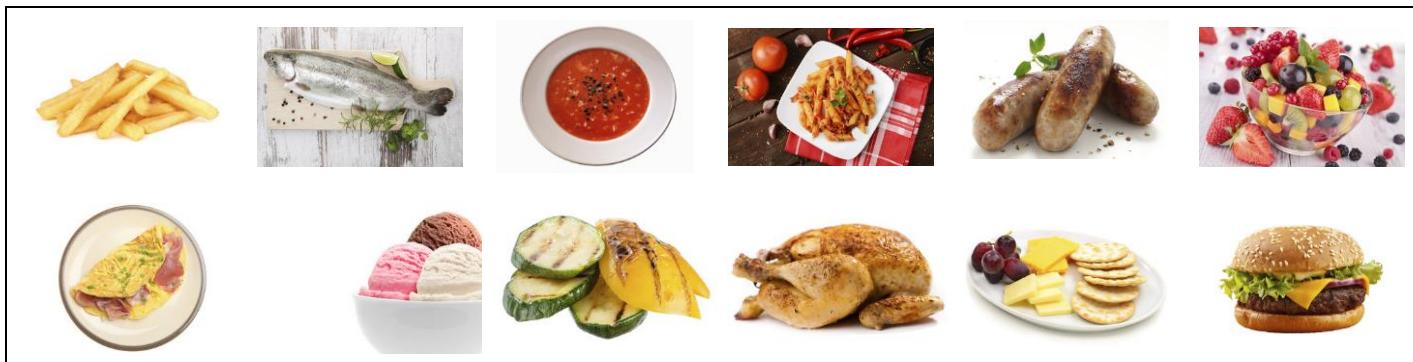


Listening skills practice: Eating out – exercises

Listen to the conversation in a restaurant and do the exercises to improve your listening skills.

Preparation

Do this exercise before you listen. Draw a line to match the pictures with the words below.



fruit salad	cheeseburger	vegetables	cheese and biscuits	ice cream	pasta
chips	roast chicken	sausages	tomato soup	omelette	grilled fish

1. Check your understanding: true or false

Do this exercise while you listen. Circle *True* or *False* for these sentences.

1. The customers want two tables. True False
2. There are two customers eating together. True False
3. The two customers order the same starter. True False
4. Both customers order the Thai chicken for their main course. True False
5. The customers order cold drinks. True False
6. Both customers order a dessert. True False

2. Check your understanding: gap fill

Do this exercise while you listen. Complete the gaps with a word from the box.

would

ready

for

have

like

1. A table _____ two, please.
2. Are you _____ to order?
3. What would you _____ for your starter?
4. I'd _____ French onion soup, please.
5. What _____ you like to drink?
6. I'll _____ a fresh orange juice.

