

1 Coexistence of alleles: insights of Modern  
2 Coexistence Theory into the maintenance of  
3 genetic diversity

4 Alba Cervantes-Loreto<sup>1</sup>, Michelle L. Maraffini<sup>1</sup>, Daniel B. Stouffer<sup>1</sup>, and  
5 Sarah P. Flanagan<sup>1</sup>

6 <sup>1</sup>Centre for Integrative Ecology, School of Biological Sciences, University of Canterbury,  
7 Christchurch 8140, New Zealand

---

<b>Words in abstract</b>	to be determined
<b>Words in manuscript</b>	to be determined
<b>Number of references</b>	to be determined
<b>Number of figures</b>	to be determined
<b>Number of tables</b>	2
<b>Number of text boxes</b>	0
<b>Corresponding author</b>	Alba Cervantes-Loreto
<b>Phone</b>	+64 369 2880
<b>Email</b>	alba.cervantesloreto@pg.canterbury.ac.nz

---

# 1 Introduction

The question of how genetic variation is maintained, despite the effects of selection and drift, continues to be central to the study of evolutionary biology (Walsh & Lynch, 2018). Classical explanations include overdominance (heterozygote advantage) or frequency-dependent selection, but in the modern era of genomic data, all patterns of variation that exceed the expected variation under neutrality tend to be categorized broadly as balancing selection, regardless of the evolutionary mechanism (Mitchell-Olds *et al.*, 2007). One of the evolutionary mechanisms coined under balancing selection is sexually antagonistic selection, which occurs when the direction of natural selection on traits or loci differs between the sexes (Connallon & Hall, 2018).

Sexually antagonistic selection has been identified as a powerful engine of speciation that in some cases can maintain polymorphisms of otherwise dis-advantageous alleles in a population (Gavrilets, 2014). The effect of sexually antagonistic selection, however, has been generally studied under strong simplifying assumptions such as constant population sizes and homogeneous environments (e.g., Kidwell *et al.* (1977); Pamilo (1979); Immler *et al.* (2012)). Few studies have explored the effect of sexually antagonistic selection on the maintenance of polymorphism with more realistic assumptions. Exceptions include Connallon *et al.* (2018) who found that classical predictions break down when fluctuations in the environment combined with life-history traits allow local adaptations and promote the maintenance of genetic diversity. The effect of environmental fluctuations without local adaptation, however, has not been studied in the context of sexually

antagonistic selection to the best of our knowledge.

The contribution of environmental fluctuations to genetic variability remains a debated issue in evolutionary biology. Classic theoretical models predict that temporal fluctuations in environmental conditions are unlikely to maintain a genetic polymorphism (Hedrick, 1974; 1986). However, other studies have found that fluctuating selection can maintain genetic variance on sex-linked traits (Reinhold, 2000), or in populations where generations overlap (Ellner & Hairston Jr, 1994; Ellner & Sasaki, 1996). Similarly, temporal changes in population sizes have been shown to mitigate the effect of genetic drift in small populations (Pemberton *et al.*, 1996), and in annual plant systems (Nunney, 2002). Thus, both fluctuations in selection and population sizes could dramatically change the effect of sexually antagonistic selection in the maintenance of genetic diversity.

Importantly, progress requires more than just identifying if fluctuations can maintain genetic diversity in a population, but to quantify how exactly they contribute to its maintenance (Ellner *et al.*, 2016). Modern coexistence theory (MCT) provides a powerful conceptual framework to do so (Chesson, 2000b; 1994; Barabás *et al.*, 2018). Although its core ideas were formalized in an ecological context (Chesson, 1994; 2000a), this framework provides the necessary tools to examine the relative contributions of fluctuations to diversity maintenance, which can also be applied to evolutionary contexts (Ellner & Sasaki, 1996; Reinhold, 2000). From an ecological perspective, polymorphism of sexually antagonistic alleles is equivalent to the coexistence of species, and the fixation of either one of the alleles in a population is equivalent to competitive exclusion. The coexistence of alleles, thus, can be examined through the same lens as the coexistence of competing species.

Here, we seek to explicitly apply recent advances in MCT to the question of how polymorphism is maintained under sexually antagonistic selection. We examined how fluctuations in selection values, fluctuations in population sizes, and their interactions can stabilize or hinder the coexistence of alleles. In particular, we examined i) Can fluctuations in population sizes and selection values allow sexually antagonistic alleles to coexist when differences in their fitness would typically not allow them to? and ii) What is the relative contribution of different types of fluctuations that allow two sexually antagonistic alleles to be maintained in a population? Our study provides the tools to analyze evolutionary dynamics from a novel perspective and contributes to answering long-lasting questions regarding the effect of non-constant environments on genetic diversity.

## 2 Methods

We first present a model that describes the evolutionary dynamics of sexually antagonistic alleles and show how changes in allele frequencies can be expressed in terms of growth rates, a necessary condition for analyses done using MCT. We continue by simulating different scenarios of alleles invading a population, where we allowed population sizes, selection values, both, or neither to vary. Finally, we examine the results of our simulations through a MCT lens by calculating the contribution of each of these fluctuations in the coexistence of alleles across the parameter space of sexually antagonistic selection.

## Population dynamics of sexually antagonistic alleles

As most population genetic models of sex-dependent selection, our model considered evolution at single, biallelic locus with frequency and density independent effects on the relative fitness of females and males (Wright, 1942; Kidwell *et al.*, 1977; Immler *et al.*, 2012). We examined the dynamics of two sexually antagonistic alleles,  $j$  and  $k$ , that affect fitness in the haploid state. We assumed allele  $j$  always has a high fitness in females ( $w_{jf} = 1$ ), but variable fitness in males ( $w_{jm} < 1$ ); and allele  $k$  has a high fitness in males ( $w_{km} = 1$ ), but variable fitness in females ( $w_{kf} < 1$ ). The selection against allele  $j$  in males is therefore  $S_m = 1 - w_{jm}$ , and the selection against allele  $k$  in females is  $S_f = 1 - w_{kf}$ .

