Rectifiability of metric spaces via arbitrarily small perturbations

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• S is purely n-unrectifiable if every n-rectifiable subset of S has \mathcal{H}^n measure zero. If $\mathcal{H}^n(X) < \infty$ then $X = U \cup R$, U purely n-unrectifiable and R n-rectifiable.

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- Classically (when $X = \mathbb{R}^m$), a fundamental description of rectifiable sets is given by the Besicovitch-Federer projection theorem: $\mathcal{H}^n(S) < \infty$, S purely n-unrectifiable \Rightarrow almost every n-dimensional orthogonal projection of S has Lebesgue measure zero.

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- Metric spaces have no linear structure ⇒ no notion of projection.
- In (infinite dimensional) Banach spaces: Projection = continuous linear $T: B \to \mathbb{R}^n$ (of full rank).
- "Almost every" projection? Prescribe a collection of null sets.
 Standard examples exist in the theory of GMT in Banach spaces.

Theorem (De Pauw)

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- This is a complete metric space and so we can consider a typical 1-Lipschitz function (i.e. residual/comeagre in the sense of Baire category: a set that contains a countable intersection of open dense sets).
- "A typical 1-Lipschitz function" is a suitable candidate to replace "almost every projection".

Theorem (B)

Let $S \subset X$ be purely n-unrectifiable with $\mathcal{H}^n(S) < \infty$ and

$$\liminf_{r\to 0} \frac{\mathcal{H}^n(B(x,r))}{r^n} > 0 \tag{*}$$

for \mathcal{H}^n -a.e. $x \in S$.

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- Using deep results of the structure of Lebesgue null sets announced by Csörnyei-Jones, (*) is never necessary.
- If $\mathcal{H}^s(S) < \infty$ with $s \notin \mathbb{N}$, then a typical $f \in \text{Lip}_1(X, \mathbb{R}^m)$ satisfies $\mathcal{H}^s(f(S)) = 0$.

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 This direction is simpler: uses Kirchheim's description of rectifiable metric spaces.

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• \Rightarrow for any Lipschitz $f: X \to \mathbb{R}^m$, (after removing a set of \mathcal{H}^n measure zero) $\exists \ n-1$ dimensional "weak tangent field": $V_x \in G(m,n-1)$ s.t. any 1-rectifiable set $\gamma \subset S$ has $\operatorname{Tan}_{f(x)} f(\gamma) \in V_x \quad \mathcal{H}^1$ -a.e. $x \in \gamma$.

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• If $S \subset \mathbb{R}^{m'}$, or using the announcement of Csörnyei-Jones, the theorem can be proved without assuming (*). Similarly, the consequence is true for the case $s \notin \mathbb{N}$.

• Have a weak tangent field: $V_x \in G(m, n-1)$ s.t. any 1-rectifiable set $\gamma \subset S$ has

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- To construct \tilde{f} , we locally squeeze f in all directions orthogonal to V_x .
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 - dim $V_x = n 1 \Rightarrow$ can reduce $\mathcal{H}^n(f(S))$ to an arbitrarily small value.

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- If S is compact, then for any $\epsilon>0$ there exists a 1-Lipschitz mapping f into $\ell_{\infty}^{m(\epsilon)}$ such that $|d(x,y)-\|f(x)-f(y)\|_{\infty}|<\epsilon$ for each $x,y\in S$.

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- Applying the Euclidean squeezing argument to f gives a \tilde{f} with a huge Lipschitz constant (because of the ralationship between $\|.\|_2$ and $\|.\|_\infty$ in \mathbb{R}^m).
- If we are more careful we can obtain something more useful.

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$$|d(x,y) - ||\sigma(x) - \sigma(y)|| < \epsilon \quad \forall x, y \in S$$

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- (*) is not necessary under the same conditions as before, and have the corresponding statement for $\mathcal{H}^s(S)$, $s \notin \mathbb{N}$.

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 Generalises a result of H. Pugh who proved this for Ahlfors regular subsets of Euclidean space. The construction relies on BF.