

week	week 1				
dates		16/09/2024	17/09/2024	18/09/2024	19/09/2024
dates		07/10/2024	08/10/2024	09/10/2024	10/10/2024
dates		04/11/2024	05/11/2024	06/11/2024	07/11/2024
dates		25/11/2024	26/11/2024	27/11/2024	28/11/2024
dates		16/12/2024	17/12/2024	18/12/2024	19/12/2024
Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
option 1	Creamy Tomato & Bean Tagliatelle served with Roasted Mediterranean Vegetables	Chipotle Beef Tacos served with Coriander Brown Rice, Jalapeños, Pickled Red Cabbage, Sour Cream and Guacamole	Jamaican Mixed Bean & Vegetable Patties served with Rice & Peas and Broccoli	Beef & Butternut Squash Hotpot served with a Green Bean and Carrot Medley	Crunchy Vegan Nuggets served Chips and Baked Beans (Ve)
option 2	Aubergine Parmigiana (vegetable & lentil lasagne) served with Roasted Mediterranean Vegetables	BBQ Pulled Jackfruit & Turtle Bean Tacos served with Coriander Brown Rice, Jalapeños, Pickled Red Cabbage, Vegan Sour Cream and Guacamole	Jerk Chicken served with Rice & Peas and Plantain	Curried Lentil Cottage Pie with a Sweet Potato Topping served with a Green Bean and Carrot Medley (Ve)	Chicken Nuggets served Chips and Baked Beans
Dessert	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Marble Cake (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Lemon Curd Cake (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Shortbread Biscuit (Ve)
week	week 2				
dates		23/09/2024	24/09/2024	25/09/2024	26/09/2024
dates		14/10/2024	15/10/2024	16/10/2024	17/10/2024
dates		11/11/2024	12/11/2024	13/11/2024	14/11/2024
dates		02/12/2024	03/12/2024	04/12/2024	05/12/2024
Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
option 1	Pizza Extravaganza	Green Pesto Chicken Pasta served with Home Made Garlic Focaccia Bread and Carrots	Quorn Sausage served with Creamy Vegan Mash and Smokey Baked Beans (Ve)	BBQ Chicken served with Mac 'N' Cheese and a Mixed Salad	Omega 3 Fish Fingers served with Chips and Garden Peas
option 2	Pizza Extravaganza	Red Pepper Pesto Wholemeal Pasta served with Home Made Garlic Focaccia Bread and Carrots (Ve)	Toulouse Sausage served with Cheesy Mash and Smokey Baked Beans	Tempura Vegetables and Soba Noodles (Ve)	Crunchy Vegetable Fingers served with Chips and Garden Peas (Ve)
Dessert	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Cherry Swirl Sponge (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Biscoff Sponge (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Vanilla & Coconut Sponge (V)
week	week 3				
dates		30/09/2024	01/10/2024	02/10/2024	03/10/2024
dates		21/10/2024	22/10/2024	23/10/2024	24/10/2024
dates		18/11/2024	19/11/2024	20/11/2024	21/11/2024
dates		09/12/2024	10/12/2024	11/12/2024	12/12/2024
Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
option 1	Sweet Potato, Coconut & Chickpea Curry served with Fragrant Rice and Green Beans	Chicken and Vegetable Stir Fry served with Egg Noodles	Vegan Meatballs served with sweet Tomato Pasta and a Broccoli & Carrot Medley (Ve)	Seasoned Chicken and Jollof Rice served with Peas & Sweetcorn	MSC Battered Cod Fillet served with Chips and Garden Peas
option 2	Red Pepper, Vegetable & Chickpea Balti served with Fragrant Brown Rice and Green Beans	Singapore Stir Fry with Edamame Beans served with Rice Noodles (Ve)	Beef Lasagne served with Home Made Garlic Focaccia Bread and a Broccoli & Carrot Medley	Ghanaian Bean Stew and Jollof Rice served with Peas & Sweetcorn (Ve)	Vegan Chicken Popcorn served with Chips and Garden Peas (Ve)
Dessert	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Chocolate & Pear Sponge (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Iced Carrot Cake (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Rock Cakes (V)