ACL: Add more recent refs, sarahs suggestions and e.g.,

The frequency of each allele in each sex at the beginning of a life-cycle at time  $t$  is given by:

$$p_{jm,t} = \frac{n_{jm,t}}{N_{m,t}} \quad (1)$$

$$p_{jf,t} = \frac{n_{jf,t}}{N_{f,t}} \quad (2)$$

$$p_{km,t} = \frac{N_{m,t} - n_{jm,t}}{N_{m,t}} \quad (3)$$

$$p_{kf,t} = \frac{N_{f,t} - n_{jf,t}}{N_{f,t}} \quad (4)$$

where  $N_{m,t}$  and  $N_{f,t}$  are the numbers of males and females in a population at time  $t$ ,  $n_{jf,t}$  is the number of females  $f$  with allele  $j$ , and  $n_{jm,t}$  is the number of males  $m$  with allele  $j$  at time  $t$ , respectively.

The individuals in the population mate at random before selection occurs, and there-

fore the frequency of offspring with allele  $j$  after mating,  $p'_{j,t}$  can be expressed as:

$$p'_{j,t} = \frac{(N_{m,t}n_{jf,t} + N_{f,t}n_{jm,t})}{2N_fN_m}. \quad (5)$$

Selection acts upon these offspring in order to determine the allelic frequencies in females and males in the next generation,  $t + 1$ . As an example the frequency of females with allele  $j$  after selection is given by:

$$p'_{jf,t+1} = \frac{n_{jf,t+1}}{N'_{f,t+1}} = \frac{p'_j w_{jf}}{p'_j w_{jf} + (1 - p'_j) w_{kf}} \quad (6)$$

The logarithmic growth rate of  $j$  in females, is therefore given by the number of females with allele  $j$  after selection, divided by the original number of females carrying allele  $j$ :

$$r_{jf,t} = \ln \left( \frac{n'_{jf,t+1}}{n_{jf,t}} \right) \quad (7)$$

An equivalent expression for the per capita growth rate of allele  $j$  in males  $m$  can be obtained by exchanging  $f$  for  $m$  across the various subscripts in this expression.

Allelic coexistence in a sexual population, however, is ultimately influenced by growth and establishment of an allele across both sexes. Therefore, the full growth rate of allele  $j$  across the entire population of females *and* males is given by:

$$r_j = \ln \left( \frac{n'_{jf,t+1} + n'_{jm,t+1}}{n_{jf,t} + n_{jm,t}} \right). \quad (8)$$

100 An equivalent expression describes  $r_k$ , the growth rate of allele  $k$ .

101 Selection maintains both alleles in the population under the condition that:

$$\frac{S_m}{1 + S_m} < S_f < \frac{S_m}{1 - S_m} \quad (9)$$

102 Thus, the maintenance of polymorphism of sexually antagonistic alleles is solely deter-  
103 mined by the values of  $S_m$  and  $S_f$ . Note that in our model, the values  $S_m$  and  $S_f$  can take  
104 are bounded from 0 to 1. Therefore the parameter space of sexually antagonistic selection  
105 is within the range  $0 < S_m, S_f < 1$ . Classic theoretical models predict that in constant  
106 environments, only in  $\approx 0.38$  of the selection parameter space alleles can coexist (Kidwell  
107 *et al.*, 1977; Pamilo, 1979; Connallon *et al.*, 2018). If fluctuations in population sizes or se-  
108 lection values have an effect on the coexistence of sexually antagonistic alleles, it would  
109 be reflected in increases or decreases of the proportion of the parameter space of selection  
110 where polymorphism is maintained.

## 111 Simulations

112 Typically, MCT would require decomposing alleles' growth rates (e.g., Eqn. 8) analytically  
113 to examine the relative contributions of different types of fluctuations to their coexistence  
114 (Barabás *et al.*, 2018). Although we present an analytical approach in the Supporting Infor-  
115 mation, our general solution is not easily interpretable and soon becomes mathematically  
116 intractable (S1 Supporting Information). Thus, we opted for an extension of MCT that  
117 provides the flexibility to examine the contributions of different processes to coexistence  
118 using simulations (Ellner *et al.*, 2019; Shoemaker *et al.*, 2020).

For each simulation, we examined coexistence outcomes across the selection parameter space of sexually antagonistic selection ( $0 < S_m, S_f < 1$ ). To do so, we partitioned the parameter space into a grid of  $50 \times 50$ , which yielded 2500 pairwise combinations of different  $w_{jm}$  and  $w_{kf}$  values. For each pairwise combination of  $w_{jm}$  and  $w_{kf}$ , as we detail in the next sections, we iterated our model while controlling the effect size of fluctuations in fitness values ( $\sigma_w$ ), fluctuations in population sizes ( $\sigma_g$ ) and their correlations ( $\rho_w$  and  $\rho_g$  respectively). Then, we performed simulations of each allele invading a population, determined coexistence outcomes, and the relative contribution of each type of fluctuation. Finally, we calculated for each simulation, the proportion of the parameter space that allowed alleles to coexist.

We explored all of the combinations of low, intermediate and high fluctuations in fitness values and population sizes, with different extents of correlations between fluctuations (Table 1). As a control simulation, we set  $\sigma_w = 0.001$  and  $\sigma_g = 0.001$ , with no correlation between fluctuations. For each one of the factorial combinations of  $\sigma_g$ ,  $\sigma_w$ ,  $\rho_g$  and  $\rho_w$  (Table 1), we performed invasion simulations across the parameter space of selection. We ran ten replicates per parameter combination, which resulted in 3780 simulations.

## Timeseries

To incorporate the effects of fluctuations into our population dynamics model we generated independent timeseries of fluctuations in fitness values and population sizes. In the case of fluctuations in selection values, for a given value of  $w_{jm}$  and  $w_{kf}$  (i.e., a fixed point in the selection parameter space), we generated a timeseries of 500 timesteps made



up of correlated fluctuations of  $w_{jm}$  and  $w_{kf}$ . We controlled the effect size of fluctuations in fitness values ( $\sigma_w$ ) and its correlation ( $\rho_w$ ) by using the Cholesky factorization of the variance-covariance matrix:

$$C_w = \begin{bmatrix} \sigma_w^2 & \rho_w \sigma_w^2 \\ \rho_w \sigma_w^2 & \sigma_w^2 \end{bmatrix} \quad (10)$$

We multiplied Eqn. 10 by a  $(2 \times 500)$  matrix of random numbers from a normal distribution with mean 0 and unit variance, which yielded  $\gamma_j$  and  $\gamma_k$ . Then, we calculated the value of  $w_{jm}$  at time  $t + 1$  as  $w_{jm,t+1} = w_{jm}^{\gamma_{j,t}}$ . We calculated the value of  $w_{kf,t+1}$  analogously.

