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THE 12 BEST THIGH TONING EXERCISES FOR WOMEN: THE ILLUSTRATED GUIDE TO ACHIEVING SLIM, SEXY THIGHS FAST



Createspace, United States, 2013. Paperback. Book Condition: New. Illustrated. 221 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Great Legs Starts with a Great Thigh Exercise If you are a woman the last thing you want to have is legs that you are embarrassed of - especially if you live in a warmer environment. There are so many outfits that are made to show off a woman's legs. When you wear shorts, a...

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- Authored by Rachel Howe
- Released at 2013



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