

PROGRESS

Amyloid- β and tau — a toxic *pas de deux* in Alzheimer's disease

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Abstract | Amyloid- β and tau are the two hallmark proteins in Alzheimer's disease. Although both amyloid- β and tau have been extensively studied individually with regard to their separate modes of toxicity, more recently new light has been shed on their possible interactions and synergistic effects in Alzheimer's disease. Here, we review novel findings that have shifted our understanding of the role of tau in the pathogenesis of Alzheimer's disease towards being a crucial partner of amyloid- β . As we gain a deeper understanding of the different cellular functions of tau, the focus shifts from the axon, where tau has a principal role as a microtubule-associated protein, to the dendrite, where it mediates amyloid- β toxicity.

Reflecting an aging population, for most societies dementia is becoming a major health burden. In 2009, 35.6 million cases of Alzheimer's disease were recorded worldwide, a number that is estimated to be more than doubled by 2050. A cure for Alzheimer's disease and related forms of dementia is lacking, and current treatments are limited to modest symptomatic relief (reviewed in REFS 1, 2).

The brains of patients with Alzheimer's disease, in addition to showing nerve and synapse loss, are histopathologically characterized by two hallmark lesions — amyloid- β -containing plaques and neurofibrillary tangles (NFTs), which are composed of hyperphosphorylated forms of the microtubule-associated protein tau. Tau pathology in the absence of overt amyloid- β pathology is characteristic of a subset of frontotemporal dementia (FTD; also termed frontotemporal lobar degeneration, FTLD), which is the second most prevalent form of dementia occurring before the age of 65 (REF. 4). Progression of NFT pathology throughout the brain (a process that has been called 'spreading') correlates with disease progression in Alzheimer's disease⁵, and loss of synapses is one of the earliest events that has been associated with functional impairment⁶.

In a small subset of familial Alzheimer's disease (FAD) cases, mutations have been

identified in genes that encode the amyloid precursor protein (APP), presenilin-1 (PS1) or PS2 (REF. 7). The tau-encoding/microtubule-associated protein tau (MAPT; also known as tau) gene carries mutations/in a subset of familial forms of FTD⁸, establishing a prominent role for tau in neurodegenerative disease⁸. In sporadic Alzheimer's disease (SAD), polymorphisms of apolipoprotein E4 (APOE4) and other genes have been associated with an increased risk of developing the disease⁷. The identification of these pathogenic mutations in people with Alzheimer's disease and FTD has assisted in the generation of a plethora of transgenic animal models (reviewed in REF. 9). However, it is important to keep in mind that the vast majority of Alzheimer's disease cases are sporadic, with the underlying cause (or causes) remaining mysterious, and that current animal models of Alzheimer's disease are not complete models of the human disease, but rather, model key aspects of it.

Substantial progress has been made more recently in understanding pathogenic mechanisms, such as the spreading of tau (and other proteins with toxic properties) between neurons and across brain regions (reviewed in REF. 10). Furthermore, human, mouse and *in vitro* studies have revealed a direct link between amyloid- β and tau in causing toxicity in Alzheimer's disease¹¹, but the molecular nature of this interplay has remained

unsolved, though it has been a key question in the field for over a decade. This Progress article reviews recent findings that have shed light on the complex interaction between amyloid- β and tau, in particular at the synapse, and on how this interaction is related to the pathogenesis of Alzheimer's disease.

Amyloid- β toxicity at synapses

Step-wise cleavage of APP results in the formation of the 39 to 42 amino-acid peptide amyloid- β ^{12,13}. Amyloid- β is prone to aggregation, giving rise to toxic species, including dimers, oligomers and fibrils¹⁴. Although there remains controversy about which of the amyloid- β forms (dimers, oligomers or fibrils) is the toxic species, there is a general agreement that synapses — in particular the postsynaptic compartment — are the prime targets of amyloid- β toxicity⁶. Accordingly, acute amyloid- β treatment causes synapse and spine loss, induces long-term depression (LTD) and impairs long-term potentiation (LTP) in several experimental paradigms¹⁵. Although there might be a single receptor that mediates amyloid- β toxicity at the postsynaptic compartment, it seems more likely that several postsynaptic receptors are involved, such as prion proteins, $\alpha 7$ -nicotinic receptors, metabotropic glutamate receptors (mGluRs) and, in particular, NMDARs^{15–17}. The toxicity mediated by a particular receptor may not necessarily involve direct binding of amyloid- β to the receptor, but could be due to an indirect modulation of receptor properties by amyloid- β , possibly through membrane association — this may explain why amyloid- β has been reported to bind to distinct receptors under certain conditions and not others, depending on the experimental design^{18,19}.

