

# 1 Introduction to String Diagrams

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• For Category Theory, Math 9000 something

In category theory, we have categories, functors between categories, and natural transformations between functors.

Functors combine via composition in a particular way, depending on their domains and codomains.

Natural transformations may compose with each other in 2 different ways, again, depending on their domains and codomains.

Certain rules govern how these compositions interact, such as the "interchange law":

$$(\alpha * \beta) \circ (\gamma * \theta) = (\alpha \circ \gamma) * (\beta \circ \theta)$$

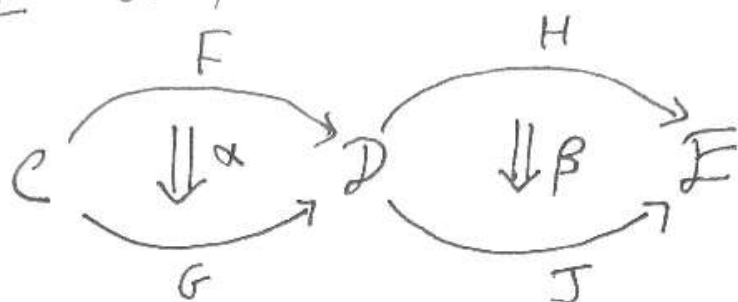
where these compositions are defined.

Purpose:

String diagrams provide a natural "diagrammatic algebra" where algebra is exactly what we want: the compositions of functors and natural transformations.

They let us visualize horizontal and vertical composition in a context where the interchange law becomes obvious. Let's begin

2 One way of visualizing a system of functors and natural transformations is the so called Globular diagram.



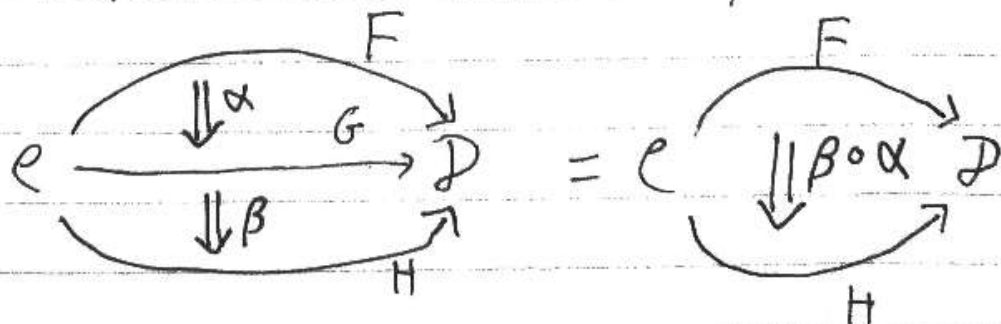
This conveys the information that there are categories  $C$ ,  $D$ , and  $E$ , functors  $F, G, H, J$ , natural transformations  $\alpha$  and  $\beta$  and

$$F: C \rightarrow D, G: C \rightarrow D, H: D \rightarrow E, J: D \rightarrow E, \alpha: F \rightarrow G, \beta: H \rightarrow J.$$

You can see why the globular diagram conveys info more clearly than listing every piece of data in a row.

The globular diagram also makes obvious that:  $C \xrightarrow{HF} E$   
In words, we can define the natural transformation  $\beta \circ \alpha$ .

The globular diagram for vertical composition is:



Globular diagrams lead naturally to string diagrams:

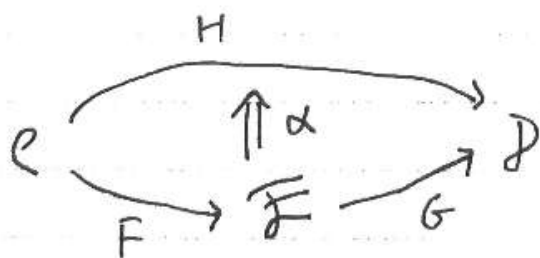
3 Notice, in globular diagram  $\cdot \begin{array}{c} \Downarrow \\ \rightarrow \end{array} \cdot$  represents categories (essentially) by points, functors as "oriented 1-cells (directed edges)" between points, and natural transformations as "oriented 2-cells (directed regions) between 1-cells.

(Incidentally, phrased in this language, category theory may be generalized to  $\infty$ -category theory, but this isn't necessary for us now.)

The key with String diagrams is to take the dual.

We represent categories by (2-dimensional) regions, functors by (1-dimensional) edges, and natural transformations by (0-dimensional) points.

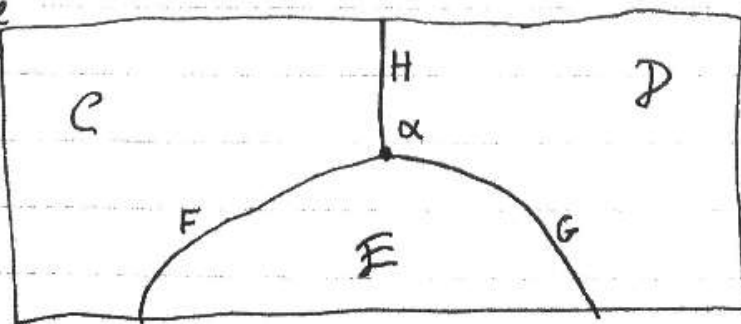
Use the following example of a globular diagram and its dual:



Here,  $\alpha: GF \rightarrow H$

The strings  $G$  and  $F$  enter the node  $\alpha$ , and become  $H$ , if we read from bottom to top.

