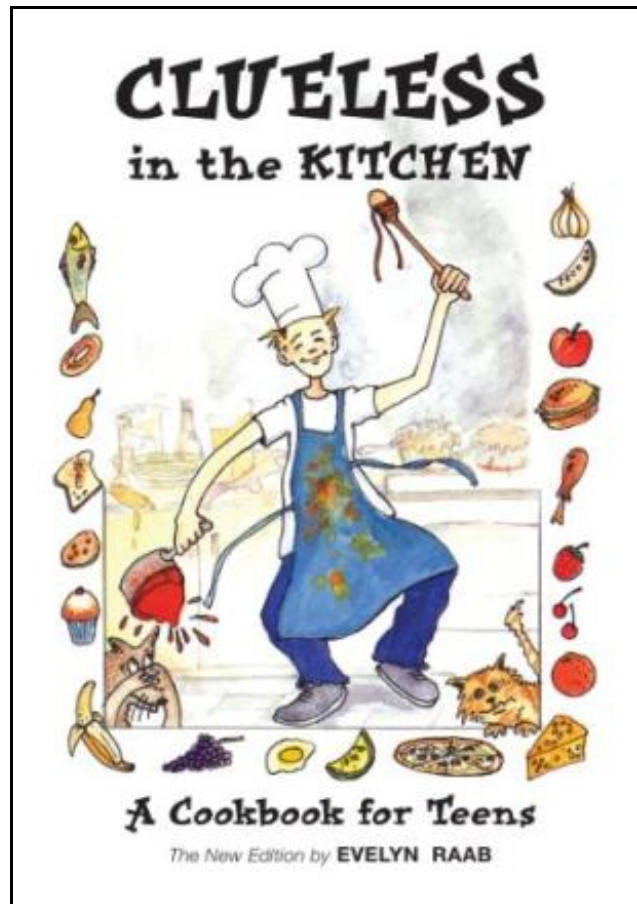


Clueless in the Kitchen: A Cookbook for Teens



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Reviews

Very beneficial to all category of folks. We have study and that i am sure that i will planning to go through yet again again in the future. Its been printed in an extremely straightforward way in fact it is just soon after i finished reading this pdf where actually changed me, alter the way i really believe.
(Emmett Mann)

CLUELESS IN THE KITCHEN: A COOKBOOK FOR TEENS



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Firefly Books Ltd. Paperback. Book Condition: new. BRAND NEW, Clueless in the Kitchen: A Cookbook for Teens, Evelyn Raab, George Walker, This thorough and witty culinary guide demystifies the kitchen and its contents for young adults and anyone who's found themselves in front of a full fridge exclaiming, "There's nothing to eat here!" With 200 easy-to-follow recipes, Evelyn Raab shows the culinary neophyte how to make all kinds of simple and scrumptious dishes for every meal and occasion. Revised for a new generation of students, this amusing cookbook focuses on creating whole, healthy foods using fresh ingredients. Recipes are coded with easy-to-understand icons and symbols that sort each dish into categories, such as vegetarian meals, cheap eats, couch potato, mum and family food, and cooking to impress. Clueless in the Kitchen includes informative and entertaining chapters on: The Kitchen - a guide to alien territory; Shopping - you can't cook it if you don't have it!; Salads, soups and side things; Meat dishes (beef, chicken and other animals); Vegetarian options; Egg, fish and pasta entrees; Baking and desserts; Snacks and munchies. The book also features information and advice on meal planning, a glossary, a conversion chart and a handy index. Whether living on their own for the very first time or just on their own for dinner, Clueless in the Kitchen is the only guide novice cooks need to create an interesting, easy, delicious and nutritious meal.



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