Excitotoxicity due to over-excitation of NMDARs has been implicated as a central mechanism by which amyloid- β causes neuronal damage, despite a lack of evidence for a direct binding of amyloid- β to NMDARs²⁰. Interestingly, NMDARs mediate amyloid- β -induced spine loss, whereas under identical experimental conditions, mGluRs mediate amyloid- β -induced LTD¹⁵, suggesting that different receptors mediate different aspects of amyloid- β toxicity. A role of NMDARs in

이항이드 비탄

* Prion 유전자를 가지지 않았음에도 증식(증폭)하고 광범위를 가지는, 바이러스보다 작은 병원체. 1980년대 초에 발견되었으나 아직 완전한 해명되지 않음.

* Excitotoxicity refers to an excessive activation of neuronal amino acid receptors.

* *N-terminus* / *C-terminus*
https://biopharmaspec.com/protein-characterization-services/terminal-amino-acid-sequence/
#:~:text=The%20free%20amine%20end%20of,%20or%20carboxy%20terminus".

* Serine
단백질을 구성하는 아미노산의 하나. 비단의 세라틴에 가장 많이 들어 있음. 생체 내에서 글리신의 산화에 의하여 만들어지며, 분해하여 글리신이 됨. 시스템의 생합성에도 관여함.

타우 단백질의 C-단말은 49개의 아미노산으로 이루어져 있으며, N-단말은 31개의 아미노산으로 이루어져 있다.

detach from microtubules⁸. Hence, functions of tau that involve microtubules, such as microtubule stabilization and the regulation of axonal transport²⁷, may be compromised, possibly contributing to disease. Hyperphosphorylated tau accumulates in the somatodendritic compartment of neurons, aggregates and eventually forms NFTs³⁰. There is good evidence that soluble hyperphosphorylated tau contributes to neuronal dysfunction before its deposition³¹. Indeed, hyperphosphorylated tau has been shown to interfere with neuronal functions, such as mitochondrial respiration and axonal transport^{27,32}.

Is tau a postsynaptic scaffolding protein?

Tau interacts with tubulin via its MTB repeats, whereas its projection domain mediates interactions with other partners, such as the tyrosine protein kinase FYN^{26,33} and dynactin³⁴. The dynactin–tau interaction is involved in intracellular transport.

* Tyrosine
단백질을 구성하는 방향족 아미노산의 하나. 전사-카세인에 특히 많이 함유됨. 생체 내에서는 페닐알라닌에서 생성되며, 아드레날린, 티로신, 멜라닌 등의 중요한 물질로 변함. 화학식은 C₉H₉NO₂.

amyloid- β toxicity is further supported by the beneficial effects of the partial NMDAR antagonist memantine in patients with Alzheimer's disease¹.

Tau — novel functions beyond the axon

Tau contains three major domains: an amino-terminal projection domain, a carboxy-terminal domain of microtubule-binding (MTB) repeats and a short tail sequence. In the human brain, there are six tau isoforms, resulting from alternative splicing of exons 2, 3 (which are N-terminal inserts) and 10. Exon 10 encodes an additional MTB repeat, resulting in isoforms with either three or four MTB repeats (reviewed in REFS 8,21).

Tau is predominantly found in axons, owing to an incompletely understood sorting mechanism^{22–25}. Under physiological conditions, tau has also been localized to dendrites, although levels there are much lower²⁶. The best-established functions of tau are thought to be the stabilization of microtubules and

the regulation of motor-driven axonal transport²⁷. Less well understood functions involve an interaction of tau with the membrane cortex^{26,28}. A further compartment in which tau has been found is the somatodendritic domain; tau is localized here under pathological conditions, as discussed below.

