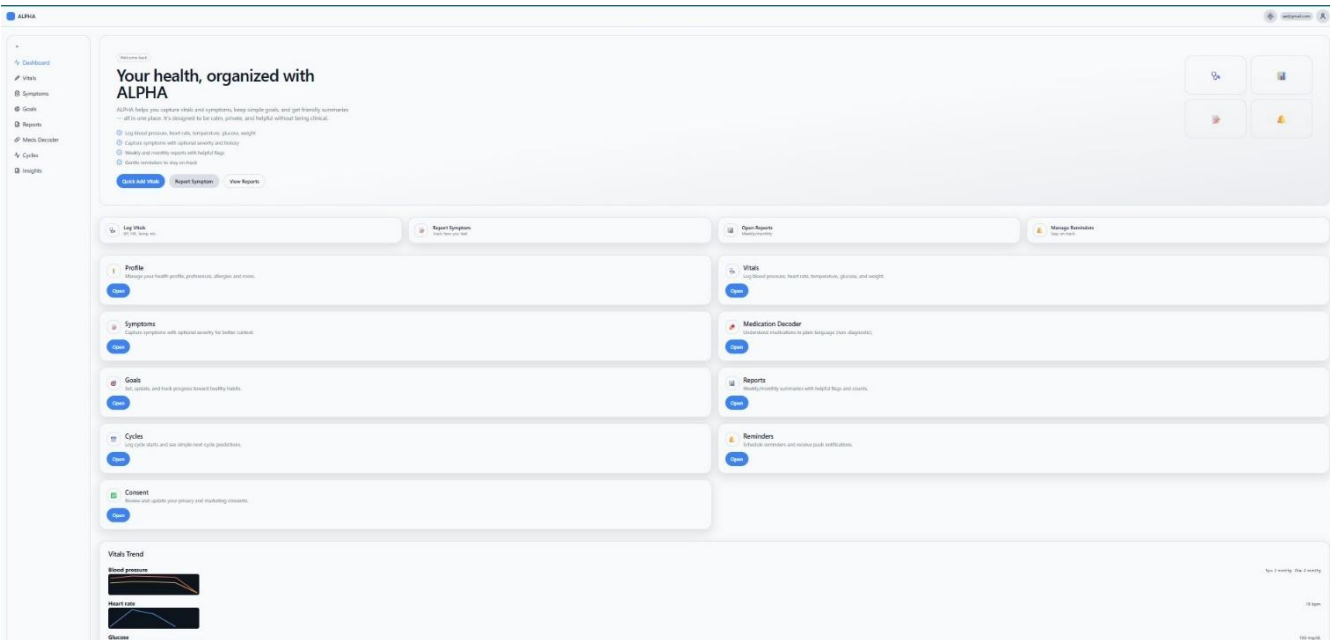


The ALPHA Intelligent Health Companion and Monitoring System is a user-focused project that combines artificial intelligence, health data management, and digital accessibility to address pressing gaps in personal health management. Its main objective is to integrate multiple features onto a single platform to give people personalized, non-diagnostic insights.

I. Dashboard



This page shows the dashboard of the web application.

II. Health Profile

ALPHA

aa@gmail.com

Dashboard

Vitals

Symptoms

Goals

Reports

Meds Decoder

Cycles

Insights

ALPHA

My Health Profile

Manage your demographics, preferences, and medical history.

Finish setting up your profile

Complete these basics so ALPHA can tailor reminders and insights for you.

Fill profile details

Add first vitals

Set a reminder

Log a symptom

Profile

Age

Height (cm)

Sex

Weight (kg)

Blood type

Activity level

Preferred units

Smoking status

Sleep preference

Alcohol use

Allergies

Type and press Enter

This page shows the health profile tab that is used to set up a user's profile.

III. Record Vitals

ALPHA

aa@gmail.com

Dashboard

Vitals

Symptoms

Goals

Reports

Meds Decoder

Cycles

Insights

ALPHA

Record Vitals

Quickly log blood pressure, heart rate, temperature, glucose and weight.

Record Vitals

Systolic (mmHg)

Diastolic (mmHg)

Heart rate (bpm)

Temp (°C)

Glucose (mg/dL)

Weight (kg)

Save

History

When	BP	HR	Temp	Glucose	Weight	Flags	Actions
9/29/2025, 6:33:26 PM	114 / 78	78	35.5	125	70	normal, normal, normal, normal	<div>Edit</div> <div>Delete</div>
9/29/2025, 6:33:02 PM	131 / 88	82	35.5	108	70	hypertension-stage1, normal, normal, normal	<div>Edit</div> <div>Delete</div>
9/29/2025, 6:32:44 PM	127 / 86	81	35.3	103	70	hypertension-stage1, normal, normal, normal	<div>Edit</div> <div>Delete</div>
9/29/2025, 6:32:25 PM	122 / 80	78	35	100	70	hypertension-stage1, normal, normal, normal	<div>Edit</div> <div>Delete</div>
9/29/2025, 2:17:28 PM	2 / 2	-	-	-	-	normal	<div>Edit</div> <div>Delete</div>

This page shows where you record your vital signs and your recent history.

