JEET KUNE DO BRUCE LEE



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Jeet Kune Do Bruce Lee

Bruce Lee developed an expression of martial arts that was personal to him called Jeet Kune Do (translated: Way of the Intercepting Fist). The art has as its symbolic representation what we call Bruce Lee s Core Symbol [see below] and uses as its main tenet: Using no way as way; having no limitation as limitation.

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Tao des Jeet Kune Do Amazon de Bruce Lee James ter Beek

Bruce Lee - Tao des Jeet Kune Do Zun chst ein mal, ich habe das Buch nun seit einer Woche und habe jeden Tag ein bis zwei Stunden darin gelesen. Es enth lt Aufzeichnungen, Zitate, Erkenntnisse uvm. die Bruce Lee im Laufe seines Lebens verfasst hat.

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Jeet Kune Do der Kampfstil von Bruce Lee

Jeet Kune Do ist direkt, einfach, effizient und nicht-klassisch. Direkt reagieren. Wenn dir jemand etwas zuwirft, dann wirst du es fangen. Ohne lange zu berlegen, wie man es richtig fangen sollte. So direkt sollen auch die Kampftechniken sein. Alle Kampftechniken sollen so einfach sein wie m glich.

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Jeet Kune Do Bruce Lee Foundation

JEET KUNE DO Bruce Lee developed an expression of martial arts that was personal to him called Jeet Kune Do (translated: Way of the Intercepting Fist).

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Jeet Kune Do Bruce Lees Kampfkunst

Jeet Kune Do ist eine effektive, praktische, von Bruce Lee entwickelte Kampfkunst. Es ist eine Kampfkunst, konzipiert f r das K mpfen auf der Stra e

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Jeet Kune Do Wikipedia

Jeet Kune Do (JKD) ist somit nicht als Kampfkunststil, sondern als Prinzip oder Philosophie zu verstehen. Bruce Lee hat es stets als wichtig erachtet, dass Jeet Kune Do nur ein Name sei, der nicht berinterpretiert werden sollte. http://ebookslibrary.club/Jeet-Kune-Do---Wikipedia.pdf

3 Common Mistakes In A Street Fight Bruce Lee's Jeet Kune Do

This video is about 3 Common Mistakes In A Street Fight - Bruce Lee's Jeet Kune Do

https://youtu.be/aqn6cy3jB0k https://youtu.be/aqn6cy3jB0k.

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