

Suggested Food Items:

Whole Grain Cereal
Pancake Mix
Instant Oatmeal
Peanut Butter & Jelly
Brown Rice
Whole Grain Spaghetti
Macaroni & Cheese
Canned Meats & Tuna
Canned Vegetables
Canned Fruits
Applesauce
Shelf-Stable Milk
100% Fruit Juices



Drop Donations off at LARS during business hours: Mon, Wed, Fri 9am - 2pm & Monday 5pm - 7:30pm

For more information, contact Angelica Christian at ext. 32 or at achristian@laureladvocacy.org

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