

# HOLIDAY FOOD DRIVE FOR LARS

LARS will provide holiday meal baskets to over 250 families and seniors in need this holiday season. Please help keep the food pantry full by donating any unwanted food in your own pantry or by filling up a basket for LARS next time you do your grocery shopping. Grocery gift cards can also be donated to LARS families.

## HELPFUL HOLIDAY ITEMS:

- Canned vegetables
- Canned yams
- Cornbread mix
- Cranberry sauce
- Fresh or canned fruit
- Frozen hams/turkeys
- Gravy
- Instant potatoes
- Nuts
- Pie filling/crust
- Rice
- Stuffing



**\*\*PLEASE REMEMBER TO  
CHECK EXPIRATION DATES!**

Donations can also be dropped off at LARS  
Mon, Wed, Fri 9-2pm & Monday 5-7:30pm

For information on volunteering at LARS,  
Contact Angelica Christian at 301-776-0442 or [achristian@laureladvocacy.org](mailto:achristian@laureladvocacy.org)

For information about LARS' Holiday Program  
Contact Laura Wellford at 301-776-0442 ext. 27 or [lwelford@laureladvocacy.org](mailto:lwelford@laureladvocacy.org)



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