|  | Runners | |  |
| --- | --- | --- | --- |
| Characteristic | Male, N = 322 | Female, N = 166 | p-value1 |
| Age (years) | 40 ± 9 | 36 ± 9 | <0.001 |
| Weight (kg) pre-race | 75 ± 10 | 59 ± 7 | <0.001 |
| Body-mass index (kg/m^2) | 23.74 ± 2.67 | 21.43 ± 2.04 | <0.001 |
| Training pace (seconds/mile) | 474 ± 62 | 519 ± 59 | <0.001 |
| Previous marathons (no.) | 5 (2, 12) | 4 (2, 7) | 0.011 |
| waterload | 241 (77%) | 113 (69%) | 0.069 |
| nsaid | 161 (51%) | 98 (60%) | 0.051 |
| Race duration (hours) | 3.63 ± 0.70 | 4.02 ± 0.60 | <0.001 |
| 1Wilcoxon rank sum test; Pearson's Chi-squared test | | | |