

Poincaré Inequalities

Alejandro Morera Alvarez

μ satisfies a Poincaré inequality $\Rightarrow (T_t)$ ergodic Markov semigroup wrt some "gradient" converges to μ exponentially fast wrt the same "gradient"

TLDR:

Thm (Poincaré) X reversible, ergodic, $\mu \in \partial_e \mathcal{I}(X)$. TFAE:

$$1) \text{Var}_{\mu} f \leq c \mathcal{E}(f, f)$$

$$2) \|T_t f - \int f d\mu\|_{L^2_\mu} \leq e^{-t/c} \|f - \int f d\mu\|_{L^2_\mu}.$$

$$3) \mathcal{E}(T_t f, T_t f) \leq e^{-2t/c} \mathcal{E}(f, f).$$

Best constant $c^* :=$ spectral gap.

Goal: Show Poincaré's Theorem and Gaussian-Poincaré as corollary.

Recap: Representations of Markov processes.

Motivation: $\begin{cases} \dot{x}(t) = Ax(t) \\ x(0) = x_0 \end{cases} \rightsquigarrow x_0 \mapsto x(t, x_0) = e^{At}x_0 = T_t x_0$

Markov Process $(X_t)_{t \geq 0}$

$$\text{Semigroup } (T_t f)(x) := E_x f(X_t)$$

$$T_0 = \text{id}, T_{t+s} = T_t T_s, \|T_t\| \leq 1$$

$$\int \int f(X_t(\omega)) dP_{\mu}(\omega) = E(f(X_t) | X_0 = \mu)$$

Kolmogorov Equation

$$\frac{d}{dt} e^{tA} x_0 = A e^{tA} x_0 \rightsquigarrow \frac{d}{dt} T_t f = L T_t f = T_t L f$$

$$= e^{tA} A x_0$$

$$\text{or } T_t f = e^{tA} f$$

$$f \in C_c(S)$$

$$f \in \mathcal{D}(L)$$

Stationarity $\forall t > 0, f \in C_c(S): \int T_t f d\mu = \int f d\mu$

μ -average invariant under dynamics

$$\mu \in \mathcal{I}(X)$$

$\cup I$ ← we take stationarity in def. of ergodicity.

Ergodicity $\int |\int T_t f - \int f d\mu|^2 d\mu \xrightarrow[t \rightarrow \infty]{} 0$

Stationarity $\xrightarrow[X]{\mu}$
Time average $\xrightarrow{\mu}$ Space average
Poincaré:

$$\mu \in \partial_c \mathcal{I}(X)$$

What can we say about rate?

Reversibility $T_t \mathcal{L}^2(\mu)$ -selfadjoint.

Forward Dynamics \equiv Backward Dynamics

Dirichlet Form $\mathcal{E}(f, g) := - \int f \mathcal{L} g d\mu$.

"Inner product tailored to the Markov process"

Thm (Poincaré) X reversible, ergodic, $\mu \in \partial_e \mathcal{I}(X)$. TFAE:

Variance bounded by Dirichlet Form

$$1) \text{Var}_\mu f \leq c \mathcal{E}(f, f)$$

Cage to Space Average

$$2) \|T_t f - \int f d\mu\|_{L^2_\mu} = \frac{\int T_t f d\mu}{\int f d\mu} \text{ by } \mu \text{ stationary!}$$

Exponential Contractivity of Dirichlet Form

$$3) \mathcal{E}(T_t f, T_t f) \leq e^{-2t/c} \mathcal{E}(f, f).$$

$$\rightsquigarrow 2) \text{Var}_{T_t f} \leq e^{-2t/c} \text{Var}_f$$

Exponential Decay of Variance of the Dynamics

Exercise: (Ornstein-Uhlenbeck) (Hints left in * in your slides)

why? Use OU to derive GP inequality using Poincaré.

