



NFP2015

World Congress

Milan, 11-14 June 2015

Feed the Life, Nourish Love and Sustain the Family



SINTOTERMICO
CAMEN



Aderente I.E.E.E. e C.I.C.R.N.F.

The Natural Family Planning to
**Feed the Life,
Nourish Love and
Sustain the Family**



Università degli Studi di Milano Bicocca
Piazza dell'Ateneo Nuovo, 1 - 20126 Milan, Italy

DiSMeQ
Dipartimento di Statistica e Metodi Quantitativi

Promoted by IEEF – www.ieef.eu

Organized by ST CAMeN – www.camen.org

www.2015nfpcongress.org - congress@2015nfpcongress.org

2015 NFP World Congress

Milan (Italy), June 11th to 14th 2015

Feed the Life, Nourish Love and Sustain the Family

Journey to the Roots of the Boundaries of the Future: Natural Family Planning (NFP) as a Tool for a Sustainable, Healthy, Human Sexual Life — New Perspectives in Sexual Life and Family Planning

Congress promoted by IEEF and organized by Associazione Sintotermico CAMeN



Istitute Européen d'Education Familiale European Institute for Family Life Education

www.ieef.eu - secretary@ieef.eu

IEEF/EIFLE, c/o Associazione Sintotermico Camen,
Via San Cristoforo 3, 20144 Milano (Italia)

The IEEF/EIFLE is a nonprofit organization established in 1992 at Grenoble, France.

The mission of the association is to promote the value of the family and of family education, including, especially, the studies on fertility and Natural Family Planning.

The activity is rolled out in an International context: over 40 Association affiliated, over 20 Nations represented.

The Association is headed by the President, a vice president, a Secretary, a treasurer and 2 more representatives and it is managed by a representative Board elected every 3 years from the General Assembly.

The election procedure is described into the Statute of the Association.



Associazione Sintotermico C.A.Me.N.

www.camen.org - info@camen.org

Associazione Sintotermico Camen, Via San Cristoforo 3, 20144 Milano (Italia)

The Associazione Sintotermico C.A.Me.N. inherit all the technical and teaching know-how build up in over 30 years of activity on the NFP by the former Centro Ambrosiano Metodi Naturali (C.A.Me.N.). The development of the technical and teaching capabilities allow, as a results of scientific researches and verifications, to develop a specific NFP method: the "Sintotermico C.A.Me.N. Method".

This know-how had been developed during the years thanks to important works in partnership with Italian and foreign Universities, i.e. with World Health Organization (with 2 important research projects) and the George Town University (Washington D.C.); with research projects with important Industries (Unipat (Unilevel) and Quidel); through projects with Universities (Padova, Milano, Napoli, Dusseldorf and others).

The teaching capabilities on NFP had been recognized by the UNPF (United Nation Population Found) who published the C.A.Me.N. teaching course into the official list of the recommended courses to all the national governments. The teaching capabilities on NFP had been also certified by IEEF as valid title to obtain the Master in "Conjugal sexuality and fertility" of the Pontifical John Paul II Institute for Studies in Marriage and Family and the Università Cattolica del Sacro Cuore (Roma).

At Italian level, the teaching course of the C.A.Me.N. awarded around one thousand Trainers and had obtained credits both for Midwives and Doctors.

All these activities had been possible thanks to thousand and thousand of consultancies done.

Detailed Program, version 8, 07 June 2015

Welcome!

Many of the problems currently being encountered in the domain of reproductive health and well-being in the post-industrial society in which we are now living can find “human” and concrete answers in NFP.

The promotion of NFP, to achieve conception (in particular for sub-fertile/infertile couples) as well as to avoid pregnancy, is an investment to overcome the social, anthropological and economic crisis that is currently affecting most of the European and other advanced western societies.

NFP providers, physicians, gynecologists, families and institutions at National and International level, should converge towards this positive objective by favoring changes in reproductive and sexual behavior.

This NFP World Congress will cover a large number of anthropological, pedagogical and scientific topics, present updated data and discuss new diagnostic-therapeutic perspectives in the field of fertility regulation.

The activities of the Congress will cover a period of 4 days (starting Thursday 11th June and closing Sunday 14th June 2015), and appropriate time will be allocated to thematic sessions and interactive workshops. Specific sessions will be dedicated to the presentation of the relevant activities carried out in the different continents, to the emerging new technologies, and to contraception and abortion. Finally attention will be devoted to the influence of diet and environmental pollution on fertility, in order to synchronize and harmonize with the specific theme of the Milano 2015 Expo.

We are confident that NFP World Congress will offer good opportunities to all participants for meeting and discussion, giving answers and opening new work/research activities both at the level of the different organizations in various countries and at the international level.

This Natural Family Planning International Congress has ambitious expectations (the last one was held in the Year 2000, still in Milano): involvement of Guests from all the 5 Continents; great visibility thanks to combination with EXPO2015; great standing thanks to the prestigious venue at University of Milano-Bicocca (official partner), excellent scientific level thanks to the commitment of the IEEF President and the Past-president and the support of FIDAF and other NFP Associations. In particular, the 23 members of the Scientific Committee come from 8 Nations (8 from Italy, 11 from others Nations) and 8 Members are Professors from 4 Italian Universities and 4 foreign Universities (EU & USA).

The Congress is expected to attract a large and composite Audience. In total some 400 participants are expected (this figure is based on the previous NFP conferences and on booking data), 200 from Italy and 200 from the rest of the World.

It is estimated that over 3.000 participants will attend the 3 public sessions scheduled on Thursday, Friday and Sunday.

All the NFP The participants will have a high level of specific competences and include scientists, gynecologists, medical doctors, midwives and researchers, educators and end users (for public sessions). All of them are strongly committed to NFP and many of them are “opinion leaders”.

Who shall Attend to the Congress

The Congress, sub-divided in various levels of meetings, is addressed to different types of participants.

The first level of meetings – the scientific sessions – is of particular interest to NFP teachers, gynaecologists, doctors, midwives and researchers as a necessary update on the recent developments in the NFP field, dealing with scientific aspects of methodologies of NFP teaching and teaching aids.

The second level of meetings – the anthropologic, cultural and ethical sessions - is addressed not only to NFP teachers but also to educators and family counsellors. It also addresses all those who, involved in the wider promotion of the family, promote NFP; it helps them be more knowledgeable about recent studies and become aware of experiences and testimonies of how NFP is lived by couples.

A third level of meetings – open to the public, even if not registered at the Congress – addresses young people, young couples and educators. It aims to be a public proposal of the beauty of NFP as a way of life. This level is of particular interest to NFP teachers, as they would see in action a methodology that is effective and endearing in relating with young people and couples.

The final, fourth level of meeting is addressed to medical professionals – doctors, gynaecologists and midwives – to help them understand better the impact of NFP in the exercise of their profession in general.

Finally, the administrators of the various associations of teachers and promoters of NFP will have the opportunity to become aware of the activities of associations worldwide and the opportunity to exchange experiences and knowledge to instil new impetus, courage and enthusiasm in their activities.

Presidents of the Congress



Lucia Rovelli, Lugano (Switzerland) - President IEEF

Was born in Lugano (Switzerland) the 14th October 1954, married with 3 child, nurse and NFP teacher, since the NFP diploma cooperate with the NFP centre of Lugano and with the Italians associations "Sintotermico Camen" and "La Bottega dell'Orefice". Since 1987 had been member of the IEEF subcommittee on the NFP pedagogy. Member of the IEEF Board since 10 years, she had been elected IEEF President in the 2013. In 2013 obtains the Master in "Conjugal fertility and sexuality" at Jean Paul II institute of the Lateranense University of Rome.



Michele Barbato, Vimercate (MB) - Italia

Was born in 1952, at Gioi (Salerno), Italy. He had been graduated in Medicine in 1978 and obtained the specialization in obstetrics and Gynaecology in at Università degli Studi of Milano.

From the beginning of his career, he addressed his specific medical competences to the Natural Family Planning. In the 1970s he knows the experience of the Frances association CLER attending a stage; he had collaborates with the English NFP association and with those teaching and research groups that operates in Europe and in the World until now.

In the 1978 was a co-founder of the Centro Ambrosiano Metodi Naturali (C.A.Me.N.) and from that date up to now had been a strong and tireless supporter and promoter. In the 1982 he represented C.A.Me.N. in the "Federation Internationale d'Action Familiale" (F.I.D.A.F.), federation who group together all the internationals entities who attend NFP. Had been a co-founder of the "Istitute Européen d'Education Familiale" (IEEF), and it is a Past President.

He was the "Principal Investigator" for many important scientific research promoted by the WHO and by the George Town University of Washington, and many others, nationals and internationals. He is director of the project "Serenità" (see www.serenita.org) for an evaluation of the efficiency of the observation of the signs and symptoms of the fertility for achieving pregnancy in sub-fertile couples versus the Assisted Reproduction Treatments. He is also Director of the FEDRA project to build a shared at European level the qualified NFP teaching courses.

He is Authors of many scientific publications on NFP.

Now is leading the Obstetrics and Gynaecology department of the Melegnano (Milan, Italy) hospital.

Congress Site



The **University of Milano-Bicocca** was established on June 10, 1998, to serve students from Northern Italy and relieve some of the pressure on the over-crowded University of Milan. Groups of professors and researchers chose to come and participate in the enterprise. They were driven by their enthusiasm for the new, and by the chance to broaden academic horizons without having their work undermined by traditional methods of education. From the start, this very fertile climate became a unique training ground, which offered something new even in the most traditional disciplines. The **"Department of Statistic and Quantitative Methods"** (DISMEQ) was born in 2012 from the merge of the formers "Department of Quantitative Methods for Economics and Corporate Sciences" and part of the Department of Statistics.

The Department aims are to improve the study and knowledge of quantitative disciplines within economics and business and in particular mathematical applications for the fields of finance and methodological and applied statistics.

The Department teaches various skills, which can be used to meet the modern and sophisticated needs of people who want to operate in the field of statistical research, finance, marketing and corporate counseling.

The Department promotes and coordinates research in the following areas: statistics, mathematics for the analysis of financial markets, computer science, foreign languages (English, French, Spanish and German).

<http://www.unimib.it>

<http://www.dismeq.unimib.it>

Sponsorship



The Archdiocese of Milan is for history, extension and structure among the most important ones in the world and it is the first diocese in Europe as of number of Catholics.

It has about 2000 diocesan priests, 800 religious, more than 6,000 nuns.

The archbishop seminary for the training of priests is in Venegono Inferiore (Va).

The diocese is called "Ambrosian" named by its patron St. Ambrose (AD 340-397).

It covers an area of 4,234 square kilometres and includes the provinces of Milan, Varese, Lecco, Monza-Brianza and part of the Como one as well as some cities in the provinces of Bergamo and Pavia.

It has a population of over 5.4 million inhabitants. It is composed by 1107 parishes, distributed in 73 deaneries, organized into seven pastoral zones.

<http://www.chiesadimilano.it/>



Pontifical John Paul II Institute for Studies in Marriage and Family was established since 1981 by Saint John Paul II, the Pope of the Family, to offer to all the Church a contribution on philosophical, theological and pastoral thought, on the truth on the person, the marriage and the family, with help by many humans' sciences.

The Institute prepares priest, religious and seculars to go on professions in civil and religious environments.

The Institute is organized with a Head quarter in Rome, in six foreign sections in the United States (Washington D.C.), in Mexico (Mexico D.F., Guadalajara and Monterrey), in Spain (Valencia, Madrid and Alcalà), in Brazil (Salvador de Bahia), in Benin (Cotonou) and in India (Changanacherry, Kerala). The Institute is present with Associated Center in Australia (Melbourne), in South Korea (Daejeon), in Lebanon (Beirut) and in Philippines (Bacolod).

President: Rev. Msgr. Prof. Livio MELINA

<http://www.istitutogp2.it/>



CONFEDERAZIONE ITALIANA *dei CENTRI*
per la REGOLAZIONE NATURALE della FERTILITÀ

C.I.C.R.N.F. - Confederazione Italiana dei Centri per la Regolazione Naturale della Fertilità, (Italian Confederation of NFP Centers) was established in 1991, actually collect several Italian schools that are, with various origins, histories and methodologies, engaged into training NFP teachers.