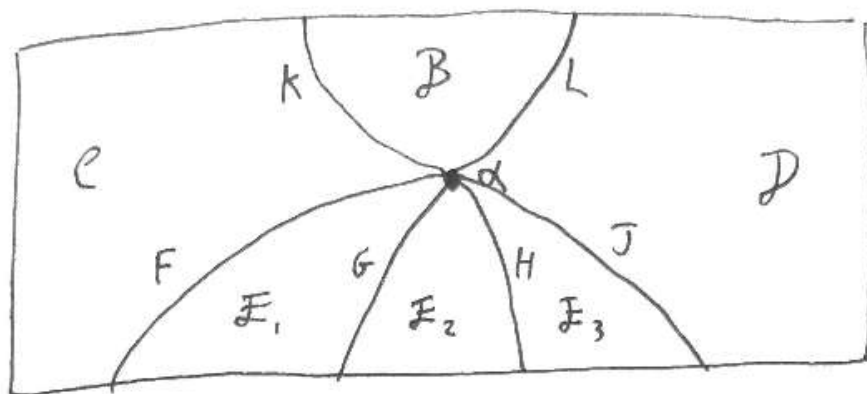
dual to



To read the string diag, notice, the strings labeled  $G$  and  $F$  come from the bottom side, and  $H$  enters the top.

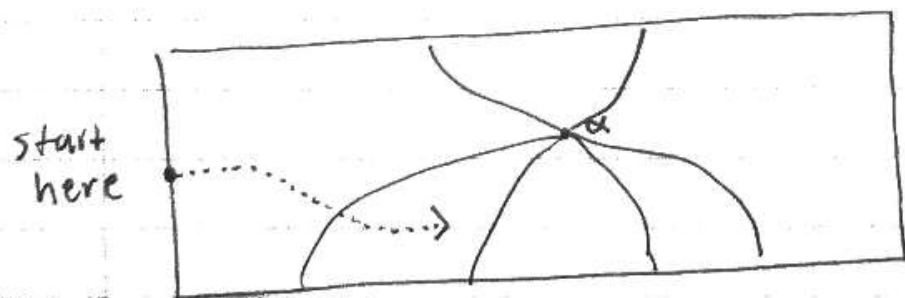
We read string diagrams from bottom to top, and ~~right~~ left to right (although we are about to change this convention superficially).

As a more complicated example, take



The strings coming from the bottom side are  $F, G, H, J$  in that order, left to right, so they represent the composite functor  $JHGF$ . The top represents  $LK$ .

To picture the situation better, imagine a person standing on the very left region. To walk rightward without turning back, we must cross certain strings.



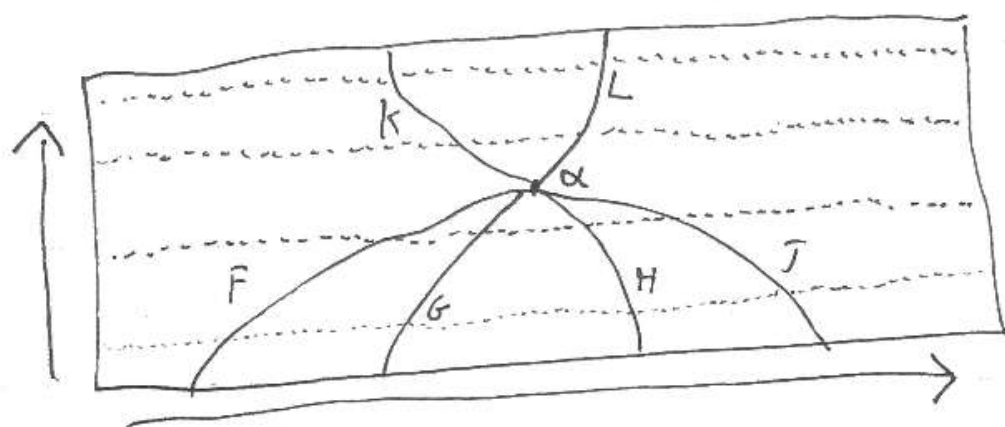
For example, to cross from the region labeled  $C$  to the one labeled  $E_1$ , we must cross

the string labeled  $F$ . This means  $F$  is a functor from the category  $C$  to the category  $E_1$ .

In general, this is how we read string diagrams. Strings separate regions, and crossing a string is thought of as applying the functor that the string represents.

5 Notice, there are 2 main paths from the left to the right: a path under the node labeled  $\alpha$ , and a path over the  $\alpha$ .

Reading bottom up, we would say that this means  $\alpha: JHGF \rightarrow LK$ . Let's analyse again:



● If we take horizontal cross sections, we notice that we start by hitting F, G, H, and J, and above the node  $\alpha$ , the horizontal cross sections change and become K and L.

This is how we read the effect of  $\alpha$ :

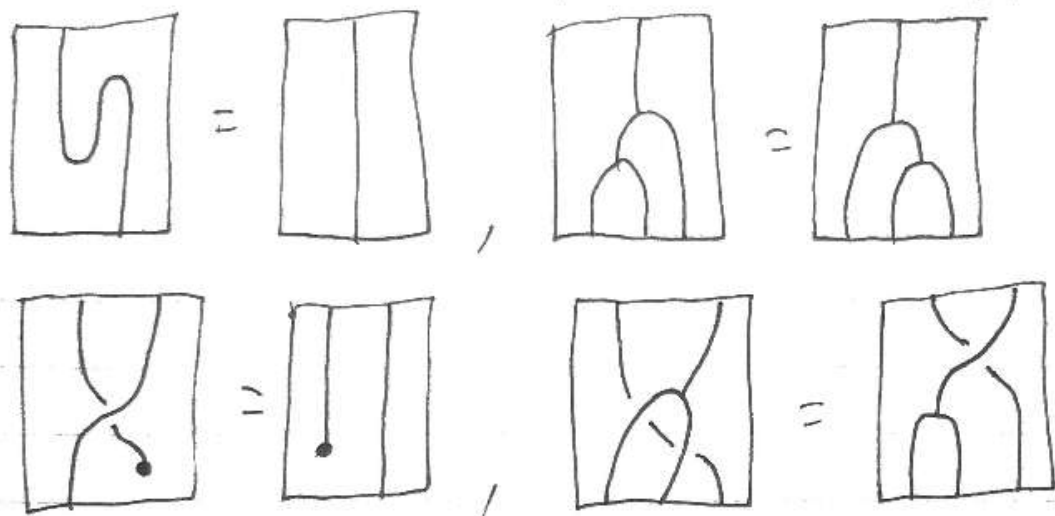
it turned paths that intersect F, G, H and J into paths that intersect  $\leftarrow$  (cross) K and L, which corresponds to  $\alpha$  being a natural transformation from JHGF to LK.