THE BOAT RESTAURANT

STARTERS <table style="width: 100%; border-collapse: collapse;"> <tr><td>Tomato Soup</td><td>£2.00</td></tr> <tr><td>French Onion Soup</td><td>£2.50</td></tr> <tr><td>Tomato Salad</td><td>£2.90</td></tr> <tr><td>Chicken Salad</td><td>£3.30</td></tr> </table> <p>All starters are served with bread and butter</p>	Tomato Soup	£2.00	French Onion Soup	£2.50	Tomato Salad	£2.90	Chicken Salad	£3.30	SNACKS <p>Lunchtime only</p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Cheese Burger</td><td>£3.20</td></tr> <tr><td>Vegetable omelette</td><td>£3.25</td></tr> <tr><td>Chocolate cake</td><td>£2.25</td></tr> </table>	Cheese Burger	£3.20	Vegetable omelette	£3.25	Chocolate cake	£2.25	<table style="width: 100%; border-collapse: collapse;"> <tr><td>Cheese & tomato sandwich</td><td>£3.25</td></tr> <tr><td>Burger</td><td>£2.90</td></tr> <tr><td>Chicken sandwich</td><td>£3.50</td></tr> <tr><td>Cheese omelette</td><td>£3.50</td></tr> </table> <p>All snacks are served with salad and chips</p>	Cheese & tomato sandwich	£3.25	Burger	£2.90	Chicken sandwich	£3.50	Cheese omelette	£3.50
Tomato Soup	£2.00																							
French Onion Soup	£2.50																							
Tomato Salad	£2.90																							
Chicken Salad	£3.30																							
Cheese Burger	£3.20																							
Vegetable omelette	£3.25																							
Chocolate cake	£2.25																							
Cheese & tomato sandwich	£3.25																							
Burger	£2.90																							
Chicken sandwich	£3.50																							
Cheese omelette	£3.50																							
MAIN COURSES <table style="width: 100%; border-collapse: collapse;"> <tr><td>German sausage and chips</td><td>£6.50</td></tr> <tr><td>Grilled fish and potatoes</td><td>£6.25</td></tr> <tr><td>Italian cheese & tomato pizza</td><td>£4.85</td></tr> <tr><td>Thai chicken and rice</td><td>£5.95</td></tr> <tr><td>Vegetable pasta</td><td>£4.85</td></tr> <tr><td>Roast chicken and potatoes</td><td>£5.95</td></tr> </table>			German sausage and chips	£6.50	Grilled fish and potatoes	£6.25	Italian cheese & tomato pizza	£4.85	Thai chicken and rice	£5.95	Vegetable pasta	£4.85	Roast chicken and potatoes	£5.95										
German sausage and chips	£6.50																							
Grilled fish and potatoes	£6.25																							
Italian cheese & tomato pizza	£4.85																							
Thai chicken and rice	£5.95																							
Vegetable pasta	£4.85																							
Roast chicken and potatoes	£5.95																							
DRINKS <table style="width: 100%; border-collapse: collapse;"> <tr><td>Mineral water</td><td>£1.00</td></tr> <tr><td>Fresh orange juice</td><td>£1.25</td></tr> <tr><td>Soft drinks</td><td>£1.30</td></tr> <tr><td>English Tea</td><td>£0.90</td></tr> <tr><td>Irish Cream Coffee</td><td>£0.90</td></tr> </table>			Mineral water	£1.00	Fresh orange juice	£1.25	Soft drinks	£1.30	English Tea	£0.90	Irish Cream Coffee	£0.90												
Mineral water	£1.00																							
Fresh orange juice	£1.25																							
Soft drinks	£1.30																							
English Tea	£0.90																							
Irish Cream Coffee	£0.90																							
DESSERTS <table style="width: 100%; border-collapse: collapse;"> <tr><td>Fruit salad and cream</td><td>£2.25</td></tr> <tr><td>Ice cream</td><td>£2.00</td></tr> <tr><td colspan="2">(choose from chocolate, coffee, or lemon)</td></tr> <tr><td>Lemon cake</td><td>£2.25</td></tr> <tr><td>Chocolate cake</td><td>£2.25</td></tr> <tr><td>Cheese and biscuits</td><td>£2.50</td></tr> </table>			Fruit salad and cream	£2.25	Ice cream	£2.00	(choose from chocolate, coffee, or lemon)		Lemon cake	£2.25	Chocolate cake	£2.25	Cheese and biscuits	£2.50										
Fruit salad and cream	£2.25																							
Ice cream	£2.00																							
(choose from chocolate, coffee, or lemon)																								
Lemon cake	£2.25																							
Chocolate cake	£2.25																							
Cheese and biscuits	£2.50																							
Lunch served 12:30 - 2:30pm / Dinner served 6:00 - 9:00pm																								

Discussion

What food and drink from this menu would you order?

Listening skills practice: Free time - exercises

Listen to Tyrone calling his local swimming pool and do the exercises to practise and improve your listening skills.

Preparation

Do this exercise before you listen. Write the words in the correct group.

badminton	water polo	football
table tennis	diving	sailing
basketball	golf	rugby

Water sports	Indoor sports	Outdoor sports

1. Check your understanding: gap fill

Do this exercise while you listen. Complete the registration form with Tyrone's information.

