











SEO

EARFIT Notes Intervals

Show audits relevant to: All FCP TBT LCP CLS

Performance Accessibility

Practices



### Performance

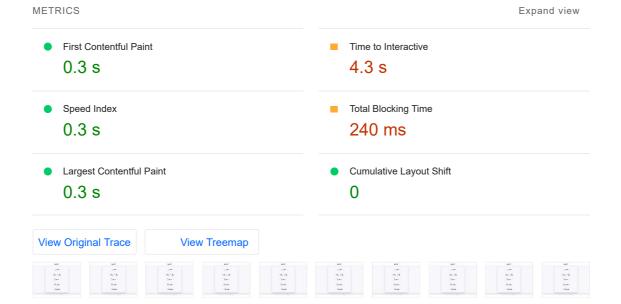
Values are estimated and may vary. The performance score is calculated directly from these metrics. See calculator.



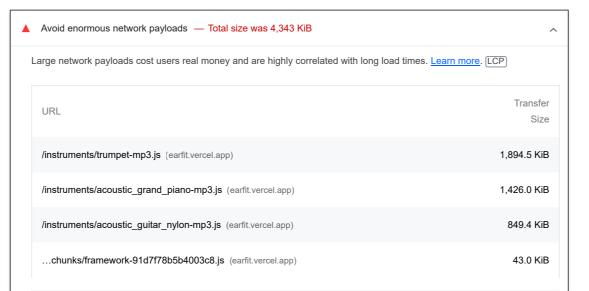








#### DIAGNOSTICS



URL	Transfe Size
chunks/main-b81cfcc549js (earfit.vercel.app)	27.5 Kil
chunks/287-648061f2b0ec10e9.js (earfit.vercel.app)	26.8 Kil
css/3e4348556ca05131.css (earfit.vercel.app)	24.6 Kil
chunks/830-7e73ab52728ffb0b.js (earfit.vercel.app)	8.8 Kil
pages/_app-6f58a57d59fce643.js (earfit.vercel.app)	7.7 Kil
chunks/440-d16d1b0a05627aa6.js (earfit.vercel.app)	5.7 Kil

O User Timing marks and measures — 4 user timings

^

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. <u>Learn more</u>.



Use the React DevTools Profiler, which makes use of the Profiler API, to measure the rendering performance of your components. <u>Learn more.</u>

NEXT. Consider using `Next.js Analytics` to measure your app's real-world performance. <u>Learn more</u>.

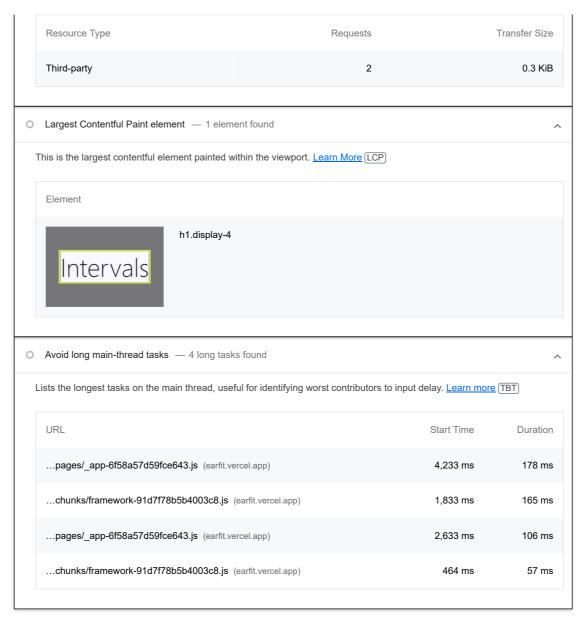
Name	Туре	Start Time	Duration
Next.js-before-hydration	Measure	0 ms	229.91 ms
Next.js-hydration	Measure	229.91 ms	15.45 ms
beforeRender	Mark	229.94 ms	
afterHydrate	Mark	245.37 ms	

 $\, \bigcirc \,$  Keep request counts low and transfer sizes small  $\, - \,$  37 requests  $\circ$  4,338 KiB

/

To set budgets for the quantity and size of page resources, add a budget.json file.  $\underline{\text{Learn more}}$ .

Resource Type	Requests	Transfer Size
Total	37	4,338.0 KiB
Other	16	4,226.1 KiB
Script	19	86.1 KiB
Stylesheet	1	24.6 KiB
Document	1	1.3 KiB
Image	0	0.0 KiB
Media	0	0.0 KiB
Font	0	0.0 KiB



More information about the performance of your application. These numbers don't directly affect the Performance score.

