

Sprint 2 Plan

Product Name: Train Easy

Team Name: Routeam

Sprint Completion Date: 7/14/24

Goal

Implementing the workout log, storing more past workout data, and adding a visual PR indicator.

Task Lists

1. As someone maintaining/developing the habit of going to the gym, I want the versatility and organization of adding my specific workouts by resistance and cardio. [13]
 - a. Add the second screen
 - i. Resistance and cardio tabs (type of workout)
 - ii. Navbar to switch between screens
 - iii. Input, store, and change workouts
 - iv. Type of workout. Resistance - sets, reps, weight. Cardio - time, distance.
2. As someone maintaining/developing the habit of going to the gym, I want to see when I achieve a personal record to boost my morale and motivation. [8]
 - a. Indicate when a PR is inputted
 - b. Some sort of visual feedback
3. As someone maintaining/developing the habit of going to the gym, I want the log to be accessible with the memory of past input. [8]
 - a. Able to tap on a day and see what workouts were done
 - b. Highlights days on the calendar when PRs were set

Team Roles

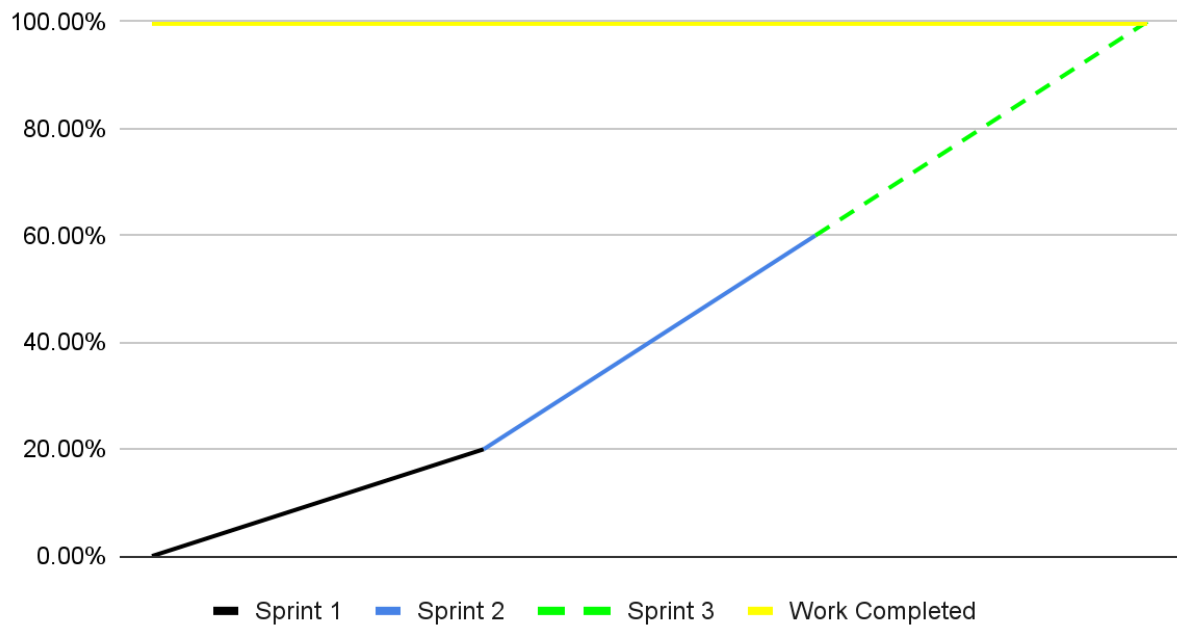
Ali - Product Owner

Ryan - Scrum Master

All - Developer

Burnup Chart

Burnup Chart



Scrum Board

<https://workout-logger.atlassian.net/jira/software/projects/PROJ/boards/1>

Scrum Meetings

7/9 5:30pm

7/11 4:30pm

7/12 4:00pm