



## The Racer: The Inside Story of Life on the Road

By David Millar

Vintage Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book. What is it really like to be a racer? What is it like to be swept along at 60kmh in the middle of the pack? What happens to the body during a high-speed chute? What tactics must teams employ to win the day, the jersey, the grand tour? What sacrifices must a cyclist make to reach the highest levels? What is it like on the bus? In the hotels? What camaraderie is built in the confines of a team? What rivalries? How does it feel to be constantly on the road, away from loved ones, tasting one more calorie-counted hotel breakfast? David Millar offers us a unique insight into the mind of a professional cyclist during his last year before retirement. Over the course of a season on the World Tour, Millar puts us in touch with the sights, smells and sounds of the sport. This is a book about youth and age, fresh-faced excitement and hard-earned experience. It is a love letter to cycling.



**READ ONLINE**  
[ 3.31 MB ]

### Reviews

*This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**