PASSED AUDITS (34)

Eliminate render-blocking resources

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. Learn more. FCP LCP

NEXT. Use the 'next/script' component to defer loading of non-critical third-party scripts. Learn more.

Properly size images

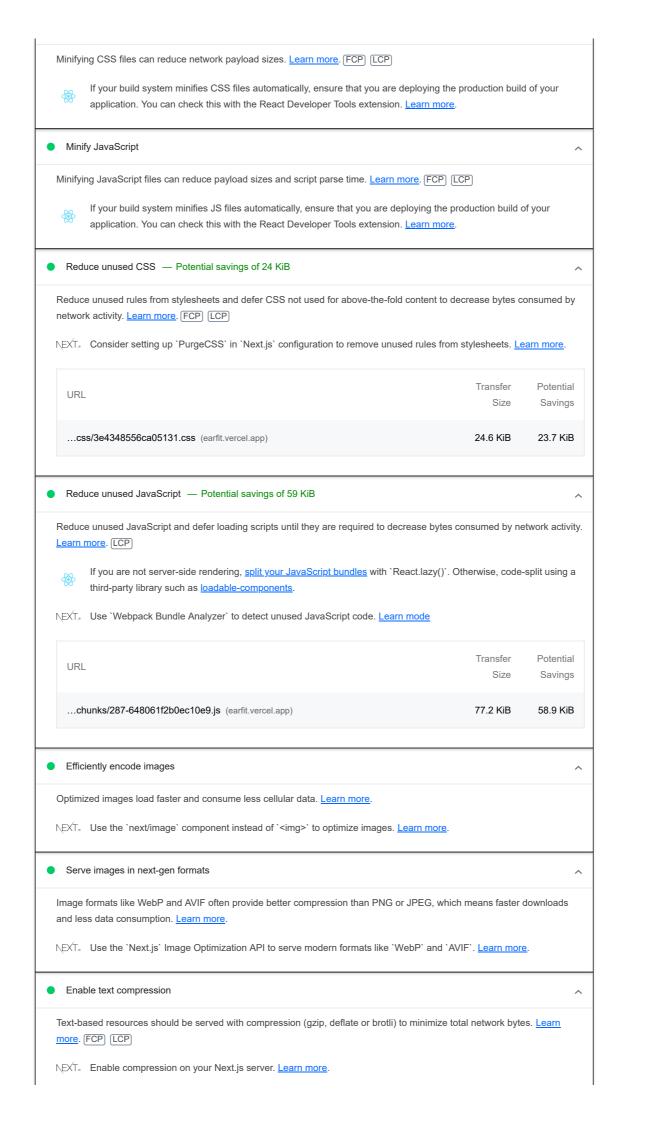
Serve images that are appropriately-sized to save cellular data and improve load time. Learn more.

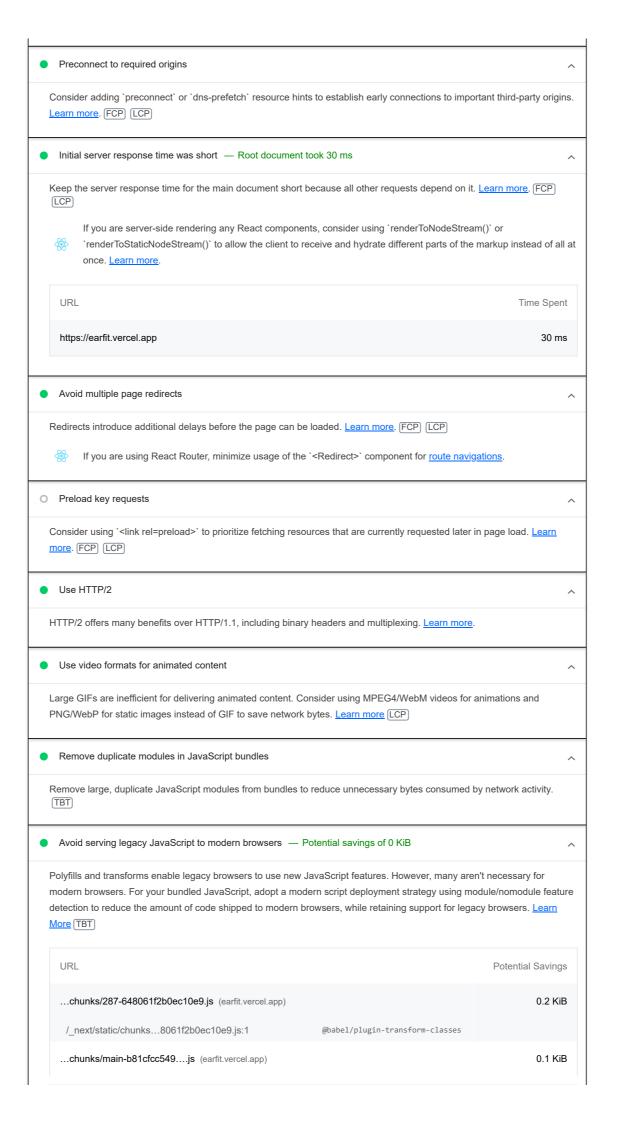
NEXT. Use the 'next/image' component to set the appropriate 'sizes'. Learn more.