The Confederation, through his centres borne in between '70 and '80, has roots in the *Humanae Vitae*, where the couples are invited to *"become apostles to other married couples"* (H.V., 26) and the medicines to consider *"as an essential part of their skill to make themselves fully proficient in this difficult field of medical knowledge. For then, when married couples ask for their advice, they may be in a position to give them right counsel and to point them in the proper direction. Married couples have a right to expect this much from them."* (H.V., 27).

In this context, the terms "natural", that distinguish the Family Planning, is referred to the couple sexual behaviour, that, trough the awareness of the fertile and sterile periods of the cycle, is able to reach his vocation to love and his behaviour is *"based on the nature of the human person and his acts"* (G.S., 51), complying the unitive and procreative significance of the marriage acts, that thanks to his intimate structure, *"while uniting husband and wife in the closest intimacy, also renders them capable of generating new life—and this as a result of laws written into the actual nature of man and of woman."* (H.V., 12).

The **Associazione La Bottega dell'Orefice** group the NFP Trainers of the Symptothermic C.A.Me.N. method. His mission is to train couples on NFP, teach NFP to Trainers on the national territory as well as Scientific Researches in cooperation with Italian and foreign University.



The Association operates to disseminate a culture promoting the development of the person in all his components; the promotion of the family as main educational environment to the conjugal and familiar life; to affirm an anthropological and cultural view of the human sexuality in order to educate to the responsible love and procreation through the diffusion of the NFP methods considered into the large view of the generous welcome of the life.

The Association was born into the riverbed of the experience of the C.A.Me.N. (from whom the Association had been originated since 1990) and especially from the intuition that the conjugal love, if experienced into the whole Christian experience, is the excellent place to discover the value of the Person and to favourite his fulfilment. From this desire was born the project and the educational impulse of the NFP studies and teaching.

The association group some hundreds of trainers over the whole Italian territory, all ones implied in NFP train of the couples.

www.metodinaturali.it

Scientific Committee

MD. **Michele Barbato**, Italy – Head of Obstetrician and Gynaecology Department at Melegnano (Mi) Hospital.

Prof. **Giancarlo Blangiardo**, Italy – Professor Demography, Università degli Studi di Milano Bicocca (Italia).

MD. **Maria Boerci**, Italy – MD; Specialist in obstetrics and gynaecology; Specialist in Pathology of reproduction; Clinical Sexologist. Master in "Fertility and marital sexuality" at the Lateran University; teacher of Method Sintotemico Camen; President of the Lombardy section of the Italian Association "La Bottega dell'Orefice".

Prof. **Jokin De Irala**, Spain – Professor Preventive Medicine and Public Health, University of Navarra.

MD. **Serena Del Zoppo**, Italy – Gynecologist.

MD. **Michela Di Gennaro**, Italy – Vice President of Technical Scientific Committee of CIC-RNF.

MD. **Isabelle Ecochard**, France. Medical doctor of birth control centre, NFP teacher.

Prof. **René Ecochard**, France – Head of the Department of Biostatistics at Claude Bernard Lyon I University, France

Doct. **Heinz Huerzele**, Switzerland – Director of the coordination bureau of the Community of Interest in Natural Family Planning Switzerland - Principality of Liechtenstein. President of "Yes to Life", Glarus and Secretary of the Swiss association "Yes to Life".

Rev. Mgrs. Prof. **Livio Melina**, Italy – President of Pontifical John Paul II Institute for Studies in Marriage and Family.

MD. **Micaela Menarguez**, Spain.

MD. **Andrea Natale**, Italy – Gynaecologist.

MD. **Nicola Natale**, Italy – Past Director Infant-maternal Departments in Italy, Counsellor Italian Federation of the medical scientific Societies.

Rev. Dom Prof. **Josè Noriega**, Spain. Professor at Pontifical John Paul II Institute for Studies in Marriage and Family; Associate Professor at San Damaso Theological Faculty, Madrid (Spain).

Prof. **Birutė Obelenienė**, Lithuania - Doctor of social science. Research Center on Marriage and Family of Department of Theology at Vytautas Magnus University, Kaunas.

Doct. **Sigrun Ohme Peters**, Germany. Dipl.-Math.

MD. **Francesco Pagano**, Italy – First level Manager at Varese Hospital (Italy).

MD. **Renzo Puccetti**, Italy.

Doct. **Lucia Rovelli**, Switzerland - IEEF President.

Prof. **Bruno Scarpa**, Italy - Associate Professor of Statistics, Statistic sciences Department, Padua University.

Prof. **Joseph Stanford**, USA. Professor and Director, Office of Cooperative Reproductive Health, University of Utah, USA.

Doct. **Giancarla Stevanella**, Italy – Teacher on affectivity and sexuality education. NFP Teacher. CICRNF President.

Doct. **Pauline Tufigno**, Malta. NFP Team Coordinator, Cana Movement, Malta.

Congress Registration Fees

		Subscriptions fees (in €)			
		From March 1 st , 2015 to the Congress			
		4 days	3 days	2 days	1 day
Standard Subscription		400	330	260	200
Special tariffs	NFP teachers	350	280	200	130
	IEEF Members (Excluding Italian members)	300	240	180	120
	Students (Undergraduate and postgraduate)	200	160	130	100
Guests (Adults)		50			
Guests (Children <16 years)		0			
Public Sessions		Donation			
1 Meal voucher (For Guests)		25			

Registration for the Congress entitles applications to:

1. Participants: Free access to all Congress sessions; visit the Poster section and access the exhibitors' stands; participate in all plenary sessions; restricted invitation to welcome drink; coffee breaks, Friday and Saturday lunch; special hotel reservation rates for the Congress, with guaranteed room availability; receive the personalized name tag for access to the Congress; Congress documents and access to the Congress proceedings; obtain 8 ECM credits (Only for Italian participants attending all the Congress sessions).
2. Guests: Restricted invitation to welcome drink; participation in all plenary sessions; buying of lunch vouchers for Friday and Saturday; special hotel reservation rates for Congress, with guaranteed room availability; receive the personalized name tag for access to the Congress.
3. The undergraduates and graduates must present proof of course enrolment.

Services to Participants

1. Free access to all Congress sessions; visit the Poster and Video section and access the exhibitors' stands (both NFP Associations and Commercial);
2. Restricted invitation to welcome drink; coffee breaks, Friday and Saturday lunches
3. Simultaneous translation. All the plenary sessions, Scientific Sessions, Symposium, public sessions will be in English and Italian with simultaneous translation in English, French and Italian. Workshop and Oral Communications will be in speaker's languages (English or Italian).
4. Personal Badge and Congresses kit.
5. Access to the Proceedings (after the Congress).
6. Special hotel reservation rates for the Congress, with guaranteed room availability;
7. Certificate of participation (upon request)
8. For the NFP Associations: possibility to prepare stand, posters and videos.
9. Bookshop

The Congress (days 12 and 13 of June) is accredited ECM for doctors – psychologist – nurses – pharmacists- midwives with 8 credits. Provider ECM n. 2091.



Hotels Booking

For hotels booking, please visit the dedicated page of the Congress web site: www.2015NFPCongress.org

How to pay for Congress

When you do a bank transfer, please remember that the bank charges should be borne completely by the person effecting the payment.

Transfer to current bank account: Associazione Sintotermico CAMeN – Via San Cristoforo 3, 20144 Milano (Italia)

Bank: Banca CREDITO VALTELLINESE - IBAN: IT 87 0 05216 01612 0000 0000 1294 - BIC / SWIFT: BPCVIT2S

Paypal account holders may send the payment to payment@camen.org or else go to the page "Shop On-line" (<http://www.2015nfpcongress.org/negozio.aspx>) on Congress website www.2015NFPCongress.org

Congress Registration Form

Name and Surname	
Sex	<input type="checkbox"/> Male <input type="checkbox"/> Female
Date of birth	
Nationality	
Home address	
Tel. (fixed) (with international code)	
Tel. (Mobile) (with international code)	
Fax (with international code)	
Email	
Name of Organisation	
Position in organisation	
Identity card or Passport number	
Preferred language	
Registration for	<input type="checkbox"/> All the Congress (with ECM credits, only for Italians) <input type="checkbox"/> 3 days <input type="checkbox"/> 2 days <input type="checkbox"/> 1 day <input type="checkbox"/> only Public sessions
Type of registration	<input type="checkbox"/> Standard <input type="checkbox"/> NFP Teacher <input type="checkbox"/> IEEF member (excluding Italy) <input type="checkbox"/> Student <input type="checkbox"/> Accompanying person <input type="checkbox"/> Young Accompanying people
Total amount due €	
Notes	

Sending this Form I authorize the treatments of the personal data and accept all the conditions described in the "Privacy Declaration" available on the web site www.2015NFPCongress.org. I declare to have read it.

City and Date _____ Signature _____

Fill in a Form for each person and send to congress@2015NFPcongress.org or fax at (+39) 02. 4771.6605 and proceede with payment of the due quotas.

Contact

General Secretariat:

2015 NFP Congress c/o Associazione Sintotermico CAMEN

Via San Cristoforo 3 - 20144 Milano (Italia) - Mail: secretary@2015NFPcongress.org

Organisational Secretariat:

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Opening hours (CET - Central European Time):

Tuesday: from 09:30 to 12:30 – Wednesday: from 14:30 to 18:30 – Friday: from 14:30 to 18:30

Contact for Sponsor:

For any questions referred to sponsorship mail to: sponsor@2015NFPcongress.org

Web site

www.2015NFPCongress.org

Activity Plan

Welcome – Thursday afternoon

Plenary session
Welcome cocktail

Symposium - Thursday and Friday

Scientific Sessions - Friday and Saturday

Main sessions: Scientific sessions
Parallel Sessions: Workshop
Parallel Sessions: Oral Communications

Public Sessions – Friday, Saturday and Sunday

Friday afternoon: meeting with young couples
Saturday afternoon: meeting with youths
Sunday morning: meeting with educators

Parallel Activities

Poster exhibition: Associations; scientific; commercial.
Videos Projection: Associations; “A body for glory” by of the Pontifical Institute John Paul II for
Studies in Marriage and Family and Vatican Museum.

Exhibitions

Sponsor’s Stand
NFP Associations stands
Bookshop

Side activities

IEEF general assembly (Thursday afternoon)

Conclusion – Sunday morning

Plenary Session - Closing Ceremony

2015 NFP World Congress - Milan (Italy), 11 – 14 June 2015 Natural Family Planning to Feed the Life, Nourish Love and Sustain the Family								
Thursday 11th June								
			U6-10		Room U6-7	Room U6-6	Aula Magna	
8.45	Registration for Introductory Session				Precongressual Course Natural fertility regulation: Scientific perspective 1/2 (in Italian)			8.45
10.45								10.45
10.45					Break			10.45
11.15								11.15
11.15					Precongressual Course Natural fertility regulation: Scientific perspective 2/2 (in Italian)			11.15
13.15	Registration for IEEF Assembly and Symposium							13.15
13.15					Break			13.15
								14.00
14.45						Symposium Experiences in the integration of the evangelization of marital intimacy into the catechesis in the parish and the diocese - 1/4		14.00
14.45								15.45
	Secretariat opening hours			Poster Exhibit	Break			15.45
16.45								16.15
16.45					IEEF General Assembly	Symposium Experiences in the integration of the evangelization of marital intimacy into the catechesis in the parish and the diocese - 2/4		16.15
18:00					Congress official opening - Plenary Session - Aula Magna			18.00
18.00					"Opened Perspectives by <i>Humanae Vitae</i>, Paul VI and Jean-Paul II" - Michèle and Francois Guy			18.00
18.45								18.45
18.45					Welcome cocktail			18.45
19.30								19.30

