



Warum gerade ich.? Leben lernen in Krisen

By Erika Schuchardt

Vandenhoeck & Ruprecht Gm Jul 2013, 2013. Taschenbuch. Book Condition: Neu. 211x134x20 mm. Neuware - In diesem Buch schildern Betroffene ihre geglückten oder gescheiterten Versuche, mit der Krise zu leben, ihre Auseinandersetzung mit Gott und der Mitwelt, ihre Erfahrungen mit professionellen Beratern und mitmenschlicher Begleitung. Erika Schuchardt hat aufgrund ihrer Analyse von über 2000 Lebensgeschichten aus einem Jahrhundert und ihrer jahrzehntelangen Erfahrung mit Krisenbegleitung Betroffener einen Lösungsweg zur Krisenverarbeitung erschlossen, den sie hier - veranschaulicht im Bild der aufsteigenden Spirale - beschreibt. Dabei richtet sie unsere Aufmerksamkeit auch auf Menschen, die andere durch die Krise begleiten, dabei selbst zu einem/einer anderen werden und Leben neu gestalten. Mit dem Kauf dieses Buches unterstützen Sie die belarussisch-deutsche Stiftung 'Den Kindern von Tschernobyl'. Erika Schuchardt has completely revised her prize winning, fascinating and moving standard work with its focus on complementarity. Her analysis of more than 2000 biographies from all over the world as well as her experience in crisis counseling since decades enables her to develop a successful method of overcoming crises. This is illustrated by the image of the universal SPIRAL PATH OF LIFE displayed as the ascending and descending 8-fold spiral - a complementary model which can be both learned...



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