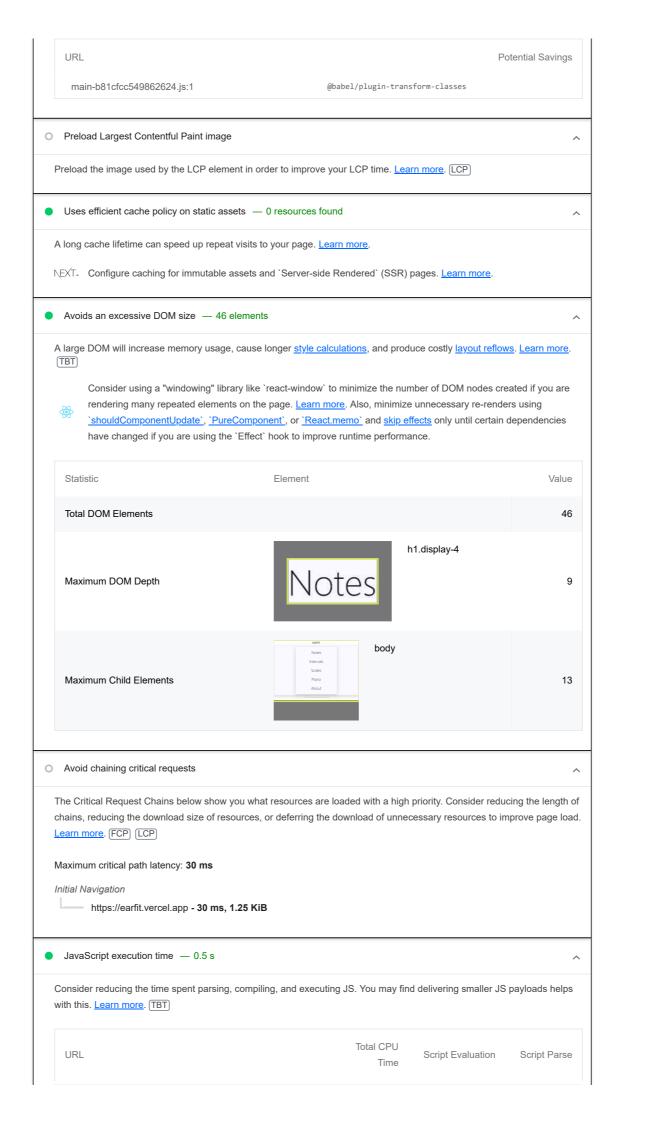
Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. Learn more.

NEXT. Use the 'next/image' component, which defaults to 'loading="lazy". Learn more.

