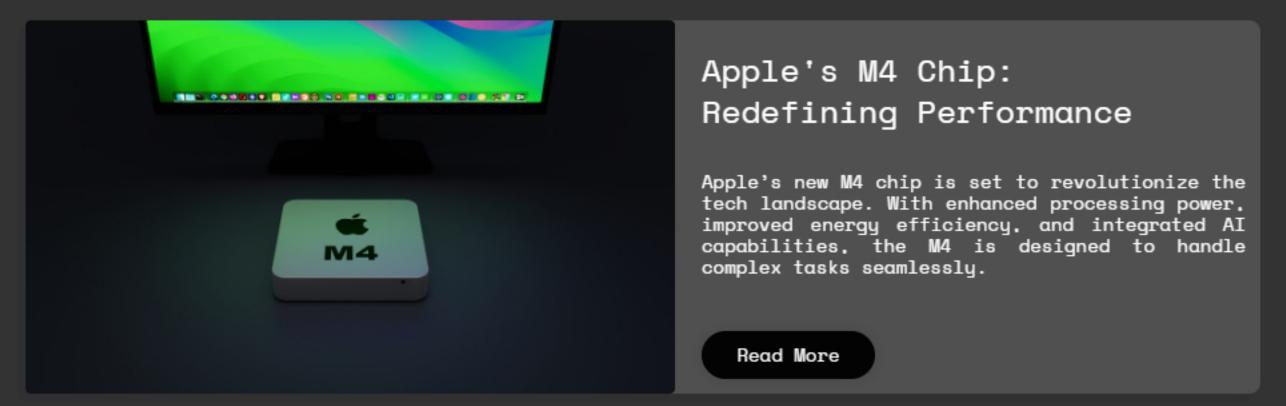
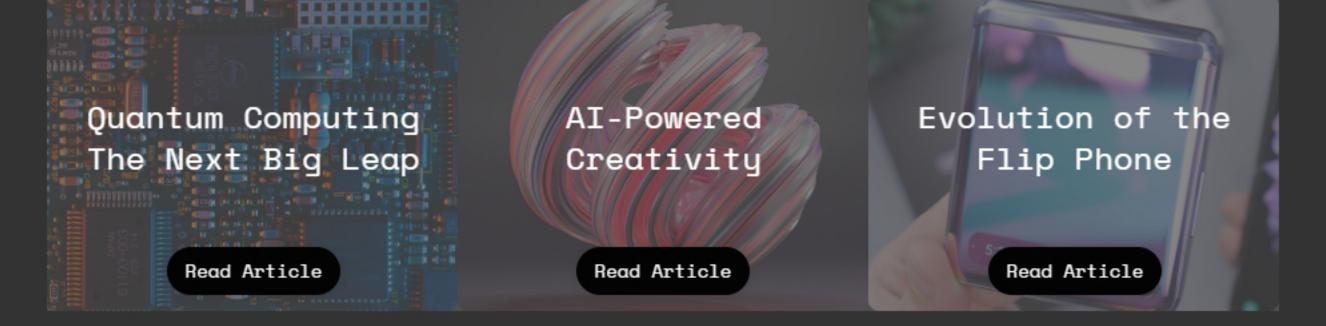
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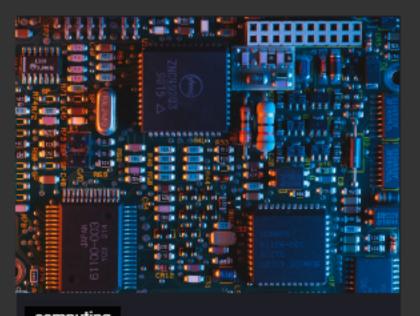
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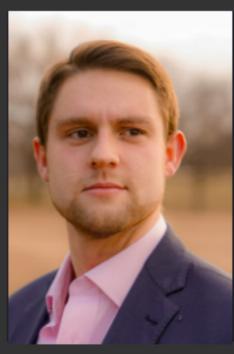
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## Our Team

### Founders & Management



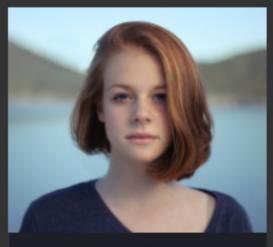
Founder, Director B. Bus With a strong passion for the technology industry. Ben Founded TK (Tek Knews) in 2022 to collaborate with others and share the latest in all things tech.

Ben Miller

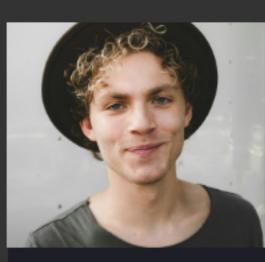


BI Manager Dip. IT Rebecca studied IT and Web As our full-stack developer, Rebecca is behind the scenes with everything you see on the blog.

