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Quick and Easy Salad Recipes Cooking Light

In Thai cooking, strong flavors stand up to one another to create balance. This salad's pungent raw onion and fish sauce are matched by fiery Sriracha, with cooling mint and cilantro in the background. We save time by boiling the shrimp with the noodles; make the dressing while they cook and the whole dish takes 10 minutes or so.

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Vegetable and Green Salad Recipes Cooking Light

Use this light salad as a zesty companion to fried shrimp or chicken. Fennel is a very flavorful herb that offers a distinctive taste to jazz up a neutral main course. Fennel is a very flavorful herb that offers a distinctive taste to jazz up a neutral main course.

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30 Cucumber Salad Recipes Cooking Light

Find easy recipes for cucumber tomato salad, cucumber dill salad, and so much more. When making cucumber salad, opt for English cucumbers over slicing cucumbers. The English variety is a bit more expensive, but it boasts a soft, tender skin and a mild, subtly-sweet taste.

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15 Light and Healthy Salad Recipes Skinnytaste

15 Light and Healthy Salad Recipes. posted April 6, 2015 by Gina. Spring is here, which usually means less comfort foods and more crave-worthy salads. But salads can often have more calories than you think! Here is a roundup of my favorite 15 Light and Healthy Salads that are far from boring! Asparagus Egg and Bacon Salad with Dijon Vinaigrette I love the combination of this simple salad

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Cooking Light Seven Layer Salad Recipe Genius Kitchen

From June 2006 Cooking Light magazine. This salad is even better made up to a day ahead of time; cover with plastic wrap and refrigerate overnight.

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