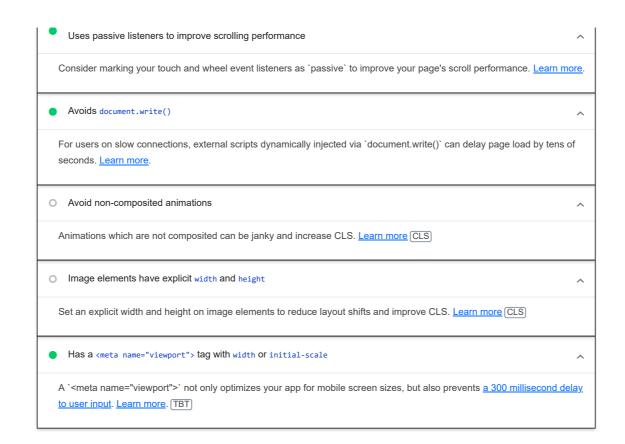
Minify CSS







URL	Total CPU Time	Script Evaluation	Script Parse
pages/_app-6f58a57d59fce643.js (earfit.vercel.app)	695 ms	271 ms	0 ms
Unattributable	256 ms	3 ms	0 ms
chunks/framework-91d7f78b5b4003c8.js (earfit.vercel.app)	243 ms	215 ms	7 ms
https://earfit.vercel.app	120 ms	29 ms	1 ms
Minimizes main-thread work — 1.4 s			^
Consider reducing the time spent parsing, compiling and executing with this. <u>Learn more</u> (TBT)	g JS. You may find	delivering smaller JS p	payloads helps
Category			Time Spent
Other			719 ms
Script Evaluation			611 ms
Style & Layout			58 ms
Parse HTML & CSS			17 ms
Script Parsing & Compilation			15 ms
Garbage Collection			13 ms
Rendering			2 ms
All text remains visible during webfont loads			^
Leverage the font-display CSS feature to ensure text is user-visible	e while webfonts a	re loading. <u>Learn more</u>	FCP LCP
Minimize third-party usage			^
Third-party code can significantly impact load performance. Limit the load third-party code after your page has primarily finished loading			ders and try to
Lazy load third-party resources with facades			^
Some third-party embeds can be lazy loaded. Consider replacing to $\overline{\text{TBT}}$	them with a facade	until they are required	. <u>Learn more</u> .
Largest Contentful Paint image was not lazily loaded			^
Above-the-fold images that are lazily loaded render later in the page.  Learn more.	ge lifecycle, which	can delay the largest c	ontentful paint.
O Avoid large layout shifts			^
These DOM elements contribute most to the CLS of the page. CLS	S		
-			

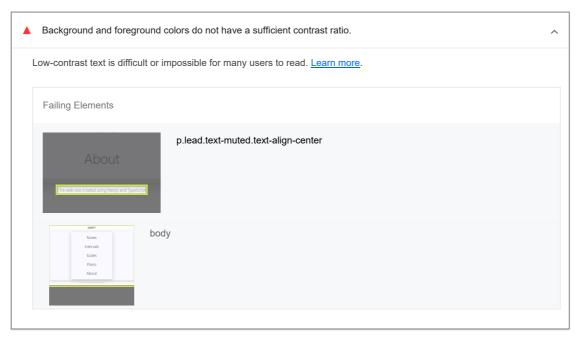




## Accessibility

These checks highlight opportunities to <a href="improve the accessibility of your web app">improve the accessibility of your web app</a>. Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

### CONTRAST



These are opportunities to improve the legibility of your content.

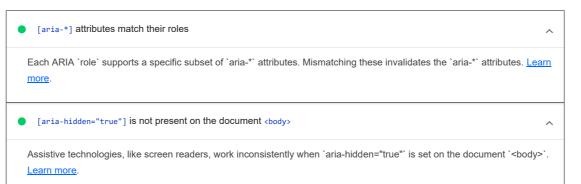
ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Hide

0	The page has a logical tab order	^
	Tabbing through the page follows the visual layout. Users cannot focus elements that are offscreen. Learn more.	
0	Interactive controls are keyboard focusable	^
	Custom interactive controls are keyboard focusable and display a focus indicator. <u>Learn more</u> .	
0	Interactive elements indicate their purpose and state	^
	Interactive elements, such as links and buttons, should indicate their state and be distinguishable from non-interactive elements. <u>Learn more</u> .	
0	The user's focus is directed to new content added to the page	^
	If new content, such as a dialog, is added to the page, the user's focus is directed to it. Learn more.	
0	User focus is not accidentally trapped in a region	^
	A user can tab into and out of any control or region without accidentally trapping their focus. <u>Learn more</u> .	
0	Custom controls have associated labels	^
	Custom interactive controls have associated labels, provided by aria-label or aria-labelledby. <u>Learn more</u> .	
0	Custom controls have ARIA roles	^
	Custom interactive controls have appropriate ARIA roles. <u>Learn more</u> .	
0	Visual order on the page follows DOM order	^
	DOM order matches the visual order, improving navigation for assistive technology. <u>Learn more</u> .	
0	Offscreen content is hidden from assistive technology	^
	Offscreen content is hidden with display: none or aria-hidden=true. <u>Learn more</u> .	
0	HTML5 landmark elements are used to improve navigation	^
	Landmark elements ( <main>, <nav>, etc.) are used to improve the keyboard navigation of the page for assistive technol <a href="Learn more"><u>Learn more</u></a>.</nav></main>	logy

These items address areas which an automated testing tool cannot cover. Learn more in our guide on <u>conducting an accessibility</u> <u>review</u>.