Tau has as many as 84 putative phosphorylation sites, of which 45 are serines, 35 threonines, and 4 tyrosines. It is more highly phosphorylated during development than in mature neurons²⁹. How phosphorylation influences tau function is only poorly understood, but it negatively regulates the binding of tau to microtubules. In patients with Alzheimer's disease or FTD, as well as in tau transgenic mouse models, tau becomes increasingly phosphorylated (that is, hyperphosphorylated) — owing to incompletely understood mechanisms — at both physiological and 'pathological' phosphorylation sites, which causes it to

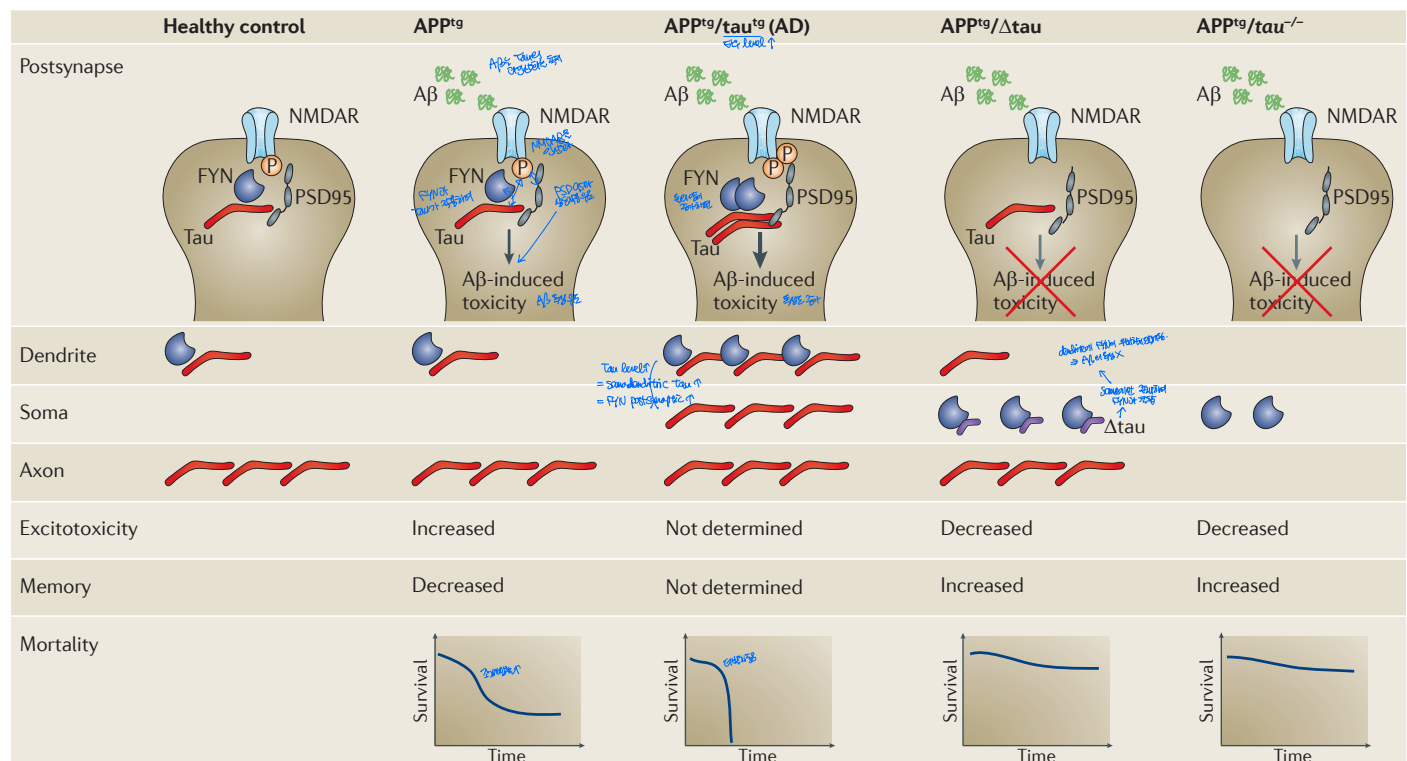


Figure 1 | Disrupting tau-dependent dendritic targeting of FYN protects neurons from amyloid- β toxicity in mouse models of Alzheimer's disease. Under physiological conditions, tau is found in the axon and, at lower levels, in dendrites of CNS neurons. Upon interaction with tau, the tyrosine protein kinase FYN is localized to the dendritic compartment, where it phosphorylates NMDA receptors (NMDARs) and thereby mediates their interaction with postsynaptic density protein 95 (PSD95) — an interaction required for amyloid- β (A β) toxicity in Alzheimer's disease, and in amyloid precursor protein (APP) transgenic (APP^{tg}) mice, resulting in excitotoxicity, memory deficits and premature mortality. Increased levels of tau in transgenic mice (tau^{tg}) result in accumulation of tau in the soma and dendrite of neurons, together with increased postsynaptic FYN levels. This is

