

Marina Andrade Dias

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OBJECTIVE:

Team oriented, hardworking, and pragmatic Registered Nurse seeking a meaningful position. Intellectually curious and likes challenges.

EDUCATION:

- Master in Family Nurse Practitioner. Chamberlain University. September 2020 – Present. (GPA 3.84). Expected Graduation: Spring 2023
- Bachelor of Science in Nursing. Wilmington University. Graduated December 2018 (GPA 3.67 out of 4.0).
- A.A.S., Registered Nursing, (NLNAC accredited). Anne Arundel Community College – Health Care Department. Graduated: December 2014 (GPA – 3.57 out of 4.0).

RELATED EXPERIENCE:

Baltimore Washington Medical Center

Peri-operative Unit (Surgery Center and PACU)

January 2019 – Present

- I have been working between PRE-OP and PACU for almost two years now. I enjoy that I can meet my patient as they come in to have their surgery, I am able to make them feel welcome and in peace as I get them ready. They often have stories to tell me; how they were not able to sleep the night before or how they have been anxious about the surgery.
- Look into charts, verify dates, labs, consents, pre-operative images, referrals, and clearances, making sure everything is ready and that the patient can safely be in the OR.
- I usually work from 6am to 10am in the PRE-OP area and then I move to PACU from 10am to 6:30pm. Where I assist recovering my patients. It is always nice to be able to see them again.
- Manage A-lines, chest tubes, medications to control pain, sedatives, different types of continuous infusions.

Anne Arundel Medical Center

Registered Nurse Emergency Room

January 2019 – September 2020

- Triage
- Preceptor

Baltimore Washington Medical Center

Registered Nurse Emergency Room

December 2014 – April 2019

- Triage
- New graduate preceptor
- Consistently delivers the best in customer service and patient care. Demonstrate respect, dignity, kindness and empathy to patients, families, and employees.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, families, and friends.
- Modifies patient's treatment plans as indicated by patient's response, condition, physician orders, and exams results.
- Consults and coordinates with health care team members to assess, plan, implement, and evaluate patient care plans.
- Makes quick and accurate health assessment about patient's medical and psychological conditions.
- Manages the care of patients experiencing life-threatening problem requiring complex care, assessment, and management of high intensity therapy.

Baltimore Washington Medical Center

Patient Care Technician II

November 2013 – December 2014

- Vital signs, glucometer, catheter insertion/removal, IV's insertion/removal, EKG, bladder scan.
- Bed bath, oral, perennial, and skin care, apply/remove anti-embolism stockings and SCD's.
- Assists patient with turning in bed and with ambulation, provide range of motion, and transfer from bed to chair or to any other required location.
- Assists patient with feeding, dressing, using bedpan, bedside commode, and therapeutic techniques to decrease pain and improve well-being.
- Seeks to provide comfort, safety, and an individualized plan of care.

Sunrise Senior Living

May 2013 – July 2014

- Administers prescribed medications to patients and maintain related medical records. Verify identity of patient receiving medication and record names of drug, dosage, and time of administration on MAR.
- Presents medication to patients and observe ingestion or other application or administer medication according to required procedure.
- Takes vital signs or observes patient to detect response to indicated medications and prepare reports or notify designated personnel of unexpected reactions.
- Documents reasons for the non-administration of prescribed drugs.
- Gives direct patient care, such as bathing, changing, dressing, feeding, and assisting in examinations and treatments.
- Receives supply of ordered medications, mix, or assemble drugs for administration to patient.

SKILLS:

- Triage trained
- Preceptor
- IV set up, IV piggyback infusion; discontinue IV, saline lock flush.
- Medication administration.
- Peripheral IV insertion including external jugular.
- ROM, Positioning, transfers, assisting with ambulation, incentive spirometer, suctioning
- Meals, NG/GT feedings (bolus, continuous, med administration), bedpan, catheter hygiene, catheterization, enemas, ostomy care.
- Microsoft Office: Word, PowerPoint, and Excel.
- EHR: Epic
- Fluent in Portuguese
- Ability to speak in Spanish

LICENSES & CERTIFICATIONS:

- Registered Nurse: Maryland, License # R215125
- American Heart Association BLS - 2023
- American Heart Association ACLS - 2024
- American Heart Association PALS
- CPI Nonviolent Crisis Intervention

OTHER EXPERIENCE:

Faculdade Editora Nacional, São Paulo, Brazil

April 2004 – 2008

Student Teacher

- Portuguese Language: Reading, Grammar, literature. Fluent
- Spanish: Speaking, listening.
- Education: Kindergarten – Elementary school.