# Exercise 1 (Logistic regression)

Assume we are given a data set  $\mathscr{D}_n = \{(\mathbf{X}_1, Y_1), \dots, (\mathbf{X}_n, Y_n)\}$  of independent random variables distributed as the generic pair  $(\mathbf{X}, Y)$  where  $\mathbf{X}$  takes values in  $\mathbb{R}^d$  and  $Y \in \{0, 1\}$ . We consider the following logistic model

$$\log \left( \frac{\mathbb{P}[Y=1|\mathbf{X}=\mathbf{x}]}{\mathbb{P}[Y=0|\mathbf{X}=\mathbf{x}]} \right) = \mathbf{x}^T \boldsymbol{\beta}.$$

1. Prove that

$$\mathbb{P}[Y=1|\mathbf{X}=\mathbf{x}] = \frac{e^{\mathbf{x}^T \beta}}{1 + e^{\mathbf{x}^T \beta}}$$

2. Since the data are assumed to be independent, the likelihood writes

$$\mathscr{L}(\beta) = \prod_{i=1}^{n} \mathbb{P}[Y = y_i | X = x_i].$$

Prove that the negative log likelihood f can be written as

$$f(\boldsymbol{\beta}) = \sum_{i=1}^{n} \log \left( 1 + \exp \left( -\tilde{y}_{i} \mathbf{x}_{i}^{T} \boldsymbol{\beta} \right) \right),$$

where  $\tilde{y}_i = 2y_i - 1$ .

3. Prove that the gradient of the negative log likelihood satisfies

$$\nabla f(\boldsymbol{\beta}) = -\frac{1}{n} \sum_{i=1}^{n} \frac{y_i e^{-\tilde{y}_i \mathbf{x}_i^T \boldsymbol{\beta}}}{1 + e^{-\tilde{y}_i \mathbf{x}_i^T \boldsymbol{\beta}}} \mathbf{x}_i.$$

4. Prove that the Hessian matrix H of the negative log likelihood satisfies

$$H = \sum_{i=1}^{n} \frac{e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}}{\left(1 + e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}\right)^{2}} \mathbf{x}_{i}\mathbf{x}_{i}^{T}.$$

5. Prove that the function f is convex. Recall that if the Hessian matrix H of f is positive, that is, for all  $\mathbf{z} \in \mathbb{R}^d$ ,

$$\mathbf{z}^T H \mathbf{z} > 0$$
,

then the function f is convex.

#### **Solution of exercise 1:**

1. We have

$$\log \left( \frac{\mathbb{P}[Y=1|\mathbf{X}=\mathbf{x}]}{1 - \mathbb{P}[Y=1|\mathbf{X}=\mathbf{x}]} \right) = \mathbf{x}^T \boldsymbol{\beta}$$
  

$$\Leftrightarrow \mathbb{P}[Y=1|\mathbf{X}=\mathbf{x}] = \left(1 - \mathbb{P}[Y=1|\mathbf{X}=\mathbf{x}]\right) e^{\mathbf{x}^T \boldsymbol{\beta}}$$
  

$$\Leftrightarrow \mathbb{P}[Y=1|\mathbf{X}=\mathbf{x}] = \frac{e^{\mathbf{x}^T \boldsymbol{\beta}}}{1 + e^{\mathbf{x}^T \boldsymbol{\beta}}}.$$

2. Note that

$$\mathcal{L}(\beta) = \prod_{i=1}^{n} \mathbb{P}[Y = y_{i} | \mathbf{X} = \mathbf{x}_{i}]$$

$$= \prod_{i=1}^{n} \left( \mathbb{P}[Y = 1 | \mathbf{X} = \mathbf{x}_{i}] \mathbb{1}_{y_{i}=1} + \mathbb{P}[Y = 0 | \mathbf{X} = \mathbf{x}_{i}] \mathbb{1}_{y_{i}=0} \right)$$

$$= \prod_{i=1}^{n} \left( \frac{e^{\mathbf{x}_{i}^{T}\beta}}{1 + e^{\mathbf{x}_{i}^{T}\beta}} \mathbb{1}_{y_{i}=1} + \frac{1}{1 + e^{\mathbf{x}_{i}^{T}\beta}} \mathbb{1}_{y_{i}=0} \right)$$