BROWNTON SWIMMING POOL REGISTRATION FORM
Name: Tyrone
Surname:
Age:
Interested in (sport):

2. Check your understanding: true or false

Do this exercise while you listen. Circle *True* or *False* for these sentences.

- | | | | |
|----|---|-------------|--------------|
| 1. | There are four different age groups that play water polo. | <i>True</i> | <i>False</i> |
| 2. | Tyrone wants to join the under 14s club. | <i>True</i> | <i>False</i> |
| 3. | The under 16s water polo team train three times a week. | <i>True</i> | <i>False</i> |
| 4. | The under 16s train on Monday and Thursday. | <i>True</i> | <i>False</i> |
| 5. | Water polo matches are played on Saturdays. | <i>True</i> | <i>False</i> |
| 6. | You have to pay to join the water polo classes for under 18s. | <i>True</i> | <i>False</i> |
| 7. | You need to bring a photo to register at the swimming pool. | <i>True</i> | <i>False</i> |
| 8. | Training for the water polo team starts this week. | <i>True</i> | <i>False</i> |

Vocabulary Box Write any new words you have learnt in this lesson.

Are you a member of any sports clubs?

What sports do you play?

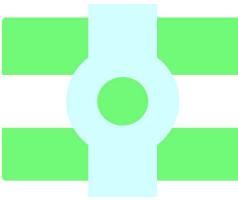
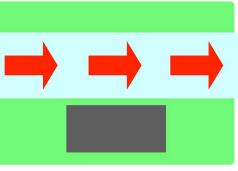
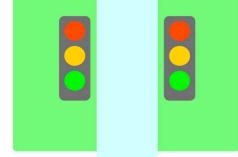
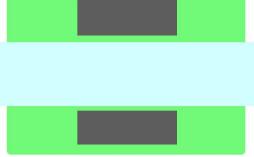
Do you like watching sport?

Listening skills practice: Giving directions – exercises

Do the preparation exercise first. Then look at the map and listen to the directions while you do the exercises.

Preparation

Do this exercise before you listen. Write the correct word in the boxes below the picture.

turn left	roundabout	next to	go past	take the second left
turn right	opposite	take the second right	traffic lights	go straight on
				
				

1. Check your understanding: gap fill

Do this exercise while you listen.



- A. The speaker gives directions to the _____
- B. The speaker gives directions to the _____
- C. The speaker gives directions to the _____
- D. The speaker gives directions to the _____

2. Check your understanding: gap fill

Do this exercise while you listen. Complete the gaps with a word from the box.

take

past

on

straight

At

second

Go

1. Go _____ on.
2. _____ past the traffic lights.
3. It's the building next to the library _____ the left.
4. _____ the roundabout turn left.
5. Then _____ the first left on to Green Street.
6. Go _____ the traffic lights and take the _____ right on to King's Road.

What do you do when you get lost in a town or city?

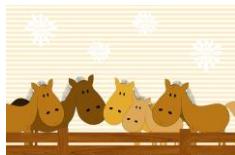
Vocabulary Box Write any new words you have learnt in this lesson.

Listening skills practice: Going to the cinema – exercises

Listen to Mario and Tamara talking about what film they want to see and do the exercises to practise and improve your listening skills.

Preparation

Do this exercise before you listen. Draw a line to match the pictures with the words below.



historical drama

cartoon

romantic comedy

science fiction

horror

action

1. Check your understanding: multiple choice

Do this exercise while you listen. Circle the correct answers.

Which film are Mario and Tamara going to see?

Mr and Mrs Jones

War Games

Robot 2075

King Robert V

Forever

Midnight Moon

What time does the film they want to see start?

12.00 p.m.

2.30 p.m.

5.20 p.m.

7.00 p.m.

7.15 p.m.

7.30 p.m.

What time are Mario and Tamara going to meet?

12.00 p.m.

2.30 p.m.

