

1/4 cup

DOUBLE CHOCOLATE COOKIES







SERVES: 15 (1 cookie each) Prep Time: 15 min. Cooking Time: 12 min.

extra-virgin organic coconut oil,

CONTAINER EQUIVALENTS (per serving): 1

, .	melted
½ cup	unsweetened applesauce
⅓ cup	pure maple syrup
¹⁄₄ cup	canned lite coconut milk
⅓ cup	coconut flour
½ cup	whole wheat flour
½ cup	unsweetened cocoa powder
½ cup	dark chocolate chips, 70% cacao

(or more)

SPECIAL EQUIPMENT:

Nonstick cooking spray

1.	Preheat	oven	tο	350°	F
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- 2. Lightly coat baking sheet with spray. Set aside.
- 3. Combine oil, applesauce, maple syrup, and coconut milk in a medium bowl; mix well. Set aside.
- 4. Combine flours and cocoa powder in a small bowl; mix well.
- 5. Add flour mixture to applesauce mixture; mix until well blended.
- 6. Add chocolate chips; mix until blended.
- 7. Drop fifteen rounded Tbsp. onto prepared baking sheet.
- 8. Bake for 10 to 12 minutes or until firm.

RECIPE NOTE:

For a gluten-free version, substitute ½ cup brown rice flour for whole wheat flour.

VARIATION:

Substitute 1 oz. slivered raw almonds, chopped pecans, dried cherries, or raisins for chocolate chips.

NUTRITIONAL INFORMATION (per serving): Calories: 97 Total Fat: 5 g Saturated Fat: 4 g Cholesterol: 0 mg Sodium: 2 mg Carbohydrates: 12 g Fiber: 2 g Sugars: 7 g Protein: 1 g

Recipes containing the 🔐 icon are designed to be Gluten-Free and contain no gluten. If you are following a gluten-free diet, remember to check all labels to confirm your ingredients are 100% gluten-free, since foods are often processed at facilities that also process wheat and other grains.

Recipes containing the 🕜 icon are designed to be Vegan and contain no animal products. Please read product labels for each ingredient to ensure this to be the case.

Recipes containing the 🔽 icon are designed to be Lacto-Ovo vegetarian and contain no poultry, meat, or fish. Please read product labels for each ingredient to ensure this to be the case.