$$= \prod_{i=1}^{n} \left( \frac{e^{\mathbf{x}_{i}^{T}\beta}}{1 + e^{\mathbf{x}_{i}^{T}\beta}} \mathbb{1}_{y_{i}=1} + \frac{e^{-\mathbf{x}_{i}^{T}\beta}}{1 + e^{-\mathbf{x}_{i}^{T}\beta}} \mathbb{1}_{y_{i}=0} \right)$$

$$= \prod_{i=1}^{n} \left( \frac{e^{(2y_{i}-1)\mathbf{x}_{i}^{T}\beta}}{1 + e^{(2y_{i}-1)\mathbf{x}_{i}^{T}\beta}} \mathbb{1}_{y_{i}=1} \right)$$

$$= \prod_{i=1}^{n} \left( \frac{1}{1 + e^{-(2y_{i}-1)\mathbf{x}_{i}^{T}\beta}} \right).$$

Consequently, the negative log likelihood satisfies

$$f(\beta) = -\log \left( \prod_{i=1}^{n} \left( \frac{1}{1 + e^{-(2y_i - 1)\mathbf{x}_i^T \beta}} \right) \right)$$
$$= \sum_{i=1}^{n} \log \left( 1 + e^{-(2y_i - 1)\mathbf{x}_i^T \beta} \right)$$
$$= \sum_{i=1}^{n} \log \left( 1 + e^{-\tilde{y}_i \mathbf{x}_i^T \beta} \right)$$

3. Let  $j \in \{1, ..., d\}$ , then

$$\frac{\partial f}{\partial \beta_j}(\beta) = \sum_{i=1}^n -\tilde{y}_i(\mathbf{x}_i)_j \frac{e^{-\tilde{y}_i \mathbf{x}_i^T \beta}}{1 + e^{-\tilde{y}_i \mathbf{x}_i^T \beta}}.$$

Thus,

$$\nabla f(\boldsymbol{\beta}) = -\sum_{i=1}^{n} \tilde{y}_{i} \frac{e^{-\tilde{y}_{i}} \mathbf{x}_{i}^{T} \boldsymbol{\beta}}{1 + e^{-\tilde{y}_{i}} \mathbf{x}_{i}^{T} \boldsymbol{\beta}} \mathbf{x}_{i}.$$

4. Let  $j, k \in \{1, ..., d\}$ , then

$$\frac{\partial^2 f}{\partial \beta_k \beta_j}(\beta) = -\sum_{i=1}^n \tilde{y}_i(\mathbf{x}_i)_j \frac{\partial}{\partial \beta_k} \left( \frac{e^{-\tilde{y}_i \mathbf{x}_i^T \beta}}{1 + e^{-\tilde{y}_i \mathbf{x}_i^T \beta}} \right) 
= \sum_{i=1}^n \tilde{y}_i^2(\mathbf{x}_i)_j(\mathbf{x}_i)_k \frac{e^{-\tilde{y}_i \mathbf{x}_i^T \beta}}{\left(1 + e^{-\tilde{y}_i \mathbf{x}_i^T \beta}\right)^2} 
= \sum_{i=1}^n \frac{e^{-\tilde{y}_i \mathbf{x}_i^T \beta}}{\left(1 + e^{-\tilde{y}_i \mathbf{x}_i^T \beta}\right)^2} (\mathbf{x}_i \mathbf{x}_i^T)_{jk}.$$

Consequently, the Hessian matrix takes the form

$$H = \sum_{i=1}^{n} \frac{e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}}{\left(1 + e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}\right)^{2}} \mathbf{x}_{i}\mathbf{x}_{i}^{T}.$$

Note that one can also write

$$H = \sum_{i=1}^{n} \frac{e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}}{1 + e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}} \frac{1}{1 + e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}} \mathbf{x}_{i}\mathbf{x}_{i}^{T}$$

$$= \sum_{i=1}^{n} \left(1 - \frac{1}{1 + e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}}\right) \left(\frac{1}{1 + e^{-\tilde{y}_{i}\mathbf{x}_{i}^{T}\beta}}\right) \mathbf{x}_{i}\mathbf{x}_{i}^{T}$$

$$\leq \frac{1}{4} \sum_{i=1}^{n} \mathbf{x}_{i}\mathbf{x}_{i}^{T}$$

5. Let  $\mathbf{z} \in \mathbb{R}^d$ , then

$$\mathbf{z}^T \mathbf{x}_i \mathbf{x}_i^T \mathbf{z} = (\mathbf{x}_i^T \mathbf{z})^T (\mathbf{x}_i^T \mathbf{z}) \ge 0.$$

Hence

$$\mathbf{z}^T H \mathbf{z} \geq 0$$
,

and the function f is convex.

