Health Conscious

HELPFUL TIP

Start by creating simple versions of all the screens you will need for your app. Separate the app into different labeled sections. Group the screens into these sections and show the section's main screen at the top of the section, and pages that link off of that screen below. Set up a numbering system so you can reference the screens easily, or use our numbering system. We like to number each section and add decimals the deeper you go into that section.

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