2015 NFP World Congress - Milan (Italy), 11 – 14 June 2015 Natural Family Planning to Feed the Life, Nourish Love and Sustain the Family								
Friday 12th June								
			U6-10		Room U6-7	Room U6-6	Aula Magna	
8.45	Secretariat opening hours	Opening of sponsors' area. Opening of exhibition area for NFP associations	Video projection of NFP associations. Video projection of "A Body for Glory" (John Paul II Institute and Vatican Museums)	Poster Exhibit	Workshop (in Italian) Sexuality Education (1/2)	Symposium Experiences in the integration of the evangelization of marital intimacy into the catechesis in the parish and the diocese 3/4	Scientific session 1 Gametogenesis and the cervical mucus: Innovation and prospects	8.45
10.45								10.45
10.45					Coffee break			10.45
11.15								11.15
11.15					Workshop (in Italian) Sexuality Education (2/2)	Symposium Experiences in the integration of the evangelization of marital intimacy into the catechesis in the parish and the diocese 4/4	Scientific session 2 Chances of conception and the efficacy of NFP methods	11.15
13.15								13.15
13.15					Lunch			13.15
14.45								14.45
14.45					Workshop (in English) Food and Infertility	Oral communications (in the Speaker's language) 1	Scientific session 3 The digital technology and the Teaching Training Curriculum: new perspectives on NFP matter	14.45
16.45								16.45
16.45					Coffee break			16.45
17.15								17.15
17.15					Workshop (in English) The Use of fertility signs for a disease diagnosis	Scientific session 4 Birth control: progress or collapse of the humanity?	Public Session Meeting with young couples – in Italian "Do not deprive each other, except perhaps by mutual consent for a time" (1 Cor. 7,5) – why to choose Natural Methods today. By Costanza Miriano followed by testimonials and questions from the public	17.15
19.30								19.30

2015 NFP World Congress - Milan (Italy), 11 – 14 June 2015 Natural Family Planning to Feed the Life, Nourish Love and Sustain the Family								
Saturday 13th June								
			U6-10		Room U6-7	Room U6-6	Aula Magna	
8.45	Secretariat opening hours	Opening of sponsors' area. Opening of exhibition area for NFP associations	Video projection of NFP associations. Video projection of "A Body for Glory" (John Paul II Institute and Vatican Museums)	Poster Exhibit	Workshop (in Italian) NFP - Enhancement to the Midwifery profession 1/2	Oral communications (in the Speaker's language) 2	Scientific session 5 Humane and efficient response to infertility 1/2	8.45
10.45								10.45
10.45					Coffee break			10.45
11.15								11.15
11.15					Workshop (in Italian) NFP - Enhancement to the Midwifery profession 2/2	Oral communications (in the Speaker's language) 3	Scientific session 6 Humane and efficient response to infertility 2/2	11.15
13.15								13.15
13.15					Lunch			13.15
14.45								14.45
14.45					Workshop (in Italian) Changes in sexual behaviour 1/2	Workshop (In English) Ethics of Sexuality Education	Scientific session 7 The NFP for the maternal-fetal wellness	14.45
16.45								16.45
16.45					Coffee break			16.45
17.15								17.15
17.15					Workshop (in Italian) Changes in sexual behaviour 2/2	Scientific session 8 Experiences in NFP and affectivity education	Public session on Youth sexuality – in Italian EXPOsiamoci We want nourish ourselves with Love. AND YOU? Sex Love Marriage Happiness Prof. R. Marchesini Prof. G. Samek Lodovici Dott.ssa G. Bozzo Live music feat. L. Lazzaroni	17.15
19.30								19.30

2015 NFP World Congress - Milan (Italy), 11 – 14 June 2015						
Natural Family Planning to						
Feed the Life, Nourish Love and Sustain the Family						
Sunday 14th June						
			U6-10		Aula Magna	
9.00	Secretariat opening hours				<div>Public Session - Meeting with Educators (NFP teachers, family therapists and counselors) on grounding NFP motivations</div> <div>What choices nourish love?</div> <div><ul style="list-style-type: none">• Address to participants by H. E. Cardinal Angelo Scola, Archbishop of Milan• Introduction by Rev. Msgr. Luca Bressan, Episcopal Vicar for Culture, Charity, Mission and Social Action. Roman Catholic Archdiocese of Milan• "Ecology of conjugal love: what choices nourish love?" Rev. Msgr. Prof. Livio MELINA, President of the John Paul II Institute• Testimonials from Italy, France, Poland, Russia, Congo, Kenya, Vietnam, Kirghizstan.</div>	9.00
12.00					Closing ceremony - Plenary session	12.00
12.30						12.30
Congress closure						

Plenary Sessions

Official opening of the Congress

Thursday 11th June 2015 –18:00 - Aula Magna

Welcome Remarks

Welcome by Authorities

“Opened Perspectives by *Humanae Vitae*, Paul VI and Jean-Paul II” - Testimonies by Michèle and François Guy

Welcome cocktail

Thursday 11th June 2015 –18:45

Closing ceremony

Sunday 14th June 2015 –12:00 - Aula Magna

Conclusion (*Lucia Rovelli and Michele Barbato*)

Public Sessions

Meeting with young couples

Friday 12^{ve} June 2015 –17:15 – in italian

- ***“Do not deprive each other, except perhaps by mutual consent for a time”*** (I Cor. 7,5) – **why to choose Natural Methods today** - Costanza Miriano
- Testimonials
- Questions from the public

Youth sexuality – Meeting with Youth

Saturday 13th June 2015 –17:15 – in italian

EXPOSIAMOCI

Sex Love Marriage Happiness

We want nourish ourselves with Love. AND YOU?

Ne parliamo con: **Roberto Marchesini**, psicoterapeuta; **Giacomo Samek Lodovici**, filosofo; **Gabriella Bozzo**, ginecologa

MUSICA LIVE Feat. Luca Lazzaroni

Meeting with Educators

(NFP teachers, family therapists and counsellors)

Sunday 14th June 2015 –09:00 – 12:00

Meeting with Educators (NFP teachers, family counsellors,) to fund the NFP motivations.

What choices nourish love?

Program:

09:00 – 09:15	Address to participants by H. E. Cardinal Angelo Scola , Archbishop of Milan
09:15 – 09:45	Introduction by Rev. Msgr. Luca Bressan , Episcopal Vicar for Culture, Charity, Mission and Social Action. Roman Catholic Archdiocese of Milan
09:45 – 10:30	"Ecology of conjugal love: what choices nourish love?" Rev. Msgr. Prof. Livio Melina , President of the John Paul II Institute
10:30 – 12:00	Testimonials from Italy, France, Poland, Russia, Congo, Kenya, Vietnam, Kirghizstan.

Scientific program

Precongressual Course - Chairman: Dr. Michele Barbato

Natural Fertility Regulation: The scientific basis

(in Italian)

The majority of Italian gynaecologists consider Natural Family Planning (NFP) as merely a confessional proposal, lacking scientific value. Actually, the efficacy of NFP has been widely demonstrated in literature and should be taken seriously during contraceptive counselling. More often than not, one needs to answer to the contraceptive needs of large numbers of patients who present contra-indicators to estroprogestenic therapy and NFP, having no side effects related to use of pharmaceuticals, could be the answer. It also has other advantages: It does not cost money and may be used during all the woman's reproductive years, when avoiding a pregnancy, as well as when seeking a pregnancy, during breastfeeding, in periods of irregular cycles, as well as in the premenopausal phase. It thus seemed to us appropriate to propose a course on this update, with the aim to give gynaecologists and midwives a scientific basis on NFP for a more complete and appropriate contraceptive counselling for every single couple.

The course is intended for doctors and midwives and will take place on one morning.

The aim of the course is to give a scientific and methodological basis of NFP.

Three hours are planned for lectures that will provide information on the physiological basis of Natural Family Planning, the main methods and on efficacy studies conducted. The use of NFP in special conditions will also be presented (irregular cycles, pre-menopause, sub-fertile couples, etc.).

A one-hour concluding workshop is envisaged on practical chart interpretation.

Preliminary program

Thursday, 11th June 2015 8:45 – 13:15 – Room U6-7

- 08:45 – 09:15 Introduction and comparison of knowledge on NFP. (*Dr. M. Barbato*)
- 09:15 – 09:30 Natural Family Planning, a historic *excursus* and present day. (*Dr. M Barbato*)
- 09:30 – 09:45 Fertility signs and symptoms: An objective value in view of scientific literature. (*Dr. S. Del Zoppo*)
- 09:45 – 10:00 NFP methods: cyclo-thermic, sympto-thermic, Billings and new proposals. (*Dr. M. Barbato*)
- 10:00 – 10:15 Breastfeeding – LAM (Lactation Amenorrhea Method). (*Midwife R. Redaelli*)
- 10:15 – 10:30 Clinical efficacy of NFP. (*Dr. S. Del Zoppo*)
- 10:30 – 10:45 How to learn to use the method: study phase. (*Dr. M. Boerci*)
- 10:45 – 11:15 **Break**
- 11:15 – 11:30 The women observation capability in difficult circumstances. (*Dr. S. Del Zoppo*)
- 11:30 – 11:45 The fertile window. (*Dr. S. Del Zoppo*)
- 11:45 – 12:00 The sub-fertile couple. (*Dr. M. Boerci*)
- 12:00 – 12:15 New NFP technologies. (*Dr. M. Barbato*)
- 12:15 – 12:30 Discussion.
- 12:30 – 13:00 Workshop for midwives and doctors (reading charts).
- 13:00 – 13:14 Conclusion.

Friday 12th June 2015

Scientific Session 1 08.45 - 10.45 – Aula Magna

Title: Gametogenesis and the cervical mucus: Innovation and prospects

Chairman: MD. N. Natale

1. Folliculogenesis from primordial follicle to ovulation. (*A. Miragoli*)
2. Spermatogenesis: from the physiopathology to the clinics. (*A. Mancini*)
3. The condition of cervical crypts depending on woman's age and style of life. (*H. Temprano*)
4. The mucus symptom in different circumstances of woman reproductive life. (*P. Pellicanò*)
5. Anatomy of Fallopian tube, diagnosis and therapy of the tubal occlusion. (*A. Natale*)
6. Different types of cervical secretions with light microscopy: crystal analysis with scanning electron microscopy. (*H. Temprano*)
7. Short non fertile post-ovulatory phase due to delay in recognizing the luteal phase. (*I. Ecochard*)

Scientific Session 2 11.15 – 13.15 – Aula Magna

Title: Chances of conception and the efficacy of NFP methods

Chairman: Prof. G.C. Blangiardo

1. Fecundability: From Gini to Colombo and over..... (*B. Scarpa*)
2. Recent advances of understanding of day-specific probabilities of conception and the fertile window. (*J. Stanford*)
3. Latent class modeling of markers of day specific fertility: analysis of heterogeneity among cycles. (*F. Bassi*)
4. Natural Method for pregnancy achievement: Italian experience. (*E. Giacchi*)
5. Scientific basis of Sympto-thermic C.A.Me.N. Method: double check, double method. (*M. Barbato*)
6. Relationships between intentions and behaviour in NFP use: results from the Creighton Model Effectiveness, Intentions and Behaviours Assessment (CEIBA). (*J. Stanford*)
7. Pregnancy evaluation associated to the use of Methods to Recognize Fertility, a new approximation. (*M. E. Allende*)
8. Awareness-Based Methods of Family Planning; a Review of Effectiveness for Avoiding Pregnancy using SORT. (*M. Manhart*)
9. Effectiveness of natural family planning methods by considering unobserved heterogeneity. (*F. Pennoni*)

Scientific Session 3 14.45 – 16.45 – Aula Magna

Title: The digital technology and the Teaching Training Curriculum: new perspectives on NFP matter

Chairman: L. Rovelli

1. European Network to verify the qualification level of the NFP trainers. (*M. Barbato*)
2. Procedure to gain credit: Teaching curriculum. (*P. Tufigno*)
3. Learning package. (*S. Ohme-Peters*)
4. Digital fertility: a survey of smartphone apps that record signs and symptoms of fertility. (*L. Siva*)
5. When Smartphone are used for birth regulation. A comparison study of 4 Symptothermal Apps in 2013 and 2014. (*H. Wettstein*)
6. Using Digital Technology to further the awareness & use of Natural Family Planning; the experience of Couple to Couple League bringing technology into its mission. (*M. Manhart*)
7. The application of Web 2.0 and its benefits for NFP. (*P. Klann-Heinen*)
8. Gianna, n. o. – a gynecologic clinic based on Catholic bioethics. (*I. Wallenfels*)
9. Changing Human Behavior: How Culture, Contraception, and Religion Combined in the Early 20th Century to Create the Modern Sexual Revolution. (*T. Notare*)