For this interpretation to make sense, strings must "rise from the bottom side into the top" without turning around, and the "changes" to the strings along the way from bottom to top correspond to natural transformations.



6 Why is this useful? What can we do with string diagrams?

Now that we have a basic sense of orientation, I will explain how complicated axioms for categorical structures can be depicted as simply as:



and other visually spectacular facts. Despite the fact that all labels have been dropped, the unique shapes of these string diagrams allow us to infer all of the correct details in each of the above situations (most, but not all, of which are beyond the scope of what we currently covered).

Another advantage is that, even with no context, these equalities seem to make a bit of sense, on a purely visual, topological level. Indeed, they are axioms that various categorical constructions satisfy, and without string diagrams, these axioms are overall far less "obvious" or intuitive.

I will explain the first equality, which we actually covered!

7 The equality  $\boxed{\cup} = \boxed{\parallel}$ , and the dual  $\boxed{\cap} = \boxed{\parallel}$ ,

actually refer to the triangle laws for an adjunction:

Let  $\mathcal{C} \overset{F}{\underset{G}{\rightleftarrows}} \mathcal{D}$  be an adjoint pair, given by

the unit  $\eta: 1_{\mathcal{C}} \rightarrow GF$  and counit  $\epsilon: FG \rightarrow 1_{\mathcal{D}}$

satisfying

$$\begin{array}{ccc} F & \xrightarrow{F\eta} & FGF \\ & \searrow 1_F & \downarrow \epsilon F \\ & & F \end{array}$$

commutes in the  
functor category  
 $[\mathcal{C}, \mathcal{D}]$

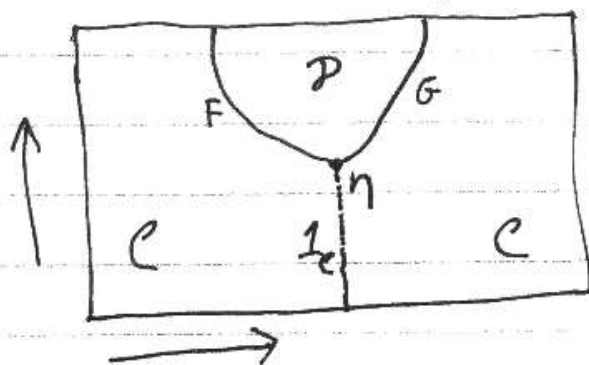
and

$$\begin{array}{ccc} G & \xrightarrow{\eta G} & GFG \\ & \searrow 1_G & \downarrow G\epsilon \\ & & G \end{array}$$

commutes in the  
functor category  
 $[\mathcal{D}, \mathcal{C}]$

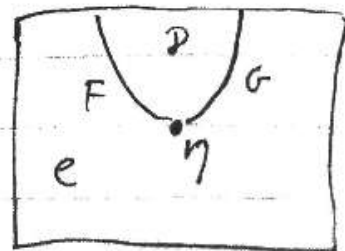
How would we visualize  $\eta$  as a string diagram?

Like this



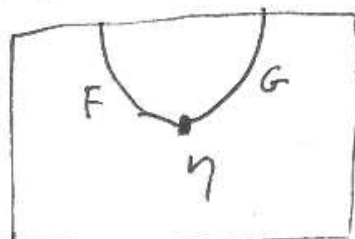
We will make a  
preliminary simplification  
and leave of the  
identity functor  $1_{\mathcal{C}}$

(which we already drew a bit dashed).  
The revised diagram is this:

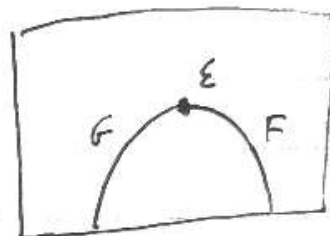
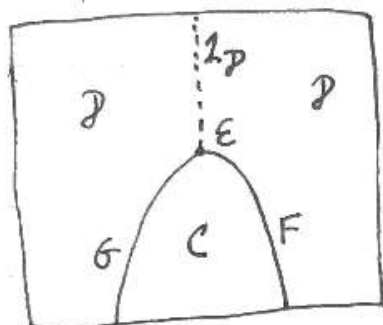


8 We will soon make another simplification and cease to label the regions by the categories they represent, since this can be inferred from the labels for the strings, so long as we keep track of our domains and codomains.

The revised diagram is  $\dashrightarrow$



Dually, we have:



which, simplified, becomes this  $\dashrightarrow$

● We run into a slight problem now. How do we visualize  $F\eta$ ? What about  $\varepsilon F \circ F\eta$ ?

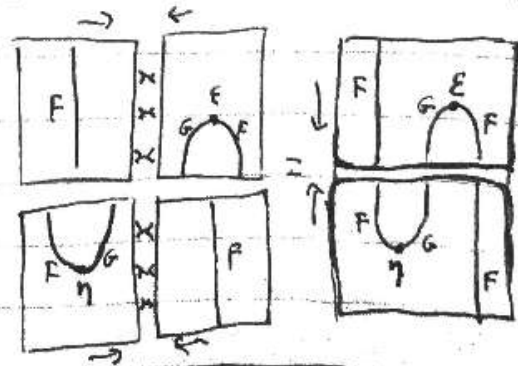
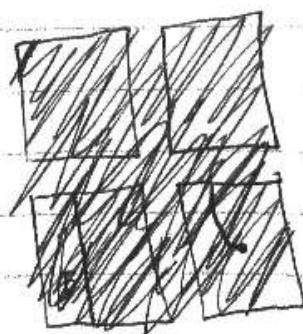
We need to understand how string diagrams treat horizontal and vertical composition now.

(and we finally have a non-abstract reason to. We want to use string diagrams to understand adjunctions).

