1. **Crear proyecto laravel 10**

$ composer create-project laravel/laravel laravel6 "10.\*"

1. **Instalar laravel breeze**

$ composer require laravel/breeze

1. **Instalar api**

$ php artisan breeze:install api

1. **Crear controlador Resource**

$ php artisan make:controller PersonController --resource

1. **Crear request**

$ php artisan make:request createPersonRequest