Similarly, we generated a timeseries of 500 timesteps made up of correlated fluctuations in population sizes. We chose values of  $N_m$  and  $N_f$  of 200 individuals each as the initial value of population sizes throughout our simulations. We performed a Cholesky factorization of the variance-covariance matrix, controlling the effect size of fluctuations in population sizes with  $\sigma_g$  and their correlation with  $\rho_g$ . Similar to our previous approach, we multiplied this factorization by a random matrix of uncorrelated random variables, which yielded  $\gamma_m$  and  $\gamma_f$ . Finally, we calculated the number of males in the population at time  $t + 1$  as  $N_{m,t+1} = N_m + \gamma_{m,t}$ . We calculated the value of  $N_{f,t+1}$  analogously. We bounded the values population sizes could take so there were no negative population sizes, since that would not be biologically plausible. We did not impose an upper bound to the values population sizes could take.†

Finally, we performed simulations where our population dynamics model (Eqns. 1

ACL: We did not impose any bounds to sex ration, nor total population sizes, I don't know if that is worth mentioning

to 8) iterated over 500 timesteps while allowing selection values and population sizes to fluctuate in each timestep. We started each simulation with the initial values of  $N_m$  and  $N_f$  described before and equal frequencies of allele  $j$  and allele  $k$  in each sex. For each timestep  $t$  in our simulations, the values of  $w_{jm}$ ,  $w_{kf}$ ,  $N_m$  and  $N_f$  used to calculate allele's frequencies in timestep  $t$  (e.g., Eqn. 6), corresponded to the  $t$  values calculated in each timeseries, as described previously. This approach yielded a final timeseries that captured the dynamics of sexually antagonistic alleles, with fluctuating values of selection and population sizes.

## Invasion simulations

Modern coexistence theory has shown that coexistence is promoted by mechanisms that give species a population growth rate advantage over other species when they become rare (Chesson, 1982; 2003; Barabás *et al.*, 2018). Typically, one species is held at its *resident* state, as given by its steady-state abundances while the rare species is called the *invader*. In the context of alleles in a population, an allele is an *invader* when a mutation occurs that introduces that allele into a population in which it is absent (e.g., if in a population with only  $k$  alleles, a random mutation made one individual carry the  $j$  allele). Within sexually antagonistic selection, each allele has two pathways of invasion, depending on whether the mutation arises in a female or in a male. If an allele's *invasion growth rate* (or the average instantaneous population growth rate when rare) is positive, it buffers it against extinction, maintaining its persistence in the population. Coexistence, and hence polymorphism, occurs when both alleles have positive invasion growth rates.

To study the dynamics of sexually antagonistic alleles through this framework, we used the timeseries that captured the dynamics of our population model as a template to perform invasion simulations of both alleles. We allowed each allele to invade via two different pathways: males and females. We explored all potential combinations of each allele invading through a different pathway (e.g., allele  $j$  invading through males, and allele  $k$  invading through females, and so on). This yielded four types of invasion.

For each timestep in the timeseries, we performed simulations of the two alleles invading separately via their respective pathway. To simulate invasion, we set the density of the invading allele to one individual. For example, if allele  $j$  was invading via males, then we would set  $n_{jm,i} = 1$  and  $n_{jf,i} = 0$ . Note that each invasion simulation was independent of the iteration that we used to generate the timeseries, therefore we denoted the initial timestep in an invasion simulation with the subscript  $i$ . We also set the resident allele, in this case  $k$ , to the corresponding value of the timeseries minus one individual,  $n_{km,i} = N_{m,t} - 1$  and  $n_{kf,i} = N_{f,t}$ . Then, we iterated our model one timestep,  $i + 1$ , and calculated the logarithmic growth rate of  $j$  allele invading as:

$$r_j = \ln \left( \frac{n_{jm,i+1} + n_{jf,i+1}}{1} \right) \quad (11)$$

Correspondingly, the logarithmic growth rate of the  $k$  allele as a resident would be given by:

$$r_k = \ln \left( \frac{n_{km,i+1} + n_{kf,i+1}}{n_{km,i} + n_{kf,i}} \right) \quad (12)$$

We treated each timestep of the timeseries independently, and hence we performed

500 invasion simulations. We then calculated, for each allele invading via a different pathway, its mean invasion growth rate as the average of the 500 invasion growth rates. We also calculated the mean growth rate of the resident allele as the average of the 500 resident growth rates. We determined alleles to be coexisting if both of alleles had positive mean invasion growth rates, which is often referred to as the mutual invasibility criterion (Barabás *et al.*, 2018).

## Functional decomposition

Our invasion simulations tell us whether or not sexually antagonistic alleles can coexist in a determined point of the selection parameter space. However, we also quantified the relative contributions of fluctuating selection and population sizes into the predicted coexistence outcome. Therefore, we used an extension of MCT that provides the flexibility to analyze the contributions of different processes to coexistence using *functional decomposition* (Ellner *et al.*, 2016; 2019; Shoemaker *et al.*, 2020).

We applied the functional decomposition approach by breaking up the average growth rate of each allele into a null growth rate in the absences of fluctuations in all selected variables, a set of main effect terms that represent the effect of only one variable fluctuating, and a set of two-way interaction terms representing the effect of variables fluctuating simultaneously (Ellner *et al.*, 2019). In our simulations, this is a function of four variables: the number of males in the population ( $N_m$ ), the number of females in the population ( $N_f$ ), the fitness of allele  $j$  in males ( $w_{jm}$ ), and the fitness of allele  $k$  in females ( $w_{kf}$ ). As an example, if only  $N_m$  and  $N_f$  were fluctuating, the growth rate of allele  $j$  when it is the

invader at timestep  $t$  could be decomposed into:

$$r_{j,t}(N_m, N_f) = \mathcal{E}_j^0 + \mathcal{E}_j^{N_m} + \mathcal{E}_j^{N_f} + \mathcal{E}_j^{N_m N_f} \quad (13)$$

Where  $\mathcal{E}^0$  is the null growth rate when  $N_m$  and  $N_f$  are set to their averages. Terms with superscripts represent the marginal effects of letting all superscripted variables vary while fixing all the other variables at their average values. For example, the term  $\mathcal{E}^{N_m}$  expresses the contribution of fluctuations in  $N_m$  when  $N_f$  is at its average, without the contribution when both variables are set to their averages :

$$\mathcal{E}_j^{N_m} = r_{j,t}(N_m, \overline{N_f}) - \mathcal{E}_j^0 \quad (14)$$