Title: Birth control: progress or collapse of the humanity?**Chairman: E. Slizien Kuczapska**

1. Prevention and risk compensation. Are some public health responses to sexually transmitted infections failing? (*J. De Irala*)
2. The impact of the pill on women's health. (*R. Puccetti*)
3. Mechanisms of action of Post-Coital Oral Products (P-COP): distinguishing science from merchandising. (*F. Pagano*)
4. Determinants of abortion: a comprehensive perspective. (*R. Puccetti*)
5. Mental health after an abortion: an appraisal. (*M. C. Del Poggetto*)
6. Fertility Awareness Methods in publications and reviews on contraceptive methods. (*F. Soler*)
7. Women's knowledge and attitudes towards mechanisms of action of birth control methods: a cross-sectional study in five European countries. (*C. Lopez Del Burgo*)
8. The Influence of Contraception and NFP on Society. (*D. Freeman Prentis*)

Saturday 13 June 2015**Title: Humane and efficient response to infertility (part 1)****Chairman: R. Ecochard**

1. Research project "Serenità": a comparison between observation and ART. (*M. Barbato*)
2. Fertility Awareness proposed as first step in fertility treatment in Belgium. (*P. Hernalsteen*)
3. The multifactorial approach to treatment of recurrent miscarriage. (*P. Boyle*)
4. Integrated treatment with Inositol and ovulation inductors in infertile patients. (*R. Fornaro*)
5. A tailored medical approach based in fertility charting to handle PCOS patients. (*M. E. Allende*)
6. Psychological determinants of infertility: stress and quality of marital relation. (*E. Rydz, Szczepanik, M. Barcentewicz*)
7. Light and Infertility. (*F. Soler*)
8. Male fertility support in the treatment of marital infertility with Natural Procreative Technology. (*M. Barcentewicz, Dzierzak, Mitura*)

Title: Humane and efficient response to infertility (part 2)**Chairman: M. Boerci**

1. The LUF syndrome exists and put problems to NFP. (*R. Ecochard*)
2. Mediterranean diet and fertility. Findings from published studies. (*C. Lopez Del Burgo*)
3. Alcohol and fertility. Results from scientific studies (*C. Lopez Del Burgo*)
4. Diet and fertility. (*A. Legrand*)
5. Infertility as a symptom of food-related disorders. (*J. Wasilewska*)
6. NaPro Technology: a systematic approach to sub fertility as a chronic condition. (*J. Stanford*)
7. Several cases of couples with Low AMH - reduced ovarian reserve - where donor eggs with IVF had been recommended or tried unsuccessfully. (*P. Boyle*)
8. *In vivo* conceptions after failed *in vitro* fertilization – experience with Natural Procreative Technology. (*M. Barcentewicz, Misztal, Szyszko, K. Gałczyński*)
9. Successful *in vivo* conceptions in women with low AMH levels - a case series. (*K. Galczynski, M. Barcentewicz, Misztal, Szyszko, L. Szynekarczuk*)

Scientific Session 7 14.45-16.45 – Aula Magna

Title: The NFP for the maternal-fetal wellness

Chairman: P. Tufigno

1. A support framework for continuous development of an NFP program. (*O.M. Berthe*)
2. Breastfeeding. (*D. Prentis*)
3. Prospective cohort Efficacy Study of a NFP Postpartum Breastfeeding Protocol. (*M. Schneider*)
4. The suggestion of MaMa method in my activity of self-employed professional midwife. (*V. Verkimpe*)
5. FEMM is a woman's health program that meets international and national policy standards for the promotion of women's health and family planning. (*P. Calva Mercado*)
6. Natural Family Planning and Preconception Diagnosis: From classics to new highlights of synergic prevention strategies. Scientific and Ethical Perspectives. (*L. Battini*)
7. Evaluation of cyclic events - Procreation Health Care. (*E. Ślizień Kuczapska*)
8. Preliminary study on fertility awareness value after spontaneous abortion among Polish women. (*E. Ślizień Kuczapska*)

Scientific Session 8 17.45-19.30 – Room U6-6

Title: Experiences in NFP and affectivity education

Chairman: E. Coll

1. 30 years of Natural Family Planning; experiences with a multidisciplinary approach in teaching and training NFP. (*P. Klann-Heinen*)
2. Contraception and Fertility Awareness based Methods in Belgium: a case study. (*P. Hernalsteen*)
3. The FACTS Collaborative, a Physician Focused Initiative to have Fertility Awareness based method Adopted in US Medical School and Residency Training Programs. (*M. Manhart*)
4. Experiences of 35 years in an NFP welcome centre in a city. (*F. Pinguet*)
5. 30 years of NFP diffusion in Hospital environment: assessment, advise, perspectives. (*S. Lagrange*)
6. NFP training: field experiences from Vietnam (*Trinh Ngoc Hien and Duong Van Loi*)
7. Project "Yourlife": Knowledge and opinions of European adolescents about affectivity, love, and sexuality. (*J. De Irala*)
8. Why Risk? A study on sexual risk-taking among heterosexual Maltese youth. (*P. Tufigno*)
9. We can learn to love: training path on affectivity and sexuality for youth. (*G. Spimpolo*)
10. Natural procreative technology for infertility and recurrent miscarriage in the outpatient ob/gyn practice in Ukraine. (*Z. Horodenchuk*)

Symposium

The experience of integrating the evangelization of conjugal intimacy in diocesan and parish catechesis

The contents and the reasons

The Symposium will be the communication of **actual experiences**:

- of the announcement of God's plan on conjugal intimacy in the dioceses and in the parishes.
- of the announcement to the borders of the Church: that which all men of good will may receive from Christ's message on conjugal intimacy. There will be experiences of teaching in environments where Christianity is marginally present or where other religious confessions are present.

Natural family planning. After the publication of *Humanae Vitae* and *Familiaris Consortio* many associations have furthered their knowledge in Natural Family Planning. Research on hormones and pedagogical research have led to trust worthy methods. In every Nation associations have trained NFP teachers.

Conjugal Intimacy revisited: Spouses that have used Natural Family Planning have renewed their sexuality, their conjugal intimacy. Their intimate union has revealed itself to be the celebration of their conjugal communion and fertility. The link to the transmission of life, which they desire to maintain through the use of natural family planning, has become clearer to them. They understand that it is love that generates life and that their reciprocal gift of self is a dialogue of love through which nature gives birth to life.

Conjugal intimacy and Faith. The spouses experience in their daily life the content of the teachings of the Church: God, Trinity of Love has donated to the spouses the joy of a journey towards a communion of love that transmits life. Their faith, given flesh, takes effect in the various positive effects on their own life.

Catechesis. The Dioceses and Parishes have integrated the teachings of the Church on the family and on conjugal intimacy: the family as Domestic Church; the family as a sanctuary of life and love; conjugal sexuality as a dialogue of love that transmits life; meaning of the gift of self, etc.

This Symposium will be a precious occasion to share these experiences and improve catechetical and pastoral practices.

A treasure to share. This treasure of experiences from the base is still mainly unknown. Moreover, the experiences of catechesis that integrate the teachings of the Church on conjugal intimacy are carriers of promises and hope. This Symposium will be an occasion to share these experiences for a reciprocal enrichment.

Symposium- Preliminary Program

The conjugal intimacy in the God's design. - Thursday 11th June 2015, 14:00 – 18:00

Chairman **Msgr. Duarte da Cunha**, general secretary of CCEE

- **Conferences:**

14:00-14:45 **What is God's plan on conjugal sexuality and how conjugal sexuality reveals God to us.** (*Dom Prof. Josè Noriega, John Paul II Institute, Rome*)

14:45-15:30 **The God's design on sexuality. What teach and at which age?** (*Prof. Philippe Kinkpon, John Paul II Institute, Cotonou*)

- **Experiences 1**

15:30-16:00 A diocese in Cameroun which experimented with the introduction of conjugal intimacy in the parishes. *Testimonials of H.E. Msgr. George Nkuo and Ephraim and Theresia Lukong.*

16:00-16:30 Pan-African experience of training in pastoral service of laity in the dioceses: the *Fédération Africaine d'Action Familiale* (FAAF). Collaboration between the FAAF, the Symposium of the Episcopal Conferences (SCEAM) and the John Paul II Institute of Cotonou. (*Danièle Sauvage, past President and executive Secretary of Fédération Africaine d'Action Familiale*)

16:30-16:45 A Master of the John Paul II of Rome: for a competence in the evangelization of the conjugal intimacy; courses in Italian and French. Assessment and way forward (courses in Russian etc.). (*Prof. Renè Ecochard, France*)

- **Break (16:45 – 17:15)**

- **Panel table: The Catechist of the family (First Session).** (*Chairman: dom prof. Josè Noriega*)

17:15 – 18:00 Topic: Notions to include in the daily catechesis practice.

Participants: Michele Barbato MD, Msgr. Duarte da Cunha, dom Prof. Josè Noriega, Theresa Notare, Fr. Pierre Piat, L. Rovelli.

God, Love and Creator, unit the love's dialogue to the life transmission.

Chairman H. E. Msgr. George Nkuo, Bishop of Kumbo (Cameroun). Friday 12th June 2015 08:45 – 13:15

Co-chairman: Doct. Lucia Rovelli (CH), president of Istitute Européen d'éducation familiale (IEEF)

- **Conferences**

08:45 - 09:15 **Pastoral line of action for the evangelization in conjugal intimacy.** (*Dom Prof. J. J. Perez Soba, John Paul II Institute, Rome*).

09:15 – 09:30 **No man shall separate what God united.** (*Charles–Daniel Maire*)

09:30 – 09:45 **Faithful House, integrative catechesis process for family life.** (*Father A. Phiri*)

- **Experiences 2**

North American experiences

09:45 – 10:00 Diocesan Natural Family Planning Programs in the United States. (*T. Notare*)

Europe and Asian experiences

10:00 – 10:15 Experience of evangelization of conjugal intimacy in Poland. (*E. Slizien Kuczapska*)

10:15 – 10:30 Spreading of natural family planning in the Christian, Catholic and Orthodox environment: Partnership and reciprocal enrichment. (*Vladilav Volkovich*)

10:30 – 10:45 The NFP place in the family pastoral in Viet Nam. (*Trinh Ngoc Hien and Duong Van Loi*)

- **Coffee Break (10:45 – 11:15)**

- **Experiences 3**

African experience

11:15 - 11:30 Kenya: Introducing evangelization of conjugal intimacy in youth and couple pastoral. (*Fred and Sally Olweni*)

Western Europe experiences

11:30 - 11:45 From the knowledge of the menstrual cycle to the relation to God. (*F. Pinguet*)

11:45 - 12:00 NFP: a continuous, strong and persuasive proposal. (*Stella Nogherot*)

- **Panel table: The Catechist of the family (Second Session).** (*Chairman: Prof. Renè Ecochard*)

12:00 – 13:15 Topic: Which place for Catechist of the family in the dioceses and in the parishes. Which training is needed for them to be able to transfer these knowledge to other catechists.

Participants: Jaques-Aimé Bazebo MD, Isabelle Ecochard MD, dom Prof. P. Kinkpon, H.E. Msgr. George Nkuo, Theresa Notare, dom Prof. J.J. Perez Soba.