$$X_t = e^{-t} X_0 + e^{-t} \beta e^{2t-1}, \quad X_0 \perp \beta$$

$$\text{Stationarity} \quad \int T_t f d\mu = \int f d\mu$$

$$(T_t f)(x) = E_x f(e^{-t} x + \sqrt{1-e^{-2t}} \xi) \\ \xi \stackrel{P}{\sim} N(0, 1)$$

$$\text{Ergodicity} \quad T_t f \rightarrow \int f d\mu \text{ in } L^2(\mu)$$

$$\mathcal{L} f = -x D_x f + D_x^2 f$$

$\mu = N(0, 1)$ ergodic

$$\mathcal{E}(f, g) = \int D_x f \cdot D_x g d\mu, \quad d\mu = g_{0,1} d\lambda$$

Standard Gaussian

$$\Rightarrow \mathcal{E}(f, f) = \int (D_x f)^2 d\mu = \mathbb{E} [D_x f(X)]^2 \text{ seems familiar!}$$

Cov (Gaussian-Poincaré) $X \sim \mathcal{N}(0, 1) \Rightarrow \text{Var}_\mu f(X) \leq E_{D_\mu} f(X)^2$

- 1) $\text{Var}_\mu f \in C_c(f, f)$.
- 2) $\text{Var}_\mu T_t f \leq e^{-2t/2} \text{Var}_\mu f$.
- 3) $E(T_t f, T_t f) = e^{-2t/2} E(f, f)$.

Pf: We show 3) holds.

$$(T_t f)(x) = \int f(x + t - e^{-2t} s) dP$$

$$\mathbb{E}(fg) = \int fg d\mu, \text{ i.e. } X_\mu P = \mu$$

$$\begin{aligned} \Rightarrow E(T_t f, T_t f) &= \|D_x T_t f\|_{L^2}^2 \stackrel{(*)}{=} e^{-2t} \|T_t D_x f\|_{L^2}^2 \stackrel{\text{DCR+}}{\leq} e^{-2t} \|D_x f\|_{L^2}^2 = e^{-2t/2} E(f, f) \end{aligned}$$

\Rightarrow 3) holds with $c=1$. Thus, by Poincaré, the claim follows. \square

Prove Poincaré with:

Lemma I $\frac{d}{dt} \text{Var}_\mu T_t f = -2E(T_t f, T_t f).$ Stationarity of μ .

Lemma II $\text{Var}_\mu f = 2 \int_0^\infty E(T_t f, T_t f) d\lambda(t).$ Ergodicity and FTC.

$$\text{I)} \frac{d}{dt} \text{Var}_\mu T_t f = \frac{d}{dt} \int (T_t f)^2 - \left(\int T_t f d\mu \right)^2 d\mu = \frac{d}{dt} \int (T_t f)^2 d\mu \stackrel{\text{DCR+}}{=} \int \frac{d}{dt} (T_t f)^2 d\mu = 2 \int T_t f dT_t f d\mu.$$

$$\text{II)} \text{Var}_\mu f = \text{Var}_\mu T_0 f - \underbrace{\text{Var}_\mu \left(\int f d\mu \right)}_{=0} \stackrel{\text{Ergodicity}, \text{DCR+}}{=} - \int_0^\infty \frac{d}{dt} \text{Var}_\mu T_t f d\lambda(t) \stackrel{\text{FTC}}{=} 2 \int_0^\infty E(T_t f, T_t f) d\lambda(t)$$

Product Rule
 $\frac{d}{dt} T_t f = L T_t f$

$$\text{I) } \frac{d}{dt} \text{Var}_{\mu} T_t f = -2\mathcal{E}(T_t f, T_t f).$$

$$\text{II) } \text{Var}_{\mu} f = 2 \int_0^\infty \mathcal{E}(T_{t,f}, T_{t,f}) d\lambda(t).$$

$$1) \text{Var}_{\mu} f \leq c \mathcal{E}(f, f).$$

$$2) \text{Var}_{\mu} T_t f \leq e^{-2t/c} \text{Var}_{\mu} f$$

$$3) \mathcal{E}(T_{t,f}, T_{t,f}) \leq e^{-2t/c} \mathcal{E}(f, f).$$

See later (Reversibility)

Poincaré 2) \Leftrightarrow 1) \Leftrightarrow 3)

Pf:

$$\text{"1) } \Rightarrow \text{2)"}$$

$$\frac{d}{dt} \text{Var}_{\mu} T_t f \stackrel{\text{I)}}{=} -2\mathcal{E}(T_t f, T_t f) \stackrel{2)}{\leq} -\frac{2}{c} \text{Var}_{\mu} T_t f$$