5.20 p.m.

7.00 p.m.

7.15 p.m.

7.30 p.m.

2. Check your understanding: gap fill

Do this exercise while you listen. Complete the gaps with the correct word.

1. **Tamara:** Hi, Mario. Do you want to go and watch a _____?
Mario: Hi, Tamara. Sure, what's _____?
2. **Tamara:** Well there are two action films, *Mr and Mrs Jones* and *War Games*, and they're both in _____.
Mario: I've already seen *Mr and Mrs Jones*. I haven't seen *War* _____ but I don't really want to see an _____ film. What else is _____?
4. **Tamara:** There's that science fiction film, *Robot 2075*, but I've already _____ it.
Mario: Is it _____?
5. **Tamara:** Yes, it is, but I don't want to see it _____. There's a _____ comedy called *Forever*.
6. **Mario:** Mmm, I'm not sure. Are there any _____ films on?
Tamara: Yes, there's *Midnight Moon*. It's got _____ in it.
7. **Mario:** OK, sounds good. Let's go and watch *Midnight Moon*. What _____ is it on?
Tamara: It's on at 12 o'clock or at half past _____.
Mario: Is it on this _____?
Yes, at 7.30.
Mario: Perfect. Let _____ at 7.30.
8. **Tamara:** OK, shall we _____ at the cinema at 7.00?
Mario: Great! See you _____.
Tamara: Bye.

What type of films do you like? What was the last film you saw at the cinema?

I like *action / romantic / horror / science fiction* films.

I saw ...

Listening skills practice: Shopping for clothes – exercises

Listen to the conversation between a customer and a shop assistant and do the exercises to improve your listening skills.

Preparation

Do this exercise before you listen. Write the correct word in the boxes below the picture.

cash	credit card	receipt
checkout	changing rooms	T-shirt

1. Check your understanding: shop assistant or customer

Do this exercise while you listen. Circle *Shop assistant* or *Customer* for these sentences.

<i>Shop assistant</i>	Is it OK?	<i>Customer</i>
<i>Shop assistant</i>	And in purple?	<i>Customer</i>
<i>Shop assistant</i>	Would you like to pay with credit card or with cash?	<i>Customer</i>
<i>Shop assistant</i>	Can I help you?	<i>Customer</i>
<i>Shop assistant</i>	Yes, have you got this T-shirt in other colours?	<i>Customer</i>
<i>Shop assistant</i>	Can I try it on?	<i>Customer</i>
<i>Shop assistant</i>	What size do you want?	<i>Customer</i>

2. Check your understanding: gap fill

Do this exercise while you listen.

1. What size T-shirt does the customer want? _____
2. Does the shop have a medium size purple T-shirt? _____
3. What colour T-shirt does the customer try on? _____
4. Does the customer buy the red T-shirt? _____
5. How much does it cost? _____
6. Does the customer pay by credit card or with cash? _____

Discussion

What was the last item of clothing you bought? Where and when did you buy it?

Are you happy with it?

Vocabulary Box

Write any new words you have learnt in this lesson.

Listening skills practice: Stop wasting time – exercises

Listen to the conversation about how to study better and do the exercises to practise and improve your listening skills.

Preparation

Fill the gaps with the verbs from the box.

need

waste

start off

end up

turn off

look up

1. When you need to study, you don't want to _____ time.
2. It's easy to _____ working well but _____ doing something else.
3. It's a good idea to _____ your music.
4. You can use the internet to _____ information.
5. Make sure you have everything you _____ before you start.

1. Check your understanding: reordering

Write a number (1–6) to put these tips in the order that you hear them.