associated with increased amyloid- β toxicity in double transgenic APP^{tg}/tau^{tg} mice (shown by a thick arrow), which show an early mortality compared with APP^{tg} mice. Truncated tau (Δtau) that lacks microtubule binding properties does not localize to dendrites, but interacts with FYN in the soma. In a dominant-negative manner, Δtau acts on the tau–FYN interaction, thereby preventing FYN from accessing dendrites, which consequently protects APP^{tg}/Δtau mice from amyloid- β toxicity. Depletion of tau by gene knockout (tau^{-/-}) prevents tau-dependent localization of FYN to dendrites and hence, protects APP^{tg}/tau^{-/-} mice from amyloid- β toxicity. Differences in the mechanism by which FYN is retained in the soma of tau^{-/-} and Δtau neurons may explain the additive protective effects seen in APP^{tg}/tau^{-/-}/Δtau mice. AD, Alzheimer's disease.

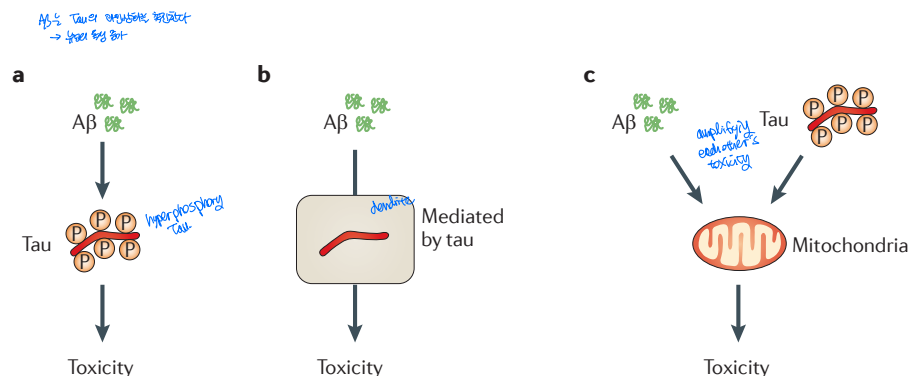


Figure 2 | **Amyloid-β and tau: three possible modes of interaction.** **a** | Amyloid-β (Aβ) drives tau pathology by causing hyperphosphorylation of tau, which in turn mediates toxicity in neurons. **b** | Tau mediates amyloid-β toxicity and hence, amyloid-β toxicity is critically dependent on the presence of tau — for example, in the dendrite. **c** | Amyloid-β and tau target cellular processed or organelles synergistically, thereby possibly amplifying each other's toxic effects.

in patients with FAD that are linked to amyloid-β formation, as well as increased amyloid-β levels and a higher frequency of Alzheimer's disease in people with trisomy 21, who carry an additional APP allele⁷. Therefore, a crucial question is where tau is to be placed in the amyloid cascade. Is it a prime target, a mediator or a kind of bystander of amyloid-β toxicity? Although amyloid-β and tau exert toxicity through separate mechanisms³⁸, evidence from both *in vitro* and *in vivo* models suggests that there are three possible modes of interaction between the two (FIG. 2).

