# Summarization of instructional video transcripts using BERT

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## **Abstract**

In this paper, we study summarization of narrated instructional videos and various written texts. Unlike traditional video summarization which focuses on condensing select video frames, our work transfers unique step-by-step learning from written articles and videos to generate short summaries given video transcripts. We showcase how a top performing document-level encoder based on BERT can boost the fluency and generalizability of summaries across a wide variety of instructional text and videos. In addition to our fine tuning and ordered training methods, we present a novel dataset with over 5,000 transcripts extracted and constructed from open-domain videos and an online dataset written by different researchers. We demonstrate that our model is highly generalizable and produces summaries comparable to human written texts. To capture the semantic adequacy of our results, we use Content F1, Meteor, and human evaluations with a new framework that we designed for this project to score summaries.

## 1 Introduction

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Google Insights states that how-to-videos are one of the most top watched videos on YouTube every year. Video content is rapidly growing and continues to be a prominent source for sharing information. With the increase in content, there has been a large demand for generating attractive content, keywords, and descriptions for marketing videos on such online platforms. Currently, many descriptions for video content are human written and configured to maximize results through search engine optimization. Our research attempts to address these issues by improving the semantic quality of short, textual summaries associated with such videos. We help contextualize videos by offering meaningful descriptions to enhance user engagement and experience. Natural language processing tasks such as sentiment analysis, question and answering, and natural language generation have greatly advanced with the development of transformers and pre-trained models. Summarization, which is the task of condensing textual information into a short and concise form, has been improved on structured datasets. News articles and single documents are often used to enhance summary model performance. (citation). In abstractive video summarization, models which incorporate variations of LSTM and deep layered neural networks have become state of the art performers. More recently, multi-modal summarization, which combines speech, visual, and textual modalities seek to enhance summaries has emerged. However, the lack of human annotated data has limited the amount of benchmarked datasets available for such research. Additionally, most work in the field of video summarization has traditionally focused on the isolation and concatenation of important video frames using natural language processing techniques. Summarizing videos given conversational text is difficult to model. There are often inconsistencies and stylistic changes that are difficult to translate from spoken words. In this work, we challenge video summarizations by transferring top performing pretrained language models in single-document domains to that of open-domain videos.

# 2 Prior work

#### 38 2.1 Text Summarization

Text summarization is the task of generating shorter versions of documents while maintaining important information [need link]. This area of research in the natural language processing community has grown rapidly over the past several years due to its practical applications among various industries such as news, reviews, education. Summarization systems take two general approaches: extractive and abstractive. Extractive summarization provides users with textual summaries that have been copied and concatenated from important parts of a document. It is a reliable task capable of maintaining sentence structure and factual correctness. Abstract summarization generates a summary with content that is not always found in the underlying text. It is a complex task that mimics human summarization by generalizing and paraphrasing key points made in the document.

Prior to 2014, summarization was centered on extracting lines from single documents using statistical 48 models and neural networks had limited success[6, 7]. Sutskever et al. and Cho et al work on 49 sequence to sequence models opened up new possibilities for neural networks in natural language 50 processing. From 2014 to 2015, LSTMs (variety of RNN) became the dominant approach that 51 achieved state of the art results. They became successful in tasks such as speech recognition, machine 52 translation, parsing, image captioning, etc. It paved the way for abstractive summarization, which 53 began to score competitively against extractive summarization. In 2017, Attention is all you need 54 [8] provided a solution to the 'fixed length vector' problem, enabling neural networks to focus on 55 important parts of the input for prediction tasks. Transformers with attention became more dominant 56 for certain tasks [9].

#### 8 3 Problem Statement

In our work we set a challenge to train a BERT-based model that generates summaries from ASR (speech-to-text) scripts of competitive quality to human-curated descriptions on YouTube amateur narrated instructional. This challenge breaks down to the following low-level goals:

- Curate and publish a single source of truth data set of text and summaries aggregated and formatted from WikiHow articles, How2 videos, and CNN/DM stories;
- Finetune existing BERT-based text summarization models to make them applicable to auto-generated scripts from instructional videos;
- Augment automated metrics [Chin-Yew Lin] for evaluation of summaries with a framework for formalized expert assessment based on our research and criteria proposed by previous works.