PASSED AUDITS (14)



• [role]s have all required [aria-*] attributes	^
Some ARIA roles have required attributes that describe the state of the element to screen readers. <u>Learn more</u> .	
• [role] values are valid	^
ARIA roles must have valid values in order to perform their intended accessibility functions. Learn more.	
[aria-*] attributes have valid values	^
Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid values. <u>Learn more</u> .	
[aria-*] attributes are valid and not misspelled	^
Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid names. <u>Learn more</u> .	
Buttons have an accessible name	^
When a button doesn't have an accessible name, screen readers announce it as "button", making it unusable for users who rely on screen readers. <u>Learn more</u> .	0
[user-scalable="no"] is not used in the <meta name="viewport"/> element and the [maximum-scale] attribute is not less than 5.	^
Disabling zooming is problematic for users with low vision who rely on screen magnification to properly see the contents of web page. Learn more.	а
The page contains a heading, skip link, or landmark region	^
Adding ways to bypass repetitive content lets keyboard users navigate the page more efficiently. <u>Learn more</u> .	
Document has a <title> element&lt;/td&gt;&lt;td&gt;^&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. &lt;u&gt;Learn more&lt;/u&gt;.&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;• &lt;html&gt; element has a [lang] attribute&lt;/td&gt;&lt;td&gt;^&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;If a page doesn't specify a lang attribute, a screen reader assumes that the page is in the default language that the user chose when setting up the screen reader. If the page isn't actually in the default language, then the screen reader might not announce the page's text correctly. &lt;u&gt;Learn more&lt;/u&gt;.&lt;/td&gt;&lt;td&gt;it&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;a href="html"&gt;&lt;a href="html"&gt;httml"&gt;&lt;a href="html"&gt;&lt;a href="html"&gt;httml"&gt;&lt;a href="html"&gt;httml"&gt;&lt;a href="html"&gt;httml"&gt;httml"&gt;&lt;a href="html"&gt;httml"&gt;httml"&gt;html&lt;/a&gt;&lt;a href="html"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="html"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;httml"&gt;httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;httml&lt;/a&gt;&lt;a href="httml"&gt;h&lt;/td&gt;&lt;td&gt;^&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Specifying a valid &lt;u&gt;BCP 47 language&lt;/u&gt; helps screen readers announce text properly. &lt;u&gt;Learn more&lt;/u&gt;.&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Links have a discernible name&lt;/td&gt;&lt;td&gt;^&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Link text (and alternate text for images, when used as links) that is discernible, unique, and focusable improves the navigation experience for screen reader users. &lt;u&gt;Learn more&lt;/u&gt;.&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Heading elements appear in a sequentially-descending order&lt;/td&gt;&lt;td&gt;^&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Properly ordered headings that do not skip levels convey the semantic structure of the page, making it easier to navigate and understand when using assistive technologies. &lt;u&gt;Learn more&lt;/u&gt;.&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;/tbody&gt;&lt;/table&gt;</title>	

NOT APPLICABLE (29)

O [accesskey] values are unique Access keys let users quickly focus a part of the page. For proper navigation, each access key must be unique. Learn more. button, link, and menuitem elements have accessible names When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more. O [aria-hidden="true"] elements do not contain focusable descendents Focusable descendents within an `[aria-hidden="true"]` element prevent those interactive elements from being available to users of assistive technologies like screen readers. Learn more. O ARIA input fields have accessible names When an input field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more. ARIA meter elements have accessible names When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more. ARIA progressbar elements have accessible names When a 'progressbar' element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more. O Elements with an ARIA [role] that require children to contain a specific [role] have all required children. Some ARIA parent roles must contain specific child roles to perform their intended accessibility functions. Learn more. O [role]s are contained by their required parent element Some ARIA child roles must be contained by specific parent roles to properly perform their intended accessibility functions. Learn more. ARIA toggle fields have accessible names When a toggle field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more. ARIA tooltip elements have accessible names When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more. ARIA treeitem elements have accessible names When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn more. O <dl>'s contain only properly-ordered <dt> and <dd> groups, <script>, <template> or <div> elements.