Amyloid-β drives tau pathology. A hierarchical mode of amyloid-β acting on tau is supported by several lines of evidence. Amyloid-β formation in APP transgenic mice causes hyperphosphorylation of tau, whereas there is no overt amyloid-β plaque pathology in tau transgenic mice³⁹. In offspring of APP transgenic mice crossed with tau transgenic mice the NFT pathology, but not amyloid-β plaque pathology, is exacerbated^{40,41} (TABLE 1). Similarly, *intracranial* injection of synthetic amyloid-β into mutant tau transgenic mice aggravates NFT pathology⁴². Furthermore, immunization against amyloid-β in triple transgenic mice (3xTg-AD mice) that have combined plaque and NFT pathology resulted in reduced levels of hyperphosphorylated tau⁴³. Interestingly, recent studies have shown the same mode of induction of NFT pathology by other amyloidogenic proteins, such as integral membrane protein 2B (also known as the Bri peptide), which aggregates in patients with familial British or Danish dementia⁴⁴, suggesting a general induction of NFT formation by amyloidogenic peptides rather than a specific mechanism for amyloid-β.

Synergistic toxic effects of amyloid-β and tau. In causing downstream toxicity, amyloid-β and tau have been shown to target different components of the same system, thereby amplifying each other's toxic effects. A good example for this mode of interplay is the mitochondrial dysfunction that occurs in mouse models of Alzheimer's disease, a pathogenic mechanism that is increasingly recognized to have a role in neurodegeneration³. Amyloid-β and tau both impair mitochondrial respiration in triple transgenic mice (triple AD mice) that display both amyloid-β and tau pathologies⁴⁵. Interestingly, tau preferentially impairs complex I of the respiratory chain, whereas amyloid-β blocks complex IV-dependent respiration, and this leads to an aggravated mitochondrial impairment in mice with combined tau and amyloid-β pathologies, compared with mice overexpressing tau or APP alone⁴⁵.

Tau mediates amyloid-β toxicity. The view that tau plays a mere 'secondary' role in amyloid-β toxicity has been substantially challenged by the observation that *tau*^{-/-} neurons are protected from amyloid-β-induced cell death in culture⁴⁶. Importantly, this protection has been reproduced in two independent *in vivo* studies, using different APP transgenic and tau-deficient mouse strains^{20,26} (TABLE 1). One study showed that protection from amyloid-β-induced toxicity in animals lacking tau was due to a reduced dendritic localization of FYN, resulting in a reduced interaction of NMDARs with PSD95 and, as a consequence, reduced amyloid-β mediated excitotoxicity²⁶. Importantly, the level of protection against amyloid-β-induced toxicity that was observed in *tau*^{-/-} or Δtau74 mice (which express Δtau in neurons) could also be achieved by disrupting the NMDAR-PSD95 interaction with a therapeutic

and/or in linking actin and microtubules³⁴. The functional relevance of the FYN-tau interaction *in vivo* remained mysterious until recently, although its relevance was revealed *in vitro* as early as 1998 (REF. 33). Interestingly, both phosphorylation of tau and expression of pathogenic mutations in MAPT result in a stronger interaction of tau with FYN *in vitro*³⁵, suggesting that it might be relevant to disease. The FYN-tau interaction facilitates the targeting of FYN to postsynaptic sites (that is, dendrites) *in vivo* — a targeting markedly reduced in tau knockout (*tau*^{-/-}) mice — and FYN subsequently accumulates in the soma²⁶ (FIG. 1). At postsynaptic sites, FYN phosphorylates the NMDAR subunit 2B (NR2B), thereby mediating complex formation of NMDARs with the postsynaptic density protein 95 (PSD95)³⁶. This NMDAR-PSD95 interaction is required for excitotoxic downstream signalling³⁶. As a consequence of the reduced NMDAR-PSD95 interaction²⁶, *tau*^{-/-} mice are less susceptible to both experimental seizures and amyloid-β toxicity^{20,26} (FIG. 1).