## 69 4 Methodology

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From the initial exploration and data analysis we saw that in the process of applying existing summarization models to Youtube video scripts we will deal with challenges imposed by parsing speech-to-text output add more complexity to text summarization. For example, in one of the sample videos in our test data set closed captioning confuses the speaker's words "how you get a text from a YouTube video" for "how you get attacks from a YouTube video". So, our work includes several iterations of the process described below:

- Collection and aggregation of data from multiple sources (HowTo video scripts, WikiHow, CNN stories, YouTube)
- Preprocessing of video scripts to make them fit the text summarization models (e.g. errors in word recognition, lack of punctuation in closed captioning, getting rid of special characters etc., aligning inputs aggregated from multiple sources to common format)
- Text summarization models: selection, deployment, training, and fine-tuning
- Experiments: applying models to the data and evaluation of the outputs using ROUGE metrics and human expert judgements

#### 4.1 Data Collection

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We hypothesized that the more labelled summarization data we bring, the more our model will benefit in the training process in terms of generalizability.

- CNN/Daily Mail dataset provided by Hermann et. al 2015, the How2 Dataset, and Wikihow.
  The datasets illustrate different summary styles that range from single sentence phrases
  to short paragraphs. CNN and Daily Mail includes a combination of news articles and
  story highlights written with an average length of 119 words per article and 83 words per
  summary.
- Wikihow dataset, a large scale text summarization containing over 200,000 single document summaries. Wikihow is a consolidated set of recent 'How To' instructional texts compiled from wikihow.com, ranging from topics such as 'How to deal with coronavirus anxiety' to 'How to play Uno.' The articles inside the dataset vary in size and topic but are structured to drive instructions across to the user. The first sentences of each paragraph are concatenated for form a summary for each article.
- How2 Dataset of 8,000 videos (approximately 2,000 hours). This YouTube compilation has videos averaging 90 seconds long and 291 word transcript length. It includes human written summaries where video owners were instructed to write with the interest of the viewer in mind. Summaries were two to three sentences in length with an average length of 33 words. Our research explored different combinations of the listed data during model training.

As part of this research, we are exploring different combinations of data during training of summarization models and evaluate how they perform on instructional video scripts in any domain.

## 4.2 Preprocessing

Due to diversity and complexity of our input data, a lot of our effort went into building a preprocessing pipeline out of blocks. The format of CNN/Daily Mail stories, wikiHow articles, and howTo scripts is different. We invested substantial efforts into converting them to a format that can be used. For the convenience of other researchers who may want to use similar methodology, we shared the results of aligning them to the same fromat that can be training.

Another stream of work we have done at this stage is based on the heuristics observed during evaluation of results. Many scripts from YouTube (for the videos that we dupmed and HowTo100M dataset) have no punctuation, or it is not comprehensive. As a result, the model is misinterpreting text segment boundaries and produces low quality summaries or no summaries at all. With the help of Spacy library, we were able to fix this and restore sentence structures.

We expected the differences in conversational style of the video scripts and writtent text of news stories (on which the models were pretrained) will impact quality of the output. In our first experiments with applying extractive summarization model that was pretrained on CNN/DM dataset, it manifested in a very distinct way. The model considered the first one-two sentences to be very important for summaries (this phenomena is referred to byt [15] as N-lead, where N is the number of important first sentences), and we ended up with getting many summaries looking like "hi!" and "hello, this is <first and last name>". It inspired us for implementing an improvement by using entity detection spacy and nltk to remove introduction from the text that we feed to summarization model.

The CNN/Daily Mail dataset has been preprocessed to remove news anchor introductions. For our Wikihow and How2 transcripts, we did tokenization using the Stanford Core NLP toolkit and preprocessed the data in the same method used by (See et. al.).

## 4.3 Summarization models

We used the BertSum model created by Yang trained on CNN and Daily Mail [Yang] for our paper. This paper has 2 separate models for Extractive and abstractive summarization. Extractive summarization is generally a binary classification task with labels indicating whether sentences should be included in the summary. Abstractive summarization, on the other hand, requires language generation capabilities to create summaries containing novel words and phrases not found in the source text.

