

Pre-Questionnaire

Complete before the baseline quiz. Circle or tick one option, or write a short answer.

Scales use 0–5 where 0 = Not at all / None and 5 = Extremely / A lot.

1. Age: _____

2. Gender (optional):

☐ Female

☐ Male

☐ Other

3. Prior study of Russian:

☐ None

☐ A few words/phrases

☐ Short course (<20 hrs)

☐ School/uni term

☐ Other: _____

4. Other languages studied (any level): _____

5. Have you used a VR headset before?

☐ No

☐ Yes → Approx. times used: ☐ 1–2 ☐ 3–10 ☐ 11–50 ☐ 50+

6. Comfort with wearing/using a headset (if applicable): 0 1 2 3 4 5

7. Tendency to experience motion sickness in screens/VR: 0 1 2 3 4 5

8. Confidence speaking in a brand-new language (before today): 0 1 2 3 4 5

9. How comfortable are you speaking out loud with a partner or avatar? 0 1 2 3 4 5

10. Availability for a follow-up quiz one week after the lesson (you must select yes to be an eligible participant): ☐ Yes ☐ No ☐ Unsure

Participant name: _____

Date: ____ / ____ / ____

(Researcher use ONLY)

Participant code: _____

Condition allocation:

☐ VR

☐ Physical