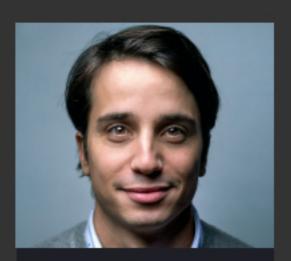
### Authors



Sarah Gene



Simon Walsh



Grant Berrington

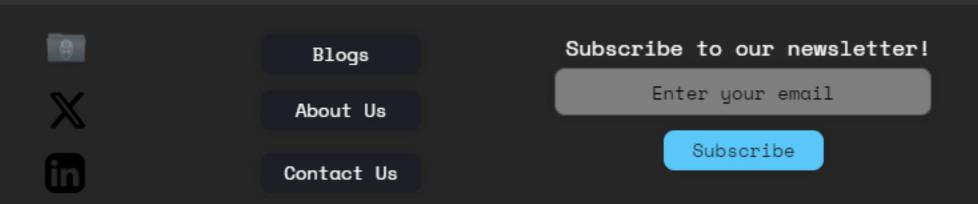
## Our Story

In 2022, Ben Miller founded TK (Tek Knews), a blog company that quickly made a name for itself in the tech industry. With a strong background in Business and a deep passion for technology. Ben recognised the need for a platform that could bridge the gap between complex technological advancements and the general public. His vision was to create a space where tech enthusiasts and professionals alike could find accessible. insightful content that kept them informed about the latest developments in the tech world.

Ben's business acumen, combined with his love for technology, drove the growth of Tek Knews from a small blog into a recognized source for tech news and analysis. His approach was simple yet effective: provide high-quality, reliable content that resonates with readers. Under his leadership, TK has grown steadily, attracting a diverse audience and becoming a trusted name in tech journalism. Ben's commitment to excellence and innovation continues to quide the company as it expands its reach and influence in the digital landscape.

The team is made of like-minded authors that bring their own interests to their articles. Covering a wide range of themes and stories, we strive to ensure our material is enjoyable for all readers. Our team are based all over the world, often travelling and keeping up-to-date with all the latest and greatest.

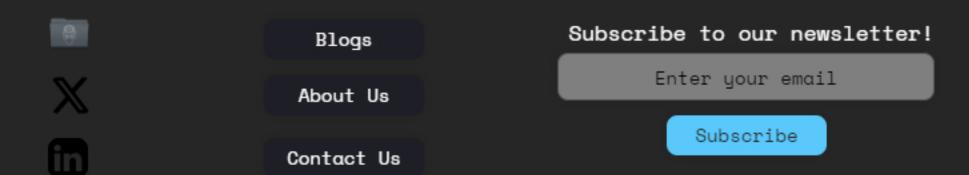
If you'd like to find out some more on each of our staff, click on their profiles to learn more.



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# Why my chair costs more than my laptop!

ergonomics hardware

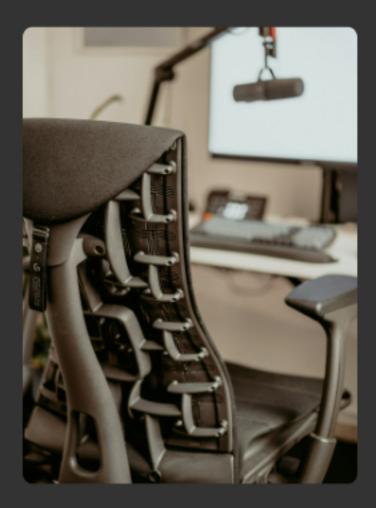
Sarah Gene

Ever since I upgraded my workspace, I've been getting the same reaction from friends and colleagues: "Wait, your chair costs more than your laptop?" And every time, I just smile and nod because, yes, it does, and it's worth every penny. Let me tell you why.

As someone who spends countless hours at my desk, I've learned that the importance of ergonomics can't be overstated. Enter the Herman Miller Aeron Chair—a piece of furniture that's not just a chair but an investment in my health and productivity. You might think I'm crazy for splurging on a chair, but trust me, after sitting in this ergonomic marvel, you'll understand why it's worth more than my laptop.

## Why the Herman Miller Aeron Chair is a Game-Changer

When I first sat in the Herman Miller Aeron Chair, it was like a revelation. It was designed with one thing in mind: your back. With its PostureFit SL technology, the chair supports your spine's natural curve, providing lumbar support that's customized to your body shape.



It feels like the chair is hugging your back, making long work sessions a breeze rather than a chore.

The chair's mesh material is another highlight. Unlike traditional office chairs with thick padding that can get hot and uncomfortable, the Aeron's breathable mesh keeps you cool and comfortable throughout the day. Plus, the adjustable armrests, seat depth, and tilt tension allow you to fine-tune the chair to your exact preferences.

But beyond the fancy tech, it's the overall experience that makes this chair so valuable. I've noticed a significant reduction in back pain, and my posture has improved dramatically. Not to mention, my productivity has skyrocketed since I'm no longer fidgeting and adjusting myself constantly.

## Why You Should Consider Upgrading Your Chair

If you're serious about your work and your health, do yourself a favor and upgrade to a chair that's designed with you in mind. Trust me, your back will thank you, and you might just find yourself enjoying those long workdays a little bit more.



