**DSM-5 Diagnostic Criteria for Eating Disorders**

*\*Find the variables that address the criteria. There could be multiple variables that fit the criteria so list them all and Max and Lauren will later decide which variable best fits the criteria. The criteria is also split into history and current symptoms. For MAXED, ED History and ED100K address history while EDE and EPSI address current symptoms. If you believe there is a variable from another MAXED measure that addresses the criteria, feel free to add it.*

**For each variable, list the variable name, the item description (i.e. the question being asked), and the value labels (the scoring).**

**ANOREXIA NERVOSA**

1. Restriction of energy intake relative to requirements leading to a significantly low body weight in the context of age, sex, development trajectory, and physical health.

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| **History** | **Current** |
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1. Intense fear of gaining weight or becoming fat, even though underweight.

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| **History** | **Current** |
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1. Disturbance in the way in which one's body weight or shape is experienced, undue influence of body weight or shape on self-evaluation, or denial of the seriousness of the current low body weight.

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| **History** | **Current** |
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**BULIMIA NERVOSA**

1. Recurrent episodes of binge eating. An episode of binge eating is characterized by both of the following:
   1. Eating, in a discrete period of time (e.g., within any 2-hour period), an amount of food that is definitely larger than most people would eat during a similar period of time and under similar circumstances.

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| **History** | **Current** |
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* 1. A sense of lack of control over eating during the episode (e.g., a feeling that one cannot stop eating or control what or how much one is eating).

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| **History** | **Current** |
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1. Recurrent inappropriate compensatory behavior in order to prevent weight gain, such as self-induced vomiting, misuse of laxative, diuretics, or other medications, fasting, or excessive exercise.

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| **History** | **Current** |
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1. The binge eating and inappropriate compensatory behaviors both occur, on average, at least once a week for three months.

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| **History** | **Current** |
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1. Self-evaluation is unduly influenced by body shape and weight.

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| **History** | **Current** |
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1. The disturbance does not occur exclusively during episodes of anorexia nervosa.

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| **History** | **Current** |
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**ATYPICAL ANOREXIA NERVOSA**

1. A period of significant weight loss

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| **History** | **Current** |
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1. Not reaching low weight

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| **History** | **Current** |
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1. Intense fear of gaining weight or becoming fat, even though underweight.

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| **History** | **Current** |
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1. Disturbance in the way in which one's body weight or shape is experienced, undue influence of body weight or shape on self-evaluation, or denial of the seriousness of the current low body weight even though underweight.

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| **History** | **Current** |
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1. Intake restriction

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| **History** | **Current** |
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**BINGE EATING DISORDER**

1. Recurrent episodes of binge eating. An episode of binge eating is characterized by both of the following:
   1. Eating, in a discrete period of time (e.g., within any 2-hour period), an amount of food that is definitely larger than most people would eat during a similar period of time and under similar circumstances.

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| **History** | **Current** |
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* 1. A sense of lack of control over eating during the episode (e.g., a feeling that one cannot stop eating or control what or how much one is eating).

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| **History** | **Current** |
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1. The binge eating episodes are associated with three (or more) of the following:
   1. Eating much more rapidly than normal.

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| **History** | **Current** |
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* 1. Eating large amounts of food when not feeling physically hungry.

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| **History** | **Current** |
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* 1. Eating alone because of feeling embarrassed by how much one is eating.

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| **History** | **Current** |
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* 1. Feeling disgusted with oneself, depressed, or very guilty afterward.

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| **History** | **Current** |
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1. Marked distress regarding binge eating is present.

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| **History** | **Current** |
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1. The binge eating occurs, on average, at least once a week for 3 months.

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| **History** | **Current** |
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1. The binge eating is not associated with the recurrent use of inappropriate compensatory behaviors (e.g., purging) as in bulimia nervosa and does not occur exclusively during the course of bulimia nervosa or anorexia nervosa.

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| **History** | **Current** |
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**Sub-Bulimia Nervosa**

1. Monthly Binging

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| **History** | **Current** |
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1. Monthly purging

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| **History** | **Current** |
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1. Not occurring during period of low weight

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| **History** | **Current** |
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**Purging Disorder**

1. Less than weekly binge eating.

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| **History** | **Current** |
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1. Weekly Purging

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| **History** | **Current** |
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1. Not occurring during period of low weight

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| **History** | **Current** |
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