

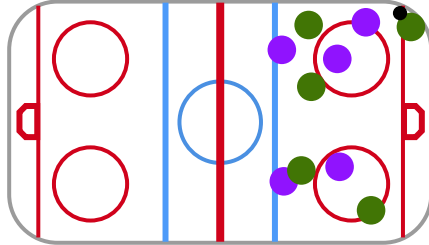
## Strategies

### Forecheck

Amount of pressure on opponent when he has the puck in his zone.

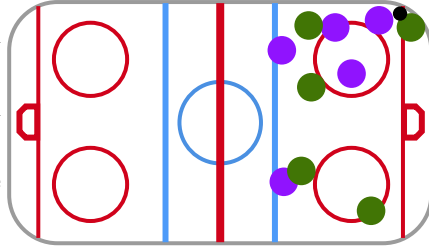
**1-2-2 passive** good if the opponent likes to dump the puck from behind the net.

- > 1 forward more aggressive.
- > 2 forwards more passive.
- > 2 defenders a little further out on the blue line.



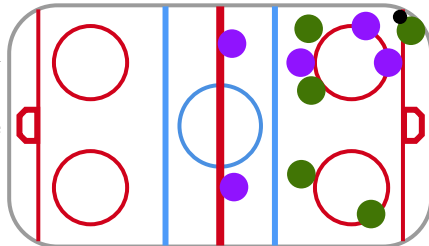
**1-2-2 aggressive** gives the opponent the least amount of breathing room.

- > 1 forward aggressively deep in the zone.
- > 2 forwards more aggressive in the zone.
- > 2 defenders a little closer on the blue line.



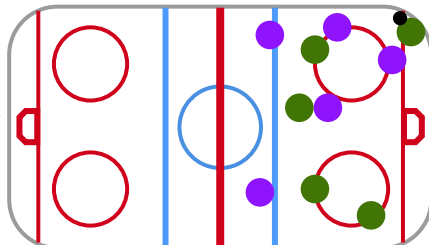
**2-3 :**

- > 2 forwards more aggressive in the zone.
- > 1 forward more passively in the zone.
- > 2 defenders much further.



**Weak Side Lock :**

- > Idea is it presses the players onto the board.

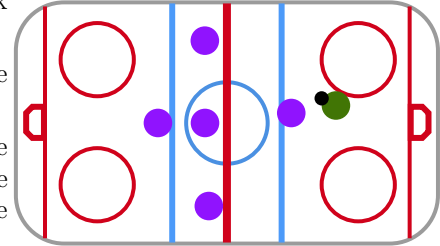


### Neutral Zone

Position of players when the opponent gets the puck out of their zone and into center ice.

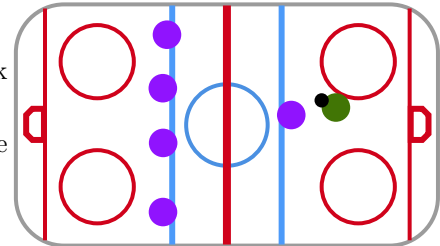
**1-3-1** best against skilled players because the one guy in the back prevents the opponent from getting breakaways.

- > 1 forward pressuring the puck carrier.
- > 3 players forming a line in the middle to block entry points.
- > 1 player hanging back in case a player gets through **OR** he needs to retrieve a puck in case of a dump and chase.



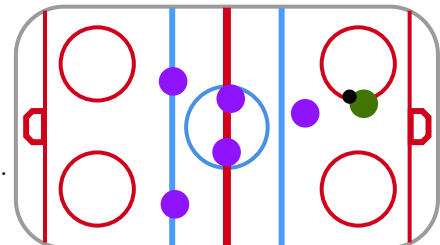
**1-4** Good for beginners and playing against the AI as it's very difficult for the opponent to enter the zone.

- > 1 forward pressuring the puck carrier.
- > 4 players forming a line on the blue line to block entry.



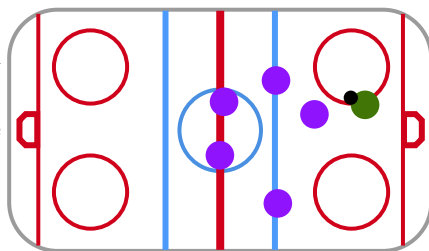
**1-2-2 Red** Like having a bunch of obstacles in the neutral zone the opponent has to get through. Problem is that with one quick breakout pass the opponent will get through most of your players.

- > 1 forward pressuring the puck.
- > 2 forwards sit on the red line.
- > 2 defenders sit on your blue line.



**1-2-2 Blue** : More aggressive version of 1-2-2 Red. The forwards can then get in on the play if need be.

- > 1 forward pressuring the puck carrier.
- > 2 forwards pressuring on the blue line.
- > 2 defenders sit on your red line.



#### Trap/Forecheck slider

Affects whether team's more likely to follow **Forecheck** or **Neutral Zone** strategies.

- > If more neutral zone, then may start setting up there while the opponent is still in their zone.
- > Then, they'll sit there while nothing happens.
- > Probably better **to max**, or almost max, the slider.

## Offensive Pressure

Determines how aggressive or passive you want your players to be while in the **offensive zone**.

Both aggressive and full attack are more about the **defenders** :

**Full Attack** Best for when your team is trailing and you need to get some offense going, particularly late in the third period.

- > Means defenders will pretty much always get in on the play.

**Aggressive** :

- > Means defenders will sometimes get in on the play.
- > Second most aggressive setting.
- > Defenders will look to jump into the offense more frequently, but will still keep their defensive duties in mind.

**Conservative** :

- > Second most passive setting.
- > Basically defenders do what they're supposed to do and they'll try not to be in a bad position.

- > Defenders will sit back just in case the opposition retrieves the puck and starts an attack.
- > They will still occasionally jump into the play to generate offense.

**Defend Lead** Good setting for the third period when you're protecting a lead.

- > Most passive setting.
- > Defenders will be as cautious as possible.
- > Prevents a lot of breakaways from occurring.

**Standard** :

- > Most common setting.
- > Balance between aggressive and conservative offensive pressures.

## Defensive Pressure

Determines how aggressive or passive you want your players to be while in **your zone**.

**Contain Puck** :

- > Players are set up in front of the net.
- > Players are active closing down on the while looking to block shots.

**Normal** : Good mix of man to man and zone coverage.

- > Players move towards the opposition players they are covering.
- > Other players stay close to the net to block shots.

**High Pressure** :

- > Players chase down the puck carrier.
- > Aggressively trying to win control of the puck.

**Protect Net** :

- > Almost all of your players are set up in front of your goaltender to block incoming shots and clear away rebounds.

**Puck Side Attack** :

- > Players on the same side as the puck will put pressure on the puck carrier.
- > Other players will wait for the puck to move closer to their position to pressure the puck carrier.

Defensive Strategy

Collapsing

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Penalty Kill

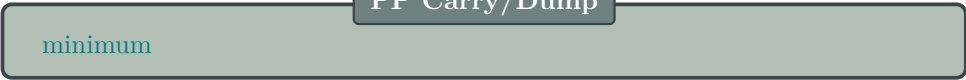
Passive Box

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Powerplay

Overload

:  
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Control Breakout

Three High

:  
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Power Play Breakout

Carry Option

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Quick Breakout

Leave Zone Early