

DAILY SCHEDULE - 2 DAYS

Get Your TOEFL® Score
As Quickly and Easily as Possible



	DAY 1 (morning)	DAY 1 (evening)	DAY 2 (morning)	DAY 2 (evening)
Time	2 hours and 15 minutes	2 hours and 45 minutes	2 hours	3 hours
Course Videos	<ul style="list-style-type: none"> • Introduction to the TOEFL Emergency Course - The New TOEFL Test Structure • What to Expect from the TOEFL Emergency Course • Creating Your TOEFL Study Schedule 	<ul style="list-style-type: none"> • Introduction to the TOEFL Reading • TOEFL Reading Question Types • Time Management for the TOEFL Reading • Vocabulary and the TOEFL Reading Section - The Best TOEFL Vocabulary List • How to Read Actively • Using Key Words to Increase Speed and Efficiency • Identifying Incorrect Choices • You Know More About the TOEFL Reading - Introduction to the TOEFL Listening • TOEFL Listening Question Types • Finding the Main Idea in Conversations - Finding the Main Idea in Lectures • Your TOEFL Notetaking Style • How to Take Notes for Conversations • How to Take Notes for Lectures • Three Ways to Improve Your Focus - You Know More About the TOEFL Listening 	<ul style="list-style-type: none"> • Introduction to the TOEFL Speaking • TOEFL Speaking Question 1, Part 1 • TOEFL Speaking Question 1, Part 2 • TOEFL Speaking Question 2, Part 1 • TOEFL Speaking Question 2, Part 2 • TOEFL Speaking Question 3, Part 1 • TOEFL Speaking Question 3, Part 2 • TOEFL Speaking Question 4, Part 1 • TOEFL Speaking Question 4, Part 2 • Online Tools for TOEFL Speaking • You Know More About the TOEFL Speaking 	<ul style="list-style-type: none"> • Introduction to the TOEFL Writing • TOEFL Writing Structure and Three Quick Tips • Question 1 Introduction and How to Take Notes • Question 1 Templates and How to Write Your Essay • Question 1: Editing and Self-scoring • Question 2, Introduction • Question 2, Templates and How to Write Your Response • Question 2, Editing and Self-scoring • You Know More About the TOEFL Writing
Homework	Complete practice test #1 and check your answers	Identify reading and listening question types and review the TOEFL Vocabulary List	Practice speaking questions from test #1 again with some of the tips and tricks you learned	Complete practice test #2 and check your answers

NOTES

RESOURCES

- Practice tests 1 and 2
- TOEFL Speaking and Writing Guide
- Time Management for the TOEFL Reading
- Essential Word Parts for TOEFL
- TOEFL Vocabulary List

DAILY SCHEDULE - 1 WEEK

Get Your Duolingo® Score
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Time	2 hours 15 minutes	2 hours	1 hour 30 minutes	2 hours	1 hour 15 minutes	2 hours	1 hour
Course Videos	<ul style="list-style-type: none">• Introduction to the TOEFL Emergency Course - The New TOEFL Test Structure• What to Expect from the TOEFL Emergency Course• Creating Your TOEFL Study Schedule	<ul style="list-style-type: none">• Introduction to the TOEFL Reading• TOEFL Reading Question Types• Time Management for the TOEFL Reading• Vocabulary and the TOEFL Reading Section• The Best TOEFL Vocabulary List• How to Read Actively• Using Key Words to Increase Speed and Efficiency• Identifying Incorrect Choices• Using AI to Improve Your TOEFL Reading Score• You Know More About the TOEFL Reading	<ul style="list-style-type: none">• Introduction to the TOEFL Listening• TOEFL Listening Question Types• Finding the Main Idea in Conversations• Finding the Main Idea in Lectures• Your TOEFL Notetaking Style• How to Take Notes for Conversations• How to Take Notes for Lectures• Three Ways to Improve Your Focus• How to Use AI to Improve Your Listening• You Know More About the TOEFL Listening	<ul style="list-style-type: none">• Introduction to the TOEFL Speaking• TOEFL Speaking Question 1, Part 1• TOEFL Speaking Question 1, Part 2• TOEFL Speaking Question 2, Part 1• TOEFL Speaking Question 2, Part 2• TOEFL Speaking Question 3, Part 1• TOEFL Speaking Question 3, Part 2• TOEFL Speaking Question 4, Part 1• TOEFL Speaking Question 4, Part 2• Online Tools for TOEFL Speaking• How to Use AI to Improve Your Speaking• You Know More About the TOEFL Speaking	<ul style="list-style-type: none">• Introduction to the TOEFL Writing• TOEFL Writing Structure and Three Quick Tips• Question 1 Introduction and How to Take Notes• Question 1 Templates and How to Write Your Essay• Question 1: Editing and Self-scoring• Question 2, Introduction• Question 2, Templates and How to Write Your Response• Question 2, Editing and Self-scoring• How to Use AI to Improve Your Writing• You Know More About the TOEFL Writing	No videos, practice test only	No videos, practice test only
Homework	Complete practice test #1 and check your answers	Identify reading question types and review the TOEFL Vocabulary List	Identify listening question types	Practice speaking questions from test #1 again with some of the tips and tricks you learned		Complete practice test #2 and check your answers	Do practice test #1 again and remind yourself of what you have learned.