When definition lists are not properly marked up, screen readers may produce confusing or inaccurate output. Learn more. O Definition list items are wrapped in <dl> elements Definition list items ('<dt>' and '<dd>') must be wrapped in a parent '<dl>' element to ensure that screen readers can properly announce them. Learn more. O [id] attributes on active, focusable elements are unique All focusable elements must have a unique `id` to ensure that they're visible to assistive technologies. Learn more. ARIA IDs are unique The value of an ARIA ID must be unique to prevent other instances from being overlooked by assistive technologies. Learn O No form fields have multiple labels Form fields with multiple labels can be confusingly announced by assistive technologies like screen readers which use either the first, the last, or all of the labels. Learn more. O <frame> or <iframe> elements have a title Screen reader users rely on frame titles to describe the contents of frames. Learn more. Image elements have [alt] attributes Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. Learn more. When an image is being used as an `<input>` button, providing alternative text can help screen reader users understand the purpose of the button. Learn more. O Form elements have associated labels Labels ensure that form controls are announced properly by assistive technologies, like screen readers. <u>Learn more</u>. Lists contain only elements and script supporting elements (<script> and <template>). Screen readers have a specific way of announcing lists. Ensuring proper list structure aids screen reader output. Learn List items (<1i>) are contained within or parent elements Screen readers require list items ('') to be contained within a parent '' or '' to be announced properly. Learn The document does not use <meta http-equiv="refresh"> Users do not expect a page to refresh automatically, and doing so will move focus back to the top of the page. This may create a frustrating or confusing experience. Learn more. O <object> elements have [alt] text

Screen readers cannot translate non-text content. Adding alt text to '<object>' elements helps screen readers convey meaning to users. Learn more.

No element has a [tabindex] value greater than 0

A value greater than 0 implies an explicit navigation ordering. Although technically valid, this often creates frustrating experiences for users who rely on assistive technologies. Learn more.

Cells in a element that use the [headers] attribute refer to table cells within the same table.

Screen readers have features to make navigating tables easier. Ensuring '' cells using the '[headers]' attribute only refer to other cells in the same table may improve the experience for screen reader users. Learn more.

cth> elements and elements with [role="columheader"/"rowheader"] have data cells they describe.

Screen readers have features to make navigating tables easier. Ensuring table headers always refer to some set of cells may improve the experience for screen reader users. Learn more.

[1ang] attributes have a valid value

Specifying a valid BCP 47 language on elements helps ensure that text is pronounced correctly by a screen reader. Learn more.

When a video provides a caption it is easier for deaf and hearing impaired users to access its information. Learn more.



### **Best Practices**

### TRUST AND SAFETY

React

<ul> <li>Ensure CSP is effective against XSS a</li> </ul>	attacks	/
A strong Content Security Policy (CSP)	significantly reduces the risk of cross-site scripting	ng (XSS) attacks. <u>Learn more</u>
Description	Directive	Severity
No CSP found in enforcement mode		High
ENERAL		
O Detected JavaScript libraries		
All front-end JavaScript libraries detected	d on the page. <u>Learn more</u> .	
Name	Version	

Name	Version
Next.js	12.0.10

ASSED AUDITS (14)	Hi
Uses HTTPS	^
All sites should be protected with HTTPS, even ones that don't hat where some resources are loaded over HTTP despite the initial reintruders from tampering with or passively listening in on the comprerequisite for HTTP/2 and many new web platform APIs. Learn 1	quest being served over HTTPS. HTTPS prevents nunications between your app and your users, and is a
Avoids requesting the geolocation permission on page load	^
Users are mistrustful of or confused by sites that request their local action instead. <u>Learn more</u> .	tion without context. Consider tying the request to a user
Avoids requesting the notification permission on page load	^
Users are mistrustful of or confused by sites that request to send ruser gestures instead. <u>Learn more</u> .	notifications without context. Consider tying the request to
Avoids front-end JavaScript libraries with known security vulnera	abilities
Some third-party scripts may contain known security vulnerabilities <u>Learn more</u> .	s that are easily identified and exploited by attackers.
Allows users to paste into password fields	^
Preventing password pasting undermines good security policy. Lea	arn more.
Displays images with correct aspect ratio	^
Image display dimensions should match natural aspect ratio. Lean	n more.
Serves images with appropriate resolution	^
Image natural dimensions should be proportional to the display siz more.	e and the pixel ratio to maximize image clarity. <u>Learn</u>
Page has the HTML doctype	^
Specifying a doctype prevents the browser from switching to quirk	s-mode. <u>Learn more</u> .
Properly defines charset	^
A character encoding declaration is required. It can be done with a Content-Type HTTP response header. <u>Learn more</u> .	` <meta/> ` tag in the first 1024 bytes of the HTML or in the
Avoids unload event listeners	^

The `unload` event does not fire reliably and listening for it can prevent browser optimizations like the Back-Forward Cache.

