Users	Ingredients	Recipes	Follower
id	id	id	Follower
email	item	name	followee
password		Ingredients	
name		Instructions	
		type	
		User_id	
Will be used to store user primary info	This table stores the lists of items used as iungredient for each recipe	Store Recipes ingredientes and instructions as well as author user	Table to associate users interactivity

Relationship	Tables
One-to-one	
One-to-many	Users, Recipes, Grocery List
Many-to-many	Ingredients, Follower, Occasions

Occasions	GroceryList
event	id
recipe name	user owner
recipe ingredients	recipe name
recipe instructions	recipe ingredients
user_id	
Table to store list of events, created by users and selected recipes	Table used to stored list of ingredients for groceries