Unordered

Asterisks tight:

- asterisk 1
- asterisk 2
- asterisk 3
- Lorem ipsum dolor sit amet, consectetuer adipiscing elit. Aenean commodo ligula eget dolor. Aenean massa. Cum sociis natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Donec quam felis, ultricies nec, pellentesque eu, pretium quis, sem. Nulla consequat massa quis enim. Donec pede justo, fringilla vel, aliquet nec, vulputate eget, arcu. In enim justo, rhoncus ut, imperdiet a, venenatis vitae, justo.

Asterisks loose:

- asterisk 1
- asterisk 2
- asterisk 3

Pluses tight:

- Plus 1
- Plus 2
- Plus 3

Pluses loose:

- Plus 1
- Plus 2
- Plus 3

Minuses tight:

- Minus 1
- Minus 2
- Minus 3

Minuses loose:

- Minus 1
- Minus 2
- Minus 3

Ordered

Tight:

1. First
2. Second
3. Third

and:

1. One
2. Two
3. Three

Loose using tabs:

1. First
2. Second
3. Third

and using spaces:

1. One
2. Two
3. Three

Multiple paragraphs:

1. Item 1, graf one.
   Item 2. graf two. The quick brown fox jumped over the lazy dog's back.

2. Item 2.
3. Item 3.

Nested

- Tab
  - Tab
    - Tab

Here's another:

1. First
2. Second:
   - Fee
   - Fie
   - Foe
3. Third

Same thing but with paragraphs:

1. First
2. Second:
    - Fee
    - Fie
    - Foe
3. Third

This was an error in Markdown 1.0.1:

- this
    - sub

that