NOTES

RESOURCES

- Practice tests 1 and 2
- TOEFL Speaking and Writing Guide
- Time Management for the TOEFL Reading
- Essential Word Parts for TOEFL
- TOEFL Vocabulary List

DAILY SCHEDULE - 2 WEEKS

Get Your Duolingo® Score
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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Time	15 minutes	2 hours	1 hour 30 minutes	1 hour 30 minutes	45 minutes
	Course Videos	<ul style="list-style-type: none"> • Introduction to the TOEFL Emergency Course - The New TOEFL Test Structure • What to Expect from the TOEFL Emergency Course • Creating Your TOEFL Study Schedule 	No videos, practice test only	<ul style="list-style-type: none"> • Introduction to the TOEFL Reading • TOEFL Reading Question Types • Time Management for the TOEFL Reading • Vocabulary and the TOEFL Reading Section • The Best TOEFL Vocabulary List 	<ul style="list-style-type: none"> • How to Read Actively • Using Key Words to Increase Speed and Efficiency • Identifying Incorrect Choices • Using AI to Improve Your TOEFL Reading Score • You Know More About the TOEFL Reading • Introduction to the TOEFL Listening • TOEFL Listening Question Types • Finding the Main Idea in Conversations • Finding the Main Idea in Lectures 	<ul style="list-style-type: none"> • Your TOEFL Notetaking Style • How to Take Notes for Conversations • How to Take Notes for Lectures • Three Ways to Improve Your Focus • How to Use AI to Improve Your Listening • You Know More About the TOEFL Listening
	Homework		Complete practice test #1 and check your answers	Identify reading question types and review the TOEFL Vocabulary List	Identify listening question types	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Time	1 hour	1 hour 30 minutes	45 minutes	2 hours	2 hours
	Course Videos	<ul style="list-style-type: none"> • Introduction to the TOEFL Speaking • TOEFL Speaking Question 1, Part 1 • TOEFL Speaking Question 1, Part 2 • TOEFL Speaking Question 2, Part 1 • TOEFL Speaking Question 2, Part 2 	<ul style="list-style-type: none"> • TOEFL Speaking Question 3, Part 1 • TOEFL Speaking Question 3, Part 2 • TOEFL Speaking Question 4, Part 1 • TOEFL Speaking Question 4, Part 2 • Online Tools for TOEFL Speaking • How to Use AI to Improve Your Speaking • You Know More About the TOEFL Speaking 	<ul style="list-style-type: none"> • Introduction to the TOEFL Writing • TOEFL Writing Structure and Three Quick Tips • Question 1 Introduction and How to Take Notes • Question 1 Templates and How to Write Your Essay • Question 1: Editing and Self-Scoring 	No videos, practice test only	<ul style="list-style-type: none"> • Question 2, Introduction • Question 2, Templates and How to Write Your Response • Question 2, Editing and Self-scoring • How to Use AI to Improve Your Writing • You Know More About the TOEFL Writing
	Homework		Practice speaking questions from test #1 again with some of the tips and tricks you learned		Complete practice test #2 and check your answers	Do practice test #1 again and remind yourself of what you have learned.

