

Integral Yoga Hatha for Beginners: Step-By-Step Instruction

By Sri Swami Satchidananda

Integral Yoga Publications. Paperback / softback. Book Condition: new. BRAND NEW, Integral Yoga Hatha for Beginners: Step-By-Step Instruction, Sri Swami Satchidananda.







Reviews

Good eBook and helpful one. It really is writter in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- Romaine Rippin

The book is great and fantastic. it absolutely was writtern very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lyda Davis II