. Drawing from the Independent tradition in psychoanalysis, *Through Assessment to Consultation* explores the application of psychoanalytic thinking to this daily work, reflecting on what is actually done and why. Contributors to the three sections Assessment, Overlaps, Consultation and Beyond provide a variety of clinical illustrations as they describe a range of approaches and settings in the tasks of both assessment and consultation, ranging from the light impact of the analysts presence in the grief of post-9/11 New York to the call to political potency of beyond consultation. This book will help both new and experienced Child and Adolescent Psychotherapists re-examine...



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