



# Miranda Kerr Beauty Secrets

With modeling, it's fun to see the way people can experiment on my face. But when I do it myself, I keep it simple. I just throw on a lip color and my sunglasses, so I don't have to worry about anything else. I've always liked color on my lips. RMS Lip2Cheek in Sacred is really good because you can use it on the lips and cheeks. Smile is good, too; it's a little more pink. I find a red lip just lifts my face, like Le Métier de Beauté Colour Core Moisture Stain Lipstick in China Beach. I found it on Net-a-Porter. I know what tones work for me now after all these years in the industry. I'm very big on eyebrows, too. I groom them and pluck them myself, and use Bobbi Brown eyebrow gel to keep them in place.

*You don't have to be 100% strict with yourself. It's about balance, being kind to yourself, and knowing what works, but not feeling like you have to do everything. For me, it's 80% health-conscious and 20% indulgence.*

For cleansing, my routine has always been pretty easy. I believe in simple steps: cleanse, exfoliate, tone, moisturize, and a mask once a week. Every morning, I wash my face with the Kora Organics Cream Cleanser, and I use the Foaming Cleanser at night to remove makeup. Then I spray the Energising Citrus Mist. My moisturizer depends on the state of my skin, so sometimes I'll use Soothing Day and Night Cream or, if I'm having a bit of a breakout, I'll use Purifying Day and Night Cream. Luxurious Rosehip Oil is also amazing at night, so I'll wear that on my face—it's great for age prevention—and body.

Hair-wise, I love using coconut oil as a treatment and apple cider vinegar for shininess—you put on a little bit in the shower as a rinse, and then wash it out. It stinks a little, but then you use conditioner and the smell goes away. I'm obsessed with having clean hair. This is all my natural color, except for a tiny little bit around my face, which was just bleached for a shoot to make it look sun-kissed. A hairdresser went out and just got this cheap purple bleach from Ricky's. They put it in a couple of little pieces and rinsed it out.



I don't really wear perfume, but I love sandalwood and essential oils, which are what I use in my products.