Grenzwert

$$\Rightarrow \text{Var}_{\mu} T_t f \leq e^{-2t/c} \text{Var}_{\mu} f.$$

$$\text{"2) } \Rightarrow \text{1)"}$$

$$2\mathcal{E}(f, f) \stackrel{\text{I)}}{=} -\frac{d}{dt} \text{Var}_{\mu} (T_t f) \Big|_{t=0} = \lim_{t \rightarrow 0} \frac{\text{Var}_{\mu} f - \overbrace{\text{Var}_{\mu} T_t f}^{\text{independent of } t}}{t}$$

$$\stackrel{2)}{\leq} e^{-2t/c} \text{Var}_{\mu} f$$

$$\geq \lim_{t \rightarrow 0} \frac{1 - e^{-2t/c}}{t} \text{Var}_{\mu} f \stackrel{-1/c|_{t=0}}{=} \frac{2}{c} \text{Var}_{\mu} f.$$

$$\text{"3) } \Rightarrow \text{1)"}$$

$$\text{Var}_{\mu} f \stackrel{\text{II)}}{=} 2 \int_0^\infty \mathcal{E}(T_{t,f}, T_{t,f}) d\lambda(t) \stackrel{3)}{\leq} 2 \int_0^\infty \underbrace{\mathcal{E}(f, f)}_{\text{independent of } t} e^{-2t/c} d\lambda(t)$$

$$= c \mathcal{E}(f, f).$$

□

For "2) \Rightarrow 3)", we require reversibility.

- 1) $\text{Var}_p f \leq c \mathcal{E}(f, f)$.
- 2) $\text{Var}_p T_t f \leq e^{-2t/c} \text{Var}_p f$
- 3) $\mathcal{E}(T_t f, T_t f) \leq e^{-2t/c} \mathcal{E}(f, f)$.

Lemma III (T_f) reversible $\Rightarrow t \mapsto \log \text{Var}_p T_t f$ convex.

Hint: $f \in C^2(\Omega)$ convex $\Leftrightarrow f'' \geq 0$ $\Rightarrow \text{Var}_p \frac{d}{dt} T_t f$ nondecreasing.

and prove $\mathcal{E}(\cdot, \cdot)$ satisfies a CS-like inequality $\mathcal{E}(f, g)^2 \leq \mathcal{E}(f, f) \mathcal{E}(g, g)$.

"2) \Rightarrow 3)" $t \mapsto \frac{d}{dt} \log \text{Var}_p T_t f = -\frac{2\mathcal{E}(T_t f, T_t f)}{\text{Var}_p T_t f}$ calculate $\stackrel{T_0 = \text{id}}{\geq} -\frac{2\mathcal{E}(f, f)}{\text{Var}_p f}$.

Rearrange $\Rightarrow \frac{\mathcal{E}(T_t f, T_t f)}{\mathcal{E}(f, f)} \leq \frac{\text{Var}_p T_t f}{\text{Var}_p f} \stackrel{2)}{\leq} e^{-2t/c}$. □

1) Spectral Gap

$$S = \{1, \dots, d\} \Rightarrow \mathbb{R}^{d \times d} \ni L = L^T \stackrel{\text{Reversible}}{\Rightarrow} \sigma(L) \subseteq \mathbb{R} \text{ with ONB.}$$

$$(T_f f)(x) := e^{\frac{tL}{2}} f(x) \quad \xleftarrow{x \in S = \{1, \dots, d\}} \quad L f_x$$

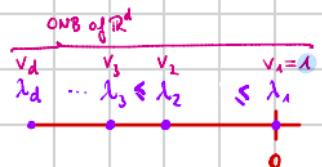
$$\stackrel{\text{"Maximum Principle"} \atop (L \geq 0)}{0 \leq \mathcal{E}(f, f) = -\langle f, Lf \rangle_{\mu}}$$

$$\Rightarrow \sigma(L) \leq 0.$$

Positive definite, symmetric (L)

$$L1 = 0 = 0 \cdot 1$$

$$\Rightarrow \lambda_1 := 0 \in \sigma(L).$$



$$f \perp 1 \Rightarrow \mathcal{E}(f, f) = -\langle f, Lf \rangle_{\mu} \geq -\lambda_2 \|f\|_{\mathcal{H}^2(\mu)}^2 = (\lambda_1 - \lambda_2) \text{Var}_{\mu}(f)$$

