Spring into Summer 5K & Family Fun Walk

To Benefit Laurel Advocacy & Referral Services, Inc.

Saturday / May 21, 2016 / 8:00AM McCullough Field / 8th Street / Laurel, MD 20707

Celebrate the return of sunny weather while supporting a great local cause! Run or walk the USATF certified 5K course throughout Historic Laurel and along the Patuxent River, or choose the slower-paced 1 mile option!

Sponsorship and volunteer opportunities available!

Register online at www.laureladvocacy.org \$30 per participant (\$35 on race day)



All proceeds benefit Laurel
Advocacy & Referral
Services, Inc. (LARS), a nonprofit organization
empowering homeless and
low-income people in crisis
to achieve stability and longterm self-sufficiency.

Questions?

Contact Laura Wellford 301-776-0442 ext. 27 lwellford@laureladvocacy.org