## Working Safely On Loading Docks

Follow safe procedures to keep hazards such as spills, unsecured trailers and unstable loads from becoming accidents.

## **Dock Safety**

- Never store materials in the dock area.
- Keep the dock area free of obstacles and spills.
- Use convex mirrors to get rid of blind spots.

## Lift Truck Safety

- Never operate a lift truck without training.
- Always inspect the lift truck before using it.
- Always wear safety belts.
- Inspect stacked pallets to make sure they are secure.
- Never lift the load more than 2 to 8 inches off the floor when traveling.
- Lift trucks should meet ANSI safety standards.
- Inspect your truck before placing in service and after each shift. Make sure your truck is maintained regularly.

## **Trailer Safety**

- Always place chocks in front of trailer wheels while loading.
- Make sure the emergency brake is set.
- Use truck restraint systems if available.
- Before docking trailers, make sure you are trained in the safe use and maintenance of restraint systems.