# Exercise 2 (Ridge and Lasso estimates)

We assume to be in a regression setting where we are given a dataset  $\mathcal{D}_n = \{(\mathbf{x}_i, y_i) \in \mathbb{R}^d \times \mathbb{R}, i = 1, \dots, n\}$ . Recall that the proximal function writes, for any  $g : \mathbb{R}^d \to \mathbb{R}$  convex, and any  $\beta \in \mathbb{R}^d$ ,

$$\operatorname{prox}_g(\boldsymbol{\beta}) = \operatorname*{argmin}_{\boldsymbol{\beta}' \in \mathbb{R}^d} \left\{ \frac{1}{2} \| \boldsymbol{\beta}' - \boldsymbol{\beta} \|_2^2 + g(\boldsymbol{\beta}') \right\}$$

#### Ridge penalization

1. Let  $\lambda \ge 0$  and set  $g : \beta \to \lambda \|\beta\|_2^2$ , and  $\lambda \ge 0$ . Set  $\beta \in \mathbb{R}$  and solve the following optimization problem:

$$\hat{\beta} = \operatorname*{argmin}_{\beta' \in \mathbb{R}} \left\{ \frac{1}{2} (\beta' - \beta)^2 + \lambda \beta'^2 \right\}$$

2. Using the previous question, find the solution of

$$\underset{\boldsymbol{\beta}' \in \mathbb{R}^d}{\operatorname{argmin}} \left\{ \frac{1}{2} \|\boldsymbol{\beta}' - \boldsymbol{\beta}\|_2^2 + \lambda \|\boldsymbol{\beta}'\|_2^2 \right\}$$

Note that the previous quantity is nothing but  $prox_g(\beta)$ .

#### Lasso penalization

3. Prove that the solution of the following optimization problem

$$\hat{\boldsymbol{\beta}} \in \operatorname*{argmin}_{\boldsymbol{\beta}' \in \mathbb{R}} \left\{ \frac{1}{2} (\boldsymbol{\beta}' - \boldsymbol{\beta})^2 + \lambda |\boldsymbol{\beta}'| \right\};$$

can be written as

$$\hat{\boldsymbol{\beta}} = \operatorname{sign}(\boldsymbol{\beta}) (|\boldsymbol{\beta}| - \lambda)_{+},$$

where  $x_+ = \max(x, 0)$ .

4. Using the previous question, solve

$$\underset{\beta' \in \mathbb{R}^d}{\operatorname{argmin}} \left\{ \frac{1}{2} \|\beta' - \beta\|_2^2 + \lambda \|\beta'\|_1^2 \right\}$$

5. Plot  $\hat{\beta}_i$  as a function  $\beta$ . What is the influence of  $\lambda$  on the estimation?

### **Solution of exercise 2:**

1. Set

$$f: \beta' \mapsto \frac{1}{2}(\beta' - \beta)^2 + \lambda(\beta')^2.$$

One has

$$f'(\hat{\beta}) = 0$$
  

$$\Leftrightarrow (\hat{\beta} - \beta) + 2\lambda \hat{\beta} = 0$$
  

$$\Leftrightarrow \hat{\beta} = \frac{\beta}{1 + 2\lambda}.$$

2. According to the previous question, we have,

$$\operatorname*{argmin}_{\boldsymbol{\beta}' \in \mathbb{R}^d} \left\{ \frac{1}{2} \|\boldsymbol{\beta}' - \boldsymbol{\beta}\|_2^2 + \lambda \|\boldsymbol{\beta}'\|_2^2 \right\}$$

which is the same as solving, for all  $1 \le j \le d$ ,

$$\underset{\beta_j' \in \mathbb{R}}{\operatorname{argmin}} \left\{ \frac{1}{2} (\beta_j' - \beta)^2 + \lambda (\beta_j')^2 \right\}.$$

Thus,

$$\operatorname{prox}_{g}(\beta) = \frac{1}{1 + 2\lambda}\beta.$$

3. Set

$$f: \beta' \mapsto \frac{1}{2}(\beta' - \beta)^2 + \lambda |\beta'|.$$

Note that, for all  $\beta' \neq 0$ ,

$$f'(\beta') = \left\{ \begin{array}{ll} \beta' - \beta - \lambda & \quad \text{if } \beta' < 0 \\ \beta' - \beta + \lambda & \quad \text{if } \beta' > 0. \end{array} \right.$$