Fortunately, string diagrams respect horizontal and vertical composition beautifully, as we now demonstrate.

to give a sneak peak:

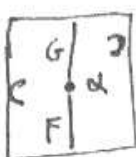

(variance <sup>wrong</sup>)  $\longrightarrow$



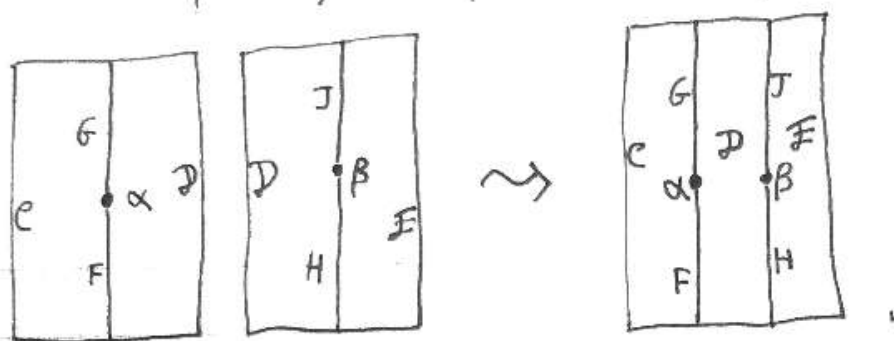


9 Horizontal composition:

if  $c \circ \alpha: D \rightarrow E$  and  $d \circ \beta: E \rightarrow F$ , then the string diagram

for  $\alpha$  is , and for  $\beta$ , .

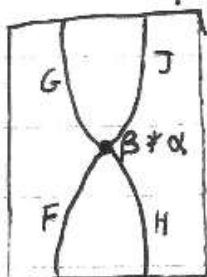
To form  $\beta \circ \alpha$ , we put the diagrams next to each other, as



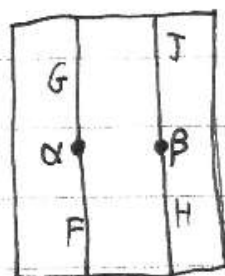
Notice how the regions align at  $D$ .

So, when we refer to  $\beta \circ \alpha: HF \rightarrow JG$ , it's this diagram.

In other words

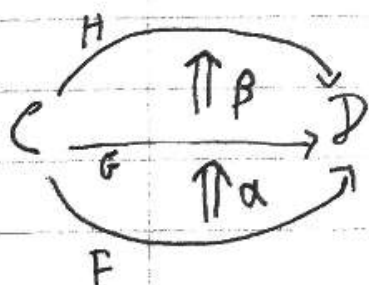


is defined as

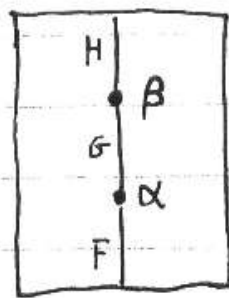


Vertical Composition:

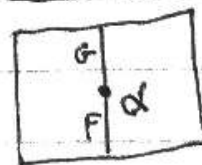
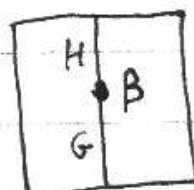
when we "unpack"  $\beta \circ \alpha$ ,



becomes



which is just on top of



Notice, how the top side of the bottom diagram encodes the same functor as the bottom of the top diagram,  $G$

So



is just defined as



10 Two last points of order: reversal of our conventions and the interchange law.

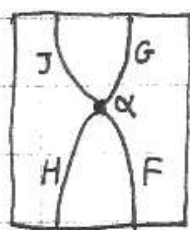
It's becoming increasingly inconvenient to keep track of the syntactic reversal of letters in composition, e.g.

$$C \xrightarrow{F} D \xrightarrow{G} E \text{ can be written as } C \xrightarrow{GF} E.$$

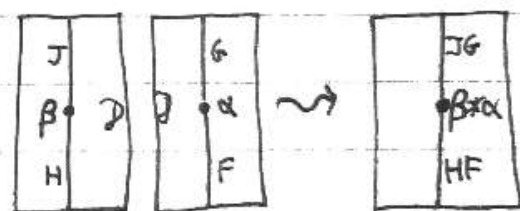
Drawing all globular diagrams and string diagrams right to left will remedy this:  $C \xleftarrow{F} D \xleftarrow{G} E$  becomes  $C \xleftarrow{FG} E$ .

In the future, we write and read string diagrams right to left, and still bottom to top.

This has the advantage that if  $\alpha: HF \rightarrow JG$ , then



and also horizontal composition ceases to reverse letters:



Notice, the last diagram used a single string to denote composite functor. The flexibility to denote a composite functor with one string, or "break up" the functor into its composites, can be useful.

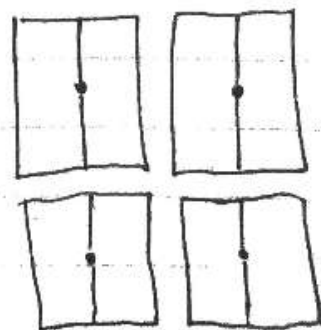
## The Interchange Law.

Understanding what horizontal and vertical composition looks like leads to the question of whether or not combining these is well defined: it is precisely

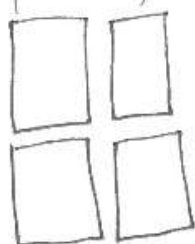
the interchange law that says we can either combine horizontally, then vertically, or vice versa. Thus



is well defined.



This last point about the interchange law fulfills  
 a promise made around the beginning of the  
 exposition: that string diagrams provide a  
 natural algebra consistent with the rules for  
 combining natural transformations via vertical and horizontal  
 composition. Obviously, placing 4 rectangles next to  
 each other in a pattern, it doesn't  
 matter whether we glue horizontally or  
 vertically first. Thus, string diagrams  
 make the interchange law intuitively plausible.



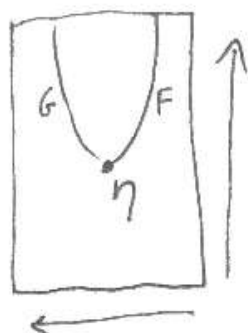
Of course, we must, and have (in the HW) proven  
 that horizontal and vertical composition indeed satisfies  
 the interchange law  $(\alpha \circ \beta) * (\gamma \circ \theta) = (\alpha * \gamma) \circ (\beta * \theta)$   
 in order to properly use string diagrams.

