

$$T_i = \frac{1}{\sqrt{2}} U \begin{bmatrix} 0 & 0 & 0 \\ 0 & 0 & -1 \\ 0 & 1 & 0 \end{bmatrix} V^T$$

where

- $U \in \mathbb{R}^{3 \times 3}$
- $V \in \mathbb{R}^{3 \times 3}$