If we average Eqn. 13 across the timesteps in our simulation, we get a partition of the average population growth rate into the variance-free growth rate, the main effects of variability in  $N_m$ , the main effects of variability in  $N_f$ , and the interaction between variability in  $N_m$  and  $N_f$

$$\bar{r}_j = \mathcal{E}_j^0 + \overline{\mathcal{E}_j^{N_m}} + \overline{\mathcal{E}_j^{N_f}} + \overline{\mathcal{E}_j^{N_m N_f}} \quad (15)$$

However, in our simulations  $w_{jm}$  and  $w_{kf}$  also fluctuated, therefore the full functional decomposition of the growth rate of allele  $j$  as an invader is found in Table 2, as well as a brief description of the meaning of each term. The implementation and interpretation of the functional decomposition of the invasion growth rates of each allele are identical to each other. We calculated the value of each of the terms in Table 2 by performing another

234 set of invasion simulations as described previously, but instead of allowing all variables  
 235 to fluctuate, systematically setting the required variables to their means and subtracting  
 236 the corresponding  $\mathcal{E}$  values.

237 The functional decomposition approach further requires the *comparison* of each term,  
 238 to understand if how it affects invaders and residents. This is because fluctuations can  
 239 promote coexistence by helping whichever allele is rare, or they can hurt whichever allele  
 240 is common. Therefore, to understand the role of each type of fluctuation, it is necessary  
 241 to compare how it affects invader *and* resident growth rates. In the example presented  
 242 in Eqn. 15, if allele  $j$  is invading, then allele  $k$  is at it's resident state and there exists an  
 243 analogue decomposition of  $\bar{r}_k$  with the exact same terms. Therefore we can express the  
 244 difference between contributions of fluctuations in  $N_m$  as:

$$\Delta_j^{N_m} = \bar{\mathcal{E}}_j^{N_m} - \bar{\mathcal{E}}_k^{N_m} \quad (16)$$

245 If  $\Delta_j^{N_m}$  is positive, then fluctuations in the male population benefit allele  $j$  when it is  
 246 rare more than what they benefit  $k$  as a resident. If  $\Delta_j^{N_m}$  is negative, then fluctuations  
 247 benefit  $k$  as a resident more than  $j$  as an invader, and if it is minimal, then fluctuations  
 248 have an equal effect in  $j$  and  $k$ . Therefore, for each allele invading via a different pathway,  
 249 we calculated 16  $\Delta$  values, one for each one of the  $\mathcal{E}$  terms in Table 2. However, since the  
 250 magnitude of each one of these values could vary considerably across the parameter space  
 251 of selection, to make them comparable, we normalized each  $\Delta$  value by dividing it by the  
 252 square root of the sum of the squares of the 16  $\Delta$  values. For example, the normalized

253 value of Eqn. 16 would be given by:

$$\delta_j^{N_m} = \frac{\Delta_j^{N_m}}{\sqrt{\sum_{d=1}^{16} (\Delta_d)^2}} \quad (17)$$

254 This normalization bounded  $\delta$  values from  $-1$  to  $1$ .

### 255 3 Results

256 Our simulations showed that fluctuations in selection and population sizes could dra-  
257 matically change the proportion of allelic coexistence in the parameter space compared to  
258 classic theoretical expectations (Fig. 1A and B). Our results show that both types of fluctu-  
259 ations can allow alleles to coexist where selection would typically not allow them to. As  
260 a baseline, we show in Fig. 1C the outcome of the control simulation, which matches pre-  
261 vious findings that without fluctuations, alleles can coexist in only  $\approx 0.38$  of the selection  
262 parameter space (Connallon & Hall, 2018). Importantly, we also found that the extent and  
263 relative contribution of each type of fluctuation differed from each other.

#### 264 The effect of fluctuations in allelic coexistence

265 When only population sizes fluctuated, the average proportion of the parameter space  
266 where alleles could coexist increased with the effect size of fluctuations after the thresh-  
267 old of  $\sigma_g = 20$  (Fig. 1A). Fluctuations with effect sizes smaller than this threshold either  
268 decreased or matched the average proportion of the parameter space of allelic coexistence  
269 compared to the control expectation. Above this threshold, as the effect size of fluctua-

tions increased so did the average proportion of the parameter space where alleles could coexist, up to  $\approx 0.50$  (Fig. 1A). Importantly, the effect of fluctuations in population sizes was highest when fluctuations were negatively correlated ( $\rho_g = -0.75$ ) (Fig. 1A).

Similar to the previous case, when only selection fluctuated, fluctuations only had an effect after a threshold, which was  $\sigma_w = 0.3$ . Fluctuations with effect sizes smaller than this threshold yielded identical results as the control simulation (Fig. 1B). Increases in the effect size of fluctuations after this threshold dramatically increased the average proportion of the parameter space where alleles could coexist, reaching up to  $\approx 0.90$  (Fig. 1B). In contrast to fluctuations in population sizes, the effect of fluctuations in selection was the highest when fluctuations were positively correlated ( $\rho_w = 0.75$ ) (Fig. 1B).

When *both* population sizes and selection fluctuated, the required thresholds for each type of fluctuation to increase the proportion of allelic coexistence in the selection parameter space remained. That is, in simulations in which  $\sigma_g < 20$  or  $\sigma_w < 0.3$  the average proportion of coexistence was less than or equal to the control simulation (Fig. 2). Any simulation with a combination of  $\sigma_g$  and  $\sigma_w$  above these thresholds increased the average proportion of coexistence as the effect size of fluctuations increased (Fig. 2). These increments were greater in magnitude when  $\rho_g = -0.75$  and  $\rho_w = 0.75$  (Fig. 2). Importantly, the effects of fluctuations in selection and in population sizes were not synergic. Indeed, as the effect size of both fluctuations increased, the average proportion of coexistence was higher when only selection was fluctuating compared to when both selection and population sizes were simultaneously fluctuating (Fig. 2).



## **The relative contribution of fluctuations**

Notably, increases in the proportion of the parameter space where alleles can coexist do not necessarily mean that there are no losses in parts of the parameter space where we would typically expect alleles to coexist. To illustrate this point we show the results of one of our simulations.