But since we know the interchange law is satisfied  
 by natural transformations (by straightforward computation), and  
 since the law looks much more natural in string  
 diagrammatic form than equational, these diagrams  
 are useful conceptual tools for reasoning about complicated  
 categorical situations.

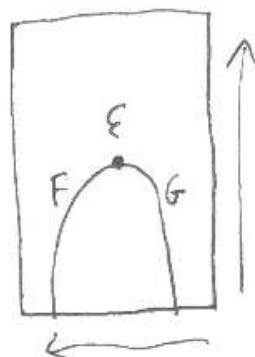
On a last aside, toward deeper concepts in category theory,  
 reasoning with string diagrams is also natural in the context of  
 monoidal categories. The collection of all categories forms a structure  
 known as a ~~strict~~ 2-category. Strict 2-categories and  
 monoidal categories are both examples of weak 2-categories,  
 which are the most general structures for which string diagrams  
 can naturally be used. Back to the case of adjunctions:

Armed with our knowledge of how horizontal and vertical composition works, how the interchange law looks, and its "well-definedness" we reconsider how to express the triangle laws of an adjunction

We have



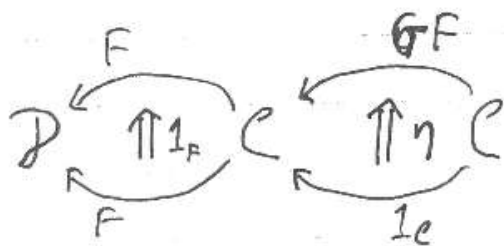
and



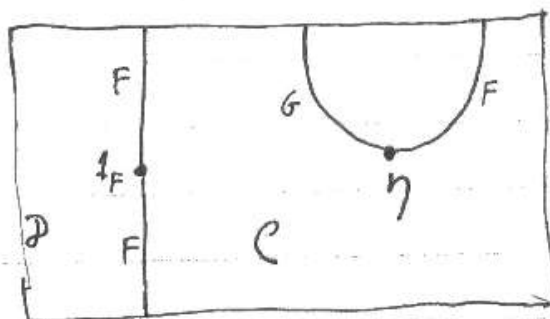
with our right to left convention.

Recall, the natural transformation  $F\eta$  is defined as  $1_F * \eta$ , the horizontal composition of  $\eta$  followed by the identity natural transformation on the functor  $F$ .

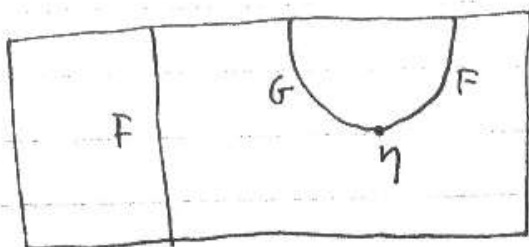
Globular diagram:



String diagram



If we omit the identity node on  $F$  and the region labels:



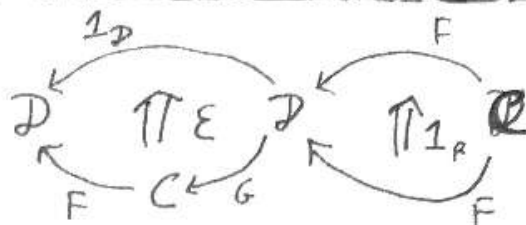
expresses  $F\eta$ , the functor from  $F$  to  $FGF$ ,



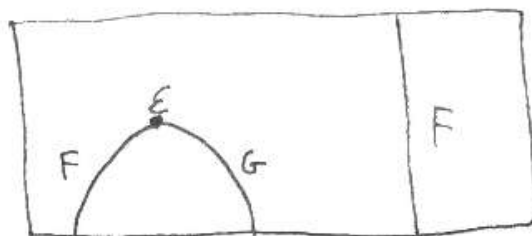
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Likewise,  $\varepsilon F$ ,

has the globular diagram



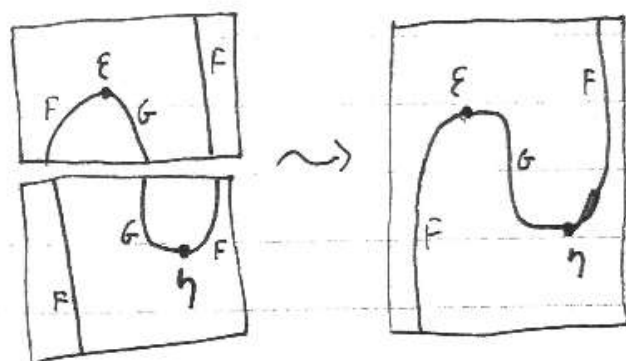
which becomes, in strings,



Try to visualize once more

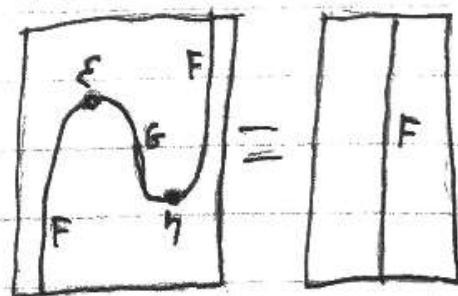
how the regions representing natural transformations became points and how the functor arrows turned perpendicular into strings as we go from the globular diagram to the string diagram.

Vertically composing  $\varepsilon F \circ F \eta$  gives



This final picture of a "squiggle" is very suggestive. Indeed, the horizontal cross sections, bottom to top, are  $F$ , then  $FGF$ , then  $F$  again.

The axiom  $F \xrightarrow{F\eta} FGF \xrightarrow{\varepsilon F} F$  claims

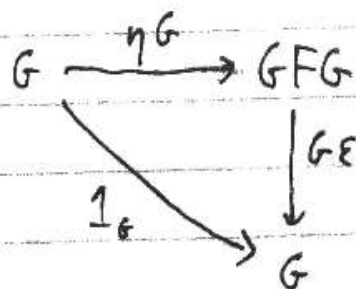


nothing more, nothing less.