Oral Communications

Friday, 12th June 2015 – 14:45 – 16:15

Oral Communications 1 – Chairman: P. Tufigno

1. The moral difference between natural family planning and contraception. (*A. Narbekovas, B. Obeleniene*)
2. The impact of STM for marriage and parenthood. (*P. Dobrikova*)
3. Some legal aspects related with the term “natural family planning” in the context of international public health. (*J. Juškevičius, K. Meilius*)
4. Dyadic function in couples using family planning methods: a comparative study of users of Methods to Recognize Fertility (MRF) versus contraceptive methods (CM). (*M. E. Allende*)
5. The waiting in the sexual relationship. (*I. Mongiardino*)
6. NAPROHELP sure helps. (*L. Lázníková*)
7. *Humanae Vitae*: the natural road of the love. The reasons of a choice. (*G. C. Stevanella*)
8. Study on the correlation between cervical mucus symptom and the hormones levels for the evaluation of the ovulatory timing and the luteal function. (*A. Saporosi*)
9. *Una caro et imago Dei* according to Karol Wojtyła. (*M. Boerci*)
10. To learn to generate. (*C. Zamparano*)
11. Fertility Awareness based Methods as prevention of abortion and divorce in families. (*Kiebooms*)

Saturday 13th June 2015 – 08:45 – 10:45

Oral Communications 2- Chairman: I. Ecochard

1. Human ecology and Natural Method. (*R. Ecochard*)
2. Presentation of «Groupe méthodes naturelles du Finistère», team multi-associations in a French department and diocese. (*F. Guivarch*)
3. To attend the infertile couples: the fecundity in the infertility. (*J. Chové*)
4. Contraception, attempt to the conjugal intimacy and increase of divorce risks. (*E. and M. Crosnier*)
5. The pedagogy of the continence in the teaching of Natural Method. (*H. Perez*)
6. Learning by a young girl of hers biologic rhythms, journey of personalization in sight of the communion. (*M. J. Moussel*)
7. Conjugal life school: the conjugality, the sexuality, the natural method (and the marriage!) teaching to cohabitants little or nothing practicing (*Amour et Vérité*). (*B. Abard*)
8. The Natural Method as a path to unification of the person. (*M. P. Blache*)
9. How to facilitate to live the continence. (*J. M. and V. Peridy*)
10. The continence: drawback of this way of life or necessity of the couple? (*J. M. and V. Peridy*)

Saturday 13th June 2015 – 11:15 – 13:15

Oral Communications 3 - Chairman: H. Huerzeler

1. Teaching cycle of Natural Family Planning in kit (*Amour et Vérité*). (*F. Pinguet*)
2. Study on choice criterion of the couples for family planning: contraception or natural methods? (*M. Guilbert*)
3. Sexuality and Fertility: a good news to be transmitted to youths. (*A. Le Duy*)
4. The Billings Ovulation Method™ is it a help to the couple love? (*C. Terrenoir*)
5. Solitude: an important paradigm for youth education. (*A. de Clebsattel*)
6. The road to conversion of a gynecologist. (*F. Larolle*)
7. Sexuality in a marriage preparation session; a road to evangelization! (*D. Cadi*)
8. Humble obedience to the Church. (*R. Faure*)
9. Web Follow up of the couple (interactions between couples and educators) “cyclefeminin.net”. (*I. Ecochard*)
10. Methodological analogy between scientific modelling and Natural Method. (*B. Abard*)

Workshops

Workshop: Sexual education

Friday 12^{ve} June 2015 – 08:45 – 13:15 (in Italian)

Chairman: MD Michela Di Gennaro, Agnese Messina

A think on the today youth way of life release a picture characterized by a novel evolutive change characterized by a discontinuity of the self experimentation. From one side the biography are considered space for choices without norms and constraints, organized through subjective choices principles; from the other site arise a significant data on the youth solitude when approaching problems related to the sexual sphere, without a significant support from the adults, both parents, educators or teachers. The contents linked with the sexual sphere normally are leaved to the personal capability, to the spontaneity and improvisation of the interactions between generations. This calls the educative commitment to focus an immediate duty, to educate to sexuality and to affectivity as a service to the person.

The WS intend to be a place for presentation, for dialogue, for sharing of the common educative commitment, in order to elaborate a shared teaching proposal, having done a thesaurus of the existing experiences.

The chairman will ask the educators involved in sexual and affective education to share contents, tools and methodologies specifics for targets.

More, will be spent a specific reflection on the teacher's figure and his training.

The workshop is designed as a building site or better, as a kitchen that is started after Christmas days and will expire at the conclusion of the workshop.

To the educators and the experts will be sent a agile list of questions that will become the works basis along these months, up to June. The involved educators/experts are who are referred to Centers affiliated to CICRNF and Teen Stars but more centers can join the group. More, a Facebook page had been activated to hear teenagers and youth.

Program:

08:45 – 09:30	Educate today, between "secure" sex anf fragile "loves". (<i>G. Mari</i>)
09:30 – 09:50	The fields experiences. The training of the educators and the role of the NFP teachers. (<i>R. Bressan</i>)
09:50 – 10:15	Notes
10:15 - 10:45	Coffee-Break
10:45 – 11:10	The digitals native asks the educators. (<i>A. Messina</i>)
11:10 – 12:50	Community-meeting
12:50 – 13:15	Presentation and sharing of a training proposal. (<i>M. di Gennaro - A. Messina</i>)

Workshop: Infertility and nutrition: What interactions?

Friday, 12th June 2015 – 14:45 – 16:45 (in English)

Chairman: Dr. Tatjana Barras-Kubski

Is Hypofertility linked to food intolerances? I examined my 20 first cases of Napro infertility couples trying to conceive since 37 month and who were in average 35 years old; the follow-up lasted 2 years. 75 % of the women had a PMS and 62% a dysmenorrhea requiring relief.

To my surprise 87% of the women and 56% of the men had food intolerances mainly to gluten, dairy and histamine-containing produces. A similar percentage remained in the following 100 patients.

The diagnosis was determined by a- precise diet history, the -presence of dry skin on the legs (fish scales-like) and less often a raspy skin above the elbows and several blood tests. If abundant periods are excluded, a low level of ferritin demands to exclude a sensitivity to gluten.

After practical cases, you shall receive a precise list of the symptoms due to food intolerances, a complete list of foods to avoid or diminish according to the intolerance and suggestions of nutritional complements.

Results: 6 over 7 live pregnancies (43%) occurred during the first year of follow-up. Three spontaneous miscarriages occurred: it is suggested to avoid sexual intercourse during the fertile phase of the first 3 cycles of diet changes!

Search for food sensitivities in cases of repeated miscarriages, endometriosis, amenorrhea, depression (post-partum etc.), chronic fatigue, loss of hair, herpes dermatitis and psoriasis in the family.

Program:

1. Theory: Food intolerances are strongly related to infertility. *(Dr. Tatjana Barras-Kubski)*
2. Practical part: Which simple physical skin signs help to sort out the patients who are genetically predisposed?
3. Practical part: Which are the main food intolerances today according to different countries?
4. Theory: How interactions occur between food and infertility? *(Dr. Prof. J. Wasilewska)*
5. Practical part: Which are the symptoms of food intolerances or sensitivities? *(Part 1)*
6. Practical part: Which are the symptoms of food intolerances or sensitivities? *(Summary)*
7. Theory: Which foods to be diminished, which to be increased?
8. Theory: t.b.d. *(Dr. Prof. J. Wasilewska)*

Workshop: Value of different NFP Method in Diagnosis & Treatment of Marital Subfertility or other reproductive health problems.

Friday 12^{ve} June 2015 – 17:15 – 19:30 (in English)

Chairman: Ewa Slizien Kuczapska

The aim of the workshop is to present NFP as an underestimated source of medical knowledge based on body language. We will try to make clear a tremendous value of menstrual cycle self-observation according to various NFP methods e.g. sympho-thermic, Creighton Model System in monitoring one's reproductive & gynecological health.

We will also underline another important role of NFP, which is a great help in marital bonding especially when there is an infertility problem.

The chart with observation becomes a necessary tool to solve one's problem as well as an excellent evaluation of advance in the therapy of the problems.

We want to present some theoretical & few clinical good examples of perfect cooperation between NFP instructor, medical consultant and patients.

In nowadays medicine it should be better recognized a demand of understanding biology and pathophysiology of menstrual cycle.

We will show that the treatment must be tailored to the individual need.

So, simple biomarkers as cervical mucus, palpation of the cervix and measurement of basal body temperature could be very helpful in further evaluation of different cases.

Workshop: Ethics of Sexuality Education

Saturday 13th June 2015 – 14:45 – 16:15 (in English)

Chairman: Birute Obeleniene

The aim of the WS of Ethics of sexuality education is to purify the basic principles that should govern sexuality education.

1. The differences of understanding of sexuality and sexual identity -feminity and masculinity- in the light of Christian anthropology and in the modern social constructivism and gender theory
2. sexual desire as existential power and how to teach young people to integrate it in love
3. love as self giveness and the chastity as a basic premise learn to love, to establish long-term and mature interpersonal relationships
4. the irresponsible promotion of preservatives to teenagers and ethics of contraception social marketing

Collaborate: Andrius Narbekovas, Jokin De Irala

Workshop

Saturday 13th June 2015 - 08:45 – 13:15 – in Italian

NFP to nourish the Midwifery profession, NFP to Enhance the health of the person, NFP to promote the Family

Part 1 - Chaired by: MD Antonella Nespoli – Researcher at Università degli Studi di Milano-Bicocca

- 08:45 - Professionalize the Midwife: NFP in the University, what sense in the academic history, what horizon in the profile of the midwife. (*MD Antonella Nespoli*)
- 09:20 - The signs of the fertility: sensory education to listening the woman body. Experiential anatomy as a challenge to personal knowledge. (*Midwife Rosaria Redaelli*)
- 09:40 - The sympto-thermal Camen method for a full sexuality. (*Midwife Maria Svanoni-Vianello*)
- 10:00 - The value of the NFP for pregnancy achievement. (*Midwife Elisa Cocchiararo*)
- 10:20 - Fertility and Breastfeeding (LAM - restart of the sexual activity as a resource for the family). (*Midwife Cecilia Ceppi*)

10:45 – Coffee Break

Part 2 – “Call Midwife” - Chairman: Midwife Rosaria Redaelli

- 11:15 - The maternity in the Art: photo and lectures. (*MD. Maria Luigia Marzorati*)
- 11:30 - The continuity in the NFP: sensorial experience of the midwife in the overview and in the promotion of the physiological pregnancy. Carrying out of the WHO guide lines (*Midwife Gloria Guagni/Community Midwife Redaelli*)
- 12:00 - The continuity in the continuity of the relationship at home: midwives “on the roads”. The experience of the “family”. (*Community Midwife Vianello/Svanoni*)
- 12:30 - Tell me a story (*Valeria Guanzirolì, actress, read the story of Margherita. Testimony of the parents*)
- 12:45 - Couples Testimonials.
- 13:00 - Discussion and session closing

Workshop

Changes in sexual behaviour of the couples that uses the NFP

Saturday 13th June 2015 - 14:45 – 19:30 (in Italian)

The sexuality promises a lot, but little collects!?

Promises to us happiness in the joyful company of someone that seems us very attractive, very pleasant and very lovable.

In the sexual love we have experience how the reality of the persons attract us, fascinate us, to torment us, to go out of ourselves. The desire to own this reality, to own the person, to join to him, then seems to flood the whole life. However we have to recognize: according to what we see around us, the sexuality little collects.

It seems that what ones meet it is not what he expects. Often the person is unprepared and he feels without resources, nevertheless it seems an easy thing. Is the goodwill sufficient? The failure of so many hopes and the pain of so many people is visible in the actual difficulty to generate sons and in the incomplete and difficult conjugal life that is expressed in more and more sexual intercourse pathologies.

We're facing a true challenge: in which way into the love experience we can find human growth dynamism, personal growth, excellence, to be authentic protagonists of a walk of love to both personal and loved person fulfilment? Can we to continue to believe in love? What contribution can NFP offer to human love?

To be able to understand it is required to be into the experience of the love and leave it to speaks, as the formulation of Saint Joan Paul II suggests. It is necessary to be into the perspective of the acting subject to understand the love action construction to which the sexual and affective desire tend. The understanding of the way on which the person composes his actions can give us an invaluable light to enter into the love mystery.

In this perspective, the workshop intend to bring the novelty that NFP propose to the man and women for his personal and couple experience, for his generative project and for the social construction whose love call.

We collect, analyze, communicate experiences, and, finally, we'll present a tool that everyone can use.