## Figures and tables

Table 1: Parameters used in our simulations to control the effect size of fluctuations in population sizes ( $\sigma_g$ ) and selection values  $\sigma_w$ , as well as their respective correlations ( $\rho_g$  and  $\rho_w$ ).

Parameter	Values	Description
$\sigma_w$	0.001, 0.1, 0.3, 0.5, 0.7, 0.9	Effect size of fluctuations in fitness values
$\sigma_g$	0.001, 1, 10, 20, 30, 50	Effect size of fluctuations in population sizes
$\rho_w$	-0.75, 0, 0.75	Correlation between fluctuations in fitness values
$\rho_g$	-0.75, 0, 0.75	Correlation between fluctuation in population sizes

Table 2: Functional decomposition of the growth rate of allele  $j$ .

Term	Formula	Meaning
$\mathcal{E}_j^0$	$\bar{r}_j(\bar{N}_m, \bar{N}_f, \bar{w}_{jm}, \bar{w}_{kf})$	Growth rate at mean population size and fitness values.
$\bar{\mathcal{E}}_j^{N_m}$	$\bar{r}_j(\bar{N}_m, \bar{N}_f, \bar{w}_{jm}, \bar{w}_{kf}) - \mathcal{E}_j^0$	Main effect of fluctuations in $N_m$
$\bar{\mathcal{E}}_j^{N_f}$	$\bar{r}_j(\bar{N}_m, N_f, \bar{w}_{jm}, \bar{w}_{kf}) - \mathcal{E}_j^0$	Main effect of fluctuations in $N_f$
$\bar{\mathcal{E}}_j^{w_{jm}}$	$\bar{r}_j(\bar{N}_m, \bar{N}_f, w_{jm}, \bar{w}_{kf}) - \mathcal{E}_j^0$	Main effect of fluctuations in $w_{jm}$
$\bar{\mathcal{E}}_j^{w_{kf}}$	$\bar{r}_j(\bar{N}_m, \bar{N}_f, \bar{w}_{jm}, w_{kf}) - \mathcal{E}_j^0$	Main effect of fluctuations in $w_{kf}$
$\bar{\mathcal{E}}_j^{N_m, N_f}$	$\bar{r}_j(N_m, N_f, \bar{w}_{jm}, \bar{w}_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_m} + \bar{\mathcal{E}}_j^{N_f}]$	Interaction of fluctuations in $N_m$ and $N_f$
$\bar{\mathcal{E}}_j^{w_{jm}, w_{kf}}$	$\bar{r}_j(\bar{N}_m, \bar{N}_f, w_{jm}, w_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{w_{jm}} + \bar{\mathcal{E}}_j^{w_{kf}}]$	Interaction of fluctuations in $w_{jm}$ and $w_{kf}$
$\bar{\mathcal{E}}_j^{N_m, w_{jm}}$	$\bar{r}_j(N_m, \bar{N}_f, w_{jm}, \bar{w}_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_m} + \bar{\mathcal{E}}_j^{w_{jm}}]$	Interaction of fluctuations in $N_m$ and $w_{jm}$
$\bar{\mathcal{E}}_j^{N_m, w_{kf}}$	$\bar{r}_j(N_m, \bar{N}_f, \bar{w}_{jm}, w_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_m} + \bar{\mathcal{E}}_j^{w_{kf}}]$	Interaction of fluctuations in $N_m$ and $w_{kf}$
$\bar{\mathcal{E}}_j^{N_f, w_{jm}}$	$\bar{r}_j(\bar{N}_m, N_f, w_{jm}, \bar{w}_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_f} + \bar{\mathcal{E}}_j^{w_{jm}}]$	Interaction of variation in $N_f$ and $w_{jm}$
$\bar{\mathcal{E}}_j^{N_f, w_{kf}}$	$\bar{r}_j(\bar{N}_m, N_f, \bar{w}_{jm}, w_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_f} + \bar{\mathcal{E}}_j^{w_{kf}}]$	Interaction of fluctuations $N_f$ and $w_{kf}$
$\bar{\mathcal{E}}_j^{N_m, w_{jm}, w_{kf}}$	$\bar{r}_j(N_m, \bar{N}_f, w_{jm}, w_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_m} + \bar{\mathcal{E}}_j^{w_{jm}} + \bar{\mathcal{E}}_j^{w_{kf}}]$	Interaction of fluctuations in $N_m$ , $w_{jm}$ , and $w_{kf}$
$\bar{\mathcal{E}}_j^{N_f, w_{jm}, w_{kf}}$	$\bar{r}_j(\bar{N}_m, N_f, w_{jm}, w_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_f} + \bar{\mathcal{E}}_j^{w_{jm}} + \bar{\mathcal{E}}_j^{w_{kf}}]$	Interaction of fluctuations in $N_f$ , $w_{jm}$ , and $w_{kf}$
$\bar{\mathcal{E}}_j^{N_m, N_f, w_{jm}}$	$\bar{r}_j(N_m, N_f, w_{jm}, \bar{w}_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_m} + \bar{\mathcal{E}}_j^{N_f} + \bar{\mathcal{E}}_j^{w_{jm}}]$	Interaction of variation in $N_m$ , $N_f$ , and $w_{jm}$
$\bar{\mathcal{E}}_j^{N_m, N_f, w_{kf}}$	$\bar{r}_j(N_m, N_f, \bar{w}_{jm}, w_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_m} + \bar{\mathcal{E}}_j^{N_f} + \bar{\mathcal{E}}_j^{w_{kf}}]$	Interaction of fluctuations in $N_m$ , $N_f$ , and $w_{kf}$
$\bar{\mathcal{E}}_j^{N_m, N_f, w_{jm}, w_{kf}}$	$\bar{r}_j(N_m, N_f, w_{jm}, w_{kf}) - [\mathcal{E}_j^0 + \bar{\mathcal{E}}_j^{N_m} + \bar{\mathcal{E}}_j^{N_f} + \bar{\mathcal{E}}_j^{w_{jm}} + \bar{\mathcal{E}}_j^{w_{kf}}]$	Interaction of variation in $N_f$ , $N_m$ , $w_{jm}$ , and $w_{kf}$

