
Soul Sense

Personal Data Export

Export Date: January 29, 2026

User ID: 1

Username: TestUser

Confidentiality: Private & Confidential

Personal Profile

Occupation	Tester
Bio	A vital bio....
Life Perspective	Optimistic...
Email	test@example.com
Phone	555-0199

Medical Profile

Blood Type	O+
Emergency Contact	Mom (555-1234)
Allergies	Peanuts
Conditions	None
Medications	None
Surgeries	Appendectomy
Therapy History	None
Ongoing Issues	None

Strengths & Goals

Top Strengths	['Resilience', 'Empathy']
Refinements	--
Learning Style	--
Goals	Be happy

Emotional Wellbeing

Common Emotions	['Joy', 'Anxiety']
Triggers	Deadlines
Coping Strategies	Breathing
Preferred Support	--

Journal Entries (1)

Date	Mood	Sleep	Stress	Snippet
2026-01-29	0.8	8	2	Today was a good day....

EQ Assessment History

Date	Total Score	Age At Test
2026-01-29	85	30