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Walking in Abruzzo

By Stuart Haines

Cicerone Press, United Kingdom, 2011. Paperback. Book Condition: New. 1st edition.. 170 x 116 mm. Language: English . Brand New Book. Over 30 routes, this guide covers all the wonderful walking country to be found in Abruzzo, one of the wildest and least populated regions of Italy. The area is easily reached from the airport at Pescara, and the full- and half-day routes are graded to suit all walkers. About a third are easy going - a half day generally, most however are long walks and mountain treks for those who enjoy a full day out. Routes are illustrated with clear colour sketch maps and give detailed information about how to reach the more remote start points. Abruzzo is one of the wildest and least populated regions of Italy, with 26 peaks over 2000m. The routes visit ten of the region's 16 highest summits, including the three highest points of the Apennines. This beautiful natural environment is maintained to a remarkable extent in the region's three national parks - Abruzzo, Maiella, and Gran Sasso, the Sirente-Velino regional park and many smaller reserves.



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