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# Soul Sense

## Personal Data Export

<b>Export Date:</b>	January 29, 2026
<b>User ID:</b>	1
<b>Username:</b>	TestUser
<b>Confidentiality:</b>	Private & Confidential

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## Personal Profile

Occupation	Tester
Bio	A vital bio....
Life Perspective	Optimistic...
Email	test@example.com
Phone	555-0199

## Medical Profile

Blood Type	O+
Emergency Contact	Mom (555-1234)

Allergies	Peanuts
Conditions	None
Medications	None
Surgeries	Appendectomy
Therapy History	None
Ongoing Issues	None

## Strengths & Goals

Top Strengths	['Resilience', 'Empathy']
Refinements	--
Learning Style	--
Goals	Be happy

## Emotional Wellbeing

Common Emotions	['Joy', 'Anxiety']
Triggers	Deadlines
Coping Strategies	Breathing
Preferred Support	--

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## Journal Entries (1)

Date	Mood	Sleep	Stress	Snippet
2026-01-29	0.8	8	2	Today was a good day....

## EQ Assessment History

Date	Total Score	Age At Test
2026-01-29	85	30