

GoodLift 피트니스 계약서

회원명: 테스트 회원

담당 트레이너: 테스트 트레이너

등록일: 2025-01-13

센터: GoodLift 피트니스

세션 수: 12회

CONTRACT TERMS:

1. Service Description

- Personal Training (PT) service
- Customized exercise program design
- Regular fitness assessment and feedback

2. Member Responsibilities

- Attend PT sessions with assigned trainer
- Book sessions in advance
- Notify trainer 24 hours before cancellation
- Maintain regular exercise routine

3. Trainer Responsibilities

- Provide customized programs
- Ensure safe and effective training
- Provide regular progress feedback

4. Contract Period

- Start Date: 2025-01-13
- End Date: Until all sessions completed

5. Additional Terms

- Changes require prior agreement
- Disputes resolved through mutual consultation
- This contract is based on mutual agreement