Preliminary Program

Chairman: MD Maria Boerci

- 14:45 World literature analysis on sexual behaviour in the 21th century: proposals comparison. (MD. Maria Boerci)
Laboratory on personal resources to face the new ways of the modernity. (Doct. Sara Gozzini)
NFP proposals presentation: changing in sexual behaviour of the couples using Natural Methods – changes of the person. (MD Cesare Gianatti)
- 16:45 – 17:15 *Coffee Break*
- 17:15 – 19:00 Which novelties the NFP bring to all of us: comparison of experiences.
Tool presentation for changes in sexual behavior. (MD Maria Boerci - MD Cesare Gianatti)
- 19:00 – 19:30 Conclusion

Poster

Friday and Saturday 08:45 – 19:30; Sunday 09:00-12:00

NFP Associations, projects and experiences

1. ACODIPLAN (E) Association Report
2. AVIFA (CH) Association Report (*B. Blanchut*)
3. FAAF (Africa) Association Report
4. GEI – FEI (Latvia) Association Report (*D. Stikuts*)
5. LBO (I) Association Report (*P. Polese*)
6. LPP (CZ) Association Report (*D. Prentis*)
7. NFPTA (UK) Association Report
8. PAF (RDCongo) Association Report (*Pr. Act. Fam.le*)
9. PROCEF (Cile) Association Report
10. RENAFER (E) Association Report
11. WOOMB (F) Association Report
12. IEEF (EU) Family Book Timeline (*P. Polese*)
13. STC&LBO (I) Family Book Timeline (*P. Polese*)
14. CLER (FR) Amour et Fécondité (*F. Guivarch*)
15. CIC RNF (I) NFP Promotions tools for the diffusion of the culture of life: the contributions of the funds “Achille Dedè” of the “Confederazione Italiana dei Centri per la Regolazione Naturale della Fertilità”. (*A. Saporosi*)
16. Fondazione Camen (I) Report on IAA project for the study-day on cooperation between the diocesan pastoral for families and the activity of the Catholics family centers. (*P. Freschi*)
17. Gambia NFP Training for Illiterate Women in Gambia (*Felix Küchler*)
18. INER (D) ST Method Roetzer (*INER*)
19. LBO (I) Breastfeeding (*P. Polese*)
20. LFodil (Vietnam) Teaching NFP in Vietnam (*Foundation LFodil*)
21. MFM (UK) My Fertility Matters (*H. Hodgson*)
22. PERLE (D) Natürlich Wertvoll (*S. Onhe Peters*)
23. PSNNPR (Poland) FA Based Methods (*N. Suszczewicz*)
24. Oui a la Vie (RDCongo) Kassapa School (*I. Wapelese*)
25. Oui a la Vie (RDCongo) Victimes des May May (*I. Wapelese*)

Scientific

1. Couple affective life and generative choices: explorative study on family planning. (*M. Musi*)
2. Evaluation of innovative Fertility Awareness Based Methods Course on Medical University of Warsaw. (*N. Suszczewicz*)
3. Fertility Awareness Based Methods Course for medical students (*N. Suszczewicz*)
4. Integrated consultancy to the infertile couples. (*R. Fornaro*)
5. Is hypo fertility linked to food intolerances or celiac disease? (*T. Barras-Kubski*)
6. Mean age of first sex: Do they know what we mean? (*J. De Irala*)
7. “Progetto Serenità”: Multicentric prospective observational study of two groups of sub-fertile couples, NFP and ART, trying to achieve pregnancy. (*S. Del Zoppo, M. Barbato*)
8. Selective salpingography in the treatment of tubal occlusion – preliminary report. (*K. Gałczyński, M. Barczentewicz, Waciński, Oleszczuk, Pyra, Trojanowska*)
9. Sexuality, fertility and way of life: an approach to an infertile couple with the Billings ovulation method. (*A. Saporosi*)
10. Study on Possible Influences on Early Sexual Behavior among Maltese adolescent. (*P. Tufigno*)
11. Study on sexual education in the school of Puglia: “EROS”. (*M. Di Gennaro*)
12. The symptom of the mucus in the Natural Family Planning. (*C. Terrenoir*)

Video

Friday and Saturday 08:45 – 19:30;

It is foreseen the projection of videos on:

- NFP associations
- NFP projects and experiences
- Projection of the video (in many languages): "A body for Glory", Body theology in the papal collections. The ancients, Michelangelo and Joan Paul II", by Elizabeth Lev – José Granados. Introduction by Antonio Paolucci, Institute Joan Paul II – Vatican Museum Editions

Exhibition

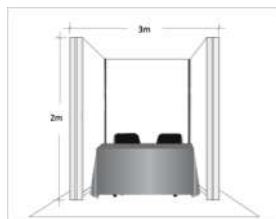
Friday and Saturday 08:45 – 19:30; Sunday 09:00-12:00

- NFP Associations Stands
- Commercials Stands
- Bookshop

Offer to the Sponsors

Offer to the Sponsors is large and diversified and foresees a numbers of possibilities.

The Sponsor can decide to be present with his personnel or to distribute scientific or advertisement materials, to expose posters or screening videos, or, finally, sponsors the participation of someone to the Congress.



He can have benefit to directly participate to the Congress to have the possibility to meet a number of important men from the entire World.

The Stands have a space of 3x3 meters and, if required (already included in the price), they can be provided with a table, two chairs, and some delimiting panels (to be used also to exhibit posters). They are provided with power supply (220Vac, 50Hz) and access to the Internet via WiFi.

Item	Description	Price (in €)
Congress Subscription	Full Congress Subscription. Minimum 10 Subscriptions.	400,00€ each
Stand spaces	3x3m modules, desk, chairs, power supply, free WiFi, panels for posters.	3.000€
Poster	Exhibition of one Poster during all the Congress. Price includes posters print service.	HxV 70x100cm 500,00€ HxV 100x70cm 800,00€
Logo on Program	Logo on the Program (both paper and digital)	1.500€
Logo on roads signs	Both internal and external at the Congress Site	1.500€
Logo on badges		2.500€
Advertising material	Inserted in Congress Kit (+ 600,00€ to print 500 copies size A4, 2 sides, color)	1.000€
Session Sponsorship	8 scientific sessions foreseen + workshops	1.500€
Congress kit	Badges, lanyards, Bag, notepads, pencil, program, logistics info, advertising materials, leaflet, etc. Possibility of gadgets. It's possible to deliver only the materials.	5.000€
Welcome cocktail sponsorship	1 welcome drink foreseen on Thursday afternoon, after the Congress official opening.	2.500€
Lunch sponsorship	Lunches foreseen on Friday and Saturday for 40 speakers. Exhibitions of advertising poster	Quotas of 2.000€
Gala dinner sponsorship	Gala dinner possibility on Friday and/or Saturday evening	2.400€
Coffee break sponsorship	4 Coffee break foreseen on Friday and Saturday Exhibitions of advertising poster	Quotas of 2.000€

For any questions referred to sponsorship call the organization secretariat or mail to:

sponsor@2015NFPcongress.org

Sponsors



Banca di Credito Cooperativo di Caravaggio.

Via Bernardo da Caravaggio snc - 24043 Caravaggio (BG)

<http://www.bcccaravaggio.it/>



Milte Italia – Latti e alimenti per il neonato

Milte Italia SpA - via Boscovich, 55 - 20124 Milano

<http://www.milte.it>



Italfarmaco - Linea Ginecologica

Via Dei Lavoratori, 54 - 20092 Cinisello Balsamo Mi

www.italfarmaco.com



Banca Mediolanum S.p.A.

Palazzo Meucci - Via Francesco Sforza, 15

20080 Basiglio Milano 3 - T: 02.90491

www.bancamediolanum.it



Lo.Li. Pharma srl

Via Dei Luxardo 33 - 00156 Roma

Tel. 06/22442074 - Fax 06/22442072

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Via del Mulino, 6 - 20090 Assago (MI)

Tel. 02/81.81.1

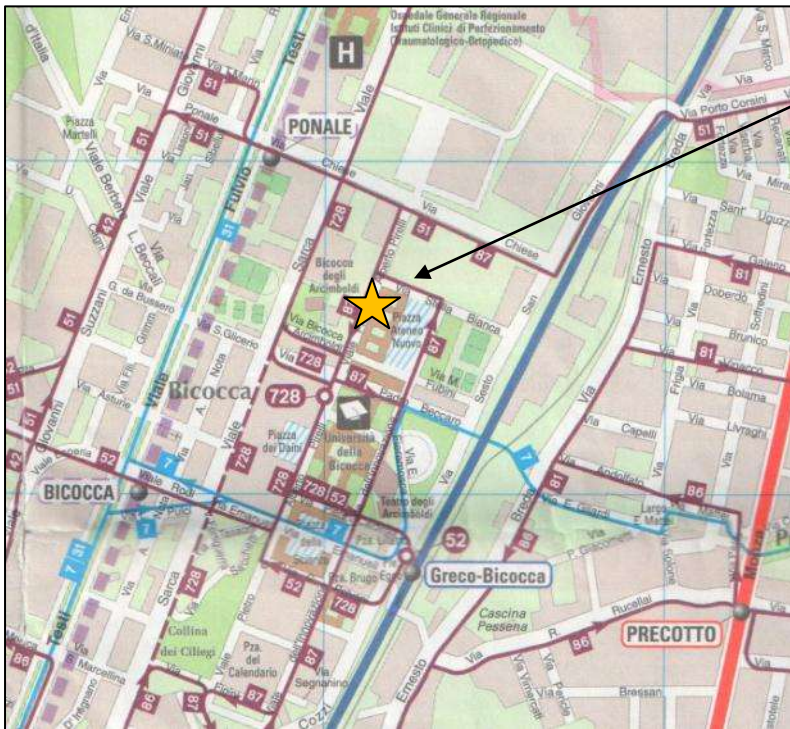
www.nestle.it

How to reach the Congress site

Congress site

The Congress site is at the Università degli studi di Milano Bicocca, U6 Building in Piazza Ateneo Nuovo, no. 1, 20126 Milano. (North-east zone, at 7kms from the Duomo cathedral in Milan).

U6



Aula Magna front place

Details on how to reach the university are found below:

<http://www.unimib.it/go/146851158/Home/English/Secondary-menu/How-to-reach-us>

The Congress will take place in the Aula Magna and in the other lecture rooms that are found in the Building U6.



Entrance of the Congress site Building



Aula Magna



U6-6 and U6-7 Rooms

How to reach the Congress site

Trains

The train stop closest to the Congress is “Milano Greco Pirelli”, and 800m on foot.

It may be reached directly from the direction Verona-Brescia-Treviglio, Como and Lecco. For other directions, a change is necessary in one of the stations in Milan: Milano Lambrate, Porta Garibaldi or Rogoredo.

From Milano Lambrate: Train every 7 – 17 minutes max from 05:40 – 23:10 for one stop. The same for return trips. Travel time – 7 minutes. Alternatively one can use the Metro M2 until “Porta Garibaldi” e then M5 until “Ponale”.

From “Milano Rogoredo” Metro M3 until “Zara” and then Metro M5 until “Ponale”.

From Milano “Porta Garibaldi”: a train every 7 – 15 minutes max from 05:22 – 24:00 for one stop. The same for return trips. Travel time – 7 minutes. Alternatively use the Metro M5 until “Ponale”.

Attention: The station at “Porta Garibaldi” is divided in 3 parts: Train station “Porta Garibaldi”, ground floor and -1 level; Suburban train station “Porta Garibaldi Suburbano” (or “Porta Garibaldi passante”) at -2 level; Metro station lines M2 and M5 “Porta Garibaldi”.

From Caravaggio you need to reach the train station of Treviglio or by using the free bus shuttle from the hotels, or by train from train station Caravaggio (from 07:36, and then at 46 minutes past every hour until 20:46). The return trip from Treviglio is at 07 minutes past every hour (from 06:07 until 21:07; from 17:00 until 19:00 there are some more trains).

The ticket from Treviglio to “Milano Greco Pirelli” costs €3.60.

Direct trains: From 06:53 to 09:32, a train every 30 minutes. Then every hour until 22:00. Travel time 35 minutes.

Trains with a change: From 06:30 – 9:00 a train every 10 minutes and then every 30 minutes. Travel time 40 – 60 minutes.