- | | |
|-------|---|
| | Turn off your music. |
| | Take away the things that stop you working. |
| | Turn off your phone. |
| | Have something to eat and drink on your desk. |
| | Put your pet outside. |
| | Turn off your instant messages. |

2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

- | | | |
|--|------|-------|
| 1. Tom doesn't know how to start studying. | True | False |
| 2. Tom's mum thinks that music helps people study. | True | False |
| 3. Tom puts the dog outside. | True | False |
| 4. Tom's mum recommends having a sandwich on the desk. | True | False |
| 5. Tom doesn't want to turn off his phone at first. | True | False |
| 6. Tom needs the internet to study. | True | False |
| 7. Tom's going to turn off his messages. | True | False |
| 8. Tom thinks his mum has helped him. | True | False |

Discussion

What things stop you from working? What can you do to study better?

Vocabulary Box

Write any new words you have learnt in this lesson.

Listen to the conversation about taking notes and do the exercises to practise and improve your listening skills.

Preparation: ordering

Put these words in the correct order by writing a number in the brackets.

1. brilliant (____) You (____) are (____) history. (____) at (____)
2. notes (____) from (____) are (____) today. (____) my (____) These (____)
3. copy (____) You (____) to (____) everything. (____) have (____) don't (____)
4. to (____) You (____) the (____) have (____) write (____) words. (____) important (____)
5. your (____) test (____) Let's (____) memory. (____)
6. copy (____) You (____) to (____) everything. (____) have (____) don't (____)

1. Check your understanding: true or false

Circle *True* or *False* for these sentences.

- | | | |
|---|-------------|--------------|
| 1. Clare is good at history. | <i>True</i> | <i>False</i> |
| 2. Clare's notes are too long. | <i>True</i> | <i>False</i> |
| 3. Mark thinks you need to write everything. | <i>True</i> | <i>False</i> |
| 4. Mark draws a crown and an 'H' instead of 'King Henry'. | <i>True</i> | <i>False</i> |
| 5. Clare doesn't think Mark's idea is very good. | <i>True</i> | <i>False</i> |
| 6. Mark's way of taking notes doesn't work for Clare. | <i>True</i> | <i>False</i> |

2. Check your vocabulary: gap fill

Complete the sentences with a word from the box.

draw

important

write

exam

notes

remember

1. Clare has got a history _____ on Friday. Mark is helping her.
2. He looks at her _____ from today.
3. He explains she doesn't need to _____ everything, just the _____ words.
4. She can _____ pictures too.
5. Pictures help you _____ facts.

Discussion

How do you prepare for an exam?

Vocabulary Box

Write any new words you have learnt in this lesson.

Listening skills practice: Tour of London – exercises

Take a tour of London by listening to this tour guide and do the exercises to practise your listening skills.

Preparation

Do this exercise before you listen. Draw a line to match the pictures with the words below.



Big Ben

London bus

London Eye

Tower of London

Oxford Street

Tower Bridge

Houses of Parliament

Buckingham Palace

1. Check your understanding: ordering

Do this exercise while you listen. Write a number (1-8) to put these places in order that the tour bus will visit them.

- | | |
|-------|-------------------------|
| | Oxford Street |
| | Madame Tussauds, Museum |
| | Tower of London |
| | London Eye |
| | Houses of Parliament |
| | Buckingham Palace |
| | Big Ben |
| | Tower Bridge |

2. Check your understanding: multiple choice

Circle the best word to complete these sentences.

1. The tour takes 2 / 3 / 4 hours.
2. At Madame Tussaud's you can see maps of London / models of famous people / famous shops.
3. Oxford Street is a famous street for drinking tea / eating / shopping.
4. The Queen lives at Buckingham Palace / the Tower of London / Tower Bridge.
5. Big Ben is a tour guide / clock / bridge.
6. You can see great views of London from Oxford Street / the Houses of Parliament / London Eye.

Have you ever been to any of these places?

Where did you go?

What did you do?

Which city would you like to take a tour in? Why?

Listening skills practice: Trains and travel – exercises

Listen to five different conversations at a train station and do the exercises to improve your listening skills.

Preparation

Do this exercise before you listen. Match the vocabulary with the correct definition and write a – d next to the number 1 – 4.