Spectral Gap = c'

$f = v_2 \Rightarrow$ becomes equality \rightsquigarrow is tight.

$$d v_2 = 2 \lambda_2 v_2$$

$$\text{Var}_{\mu} f \leq \underbrace{(\lambda_1 - \lambda_2)^{-1}}_{=c} \mathcal{E}(f, f) \Rightarrow \begin{aligned} 1) &\stackrel{\text{Pointwise}}{\Rightarrow} 2) \stackrel{\text{Pointwise}}{\Rightarrow} \sup_{\substack{f = \sum_{i=1}^d a_i v_i \\ + \text{bound is tight}}} \frac{\sum_{i=2}^d e^{2\lambda_1 t} a_i^2}{\sum_{i=1}^d a_i^2} = e^{-2(\lambda_1 - \lambda_2)t}. \end{aligned}$$

Controls precisely exponential convergence rate of semigroup

2) Sample Paths $t \mapsto X_t^{(\sigma)}$ for $\omega \in \Omega$ and $dX_t^{(\sigma)} = -\alpha X_t dt + \sigma dB_t$, $\sigma \in \{1, \dots, 6\}$

$$X_0 = 0$$

```

import numpy as np
import matplotlib.pyplot as plt

# Parameters for the Ornstein-Uhlenbeck process
a = 1           # mean reversion rate
theta = 0        # long-term mean
x0 = 0          # initial value
T = 1           # total time
dt = 0.001       # time step
n = int(T / dt) # number of steps
num_paths = 6    # number of sample paths

# Define different volatilities for each path
volatilities = [1.0, 2.0, 3.0, 4.0, 5.0, 6.0] # Adjust each value for each path

# Generate the paths
time = np.linspace(0, T, n)
paths = np.zeros((num_paths, n))
for i in range(num_paths):
    sigma = volatilities[i] # Set sigma for each path
    x = x0
    for j in range(1, n):
        dx = a * (theta - x) * dt + sigma * np.sqrt(dt) * np.random.randn()
        x += dx
        paths[i, j] = x

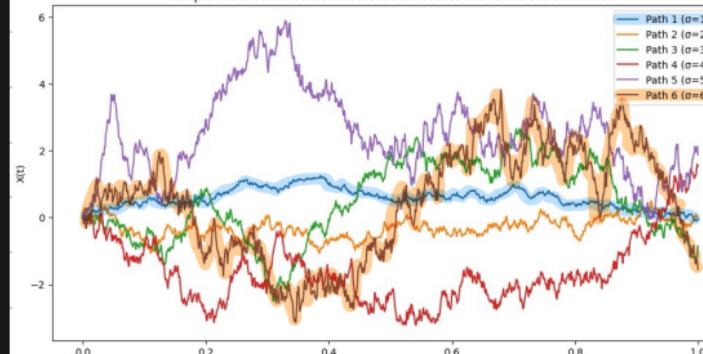
# Plot the sample paths
plt.figure(figsize=(12, 6))
for i in range(num_paths):
    plt.plot(time, paths[i], label=f'Path {i+1} (\sigma={volatilities[i]})')
plt.xlabel('Time')
plt.ylabel('X(t)')
plt.title("Sample Paths of the Ornstein-Uhlenbeck Process with Different Volatilities")
plt.show()

```

Scaling property of B_t

(one) Motivation: Physics – velocity of a particle undergoing B_t (recall $t \mapsto B_t(\omega)$ is not diffble for a.e. $\omega \in \Omega$). [3]

Sample Paths of the Ornstein-Uhlenbeck Process with Different Volatilities



$$dX_t = -\alpha X_t dt + \sigma dB_t$$

$$X_0 = 0$$

The End.

Questions?

- References:
- 1) Van Handel , Probability in High Dimensions.
 - 2) Liggett , Continuous Time Markov Processes.
 - 3) Yeo , ⁽¹⁾ Eventually Almost Everywhere , Ornstein-Uhlenbeck Process.