IV. Medication Decoder

ALPHA

aa@gmail.com

<

Dashboard

Vitals

Symptoms

Goals

Reports

Meds Decoder

Cycles

Insights

ALPHA

Medication Decoder

Understand medications in plain language (non-diagnostic).

Medication Decoder

Medication

e.g., ibuprofen

Age (optional)

Sex (optional)

Allergies (optional)

e.g., penicillin

Decode

ALPHA

ALPHA is an informational, non-diagnostic companion. It does not provide medical advice. For concerns, consult a qualified professional.

Quick links

Reports

Reminders

Consent

Manage Account

Legal & info

Privacy Policy

Terms of Service

Contact support

© 2025 ALPHA - v0.1.0

This page shows where you can get information on your medication.

V. Reminders

ALPHA

aa@gmail.com

Dashboard

Vitals

Symptoms

Goals

Reports

Meds Decoder

Cycles

Insights

Reminders

Schedule reminders and receive push notifications.

Schedule a reminder

☒ Enable local notifications on this device

Quick templates

[Meds] Morning medication

[Hydrate] Hydration break

[Calm] Mindful minute

[Stretch] Micro stretch break

[Reset] Afternoon stretch

[Walk] Evening walk

[Sleep] Wind-down routine

[Pillbox] Weekly pill organizer

Refill your weekly pill organizer and review upcoming refills.

10/05/2025 07:00 PM

weekly

Schedule

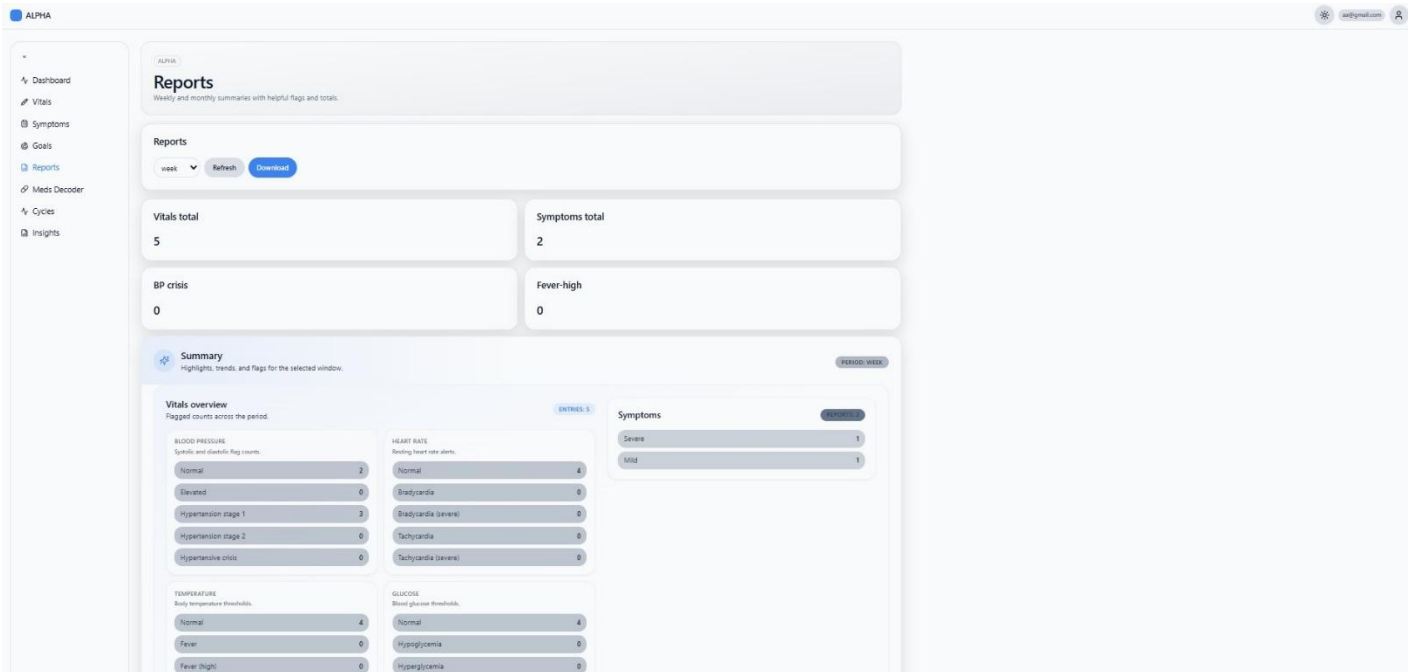
Send Now

Scheduled

When	Message	Repeat	Status	Local	Actions
10/5/2025, 7:00:00 PM	Refill your weekly pill organizer and review upcoming refills.	Weekly	pending	fires at 7:00:00 PM	Edit Snooze 10m Delete

This page shows where you can see your reminder.

VI. Reports



This page shows where you can see your health reports.