- | | |
|------------------------|---|
| 1..... platform | a. A small piece of paper to allow you to use a train or bus. |
| 2..... ticket | b. The place in a train station where people get on and get off trains. |
| 3..... single (ticket) | c. A ticket to travel to a place, but not to travel back |
| 4..... return (ticket) | d. A ticket to travel to a place and back again. |

1. Check your understanding: matching

Do this exercise while you listen. Complete the gaps with the correct place from the box.

Oxford	Manchester	London
Cambridge	Exeter	

Listening A

The speaker wants to go to _____

Listening B

The speaker wants to go to _____

Listening C

The speaker wants to go to _____

Listening D

The train is going to _____

Listening E

The passengers want to go to _____

2. Check your understanding: question and answer

Do this exercise while you listen. Write the correct answer to these questions.

1. Which platform does the 10.15 train to Cambridge leave from? _____
2. How much is a single ticket to Manchester? _____
3. Which platform does the 12.30 train to Manchester leave from? _____
4. What time does the train arrive at Exeter? _____
5. What time is the train back to London? _____
6. Which platform does the train back to London leave from? _____

Discussion

Do you often use the train? Why / Why not?

What is your favourite type of public transport? Why?

Listening skills practice: Travelling abroad – exercises

Listen to the five airport announcements and do the exercises to practise and improve your listening skills.

Preparation

Do this exercise before you listen. Write a number (1-6) to put these sentences in order.

- | | |
|-------|-----------------------------|
| | Wait at the boarding gate |
| | Go to the checking-in desk. |
| | Board the plane. |
| | Go through immigration. |
| | The plane takes off. |
| | Arrive at the airport. |

1. Check your understanding: gap fill

Do this exercise while you listen. Complete the gaps with a word from the box.

New York	Athens	Amsterdam
Rome	Tokyo	

1. Speaker A: The plane is going to _____.
2. Speaker B: The plane is going to _____.
3. Speaker C: The plane is going to _____.
4. Speaker D: The plane is going to _____.
5. Speaker E: The plane is going to _____.

2. Check your understanding: gap fill

Do this exercise while you listen. Complete the gaps.

1. The 9.25 flight to Rome is delayed by _____ hours.
2. Passengers going to Tokyo should go to boarding gate _____.
3. Passengers going to Athens should go to boarding gate _____.
4. The flight number of the plane going to Amsterdam is _____. It will leave from gate _____.
5. The time in _____ is 18.30.
6. The temperature in New York is _____ °F.

Tell your partner/ group about the last time you took a flight somewhere.

Where did you go?

How long was the flight?

Did you have a good journey? Why?/ Why not?

Vocabulary Box Write any new words you have learnt in this lesson.

Listen to the presentation about using colours to organise homework and do the exercises to practise and improve your listening skills.

Preparation: matching

Match the two parts of the sentences and write a–f next to the numbers 1–6.

- | | |
|--------------------------------------|--------------------------------------|
| 1..... You can use colour | a. from a library. |
| 2..... A stationery shop | b. to remember important things. |
| 3..... You can write on sticky notes | c. days, weeks and months of a year. |
| 4..... We borrow books | d. is red, white and blue. |
| 5..... The flag of Britain | e. coding to organise homework. |
| 6..... A calendar shows the | f. sells pens and paper. |

1. Check your understanding: true or false

Circle *True* or *False* for these sentences.

- | | | |
|---|-------------|--------------|
| 1. You need to buy some stationery to organise your homework like this. | <i>True</i> | <i>False</i> |
| 2. The things you need are not cheap. | <i>True</i> | <i>False</i> |
| 3. The colour you choose should mean something to you. | <i>True</i> | <i>False</i> |
| 4. PE is yellow because she doesn't like yellow. | <i>True</i> | <i>False</i> |
| 5. She keeps all her notes in the same folder. | <i>True</i> | <i>False</i> |
| 6. She uses red for geography notes. | <i>True</i> | <i>False</i> |
| 7. She uses flags to mark pages she has to read. | <i>True</i> | <i>False</i> |
| 8. When she thinks of French, she thinks of her favourite animal. | <i>True</i> | <i>False</i> |

2. Check your understanding: matching

Match the subjects with the colours and write a–e next to the numbers 1–5.