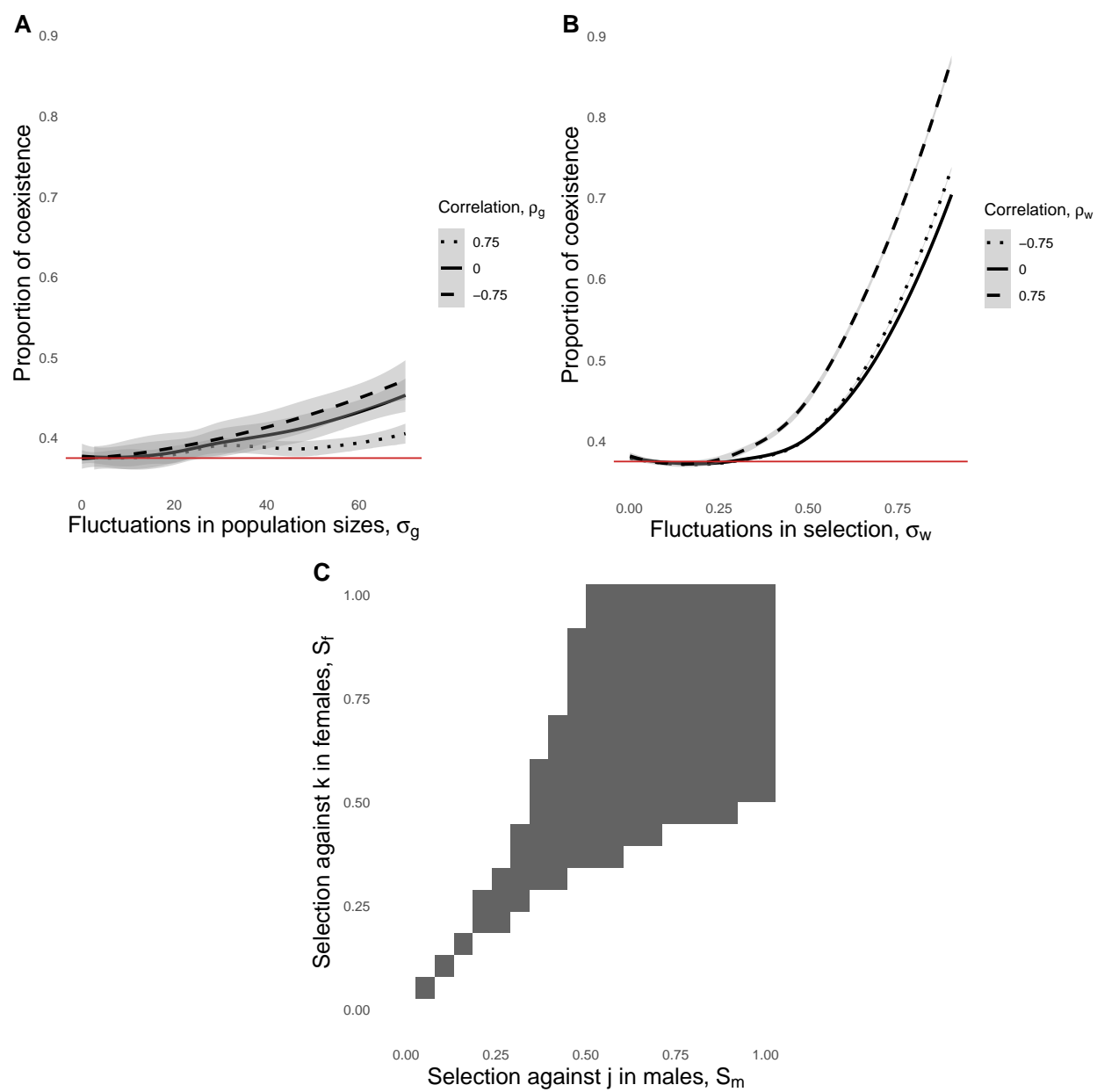


Figure 1

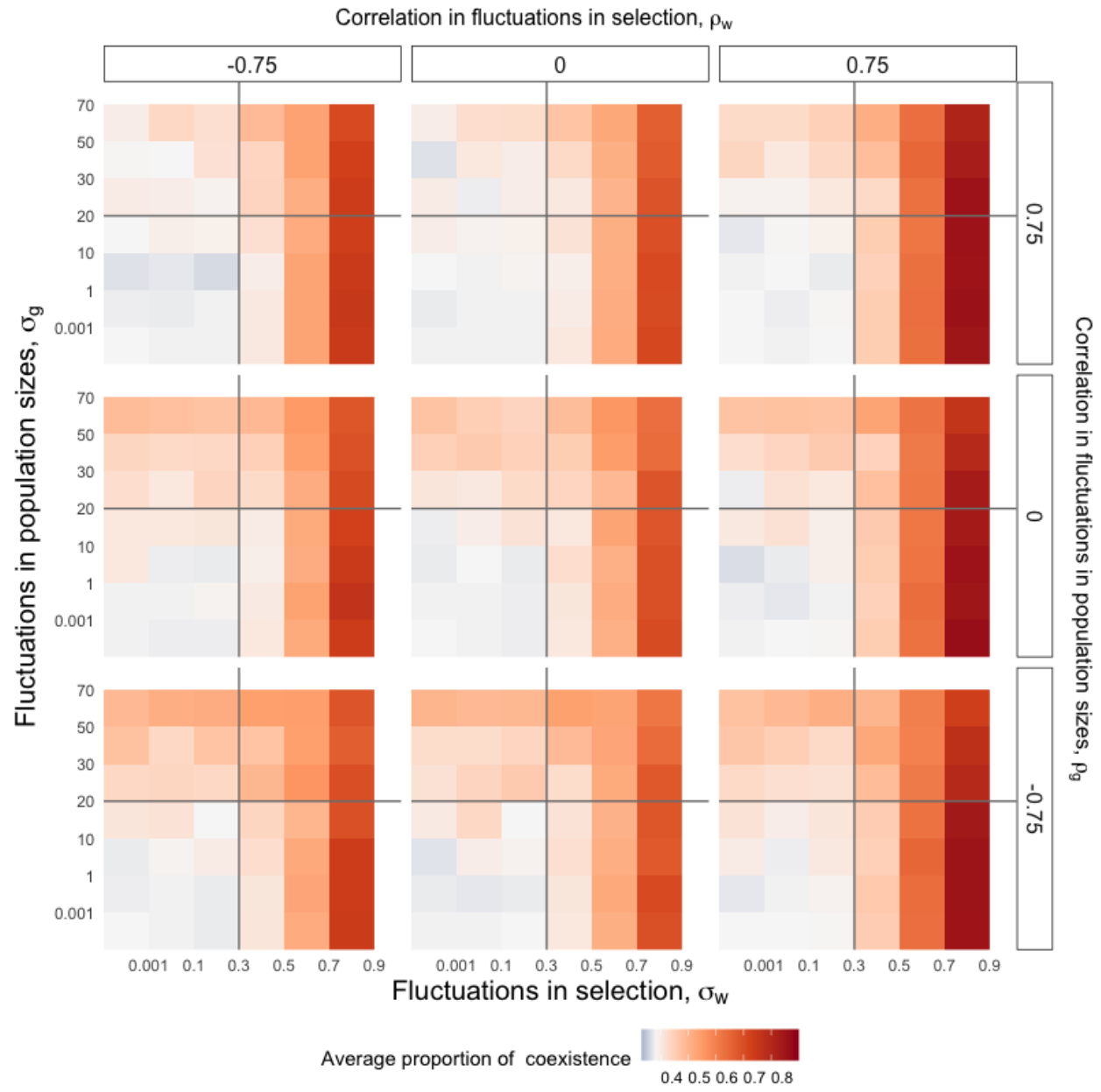
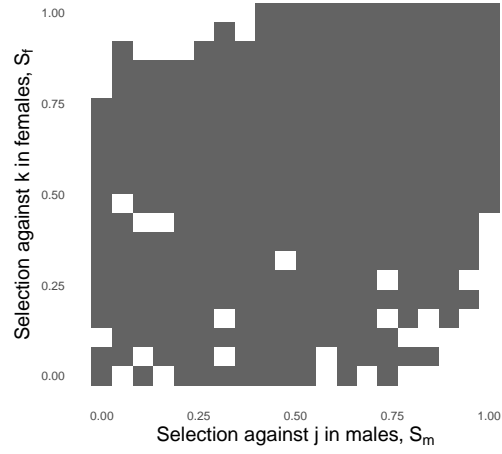


