

Pre-Questionnaire

Complete before the baseline quiz. Circle or tick one option, or write a short answer.

Scales use 0–5 where 0 = Not at all / None and 5 = Extremely / A lot.

1. Age: _____

2. Gender (optional):

Female

Male

Other

3. Prior study of Russian:

None

A few words/phrases

Short course (<20 hrs)

School/uni term

Other: _____

4. Other languages studied (any level): _____

5. Have you used a VR headset before?

No

Yes → Approx. times used: 1–2 3–10 11–50 50+

6. Comfort with wearing/using a headset (if applicable): 0 1 2 3 4 5

7. Tendency to experience motion sickness in screens/VR: 0 1 2 3 4 5

8. Confidence speaking in a brand-new language (before today): 0 1 2 3 4 5

9. How comfortable are you speaking out loud with a partner or avatar? 0 1 2 3 4 5

10. Availability for a follow-up quiz one week after the lesson (you must select yes to be an eligible participant): Yes No Unsure

Participant name: _____

Date: ____ / ____ / ____

(Researcher use ONLY)

Participant code: _____

Condition allocation:

VR

Physical