



The Manual: A Guide to the Ultimate Study Method (Second Edition) (Hardback)

By Rod Bremer

Fons Sapientiae Publishing, United States, 2016. Hardback. Book Condition: New. 2nd. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.REVISED, UPDATED, AND RE-EDITED SECOND EDITION. The Manual is the definitive guide to Enhanced Concentration, Super Memory, Speed Reading, Note-Taking, Rapid Mental Arithmetic, and the Ultimate Study Method (USM). The techniques presented are the culmination of decades of practical experience combined with the latest scientific research and time-tested practices. The system described herewith will allow the practitioner to: Read faster with higher comprehension. Remember any type of information instantly. Store information in long-term memory. Enhance concentration and focus. Access deeper levels of the mind. Induce relaxation. Rapidly perform complex mental arithmetic. Master the Ultimate Study Method (USM). USM is a synergistic combination of established techniques for Concentration, Long-Term Memory, Speed Reading, and Note-Taking. It involves a systematic procedure that allows the practitioner to study any topic fast, efficiently and effectively. USM can be applied to all areas of educational study, academic research, business endeavours, as well as professional life in general. The techniques and applications in this book will allow you to: Spend less time studying-while getting better grades and while enjoying the process. Expand...



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A fresh e book with an all new viewpoint. It can be rally exciting through studying period of time. You will like the way the writer write this publication.

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