

Report from Dec 17, 2025, 12:56:24 AM

<https://abdoulaylashley.com/>[Analyze](#)

Discover what your real users are experiencing

No Data



Diagnose performance issues

100

Performance

96

Accessibility

100

Best Practices

100

SEO

100

Performance

Values are estimated and may vary. The [performance score](#) is calculated directly from these metrics. [See calculator.](#)



0–49

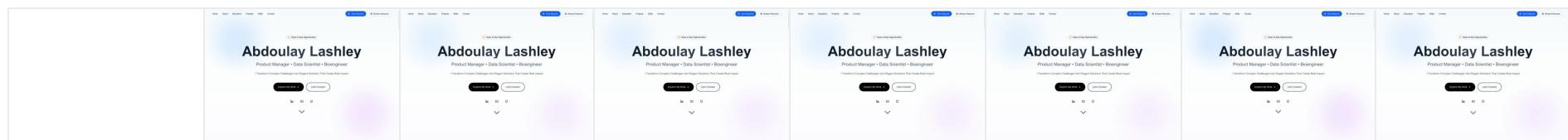


50–89



90–100

## METRICS

[Expand view](#)● First Contentful Paint**0.2 s**● Total Blocking Time**10 ms**● Speed Index**0.5 s**● Largest Contentful Paint**0.4 s**● Cumulative Layout Shift**0**📅 Captured at Dec 17, 2025, 12:56 AM EST⌚ Initial page load💻 Emulated Desktop with Lighthouse 13.0.1📶 Custom throttling监听页面 session🌐 Using HeadlessChromium 137.0.7151.119 with lrShow audits relevant to: [All](#) [FCP](#) [LCP](#) [TBT](#)

## INSIGHTS

⚠ Network dependency tree⚠ Render blocking requests⚠ Legacy JavaScript — Est savings of 11 KiB ⓘ LCP breakdown

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

#### PASSED AUDITS (22)

[Show](#)

#### Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

#### CONTRAST

- ⚠ Background and foreground colors do not have a sufficient contrast ratio.

These are opportunities to improve the legibility of your content.

#### ADDITIONAL ITEMS TO MANUALLY CHECK (10)

[Show](#)

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

#### PASSED AUDITS (22)

[Show](#)

#### NOT APPLICABLE (37)

[Show](#)

#### Best Practices

#### TRUST AND SAFETY

- Ensure CSP is effective against XSS attacks
- Use a strong HSTS policy
- Ensure proper origin isolation with COOP
- Mitigate clickjacking with XFO or CSP
- Mitigate DOM-based XSS with Trusted Types



## SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). Learn more about [Google Search Essentials](#).

## ADDITIONAL ITEMS TO MANUALLY CHECK (1)

[Hide](#)

- Structured data is valid

Run these additional validators on your site to check additional SEO best practices.

## PASSED AUDITS (7)

[Show](#)

## NOT APPLICABLE (3)

[Show](#)

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