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# KEEP CALM YOU'RE ONLY 30



Summersdale. Hardcover. Book Condition: New. Hardcover. 160 pages. Dimensions: 5.5in. x 3.9in. x 0.8in. Thirty was so strange for me. Ive really had to come to terms with the fact that I am now a walking and talking adult. C. S. Lewis So what if youre turning 30; after all, with age comes wisdom, more excuses to have a quiet night in and pluck out those first grey hairs, and most important of all at least youre not 40! Broken down into such hilarious chapters...

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