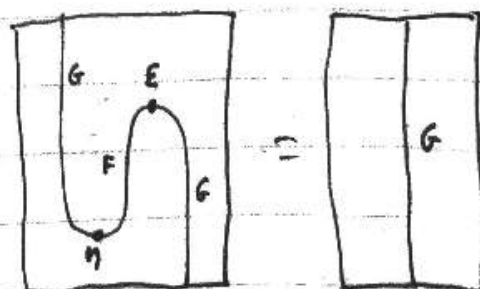
Here, again, identity natural transformations and functors are omitted

Likewise,

The dual axiom:

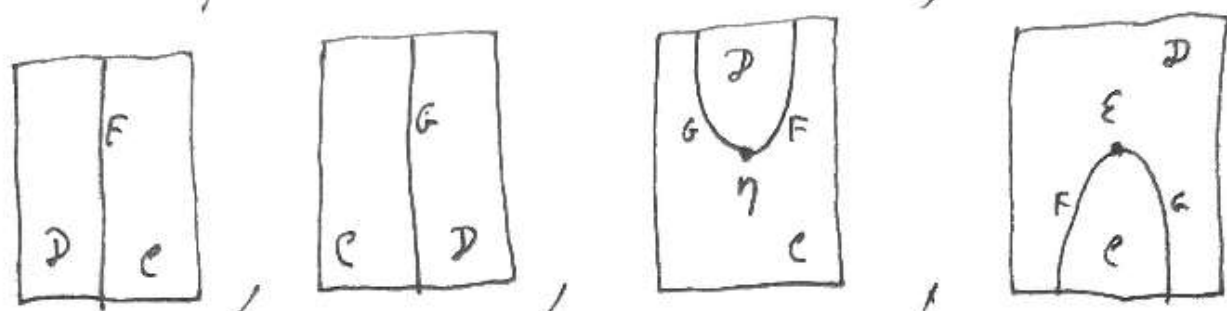


claims

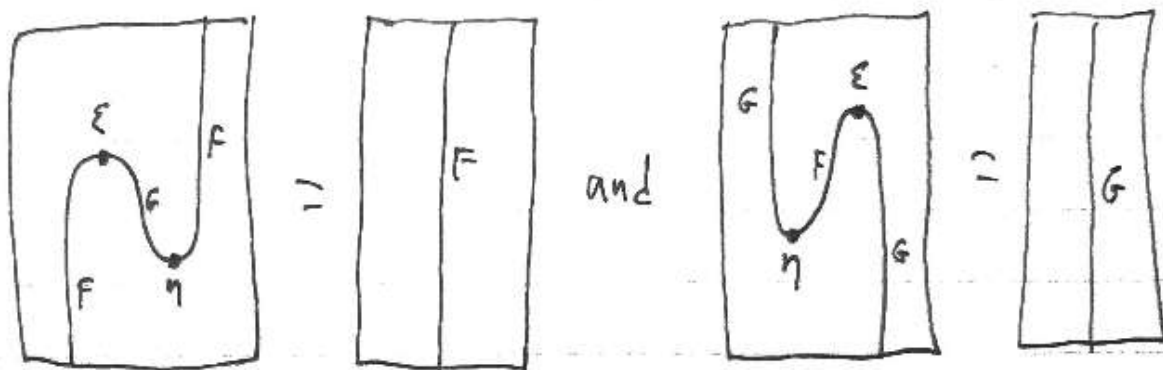




Finally, in the language of string diagrams, we may completely rephrase the definition of an adjunction as the following information:

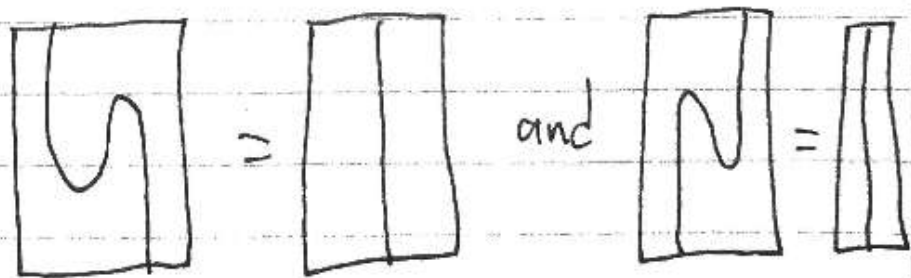


such that



Remark: Once the data of  $F, G, \eta, \epsilon$  is understood, the axioms might be written in an even more concise way, with context fully determining the meaning.

Hence, if we write



the reader can infer

where  $\eta$  and  $\epsilon$  go based on the shape of the string.

Also, strings provide a medium for "categorical calculations", during which people often leave off labels.

We close with an application:

The final point of discussion will showcase how powerful string manipulation can be.

We introduce the definition of a monad, display the definition in terms of strings, and prove the following: if  $\mathcal{C} \xrightleftharpoons[\mathcal{G}]{\mathcal{F}} \mathcal{D}$ , then  $GF$  is a monad.

Definition: A monad  $T$  is a functor on some category  $\mathcal{C}$  along with natural transformations  $\eta: 1_{\mathcal{C}} \rightarrow T$ ,  $\mu: T^2 \rightarrow T$

such that these diagrams in  $[\mathcal{C}, \mathcal{C}]$  commute:

$$\begin{array}{ccc} T & \xrightarrow{T\eta} & T^2 \\ & \searrow 1_T & \downarrow \mu \\ & & T \end{array}, \quad \begin{array}{ccc} T & \xrightarrow{\eta T} & T^2 \\ & \searrow 1_T & \downarrow \mu \\ & & T \end{array}, \quad \begin{array}{ccc} T^3 & \xrightarrow{T\mu} & T^2 \\ \mu T \downarrow & & \downarrow \mu \\ T^2 & \xrightarrow{\mu} & T \end{array}$$

Remark: there are formal similarities between this definition and the axioms of a monoid, with  $\eta$  being the monoidal unit and  $\mu$  being the multiplication. The first 2 commutative triangles express that  $\eta$  is a right and left identity with respect to  $\mu$ , and the commutative square claims that  $\mu$  is associative.

