



Eye Training: A Begginers Drawing Workbook Teaching a Way of Life

By Doug Eckheart

Trafford Publishing, United States, 2014. Paperback. Book Condition: New. 279 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.This eye training/beginning drawing workbook focuses on engaging the learner in a series of visual exercises the author likes to call, visual calisthenics. They are warm up drills, as in athletics or music or any other hand-eye coordination activity, take repetition, do over, and repeat. The concept assumes the reader is a total beginner, no experience or little experience in drawing. Similar to sitting at the piano for the first time playing a whole note/ half/note, or beginning golf or beginning any activity for the first time. You need a good coach or teacher to direct fundamentals you can practice to improve your skill level. The exercises or calisthenics were designed by Professor/ Art Coach, Douglas A. Eckheart, a 45 year veteran art instructor at Luther College, Decorah, Iowa. Professor Eckheart s philosophy includes, TO DRAW=eye training= new awareness= change therapy= new person. This workbook concept emphasizes the word, WORK and directs the participant through a series of brief written easy to understand instructions followed by hand-eye coordination calisthenics, and by drawing directly into the booklet. Read...



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