To plan your trip, visit:

Per pianificare il viaggio visitare <http://www.trenitalia.com/tcom-en> or <http://www.trenord.it/EN/>

Metropolitana, Tram and Bus

The Congress area may be reached by the two Metro lines:

1. Line 5: “Ponale” stop and 700 m on foot (1,000m from Bicocca).
2. Line 1: “Precotto” stop + Tram Line 7 (Two stops).

The Tram for the Congress is Line 7, “Arcimboldi” stop + 450m on foot.

Bus lines that reach the Congress (51, 52, 86, 87, 728) “Arcimboldi” stop + 450 m.

To plan your trip visit: <http://giromilano.atm.it/#>

There are organized bus transfers from the hotels in Caravaggio which leave the hotel and arrive at the Congress site. Planned trips: Thursday, Friday and Saturday evening at 19:30 from the Congress site to the hotel; Friday, Saturday and Sunday mornings at 7:30 from the hotel to the Congress site.

Cars

On the university campus there are several parking spaces against payment.

Given the traffic situation, it is advised that you use public transportation.

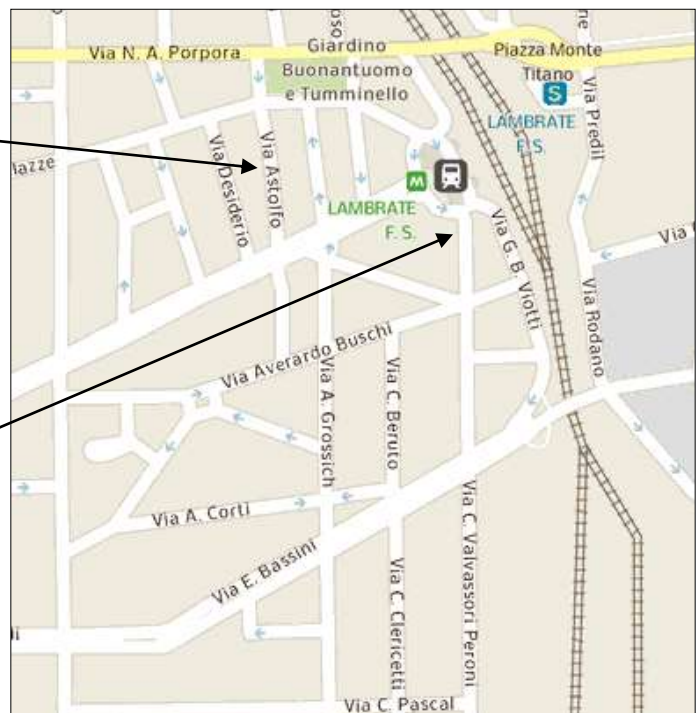
Parking lots: Parcheggio Bicocca P7; Viale Vizzola – 20126 Milano (MI) tel. 02 6425507.

Hotels

Hotel **IBIS Cà Granda**, Viale Suzzani 13/15,
20162 MILANO (ITALY); Tel.
(+39)02/66103000; Fax.
(+39)02/66102797; h1135@accor.com ;
It may be reached by Metro Line M5; Tram
2 and 4; Bus 42 “Ca’ Granda” stop.



Hotel **Vienna**, Via Astolfo, 5 - 20131 Milano - Tel.
+39 02.2663626 / +39 02.2663251 - Fax
+39 02.70636057
<http://www.hotelviennamilano.com> -
info@hotelviennamilano.com ;
It may be reached by Train station Milano
Lambrate, Metro Line M2 “Lambrate”.
From “Porta Garibaldi” or “Centrale”
Metro line M2.



Hotel **Gamma**, Via Valvassori Peroni, 85; 20133
Milano – Italia. T. +39 02 26413152; F. +39
02 2640255; www.hotelgammamilano.it ;
info@hotelgammamilano.it ;
It may be reached by Train station Milano
Lambate, Metro Line M2 “Lambrate”.
From “Porta Garibaldi” or “Centrale”
Metro line M2.

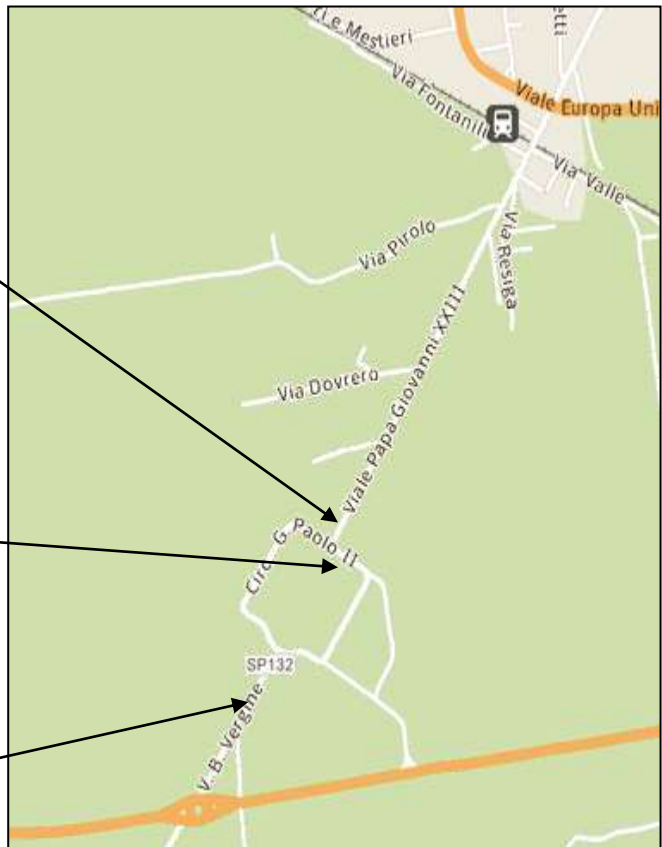


Hotel **Istituto La Casa**, via Lattuada 14 · 20135
Milano · Italy · Tel. +39 02 55 18 73 10 · Fax
+39 02 55 18 73 17;
<http://www.albergolacasa.it> ;
accoglienza@istitutolacasa.it ;
It may be reached by Metro line M3 “Porta
Romana”.

Manzoni Bar and Restaurant (for dinners)
 Viale Giovanni XXIII Papa 57 –
 24043 Caravaggio (BG)
 tel:+39 0363 51587 –
 +39 3483409306

Casa **Centro di spiritualità Santuario di Caravaggio**, Santuario “Santa Maria del Fonte”, Viale Papa Giovanni XXIII, 24043 Caravaggio (Bg);
<http://www.santuariodicaravaggio.eu>
 ; Tel. +39 0363 3571, Fax +39 0363 357203,
 E-mail: info@santuariodicaravaggio.org

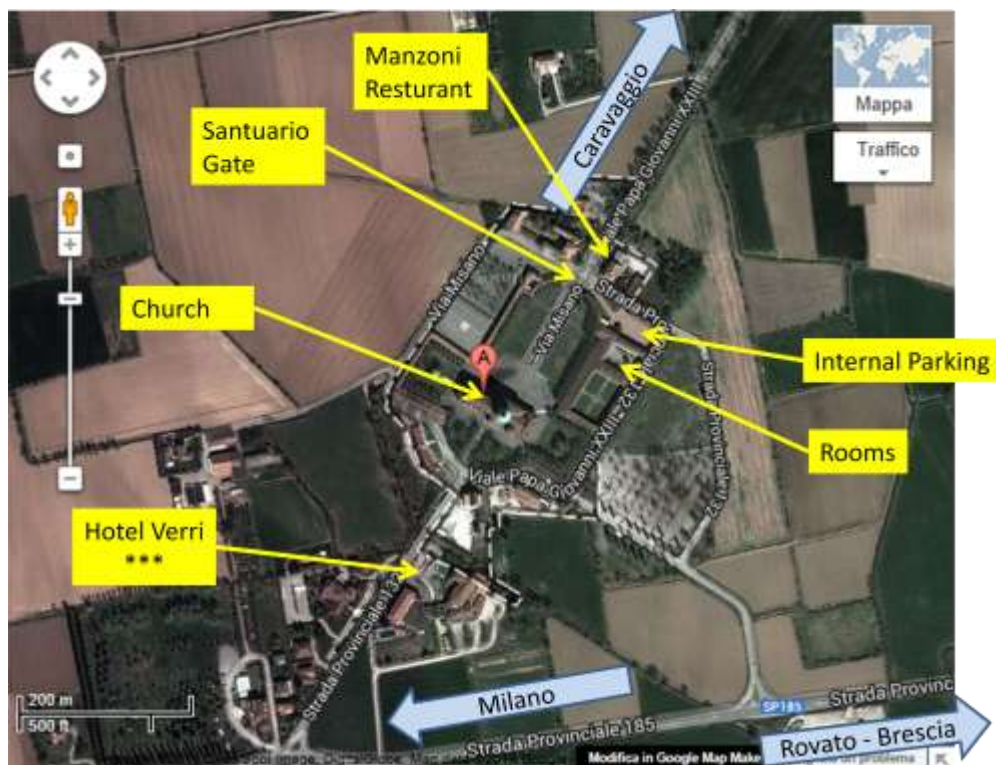
Hotel **Verri**, Via Beata Vergine, 4, 24040 Misano di Gera d’Adda (Bg), Tel. +39 036384622 - Fax +39 0363340350,
<http://www.hotelverri.it>,
info@hotelverri.it



Caravaggio by cars

Caravaggio may be reached by taking the A 35 highway (“BreBeMi”), exit Caravaggio. At the highway exit turn left and follow the directions “Santa Maria del Fonte”. Follow the main road and at the second traffic lights turn right.

The A35 highway connects Milano (Linate) to Brescia and links to the TEMM (Tangenziale Esterna Milanese) and to Brescia at the exit “Brescia Ovest” of the A4/E70 highway (“Serenissima”, Milano-Venezia).



Airports

Malpensa Call Center: +39 02 232323 <http://www.milanomalpensa-airport.com>

Treno Malpensa Express: Malpensa Terminal 1, Milano “Porta Garibaldi” (also “Milano Centrale” and “Milano Cadorna”).

Tariffs: 0-4 years – free; 4 – 14 years €6; adult €12. Return ticket (Max 30 days between arrival and departure): €0, €9, €18.

MALPENSA FAMILY tariff: Valid for one trip Malpensa Airport – Milan for 2 adults + 2 children (4 – 17 years); does not allow intermediate stops. Price: €30.

The connection between TERMINAL 1 (International flights) and TERMINAL 2 (Mainly low-cost flights) available by a free shuttle service 24 hours, every 7 minutes during the day and around 30 minutes during the night (22:45 – 5:15).

Linate - Call Center: +39 02 232323 <http://www.milanolate-airport.com>

ATM Bus Line 73 – Connects “Piazza San Babila”, Milan Metro Line M1 and Linate. “Forlanini FS” stop is active on the train lines S5, S6, S9 with which one can reach the stations of Milano “Greco Pirelli” and “Treviglio”. The shortest route to reach the Congress from Linate is Bus no. 73, change over at “Forlanini FS” stop and take the S9 line to “Greco Pirelli” (train every 30 minutes, for a duration of 20 minutes).

Operates between 05:35 and 00:35. Runs every 10 minutes, all days. Ticket costs €1.50.

Pulmann Starfly: Shuttle service from Milano Central Station/Linate and vice versa. Runs every 30 minutes from 5:30 to 22:00 circa. Ticket costs: €5.00 each way. To buy on board.

Bergamo - Orio al Serio - <http://www.sacbo.it>

Treno: Airport – Bergamo train station:

One may arrive at the Bergamo train station by using the ATB bus service from Orio al Serio Airport in 10 minutes. For further information regarding the time-table please consult: <http://www.trenitalia.com> or contact the call center on 892021. It runs from 5:19 to 00:07. One way ticket costs €2.00. Tickets may be purchased from the booth at the station or else from the assigned vendors. Call centre: +39 035 236026.