One can summarize by saying "a monad is a monoid object in the category of endofunctors", which is an often repeated slogan among category theorists, and for whatever reason, also functional programmers.

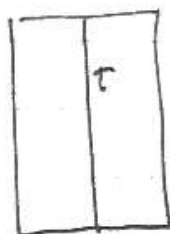
Note, to gain intuition, think about what a monad looks like if  $\mathcal{C}$  is a poset category.

Hint: these two words arguably give it away, but "closure operator"

Now<sup>16</sup> that we have a bit of a feel for monads, the theorem is that if  $F: \mathcal{C} \rightarrow \mathcal{D}$ ,  $G: \mathcal{D} \rightarrow \mathcal{C}$  with  $F$  left adjoint to  $G$ , then  $GF$  forms a monad on  $\mathcal{C}$ .

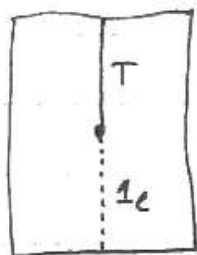
To see how this could be the case, let's recast our definition of a monad in terms of strings.

The functor  $T: \mathcal{C} \rightarrow \mathcal{C}$  looks like



the natural transformation  $\eta: 1_{\mathcal{C}} \rightarrow T$

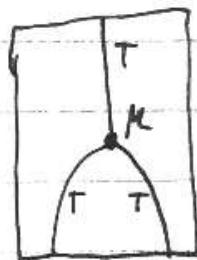
looks like



but as before, we write

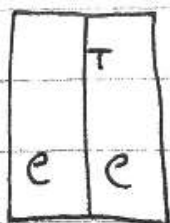


and  $\mu: T^2 \rightarrow T$  looks like



For string diagrams encoding a monad, every region is implicitly labeled  $\mathcal{C}$ , and we can also assume every string is  $T$ .

So a monad is

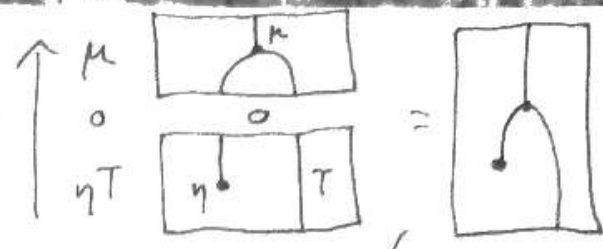
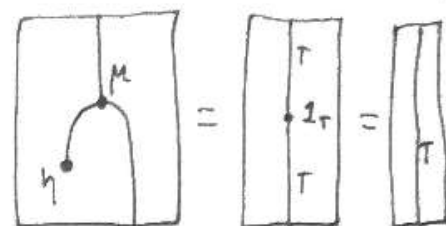
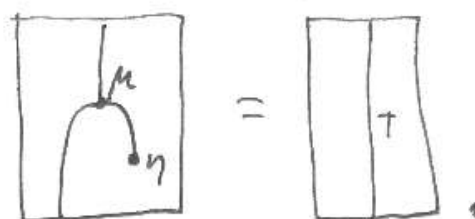
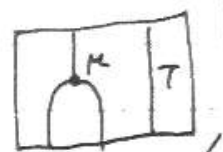


satisfying certain rules.

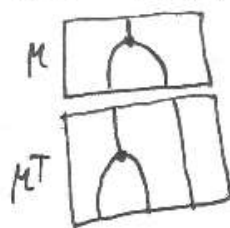
The commutative diagrams assert that  $\mu \circ \eta T = 1_T$ ,  $\mu \circ T \eta = 1_T$ , and  $\mu \circ \mu T = \mu \circ T \mu$ . Let's see what these equations look like in strings

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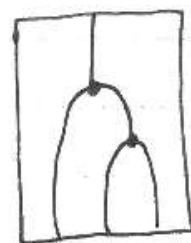
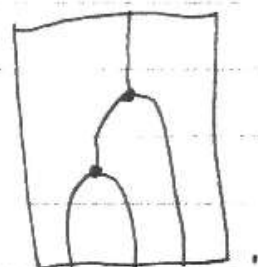
The expression

The ~~equation~~  $\mu \circ \eta T$  looks likeThe equation claims  $\mu \circ \eta T = 1_T$ , soLikewise,  $\mu \circ T \eta$  meansTo parse  $\mu \circ \mu T$ , we note $\mu T$  looks like

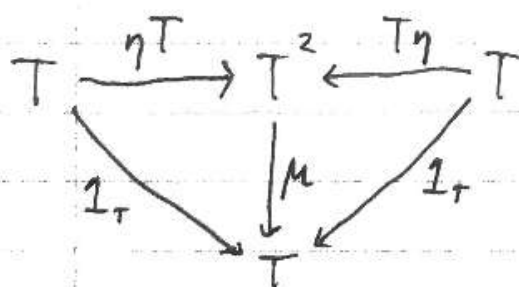
and when stacked as



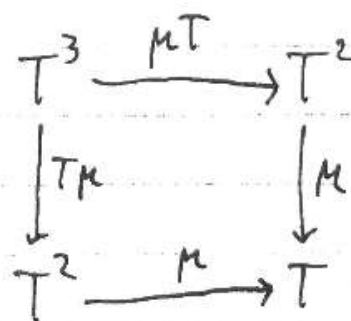
we obtain

Likewise,  $\mu \circ T \mu$  looks like

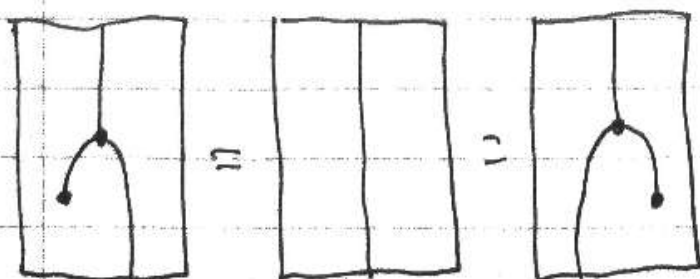
So, again, the commutative diagrams defining a monad,