Figure 2

**A**



**B**

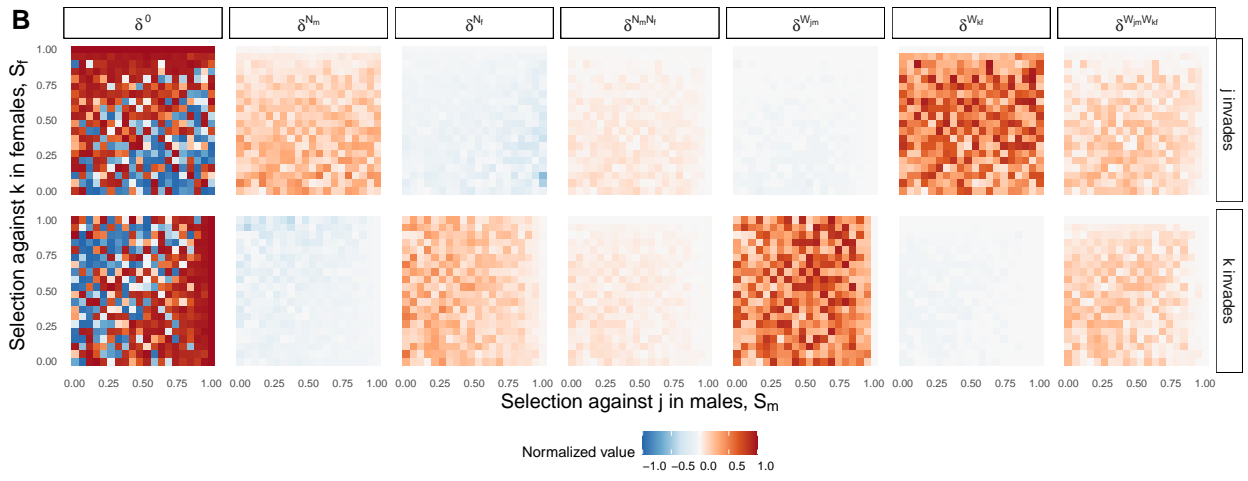


Figure 3

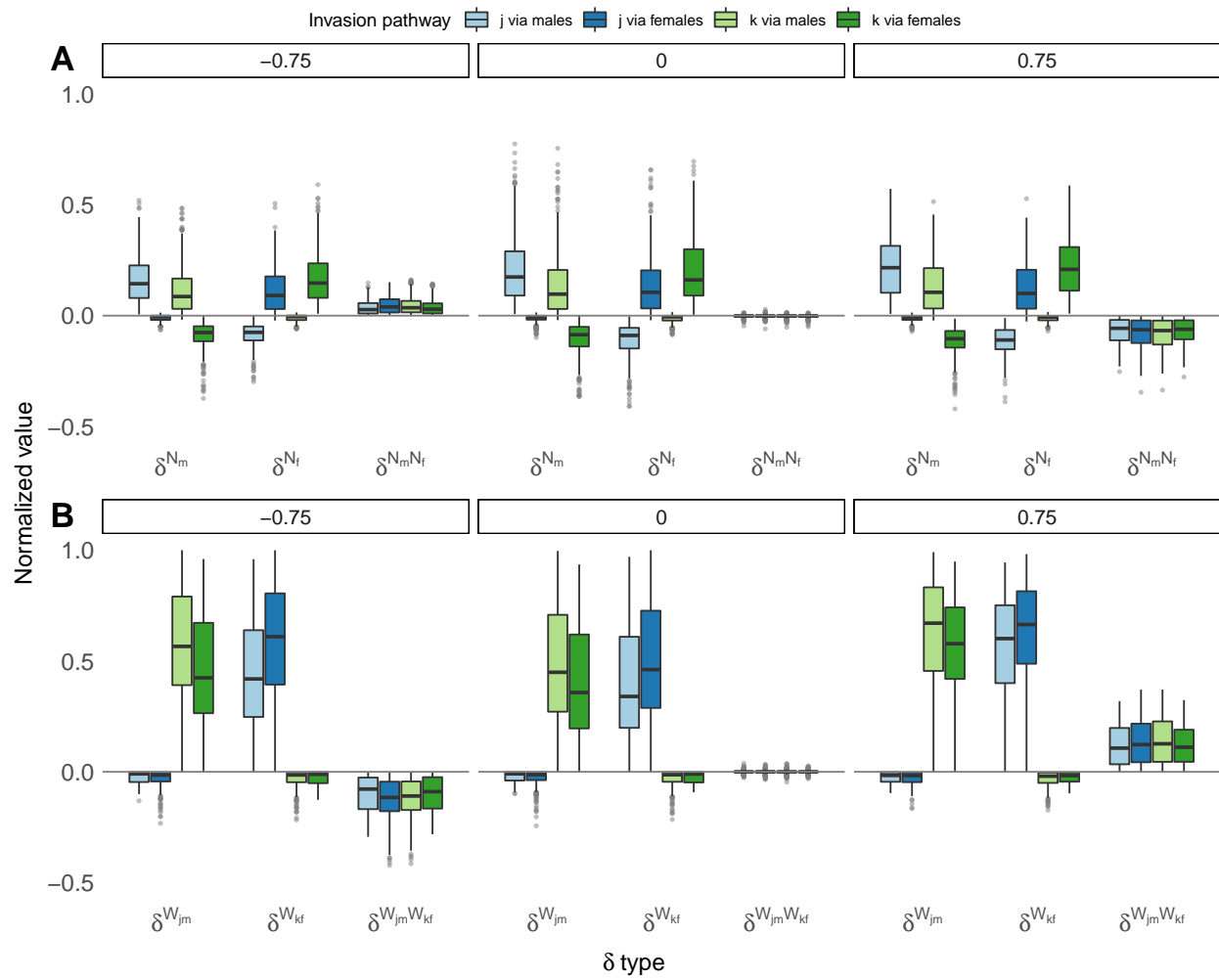


Figure 4

## References

- Barabás, G., D’Andrea, R. & Stump, S.M. (2018). Chesson’s coexistence theory. *Ecological Monographs*, 88, 277–303.
- Chesson, P. (1994). Multispecies competition in variable environments. *Theoretical population biology*, 45, 227–276.
- Chesson, P. (2000a). General theory of competitive coexistence in spatially-varying environments. *Theoretical Population Biology*, 58, 211–237.
- Chesson, P. (2000b). Mechanisms of maintenance of species diversity. *Annual review of Ecology and Systematics*, 31, 343–366.
- Chesson, P. (2003). Quantifying and testing coexistence mechanisms arising from recruitment fluctuations. *Theoretical Population Biology*, 64, 345–357.
- Chesson, P.L. (1982). The stabilizing effect of a random environment. *Journal of Mathematical Biology*, 15, 1–36.
- Connallon, T. & Hall, M.D. (2018). Environmental changes and sexually antagonistic selection. *eLS*, pp. 1–7.
- Connallon, T., Sharma, S. & Olito, C. (2018). Evolutionary Consequences of Sex-Specific Selection in Variable Environments: Four Simple Models Reveal Diverse Evolutionary Outcomes. *The American Naturalist*, 193, 93–105.

315 Ellner, S. & Hairston Jr, N.G. (1994). Role of overlapping generations in maintaining  
 316 genetic variation in a fluctuating environment. *The American Naturalist*, 143, 403–417.

317 Ellner, S. & Sasaki, A. (1996). Patterns of genetic polymorphism maintained by fluctuating  
 318 selection with overlapping generations. *theoretical population biology*, 50, 31–65.

319 Ellner, S.P., Snyder, R.E. & Adler, P.B. (2016). How to quantify the temporal storage effect  
 320 using simulations instead of math. *Ecology letters*, 19, 1333–1342.

321 Ellner, S.P., Snyder, R.E., Adler, P.B. & Hooker, G. (2019). An expanded modern coexis-  
 322 tence theory for empirical applications. *Ecology Letters*, 22, 3–18.

323 Gavrillets, S. (2014). Is sexual conflict an “engine of speciation”? *Cold Spring Harbor*  
 324 *perspectives in biology*, 6, a017723.

325 Hedrick, P.W. (1974). Genetic variation in a heterogeneous environment. i. temporal het-  