Airport – Central Train Station, Milan:

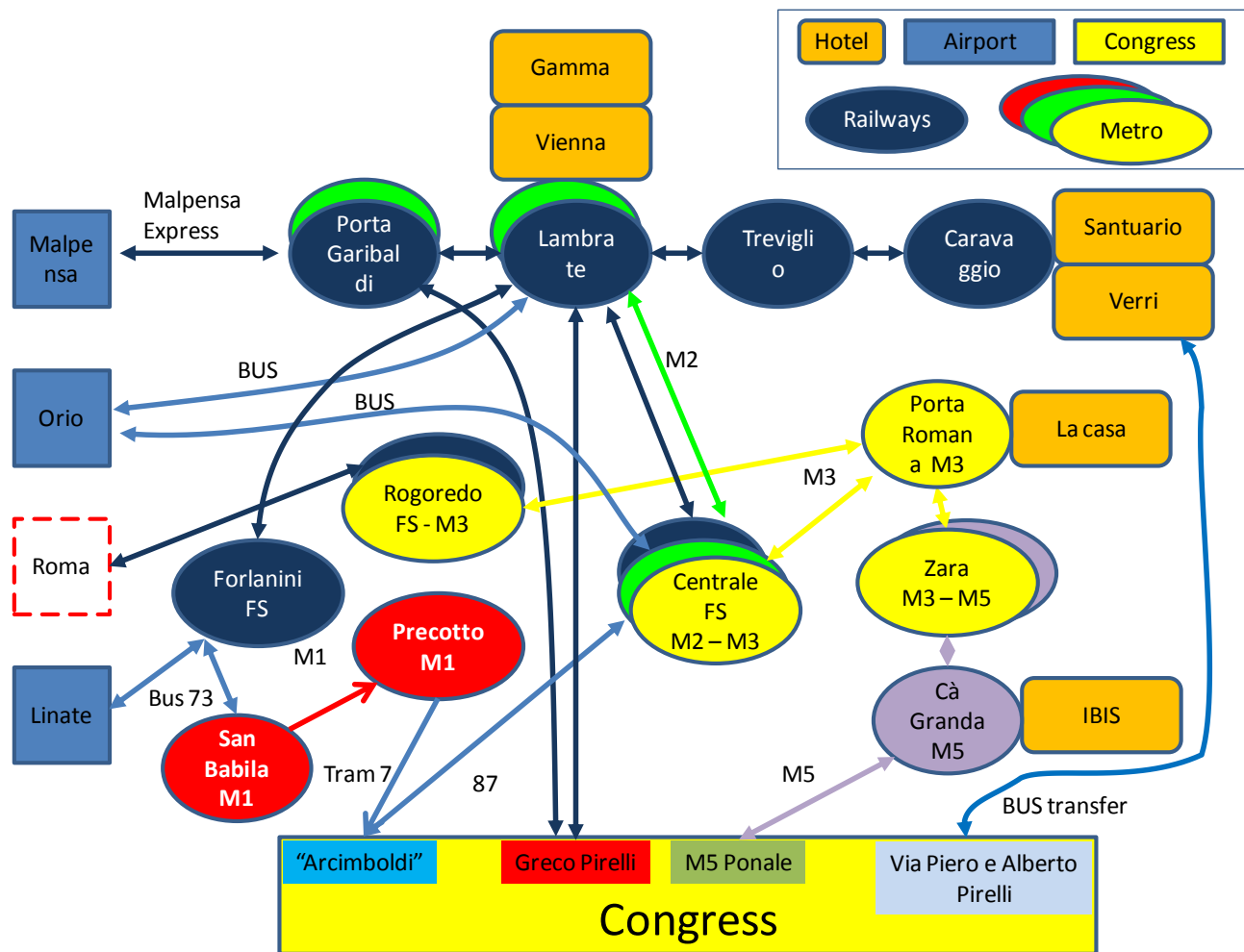
Time-table: from 03.00 to 23.15; Tariffs: adults: € 10,00, kids 2-12 anni: € 5,00. Tickets may be bought on the bus; Call center +39 035 330706 e +39 035 319366.

Aeroport – Milano Lambrate train station:

Time-table: 06:45 - 10:35 - 16.15 - 19:55 - 23:45; Tariffs: One way - €9.90; Reduced - €4.95; Two way - €15.00; 3x2 - €19.80. Tickets may be bought on the bus and authorized vendors at the Lambrate station. Call center +39 035 318472, +39 02 33910794.

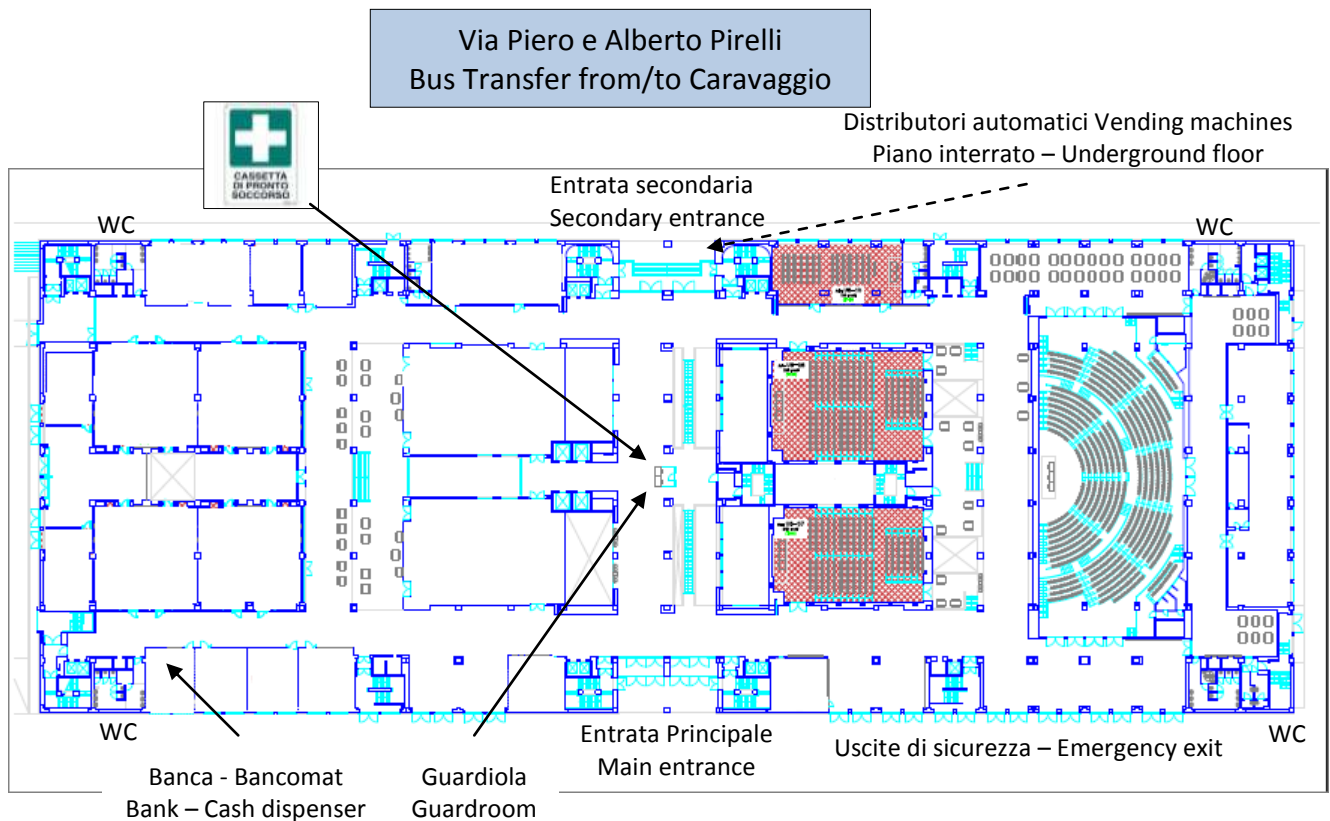
Taxi – Orio al Serio Airport – Caravaggio. Ask the Congress secretariat for reduced rates (A booking is needed before the Congress); Around €60 each way (Max. 4 persons); Monovolume car (Max. 8 persons) around €80.

Public transport in Milano area

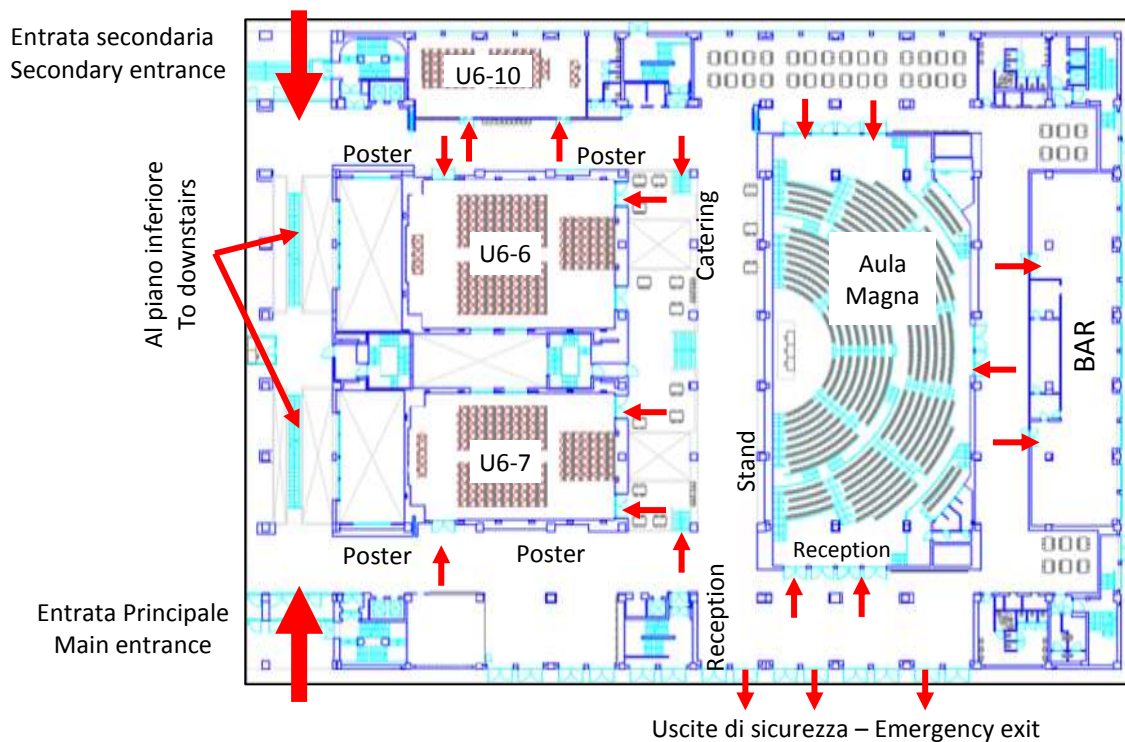


Congress Maps

Edificio U6 – Piano terra - Building U6 – ground floor



Piazza dell'Ateneo Nuovo, n. 1



Useful information

Official language

The official languages of the Congress are Italian and English. There will be simultaneous translations in Italian, English and French for the plenary sessions, the Symposium, and the scientific and public sessions. The workshops will be held in either Italian or English without simultaneous translations. The oral communication will be in the language of the speaker.

Currency

The Euro € is the official Italian currency. One may change currency at the airports and principal train stations. Current exchange rate is roughly €1 = 1 US\$.

The bank outlet at the Congress site will be open only on Thursday and Friday. Check the opening times with the bank.

Insurance

IEEF and Associazione Sintotermico CAMeN and their dependants are not responsible and exempted from any responsibility in the case of loss, damage, injury, accidents, delays or any inconvenience to any person, luggage and/or their belongings for any reason and for any provided service and/or disservice received.

It is recommended that all participants issue a health and travel insurance. EU citizens should bring their entitlement health card.

Congress Segretariat

Organising Secretariat: 2015 NFP Congress c/o Associazione Sintotermico CAMeN

Via San Cristoforo 3 20144 Milan (Italy) Mail: congress@2015NFPcongress.org

Tel: (+39) 02. 4771.6605 Fax: (+39) 02. 4771.6605

Telephone number during the Congress: (+39) 342.13.82.379

Emergency

In case of emergency on the Congress site, ask for the Guardiola personnel (+39) 02.6448.6099.

General emergency number: 112.

In case of emergency, follow the instructions in the areas and corridors of the university.



NFP2015

World Congress

Milan, 11-14 June 2015

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