The architecture in the Figure 1 shows the BERTSUM model. It uses a novel documentation level encoder based on BERT which can encode a document and obtain representation for the sentences. CLS token is added to every sentence instead of just 1 CLS token in the original BERT model. Abstractive model uses an encoder-decoder architecture, combining the same pretrained BERT encoder with a randomly initialized Transformer decoder. The model uses a special technique where the encoder portion is almost kept same with a very low learning rate and a separate learning rate is used for the decoder to make it learn better.

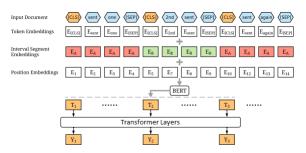


Figure 1: BERTSUM Architecture

We used a 4-GPU Linux machine and first trained on a small model with 10,000 steps using Extractive summarization in the beginning. Extractive summarization uses BERT base uncased and took around 142 12 hours to train. We fine tuned the whole model including the BERT layer. We established the 143 baseline by training on 5,000 samples from the How2 dataset. We tuned few hyper parameters with 144 different steps, batch sizes and epochs sizes. Then, we added CNN/Dailymail, full how2 dataset and 145 3,097 samples from Wikihow with a 50,000 step size to the training set and got better summaries. 146 Finally, we used the Abstractive summarization model and all the datasets(CNN/DM, Wikihow and 147 how 2 datasets) and trained for 210,000 steps in a specific order to get novel words and to get fluent 148 summaries. This was done at the end as the abstractive model was very big and it took 4 days to train 149 this model. These models are very demanding in terms of both memory and computational resources. 150 The model has more than 180 million parameters and has 2 Adam optimizers with  $\beta_1$ =0.9 and  $\beta_2$ 151 =0.999 for encoder and decoder respectively. Encoder uses a learning rate of 0.002 and the decoder 152 has a learning rate of 0.2. This is to make sure that the encoder is trained with more accurate gradients 153 when the decoder is becoming stable. 154

#### 4.4 Scoring of resuls

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We have observed examples of bad summaries with high ROUGE score, such as in Figure 2, and good summaries with low ROUGE score. We believe that ROUGE is fine as a starting point for comparison, but the real evaluation of the output quality still requires human experts.

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Reference: now that you have spent the time cleaning your oven learn how to keep it clean with expert tips in this free h
ow to video on how to better clean your oven
Hypothesis: make sure your oven is clean .<q>clean your oven .<q>make sure you want to clean the oven with a towel .<q>g
t your food .<q>put your food in your baking soda and water .<q>do n't go to the kitchen
        rouge-1:
                        P: 29.55
                                                        F1: 34.21
                           6.98
                                                        F1: 8.11
        rouge-3:
                        P:
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        rouge-4:
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        rouge-1:
                        P: 24.16
                                        R: 31.50
                                                        F1: 27.34
        rouge-w:
                        P: 14.23
                                           9.78
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Figure 2: An example where ROUGE metric is confusing.

This is why we added another score to the rating - Content F1, which was proposed in Carnegie Mellon university I to focus on the relevance of content. In calculation it is very similar to ROUGE, but discounts stop words and buzz words that frequently occur in the domain (in our case it was "learn from experts how to in this free online video").

In addition to automatically calculated scores, it is important to have human judges review the results. 163 We have been doing this at all stages, but in addition to that we wanted to come up with a more 164 formalized, objective and reusable process for engaging independent experts. In this effort we came 165 up with a framework of criteria for evaluation that we implemented using Python, Google Forms, and 166 Excel spreadsheets. Summaries for the surveys are randomly sampled to avoid biases. In order to 167 avoid leaking a hint about whether a summary was created by a human or our AI, we lower-cased 168 all summaries, since the output of our model is uncased. We had two types of questions: one, a 169 version of famous Turing test, was a challenge to distinguish AI from human-curated descriptions. 170 Second was to give quality ratings to the summaries, so that we can see where to focus for further 171 improvements. Below are definitions of criteria for clarity: 172

- Fluency: Does the text have a natural flow and rhythm?
- Usefulness: Does it have enough information to make a user decide whether they want to spend time watching the video?
- Succinctness: Does the text look concise or do does it have redundancy?
- Consistency: Are there any ambiguous, confusing or contradicting statements in the text?
- Realisticity: Is there anything that seems far-fetched and bizarre in words combinations, or do the statements look "normal"?