 326 erogeneity and the absolute dominance model. *Genetics*, 78, 757–770.

327 Hedrick, P.W. (1986). Genetic polymorphism in heterogeneous environments: a decade  
 328 later. *Annual review of ecology and systematics*, 17, 535–566.

329 Immler, S., Arnqvist, G. & Otto, S.P. (2012). Ploidally antagonistic selection maintains  
 330 stable genetic polymorphism. *Evolution: International Journal of Organic Evolution*, 66,  
 331 55–65.

332 Kidwell, J., Clegg, M., Stewart, F. & Prout, T. (1977). Regions of stable equilibria for  
 333 models of differential selection in the two sexes under random mating. *Genetics*, 85,  
 334 171–183.



- 335 Mitchell-Olds, T., Willis, J.H. & Goldstein, D.B. (2007). Which evolutionary processes  
336 influence natural genetic variation for phenotypic traits? *Nature Reviews Genetics*, 8,  
337 845–856.
- 338 Nunney, L. (2002). The effective size of annual plant populations: the interaction of a seed  
339 bank with fluctuating population size in maintaining genetic variation. *The American*  
340 *Naturalist*, 160, 195–204.
- 341 Pamilo, P. (1979). Genic variation at sex-linked loci: Quantification of regular selection  
342 models. *Hereditas*, 91, 129–133.
- 343 Pemberton, J., Smith, J., Coulson, T.N., Marshall, T.C., Slate, J., Paterson, S., Albon, S.,  
344 Clutton-Brock, T.H. & Sneath, P.H.A. (1996). The maintenance of genetic polymorphism  
345 in small island populations: large mammals in the hebrides. *Philosophical Transactions*  
346 *of the Royal Society of London. Series B: Biological Sciences*, 351, 745–752.
- 347 Reinhold, K. (2000). Maintenance of a genetic polymorphism by fluctuating selection on  
348 sex-limited traits. *Journal of Evolutionary Biology*, 13, 1009–1014.
- 349 Shoemaker, L.G., Barner, A.K., Bittleston, L.S. & Teufel, A.I. (2020). Quantifying the rela-  
350 tive importance of variation in predation and the environment for species coexistence.  
351 *Ecology letters*, 23, 939–950.
- 352 Walsh, B. & Lynch, M. (2018). *Evolution and Selection of Quantitative Traits*. OUP Oxford.
- 353 Wright, S. (1942). Statistical genetics and evolution. *Bulletin of the American Mathematical*  
354 *Society*, 48, 223–246.