Here's an example dataset for the skincare remedies database:

## Remedies Table

| **Remedy ID** | **Remedy Name** | **Skin Issue** | **Remedy Type** | **Description** | **Ingredients** | **Precautions** | **Skin Types** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| R001 | Honey Face Mask | Acne | Natural Ingredient | Soothes and moisturizes acne-prone skin | Honey, Yogurt | May cause allergic reactions | Normal, Dry, Combination |
| R002 | Tea Tree Oil Treatment | Acne | Essential Oil | Reduces inflammation and kills bacteria | Tea Tree Oil, Coconut Oil | May irritate sensitive skin | Normal, Oily, Combination |
| R003 | Oatmeal Bath Soak | Eczema | Natural Ingredient | Relieves itching and soothes dry skin | Oatmeal, Baking Soda | May cause skin irritation | Dry, Sensitive |
| R004 | Green Tea Toner | Anti-Aging | Herbal Remedy | Balances skin pH and reduces fine lines | Green Tea, Witch Hazel | May cause skin dryness | Normal, Combination, Oily |
| R005 | Aloe Vera Gel Moisturizer | Hydration | Natural Ingredient | Hydrates and soothes dry skin | Aloe Vera Gel, Vitamin E Oil | May cause skin irritation | Normal, Dry, Combination |
|  |  |  |  |  |  |  |  |

## Ingredients Table

| **Ingredient ID** | **Ingredient Name** | **Properties** | **Benefits** | **Potential Side Effects** |
| --- | --- | --- | --- | --- |
| I001 | Honey | Antibacterial, Moisturizing | Soothes acne, hydrates skin | Allergic reactions, skin irritation |
| I002 | Tea Tree Oil | Antimicrobial, Anti-Inflammatory | Reduces acne, soothes skin | Skin irritation, allergic reactions |
| I003 | Oatmeal | Soothing, Moisturizing | Relieves itching, hydrates skin | Skin irritation, allergic reactions |
| I004 | Green Tea | Antioxidant, Anti-Inflammatory | Balances skin pH, reduces fine lines | Skin dryness, allergic reactions |
| I005 | Aloe Vera Gel | Soothing, Hydrating | Hydrates skin, reduces inflammation | Skin irritation, allergic reactions |

## Skin Issues Table

| **Skin Issue ID** | **Skin Issue Name** | **Description** | **Causes** | **Symptoms** |
| --- | --- | --- | --- | --- |
| SI001 | Acne | A skin condition characterized by pimples, blackheads, and whiteheads | Bacteria, hormones, genetics | Inflammation, redness, scarring |
| SI002 | Eczema | A chronic skin condition characterized by dry, itchy, and inflamed skin | Genetics, allergies, environmental factors | Itching, redness, dryness |
| SI003 | Anti-Aging | A natural process characterized by fine lines, wrinkles, and age spots | Aging, sun exposure, genetics | Fine lines, wrinkles, age spots |
| SI004 | Hydration | A skin condition characterized by dry, dull, and dehydrated skin | Dehydration, environmental factors, genetics | Dryness, dullness, dehydration |

## User Reviews Table (optional)

| **Review ID** | **Remedy ID** | **User ID** | **Rating** | **Review** |
| --- | --- | --- | --- | --- |
| RV001 | R001 | U001 | 5 | "Honey face mask worked wonders for my acne-prone skin!" |
| RV002 | R002 | U002 | 4 | "Tea tree oil treatment reduced my acne, but caused some skin irritation." |
| RV003 | R003 | U003 | 5 | "Oatmeal bath soak relieved my eczema symptoms and soothed my skin." |