Options for grading of results are as follows: 1: Bad 2: Below Average 3: Average 4: Good 5: Great.

# 5 Experiments and Results

## 5.1 Training

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Our baseline results were obtained from applying the state-of-the art extractive presum model pretrained on CNN/DailyMail. With the super power of BERT, we hoped to also see decent scores on howto videos, but that didn't happen. Even more was our disappointment when we looked at the summaries the model generated: useless, confusing, and extremely funny, examples of which you can see in this slide. However, that experiment produced a ton of learnings: first, we saw that the model was doing relatively good on the health domain that is substantially covered in the news, and extremely poorly with topics like sports, arts, or culinary. Next, we realized that extractive summarization is not the right choice for our goal: that's because most youtube videos are in very casual conversational style, while summaries have to be formal; so our only way is abstractive summarization, even though it's harder.

In order to create a generalizable abstractive model, we trained on large corpus of news. This allows our model to understand structured texts. We then introduced a comprehensive instructional text called Wikihow, which introduces the model to the how-to domain. Finally, we train and validate on the how-to dataset, narrowing the focus of the model to a selectively structured format.

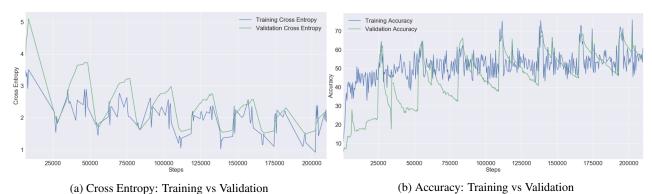


Figure 3: BertSum Abstractive Summarization: Model Performance

The cross entropy chart in the Figure 3a shows that the model is neither overfitting nor underfitting the training data. We want to see the lines meet and as seen here the model seems to be a good

fit. Figure 3b shows the model's accuracy metric on the training and validation sets. The model is 199 validated using the how2 dataset against the training dataset that includes all 4 sources. The model 200 improves as expected with more steps(or epochs).

#### 5.2 Evaluation

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The BertSum model created by Yang trained on CNN and Daily Mail [Yang] resulted in SOTA scores when applied to samples from those datasets. However, when tested on our How2 Test dataset, it gave very poor performance and a lack of generalization in the model (see Table 1). Looking at the data, we found that the model tends to pick the first one or two sentences for the summary. This can be explained by the fact that the first paragraph of a news article often captures the gits of it, which the model learned. However, in the case of our instructional videos, the first sentences would be a non-informative introduction, such as "Hi there! My name is ...". Based on that, we hypothesized that removing introuductions from the text will help improve ROUGE scores. Indeed, we got a few points better after applying preprocessing described in the Section 4.2 above. Yet another improvement in the score was accomplished by taking advantage of one more observation: most curated summaries follow a template that starts with "Learn how ...". So, we added these two words in the beginning of the summary at post-processing stage. With all that, we still couldn't get higher than 22.5 ROUGE-1 F1 and 20 ROUGE-L F1. Reviewing scores and texts of individual summaries showed that the model is doing better on some topics, such as medicine, and worse on others, such as sports. Again, this makes sense for a model that is trained on news: it isn't reasonable for it to be good with yoga-specific terminology, while news about health care are very common.

So, in our next series of experiments, we used our own dataset for training. We were able to push the scores higher: by 4 for ROUGE-1 and 2.5 ROUGE-L F1 on the results with and without preprocessing, compared to the CNN-trained model. Current best results was accomplished with setting shuffling parameter to false when we train on CNN, HowTo Wiki, and HowTo Video scripts. Our results for videos have reached the level of the best scores for news [1]. However, there is still some room for improvement, as more specialized model by [Shruti et.al.] claims to go above 50 ROUGE score.