Consider using the `pagehide` or `visibilitychange` events instead. Learn more

Avoids deprecated APIs	^
Deprecated APIs will eventually be removed from the browser. <u>Learn more</u> .	
No browser errors logged to the console	^
Errors logged to the console indicate unresolved problems. They can come from network request failures and other b concerns. Learn more	prowser
No issues in the Issues panel in Chrome Devtools	^
Issues logged to the `Issues` panel in Chrome Devtools indicate unresolved problems. They can come from network failures, insufficient security controls, and other browser concerns. Open up the Issues panel in Chrome DevTools for details on each issue.	•
Page has valid source maps	^
Source maps translate minified code to the original source code. This helps developers debug in production. In additi Lighthouse is able to provide further insights. Consider deploying source maps to take advantage of these benefits.	
NOT APPLICABLE (1)	Hide
O Fonts with font-display: optional are preloaded	^
Preload 'optional' fonts so first-time visitors may use them. <u>Learn more</u>	



# SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on <a href="Core Web Vitals">Core Web Vitals</a>. <a href="Learn more">Learn more</a>.

ADDITIONAL ITEMS TO MANUALLY CHECK (1)	Hide
O Structured data is valid	^
Run the <u>Structured Data Testing Tool</u> and the <u>Structured Data Linter</u> to validate structured data. <u>Learn more</u> .	
Run these additional validators on your site to check additional SEO best practices.	
PASSED AUDITS (9)	Hide
Has a <meta name="viewport"/> tag With width Or initial-scale	^
A ` <meta name="viewport"/> ` not only optimizes your app for mobile screen sizes, but also prevents <u>a 300 millisecond do to user input</u> . <u>Learn more</u> . (TBT)	<u>elay</u>
Document has a <title> element&lt;/td&gt;&lt;td&gt;^&lt;/td&gt;&lt;/tr&gt;&lt;/tbody&gt;&lt;/table&gt;</title>	

The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. <u>Learn more</u>. Document has a meta description Meta descriptions may be included in search results to concisely summarize page content. <u>Learn more</u>. Page has successful HTTP status code Pages with unsuccessful HTTP status codes may not be indexed properly. Learn more. Links have descriptive text Descriptive link text helps search engines understand your content. <u>Learn more</u>. Links are crawlable Search engines may use 'href' attributes on links to crawl websites. Ensure that the 'href' attribute of anchor elements links to an appropriate destination, so more pages of the site can be discovered. Learn More Page isn't blocked from indexing Search engines are unable to include your pages in search results if they don't have permission to crawl them. Learn more. Document has a valid hreflang hreflang links tell search engines what version of a page they should list in search results for a given language or region. Learn more. Document avoids plugins Search engines can't index plugin content, and many devices restrict plugins or don't support them. <u>Learn more.</u> NOT APPLICABLE (5) Hide robots.txt is valid If your robots.txt file is malformed, crawlers may not be able to understand how you want your website to be crawled or indexed. Learn more. Image elements have [alt] attributes Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. Learn more. Document has a valid rel=canonical Canonical links suggest which URL to show in search results. Learn more. Document uses legible font sizes Font sizes less than 12px are too small to be legible and require mobile visitors to "pinch to zoom" in order to read. Strive to have >60% of page text ≥12px. Learn more.

Tap targets are sized appropriately

Interactive elements like buttons and links should be large enough (48x48px), and have enough space around them, to be easy enough to tap without overlapping onto other elements. <u>Learn more</u>.

Captured at Feb 4, 2022, 11:13 PM GMT+1

Emulated Desktop with Lighthouse 9.1.0 Single page load

Initial page load

ad Custom throttling

Using Chromium 98.0.4758.81 with devtools

Generated by **Lighthouse** 9.1.0 | File an issue