Importantly, enhanced immunohistochemistry methods have revealed the presence of tau in dendrites under physiological conditions²⁶. This localization depends on the MTB repeats, and therefore most likely on microtubule binding, as truncated tau that lacks the MTB repeats (Δtau) and consequently does not bind tubulin, does not access dendrites *in vivo*²⁶ (FIG. 1). Δtau also acts dominant-negatively on the tau-mediated dendritic targeting of FYN and so reproduces the effects of a *tau*^{-/-} on NMDAR-mediated signalling, including mitigation of amyloid-β toxicity²⁶ (FIG. 1). Together with increasing evidence for the dynamic presence of microtubules in dendritic spines — a feature linked to synaptic plasticity (reviewed in REF. 37) — these data raise the possibility that tau has important scaffolding functions in the postsynaptic compartment in healthy neurons. This notion is also supported by the strong interaction of tau with PSD95 (REF. 26), a protein that itself is a postsynaptic scaffolding protein involved in NMDAR downstream signalling³⁶ (FIG. 1). In summary, although tau is predominantly found in axons, it has newly discovered dendritic functions that are pivotal in healthy neurons and that, when disturbed, seem to have a role in disease.

Linking amyloid-β and tau

According to the amyloid cascade hypothesis, amyloid-β formation is the critical step in driving Alzheimer's disease pathogenesis¹¹. Support for this concept stems from the identification of pathogenic mutations

Table 1 | Combinatorial amyloid–tau mouse studies

Year	Amyloid model	Tau model	Phenotype in double or triple tg mice	Refs
2001	Tg2576 (K670N/M671L-APP ₆₉₅)	JNPL3 (P301L-(0N4R) tau)	(p-tau, NFTs)	40
2001	Synthetic Aβ ₁₋₄₂	pR5 (P301L-(2N4R) tau)	(p-tau, NFTs)	42
2003	3xTg AD (K670N/M671L-APP ₆₉₅ + M146V-PS1)	(P301L-(0N4R) tau)	Combined amyloid-β and tau pathology	62
2007	APP23 (K670N/M671L-APP ₇₅₁)	JNPL3 (P301L-(0N4R) tau) on C57Bl/6	(p-tau, NFTs); late onset pathology	63
2007	J20 (K670N/M671L/V717F-APP ₇₅₁)	Tau ^{-/-}	Prevents memory deficits and premature deaths of J20 line	20
2007	J20 (K670N/M671L/V717F-APP ₇₅₁)	Tau ^{-/-}	Prevents amyloid-β-induced NPY expression and calbindin loss in hippocampus	64
2008	APP-V717I (V717I-APP ₆₉₅)	tau-P301L (P301L-(2N4R) tau)	(p-tau), increased GSK3β activity	41
2010	APP152 (K670N/M671L-APP ₇₅₁ + N141I-PS2)	pR5 (P301L-(2N4R) tau)	(p-tau, NFTs)	65
2010	Tg2576 (K670N/M671L-APP ₆₉₅)	Tau ^{-/-}	Increased memory deficits in aged mice	52
2010	ADnnPP7 (795InsTTTAATTTGT-BRI2)	TauP301S	(p-tau, NFTs)	44
2010	APP23 (K670N/M671L-APP ₇₅₁)	pR5 (P301L-(2N4R) tau)	Increased premature death rate	26
2010	APP23 (K670N/M671L-APP ₇₅₁)	Tau ^{GFP/GFP} (GFP knock-in)	Prevents memory deficits and premature death of APP23 line	26
2010	APP23 (K670N/M671L-APP ₇₅₁)	Δtau74 (1-255aa tau)	Prevents memory deficits and premature deaths of APP23 line	26

Aβ, amyloid β; APP, amyloid precursor protein; GFP, green fluorescent protein; GSK3β, glycogen synthase kinase 3β; NFTs, neurofibrillary tangles; NPY, neuropeptide Y; p-tau; phosphorylated tau; tg; transgenic.

peptide²⁶. This suggests that tau-dependent dendritic signalling is pivotal in mediating amyloid-β toxicity. Interestingly, tau reduction also prevents amyloid-β-induced defects in axonal transport of mitochondria and other cargos⁴⁷ — another example of how tau mediates amyloid-β toxicity.