The function f is strictly convex and tends to infinity when  $\beta' \to \infty$ . Thus, it admits a unique minimum. If this minimum  $\hat{\beta} \neq 0$  it must satisfy

$$f'(\hat{\boldsymbol{\beta}}) = 0,$$

that is

$$\hat{eta} = \left\{ egin{array}{ll} eta + \lambda & & ext{if } \hat{eta} < 0 \ eta - \lambda & & ext{if } \hat{eta} > 0, \end{array} 
ight.$$

which is possible if

$$\beta + \lambda < 0$$
 or  $\beta - \lambda > 0$ ,

that is  $|\beta| > \lambda$ . If  $|\beta| \le \lambda$ , the minimum does not belong to  $(-\infty,0) \cup (0,\infty)$  and thus, since it must exist, it is equal to 0. Gathering the previous facts, we get

$$\hat{\beta} = \begin{cases} \beta + \lambda & \text{if } \beta < -\lambda \\ \beta - \lambda & \text{if } \beta > \lambda \\ 0 & \text{if } |\beta| \le \lambda. \end{cases}$$

This can also be written as

$$\hat{\beta} = \operatorname{sign}(\beta)(|\beta| - \lambda)_{+}.$$

4. According to the previous question and similarly to question 2, we have

$$\operatorname{prox}_{g}(\beta) = \operatorname{sign}(\beta) \odot (|\beta| - \lambda)_{+}.$$

5. According to the previous result, we see that  $\hat{\beta}_j = 0$  if  $|\beta_j| \le \lambda$ . The parameter  $\lambda$  is thus the threshold of the procedure.

### Exercise 3 (Descent lemma)

Prove the descent lemma: if f is L-smooth, that is, for all  $\beta, \beta' \in \mathbb{R}^d$ ,

$$\|\nabla f(\beta) - \nabla f(\beta')\| \le L\|\beta - \beta'\|,$$

then, for any  $\beta, \beta' \in \mathbb{R}^d$ ,

$$f(\beta') \le f(\beta) + \langle \nabla f(\beta), \beta' - \beta \rangle + \frac{L}{2} \|\beta - \beta'\|_2^2.$$

### **Solution of exercise 3:**

Use the fact that

$$\begin{split} f(\beta') &= f(\beta) + \int_0^1 \langle \nabla f(\beta + t(\beta' - \beta)), \beta' - \beta \rangle dt \\ &= f(\beta) + \langle \nabla f(\beta), \beta' - \beta \rangle \\ &+ \int_0^1 \langle \nabla f(\beta + t(\beta' - \beta)) - \nabla f(\beta), \beta' - \beta \rangle dt, \end{split}$$

so that

$$\begin{split} |f(\beta') - f(\beta) - \langle \nabla f(\beta), \beta' - \beta \rangle| \\ &\leq \int_0^1 |\langle \nabla f(\beta + t(\beta' - \beta)) - \nabla f(\beta), \beta' - \beta \rangle dt| \\ &\leq \int_0^1 \|\nabla f(\beta + t(\beta' - \beta)) - \nabla f(\beta)\| \|\beta' - \beta\| dt \\ &\leq \int_0^1 Lt \|\beta' - \beta\|^2 dt = \frac{L}{2} \|\beta' - \beta\|^2 \end{split}$$

which proves the descent lemma.  $\Box$ 

# Exercise 4 (Convergence of gradient descent)

Assume that  $f: \mathbb{R}^n \to \mathbb{R}$  is convex, differentiable and L-smooth. Then the gradient descent with fixed step size  $t \le 1/L$  satisfies

$$f(\boldsymbol{\beta}^{(k)}) - f(\boldsymbol{\beta}^*) \le \frac{\|\boldsymbol{\beta}^{(0)} - \boldsymbol{\beta}^*\|_2^2}{2tk},$$

where

$$\beta^* \in \operatorname*{argmin}_{\beta \in \mathbb{R}^n} f(\beta)$$

**Solution of exercise 4:** The descent lemma gives us

$$f(\beta') \le f(\beta) + \langle \nabla f(\beta), \beta' - \beta \rangle + \frac{L}{2} \|\beta - \beta'\|_2^2.$$