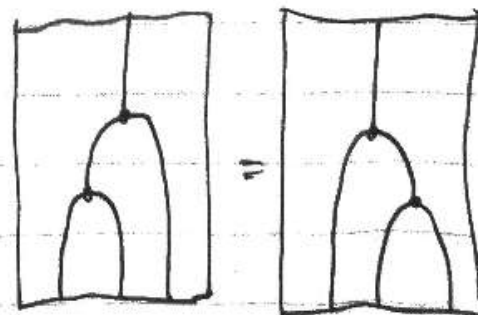
and



are equivalent to the equations!



and

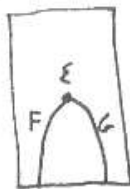
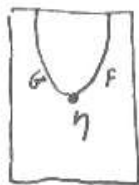
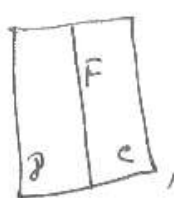


(the labels can be recovered with some thought).

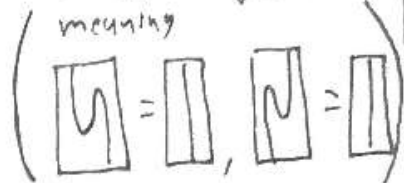
Last but not least, we will swiftly prove the theorem that the composition of a left, then right adjoint is a monad.

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proof: Let

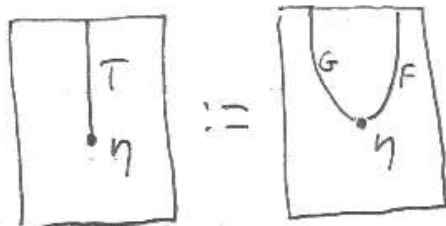


be an adjunction meaning



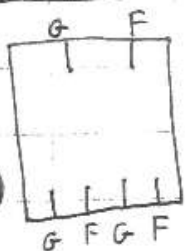
Let  $T = GF$ . We need an  $\eta$  and  $\mu$  for  $T$ .

Let  $\eta: 1_C \rightarrow T$  just be the  $\eta$  given by the adjunction:

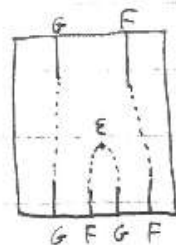


We need  $\mu: T^2 \rightarrow T$ , which is  $GF GF \rightarrow GF$

Here's a trick. Draw a string diagram



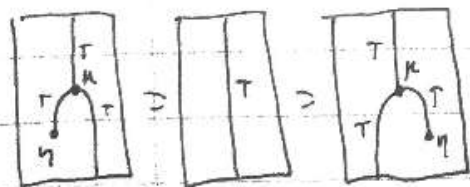
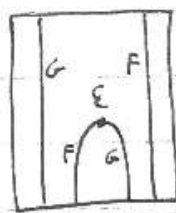
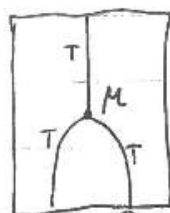
with a missing middle. Now, it should be visually clear that



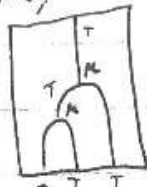
works.

So we define  $\mu$  as  $GEF$ :

With  $\eta$  and  $\mu$  defined, we want to show they satisfy the monad laws.

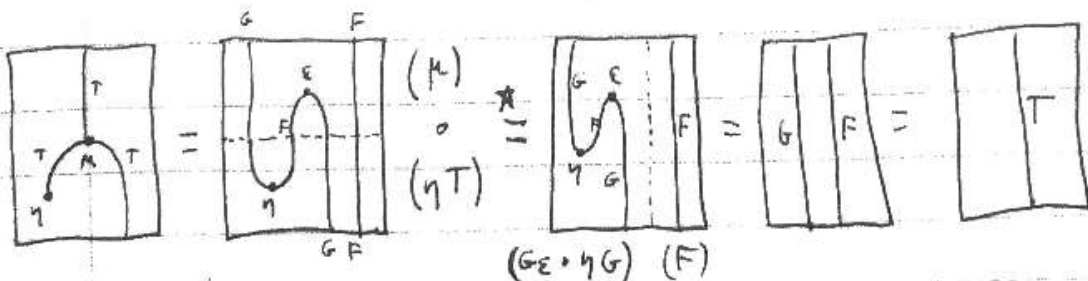


and



If so, then  $T = GF$  is a monad on  $C$ .

We have



the dashed line is indicating how these strings are being grouped. This calculation implicitly used the interchange law at  $\star$ .



Likewise.

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$$\begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array}$$

In both cases, we see that which is true since  $F \dashv G$ .

$$\begin{array}{|c|} \hline \text{ } \\ \hline \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \text{ or } \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array}$$

To show  $\mu$  satisfies "associativity", we expand

$$\begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \text{ as } \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array}$$

$G \quad F \quad G \quad F \quad G \quad F$

Thus, we are done, and  $GF$  is a monad

to be fully precise, the middle part are both  $\varepsilon \circ \varepsilon$ , even though

$$\begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array} = \begin{array}{|c|} \hline \text{ } \\ \hline \end{array} \begin{array}{c} \text{ } \\ \text{ } \\ \text{ } \end{array}$$

the first was given as  $(1 \circ \varepsilon) \circ (\varepsilon F G)$ , and the second by  $(\varepsilon 1) \circ (F G \varepsilon)$ . Notice also,  $F(G\varepsilon) = (FG)\varepsilon$ . The interchange law is the ultimate source of all of these equalities, and with string diagrams, they become visually clear.

As a challenge, and also to illustrate the point, try to prove that  $GF$  is a monad without appealing to string diagrams, by using just the commutative diagrams, or (as an extra challenge), just reasoning with equations.

Conclusion:

when dealing with complicated expressions involving functors, natural transformations, and compositions thereof, string diagrams form a natural and intuitive language that eases the burden of complexity and formalism associated with category theory. They are, at least, useful tools. Enjoy!