- | | | |
|--------|--------|--------------|
| 1..... | green | a. French |
| 2..... | yellow | b. geography |
| 3..... | blue | c. PE |
| 4..... | black | d. history |
| 5..... | pink | e. maths |

3. Check your vocabulary: gap fill

Complete the sentences with a word from the box.

calendar	notes	folders
colour	pages	subject

1. The speaker uses _____ coding to organise her homework.
2. She suggests buying coloured pens, _____ and other stationery.
3. She chooses a colour for each _____.
4. History is blue so her folder is blue and her history _____ are on blue sticky notes.
5. Then she uses blue flags to mark the _____ she needs to read for history homework.
6. She uses coloured stars on a _____ to organise each subject's homework.

Discussion

Which colours would you choose for each school subject? Why?

Improve your listening: Weather forecast - exercises

Listen to the weather forecast and do the exercises to practise and improve your listening skills.

Preparation

Do this exercise before you listen. Draw a line to match the pictures with the words below.



rainy

windy

thunderstorm

sunny

dry

cloudy

1. Check your understanding: matching

Do this exercise while you listen. Match the two halves of the sentence and write a – d next to the number 1 – 4.

- | | |
|---|----------------------|
| 1..... The weather in the north is mostly | a. rainy. |
| 2..... The weather in the east is mostly | b. cloudy and sunny. |
| 3..... The weather in the west is mostly | c. dry and cloudy. |
| 4..... The weather in the south is mostly | d. windy. |

2. Check your understanding: gap fill

Do this exercise while you listen. Write the word to fill the gap.

1. Welcome to the weather forecast. Now, let's see what the weather is _____ today.
2. In the north of the country it's very windy and cold. There is a _____ of some rain, too.
3. The temperature is around 10 _____ centigrade.
4. In the east it's rainy all day today, I'm afraid. There may be a thunderstorm in the afternoon. The _____ is a bit higher, at around 13 degrees.
5. In the west and middle of the country the weather is dry _____ cloudy.
6. The south of the country has the _____ weather today. It's cloudy most of the time but sunny this afternoon.

What is the weather usually like in your city or town?

It's usually ... (hot/ cold/ windy etc.)

It usually ... (rains/ snows etc.)

Vocabulary Box

Write any new words you have learnt in this lesson.

Listening skills practice: Work - exercises

Listen to five different people talking about their jobs and do the exercises to practise and improve your listening skills.

Preparation

Do this exercise before you listen. Write the correct word in the boxes below the picture.

shop assistant	teacher	dentist	cleaner
tour guide	doctor	pilot	nurse



1. Check your understanding: gap fill

Do this exercise while you listen. Complete the gaps with a word from the box.

pilot	dentist	shop assistant
tour guide	nurse	

1. Speaker A works as a _____.
2. Speaker B works as a _____.
3. Speaker C works as a _____.
4. Speaker D works as a _____.
5. Speaker E works as a _____.

2. Check your understanding: multiple choice

Do this exercise while you listen. Circle the best answer for these questions.

-
1. Does speaker A enjoy his job? Yes.
Sometimes.
No.
-
2. When does speaker A work? When he is at university.
Weekends.
Summer holidays.
-
3. When does speaker B work? Weekdays.
Weekends and holidays.
Summer holidays.
-
4. What does speaker B say tourists love doing? Visiting universities.
Taking a boat trip.
Swimming in the river.
-
5. Does speaker C like his job? Yes.
Sometimes.
No.
-
6. What does speaker D say is difficult about being a pilot? Travelling to many countries.
Learning many languages.
Flying planes in bad weather.
-
7. What does speaker D say is the best thing about his job? Visiting different places.
Meeting different people.
The different weather.
-
8. What does speaker E not like about her job? The doctors.
The sick people.
The uniform.
-