A note on tau^{-/-} mice. When the first tau^{-/-} mice were reported, the absence of a pronounced phenotype came as a surprise^{48,49}. In one tau^{-/-} strain, tubulin spacing in axonal microtubules was only slightly altered⁴⁸, and primary neuronal cultures obtained from a second tau^{-/-} strain revealed a slightly delayed axonal outgrowth⁴⁹, possibly due to compensation of microtubule stabilization by microtubule-associated protein 1A (MAP1A)⁴⁸. A similarly delayed early axon formation was observed in cultured neurons obtained from a third tau-deficient strain (L.M.I. and J.G., unpublished observations), in which green fluorescent protein was introduced into the MAPT locus⁵⁰. Interestingly, old, but not young, tau^{-/-} mice present with behavioural changes that include aggression and memory deficits, which may suggest that compensatory mechanisms for lack of tau are functional early in life but might fail at higher age⁵¹. This may also explain the changes in pathology in aged offspring of APP transgenic Tg2576 mice crossed with tau^{-/-} mice⁵². Whether this aggravation of deficits becomes relevant in the long-term outcome of tau-targeted treatment remains to be determined.

Tau axis hypothesis of Alzheimer's disease

Based on the recent findings of a dendritic function of tau and its role in mediating amyloid-β toxicity, and to highlight the central role of tau in disease, we postulate a novel 'tau axis hypothesis' that links amyloid-β and tau pathology in the dendritic compartment. This hypothesis consists of two parts.

First, postsynaptic toxicity of amyloid-β is tau-dependent. More precisely, tau interacts with FYN and thereby increases targeting and/or scaffolding of FYN to the postsynaptic compartment, where FYN links NMDARs to downstream signalling pathways (FIG. 1). This sensitizes NMDARs and makes them responsive to amyloid-β toxicity. This mode of tau-dependent amyloid-β toxicity in the dendritic compartment of neurons involves excitotoxic signalling.

Second, exposure of neurons to amyloid-β — and continued exposure in particular — has multiple toxic effects. Importantly, amyloid-β triggers progressively increased phosphorylation (hyperphosphorylation) of tau. As a consequence, tau binding to microtubules is compromised, causing tau to accumulate at an increasing pace in the somatodendritic compartment of diseased neurons (FIG. 3). Moreover, phosphorylated tau has an increased affinity for FYN³⁵. Together, this results in high levels of postsynaptic FYN and sensitization of NMDARs, rendering neurons even more susceptible to amyloid-β toxicity in dendrites.

Thus, while the amyloid cascade hypothesis focuses on amyloid-β, the 'tau axis hypothesis' incorporates the essential role of tau by defining its novel functions in dendrites. Whether postsynaptic amyloid-β toxicity is linked to increased tau phosphorylation, thereby establishing a vicious circle, remains to be established. In addition, although evidence from mouse models of Alzheimer's disease suggests that dendritic amyloid-β toxicity is an early event in disease, its contribution to human disease needs to be established.

Interestingly, tau reduction also prevents amyloid-β-induced defects in axonal transport of mitochondria⁴⁷, which may link the 'tau axis hypothesis' to two additional hypotheses in the field: the 'axonal transport impairment' hypothesis, according to which tau induces failure of axonal transport^{53,54}, and the 'oxidative stress' hypothesis, according to which mitochondria — being an essential axonal transport cargo — are functionally impaired, resulting in the production of reactive oxygen species⁵⁵.

Oxidative stress is a phenomenon caused by an imbalance between production and accumulation of oxygen reactive species (ROS) in cells and tissues and the ability of a biological system to detoxify these reactive products.

Future directions

Although the roles of tau and its interactions with amyloid-β increasingly are being revealed, one of the important remaining questions pertains to the function of the six tau isoforms in the human brain. The finding that in mice, tau has a scaffolding function in dendrites suggests that there may be multiple scaffolding partners for tau in this