Let  $\beta' = \beta^+ = \beta - t \nabla f(\beta)$ , we have

$$f(\beta^{+}) \leq f(\beta) + \langle \nabla f(\beta), \beta - t \nabla f(\beta) - \beta \rangle + \frac{L}{2} \|\beta - (\beta - t \nabla f(\beta))\|_{2}^{2}$$
$$= f(\beta) - \left(1 - \frac{Lt}{2}\right) t \|\nabla f(\beta)\|_{2}^{2}$$

Taking  $0 \le t \le 1/L$ , we have

$$f(\boldsymbol{\beta}^+) \le f(\boldsymbol{\beta}) - \frac{t}{2} \|\nabla f(\boldsymbol{\beta})\|_2^2.$$

Since f is convex,

$$f(\beta) \le f(\beta^*) + \langle \nabla f(\beta), \beta - \beta^* \rangle,$$

and

$$f(\beta^{+}) \leq f(\beta) - \frac{t}{2} \|\nabla f(\beta)\|_{2}^{2}$$

$$\leq f(\beta^{\star}) + \langle \nabla f(\beta), \beta - \beta^{\star} \rangle - \frac{t}{2} \|\nabla f(\beta)\|_{2}^{2}$$

$$= f(\beta^{\star}) + \frac{1}{2t} \Big( \|\beta - \beta^{\star}\|^{2} - \|\beta - \beta^{\star} - t\nabla f(\beta)\|^{2} \Big)$$

$$= f(\beta^{\star}) + \frac{1}{2t} \Big( \|\beta - \beta^{\star}\|^{2} - \|\beta^{+} - \beta^{\star}\|^{2} \Big).$$

$$(1)$$

Summing over iterations, we have

$$\begin{split} \sum_{i=1}^k (f(\beta^{(i)}) - f(\beta^*)) &\leq \frac{1}{2t} \sum_{i=1}^k \left( \|\beta^{(i-1)} - \beta^*\|^2 - \|\beta^{(i)} - \beta^*\|^2 \right) \\ &\leq \frac{1}{2t} \left( \|\beta^{(0)} - \beta^*\|^2 - \|\beta^{(k)} - \beta^*\|^2 \right) \\ &\leq \frac{1}{2t} \|\beta^{(0)} - \beta^*\|^2. \end{split}$$

According to (1),  $f(\beta^{(k)})$  is nonincreasing. Thus,

$$f(\beta^{(k)}) - f(\beta^{\star}) \le \frac{1}{k} \sum_{i=1}^{k} \left( f(\beta^{(k)}) - f(\beta^{\star}) \right) \le \frac{\|\beta^{(0)} - \beta^{\star}\|^2}{2tk},$$

and, by choosing t = 1/L, we have

$$f(\boldsymbol{\beta}^{(k)}) - f(\boldsymbol{\beta}^*) \le \frac{L \|\boldsymbol{\beta}^{(0)} - \boldsymbol{\beta}^*\|^2}{2k},$$

# **Exercise 5** (Optimality of $\eta = 1/L$ )

Explain why do we set the step size  $\eta = 1/L$  in the gradient descent algorithm. **Solution of exercise 5:** According to the descent lemma, for any  $\beta, \beta' \in \mathbb{R}^d$ ,

$$f(\beta') \le f(\beta) + \langle \nabla f(\beta), \beta' - \beta \rangle + \frac{L}{2} \|\beta - \beta'\|_2^2.$$

It is then natural to minimize the right-hand side. At the kth iteration,

$$\begin{aligned} & \underset{\beta \in \mathbb{R}^n}{\operatorname{argmin}} \left\{ f(\beta^{(k)}) + \langle \nabla f(\beta^{(k)}), \beta - \beta^{(k)} \rangle + \frac{L}{2} \|\beta^{(k)} - \beta\|_2^2 \right\} \\ \Leftrightarrow & \underset{\beta \in \mathbb{R}^n}{\operatorname{argmin}} \left\{ f(\beta^{(k)}) + \frac{L}{2} \|\beta - \beta^{(k)} + \frac{1}{L} \nabla f(\beta^{(k)}) \|_2^2 \right\} \\ \Leftrightarrow & \underset{\beta \in \mathbb{R}^n}{\operatorname{argmin}} \left\{ \|\beta - \left(\beta^{(k)} + \frac{1}{L} \nabla f(\beta^{(k)})\right) \|_2^2 \right\}. \end{aligned}$$

Thus, it is natural to choose

$$\beta^{(k+1)} = \beta^{(k)} + \frac{1}{L} \nabla f(\beta^{(k)}).$$