Table 1: Comparison of results

Experiment			
Model	Pretraining Data	Rouge-1	Rouge-L
1. PreSum	CNN and Daily Mail	18.08	18.01
2. PreSum with preprocessing	CNN and Daily Mail	20.51	18.86
3. PreSum with preand postprocessing	CNN and Daily Mail	22.47	20.07
4. PreSum	How-To, WikiHow, CNN and Daily Mail	24.4	21.45
5. PreSum with postprocessing	How-To, WikiHow, CNN and Daily Mail	26.32	22.47
6. PreSum with no shuffling and more training data	How-To, WikiHow, CNN and Daily Mail	48.26	44.02

Even though the difference in ROUGE scores for the results on [1-3] are not drastically different from [4-5], the quality of summaries from the perspective of human judges is qualitatively different. From anecdotal paragraphs that made no sense, we went to very fluent and understandable video descriptions which give a clear idea about the content. However, our scores are not beating the scores from other researchers, even though we are using BERT and they had a mix of rule-based extractive and abstractive model running on much older engine. Closer look at comparison of the texts, though, showed that our summaries are in fluency and usefulness of summaries. Some examples are given below:

- Summary 1: growing rudbeckia requires full hot sun and good drainage. grow rudbeckia with tips from a gardening specialist in this free video on plant and flower care. care for rudbeckia with gardening tips from an experienced gardener
- Benchmark 1: growing black eyed susan is easy with these tips, get expert gardening tips in this free gardening video.
- Reference 1: growing rudbeckia requires full hot sun and good drainage. grow rudbeckia
  with tips from a gardening specialist in this free video on plant and flower care. care for
  rudbeckia with gardening tips from an experienced gardener.
- Summary 2: camouflage thick arms by wearing sleeves that are not close to the arms and
  that have a line that goes all the way to the waist. avoid wearing jackets and jackets with
  tips from an image consultant in this free video on fashion. learn how to dress for fashion
  modeling
- Benchmark 2: hide thick arms and arms by wearing clothes that hold the arms in the top of the arm. avoid damaging the arm and avoid damaging the arms with tips from an image consultant in this free video on fashion.
- Reference 2: hide thick arms by wearing clothes sleeves that almost reach the waist to camouflage the area .conceal the thickness at the top of the arms with tips from an image consultant in this free video on fashion.

Based on that observation, we decided that the model is mature enough for us move on to the final stage and leverage the power of independent experts and evaluate the quality of our summaries in comparison to descriptions that users provide for their videos on Youtube. We recruited a diverse group of 30 volunteers (27 have responded at the time of writing this paper) to blindly evaluate a set of 25 randomly selected video summaries that were generated by our model and descriptions of videos on Youtube from the dataset that we curated and HowTo100M (13 AI + 12 human-curated). We had two types of questions: one, a version of famous Turing test, was a challenge to distinguish AI from human-curated descriptions and used the framework described in section 4.4. You can see aggregated results for both evaluations in Figures ?? - ??. We can see that nobody has been able to get 100% accuracy in their Turing test answers, with many false positives and false negatives. This means that quality of the model output is comparable to average youtube summaries. Second, as we expected, the fluency of our summaries is almost as good as human-curated text. Realisticity is the main growth opportunity, because the abstactive model makes up weird things, like "use chicken for an easy vegetarian recipe".

### 6 Conclusion

We are continuing to work on improving summarization for instructional videos, as measured by both ROUGE and human experts. By the end of the project, we hope to accomplish scores that are comparable to current SOTA, but more generalizable. We also plan to provide a more detailed analysis on correlations between features of a video (e.g. topic, length, number of likes) and the quality of summaries produced on our experiments, as well as a more detailed description of our expert evaluation process.

# **Broader Impact**

273 The contribution of our research is three-fold:

- We created and published a data set of how-to videos with time-tagged scripts, machine-generated summaries <sup>1</sup>
- We explored different combinations of data during training of summarization models and evaluated how they perform on instructional video scripts in different domains
- We generalized existing text summarization models to the scripts extracted from instructional videos

<sup>&</sup>lt;sup>1</sup>https://github.com/alebryvas/berk266/ - it's not public repository yet, but we can provide access upon request

- We augmented ROUGE metrics [Chin-Yew Lin] for evaluation of the results with a frame-280 work for formalized expert assessment based on our research and criteria proposed by 281 previous works [that's in work] 282
- At a high level, we hope that our analysis of transferability of summarization techniques from text to 283 videos will have both practical and theoretical impacts by helping identify promising directions for 284 future research. 285

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- We will allign the formatting of references for the final submission. Current list is accurate, 287 but not standardized. 288
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- 328 Appendix
- **6.1 TODO**