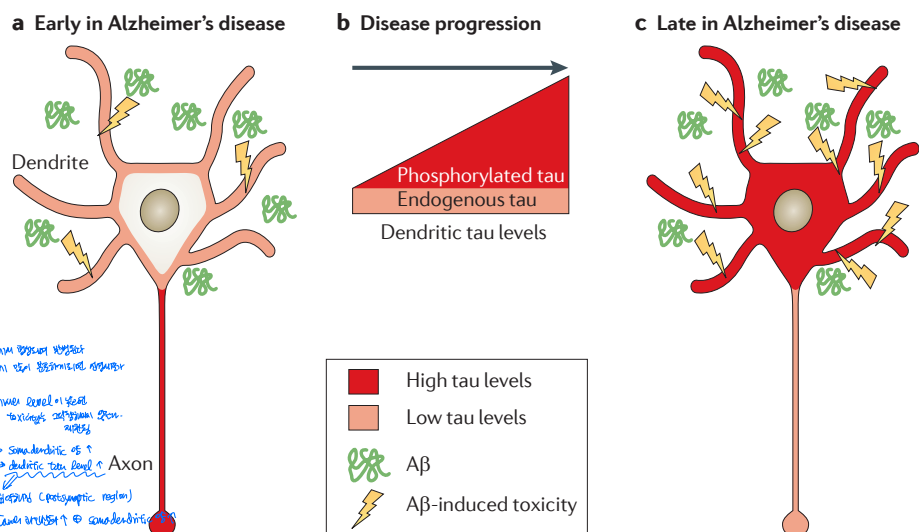


Figure 3 | Proposed 'tau axis hypothesis' of Alzheimer's disease: progressively increasing levels of dendritic tau make neurons vulnerable to amyloid- β . **a** | The onset of Alzheimer's disease (or mild cognitive impairment) is characterized by the initiation of amyloid- β ($A\beta$) formation in the brain. However, low levels of dendritic tau (in contrast to high axonal levels) are associated with a limited vulnerability of neurons to synaptic (specifically postsynaptic) amyloid- β toxicity. **b** | With disease progression, tau becomes increasingly phosphorylated — a process known to be driven by amyloid- β — and tau accumulates in the somatodendritic compartment of neurons, progressively increasing dendritic tau levels. **c** | In fully manifested Alzheimer's disease, high levels of tau in the dendritic compartment are associated with increased vulnerability of neurons to the toxic effects of amyloid- β at the postsynaptic compartment. As increased amyloid- β toxicity exacerbates tau phosphorylation and its somatodendritic accumulation — thereby sensitizing synapses for amyloid- β toxicity — this may establish a vicious circle.

and/or in other cellular compartments, and that the different tau isoforms may form different complexes. Furthermore, the function of tau at the plasma membrane is not fully understood²⁸, nor are the mechanisms that determine its association with other proteins and ultimately, its targeting to specific subcellular compartments²⁵.

Amyloid- β toxicity in cultured neurons is both tau- and FYN-dependent^{46,56}. This toxicity has been linked to accumulation of distinct amyloid- β species and concomitant recruitment of tau into lipid rafts⁵⁰. This may suggest that lipid rafts link amyloid- β and tau in distinct membrane compartments *in vivo*. Furthermore, it remains to be established if alterations in FYN have direct effects on tau.

Targeting tau-dependent mechanisms emerges as a suitable strategy in treating diseases with a tau pathology — including Alzheimer's disease², in which a combinatorial approach, targeting both tau and amyloid- β , seems prudent. With regard to tau, reducing tau levels or disrupting the NMDAR-PSD95 or the Fyn-Tau interactions are reasonable treatment options²⁶. As most evidence suggests that tau needs to

be hyperphosphorylated in order to exert toxicity⁵⁷, decreasing kinase activities (for example, of glycogen synthase kinase-3)^{58,59} or increasing phosphatase activities (for example, of serine/threonine-protein phosphatase 2A)⁶⁰, which has shown efficacy in transgenic mouse models of Alzheimer's disease, may be translated into clinical practice. Whether any of these strategies will have side effects in cell types with lower physiological levels of tau — for example, preventing tau-dependent FYN localization in cellular processes in oligodendrocytes affects myelination⁶¹ — remains to be seen.

When Alois Alzheimer revealed the plaques and NFTs under his microscope more than a century ago, one wonders whether he anticipated that the proteins forming these lesions would have such profound roles and be directly linked in the pathogenesis of the disease.

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Competing interests statement

The authors declare no competing financial interests.

FURTHER INFORMATION

The Brain and Mind Research Institute: <http://sydney.edu.au/bmri>

Alzheimer's and Parkinson's Disease Laboratory: <http://alzheimerslab.wordpress.com>

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