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## The Healthcare Handbook: How to Avoid Medical Errors, Find the Best Doctors, Be Your Own Patient Advocate Get the Most from Healthcare

By Gwen Van Servellen Ph D

WWW.Healthcarebooks.Net, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Sooner or later we all need healthcare and with increasing frequency as we age. Naturally, we want our care to be easy to access, effective, and as positive of an experience as possible. Getting quality healthcare means living longer, an improved quality of life, reductions in the painful effects of chronic and acute illness, as well as saving time, money, and frustration. Unfortunately, negotiating the healthcare system can be like crossing a minefield. From selecting the right doctors, to knowing how to communicate with them, to understanding and managing the treatment process to avoiding medical errors, using healthcare can be quite challenging. Consider the following: At least 210,000 preventable deaths occur every year in hospitals with numerous mistakes and mishaps occurring regularly. Prescription drug overdose is the leading cause of injury death in the United States (CDC). And \$750 billion dollars a year are spent on unnecessary medical procedures. Our healthcare can kill us if we are not careful! In this important book discover: Why medical errors happen and how to prevent them The secret to finding the...



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