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But when the book is titled Wheat Belly and its tag line is lose the wheat, lose the weight, the book places itself into a particular context. Also, my critique happened to focus on problems I found with Davis arguments relating to wheat/gluten consumption and weight loss, which is perhaps why my post appears to focus on that aspect.

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### **Weighty Matters Diet Book Review Wheat Belly**

[Full Disclosure: I was sent a free review copy by the publisher.] You know I've been blogging now for 8 years, and while diet books have come and gone, I've never had more requests to review one than I've had to review Wheat Belly.

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