



# How to Read More: Simple Steps to a Life-Long Habit of Enjoyable Rewarding Reading

By Martin Udogie

AUTHORHOUSE, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It doesn t take days or weeks or months to read a book. It takes hours. READ MORE explains how. Most people readily admit that reading books is beneficial, and wish they could read a bit more, and in some cases, a lot more. But most people also have what seem like perfectly valid excuses for not reading, chief among which are lack of time, work-load and responsibility. Yes, they all seem perfectly understandable excuses until you read this book, and discover accounts of people going out of their way to indulge in the habit, from Rudi Giuliani, who, as New York Mayor during 9-11, finally arrived home at past 2 A.M. on the night of that fateful day, and still picked up a book to read; to Barack Obama who went on a oneweek vacation in 2010, with over 2,300 pages of reading; to George W. Bush whose formula for reading was to enter into a reading contest with his top presidential aide, Karl Rove. Then there is the challenge of the 99 majority, for whom affordability...



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