NOTES

***If you have the Emergency Premium Package, try to squeeze in additional test practice.

RESOURCES

- Practice tests 1 and 2
- TOEFL Speaking and Writing Guide
- Time Management for the TOEFL Reading
- Essential Word Parts for TOEFL
- TOEFL Vocabulary List

DAILY SCHEDULE - 4 WEEKS

Get Your Duolingo® Score
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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Time	15 minutes	2 hours	45 minutes	30 minutes	
	Course Videos	<ul style="list-style-type: none"> • Introduction to the TOEFL Emergency Course • The New TOEFL Test Structure • What to Expect from the TOEFL Emergency Course • Creating Your TOEFL Study Schedule 	No videos, practice test only	<ul style="list-style-type: none"> • Introduction to the TOEFL Reading • TOEFL Reading Question Types • Time Management for the TOEFL Reading 	<ul style="list-style-type: none"> • Vocabulary and the TOEFL Reading Section • The Best TOEFL Vocabulary List 	
	Practice Tests		Complete practice test #1 and check your answers	Identify reading question types	Review the TOEFL Vocabulary List	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Time	45 minutes	1 hour	30 minutes	30 minutes	
	Course Videos	<ul style="list-style-type: none"> • How to Read Actively • Using Key Words to Increase Speed and Efficiency • Identifying Incorrect Choices • Using AI to Improve Your TOEFL Reading Score • You Know More About the TOEFL Reading 	<ul style="list-style-type: none"> • Introduction to the TOEFL Listening • TOEFL Listening Question Types • Finding the Main Idea in Conversations • Finding the Main Idea in Lectures 	<ul style="list-style-type: none"> • Your TOEFL Notetaking Style • How to Take Notes for Conversations • How to Take Notes for Lectures 	<ul style="list-style-type: none"> • Three Ways to Improve Your Focus • How to Use AI to Improve Your Listening • You Know More About the TOEFL Listening 	
	Practice Tests		Identify listening question types			

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	Time	45 minutes	45 minutes	45 minutes	1 hour	
	Course Videos	- Introduction to the TOEFL Speaking - TOEFL Speaking Question 1, Part 1 - TOEFL Speaking Question 1, Part 2	- TOEFL Speaking Question 2, Part 1 - TOEFL Speaking Question 2, Part 2	- TOEFL Speaking Question 3, Part 1 - TOEFL Speaking Question 3, Part 2	- TOEFL Speaking Question 4, Part 1 - TOEFL Speaking Question 4, Part 2 - Online Tools for TOEFL Speaking - How to Use AI to Improve Your Speaking - You Know More About the TOEFL Speaking	
	Practice Tests	Practice speaking question #1 from test #1 again	Practice speaking question #2 from test #1 again	Practice speaking question #3 from test #1 again	Practice speaking question #4 from test #1 again	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4	Time	45 minutes	2 hours	45 minutes	1 hour	
	Course Videos	- Introduction to the TOEFL Writing - TOEFL Writing Structure and Three Quick Tips - Question 1 Introduction and How to Take Notes - Question 1 Templates and How to Write Your Essay - Question 1: Editing and Self-Scoring		- Question 2, Introduction - Question 2, Templates and How to Write Your Response - Question 2, Editing and Self-scoring - How to Use AI to Improve Your Writing - You Know More About the TOEFL Writing		
	Practice Tests		Complete practice test #2 and check your answers		Do practice test #1 again and remind yourself of what you have learned.	

NOTES

***If you have the Emergency Premium Package, try to squeeze in additional test practice.

RESOURCES

- Practice tests 1 and 2
- TOEFL Speaking and Writing Guide
- Time Management for the TOEFL Reading
- Essential Word Parts for TOEFL
- TOEFL Vocabulary List